The Securities and Exchange Commission has not necessarily reviewed the information in this filing and has not determined if it is accurate and complete.

	The reader	should not a		the information is acc	curate and complete.		
						OMB APPROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549					IMISSION	OMB Number:	3235- 0006 Oct 31
FORM 13F						Expires:	Oct 31, 2018
		FORM 13F COVER PAGE				Estimated average burden	
						hours per response:	23.8
Report for the Ca	alendar Year or Quart	er Ended: 03	-31-2019				
Check here if Amendment Amendment Number:							
This Amendment (Check only one.):		is a restater	nent.				
		adds new h	oldings entr	ries.			
Institutional Inve	estment Manager Filir	ng this Repor	t:				
Name:	Symetra Financial CORP						
Address:	777 108TH AVEN	IUE NE					
	SUITE 1200						
	BELLEVUE, WA	98004-5135	i				
Form 13F File Number:	028-17231						
the report is autho	prized to submit it, the	at all informa	tion contain		signed hereby represe rect and complete, an rts of this form.		
Person Signing t	his Report on Behalf	of Reporting	Manager:				
Name:	Mindi Work						
Title:	VP Finance						
Phone:	425-256-5529						
	and Date of Signing:						
Mindi Work	0 0		05-15-2019)			
[Signa		ity, State]	[Date]				
Report Type (Ch	eck only one.):						
					are reported in this re		
X 13F NOTICE. manager(s).)	(Check here if no ho	ldings report	ed are in thi	is report, and all holdi	ings are reported by o	ther reporting	
	ATION REPORT. (Care reported by other			the holdings for this	reporting manager are	e reported in t	his report

List of Other Managers Reporting for this Manager:

[If there are no entries in this list, omit this section.]

Form 13F File Name Number 028-17233 Symetra Life Insurance Co