UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No.

)

Filed by the Registrant ☑Filed by a Party other than the Registrant oCheck the appropriate box:o Preliminary Proxy Statement

o Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))

- o Definitive Proxy Statement
- ☑ Definitive Additional Materials

o Soliciting Material Pursuant to 240.14a-12

Symetra Financial Corporation

(Name of Registrant as Specified In Its Charter)

(Name of Person(s) Filing Proxy Statement, if other than the Registrant)

Payment of Filing Fee (Check the appropriate box):

 \square No fee required.

- o Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11.
 - (1) Title of each class of securities to which transaction applies:
 - (2) Aggregate number of securities to which transaction applies:
 - (3) Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):

(4) Proposed maximum aggregate value of transaction:

(5) Total fee paid:

o Fee paid previously with preliminary materials.

- Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.
 - (1) Amount Previously Paid:
 - (2) Form, Schedule or Registration Statement No.:

(3) Filing Party:

(4) Date Filed:

Symetra Financial Corporation Important Notice Regarding the Availability of Proxy Materials for the Annual Stockholder Meeting

The Proxy Statement, Annual Report and other proxy materials are available at: http://www.proxyvoting.com/sya This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. We encourage you to access and review all of the important information contained in the proxy materials before voting. If you want to receive a paper or e-mail copy of these documents, you must request one. There is no charge to you for requesting a copy. Please make your request for a copy as instructed below on or Symætra. before April 30, 2010 to facilitate timely delivery. FINANCIAL TO REQUEST PAPER COPIES OF PROXY MATERIALS: (please reference your 11-digit control number when requesting materials) By opting out to receive printed materials, your preference for future proxy nailings will be kept on our file. Telephone: 1-888-313-0164 (outside of the U.S. and Canada call 201-680-6688). shrrelations@bnymellon.com Email: (you must reference your 11-digit control number in your email) Internet: http://www.proxyvoting.com/sya TO VOTE YOUR SHARES SEE INSTRUCTIONS ON REVERSE SIDE This is not a proxy card. You cannot use this notice to vote your shares.

Dear Symetra Financial Corporation Stockholder:

The 2010 Annual Meeting of Stockholders of Symetra Financial Corporation (the "Company") will be held at The Benjamin Hotel in the Morrison Room, 125 East 50th Street, New York, NY, 10022, on Wednesday, May 12, 2010, at 9:30 a.m. (Eastern Time).

Proposals to be considered at the Annual Meeting:

- (1) to elect three Class III Directors to serve until the 2013 annual meeting of stockholders of the Company;
- (2) to ratify the appointment of Ernst & Young LLP as the Company's independent registered public accounting firm: and
- (3) to consider and act upon any other business that may properly come before the meeting or any adjournment(s) thereof.

Management recommends a vote "FOR" Items 1 and 2.

The Board of Directors has fixed the close of business on March 19, 2010 as the record date (the "Record Date") for the determination of stockholders entitled to receive notice of and to vote at the Annual Meeting or any adjournment(s) thereof.

| YOU MUST REFERENCE YOUR 11-DIGIT CONTROL NUMBER WHEN YOU REQUEST A PAPER COPY OF THE PROXY MATERIALS OR TO VOTE YOUR PROXY ELECTRONICALLY. | |
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to be held on Wednesday, May 12, 2010

70325

Stockholders of record as of the Record Date are encouraged and cordially invited to attend the Annual Meeting. Directions to attend the annual meeting where you may vote in person can be found on our website, www.symetra.com.

Meeting Location:

The Benjamin Hotel Morrison Room 125 East 50th Street New York, NY 10022

The following materials are available for you to review online:

- the Company's 2010 Proxy Statement (including all attachments thereto);
- the Company's Annual Report for the year ended December 31, 2009 (which is not deemed to be part
 of the official proxy soliciting materials); and
- · any amendments to the foregoing materials that are required to be furnished to stockholders.

To request a paper copy of the proxy materials:

 (you must reference your 11-digit control number located on the reverse side of this form)

 Telephone:
 1-888-313-0164 (outside of the U.S. and Canada call 201-680-6688)

 Email:
 shrrelations@bnymellon.com (you must reference your 11-digit control number in your email)

 Internet:
 http://www.proxyvoting.com/sya

The proxy materials for Symetra Financial Corporation are available to review at:

http://www.proxyvoting.com/sya

Have this notice available when you request a PAPER copy of the proxy materials, when you want to view your proxy materials online OR WHEN YOU WANT TO VOTE YOUR PROXY ELECTRONICALLY.

HOW TO VOTE BY INTERNET

We encourage you to review the proxy materials online before voting.

Use the Internet to vote your shares. On the landing page of the above website in the box labeled "To Vote Your Shares by Internet" click on "**Vote Now**" to access the electronic proxy card and vote your shares. Have this notice in hand when you access the website.

You will need to reference the 11-digit control number located on the reverse side.