



LIFE AND ACCIDENT AND HEALTH COMPANIES - ASSOCIATION EDITION - SEPARATE ACCOUNTS

ANNUAL STATEMENT

FOR THE YEAR ENDED DECEMBER 31, 2010

OF THE CONDITION AND AFFAIRS OF THE SEPARATE ACCOUNTS OF THE

Symetra Life Insurance Company

NAIC Group Code 1129 1129 NAIC Company Code 68608 Employer's ID Number 91-0742147
(Current) (Prior)

Organized under the Laws of Washington, State of Domicile or Port of Entry Washington

Country of Domicile United States of America

Incorporated/Organized 01/23/1957 Commenced Business 04/05/1957

Statutory Home Office 777 108th Avenue NE, Suite 1200, Bellevue, WA 98004
(Street and Number) (City or Town, State and Zip Code)

Main Administrative Office 777 108th Avenue NE, Suite 1200
(Street and Number)
Bellevue, WA 98004 425-256-8000
(City or Town, State and Zip Code) (Area Code) (Telephone Number)

Mail Address P.O.Box 34690, Seattle, WA 98124-1690
(Street and Number or P.O. Box) (City or Town, State and Zip Code)

Primary Location of Books and Records 777 108th Avenue NE, Suite 1200
(Street and Number)
Bellevue, WA 98004 425-256-8000
(City or Town, State and Zip Code) (Area Code) (Telephone Number)

Internet Website Address www.symetra.com

Statutory Statement Contact Kristin Janeen Khalighi, 425-256-8557
(Name) (Area Code) (Telephone Number)
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OFFICERS

President Thomas Michael Marra # Treasurer Colleen Mary Murphy
Secretary George Christopher Pagos Chief Actuary Tommie David Brooks

OTHER

<u>Chenelle Schaeffer Chase # Vice President</u>	<u>Jonathan Edward Curley # Executive Vice President</u>	<u>Anne-Marie Diouf # Vice President</u>
<u>Colin Michael Elder Vice President</u>	<u>Lydia May Flora # Vice President</u>	<u>Michael William Fry # Executive Vice President</u>
<u>David Christopher Fry Vice President</u>	<u>John Eric Galaviz Vice President</u>	<u>Daniel Richard Guilbert # Executive Vice President</u>
<u>Sheridan Houston Hollender # Vice President</u>	<u>Laura Ann Johnson # Vice President</u>	<u>Christine Ann Katzmar Holmes # Senior Vice President</u>
<u>Michele Marie Kemper Vice President</u>	<u>Richard George LaVoice # Executive Vice President</u>	<u>Richard Joseph Lyons Vice President</u>
<u>Linda Corlett Mahaffey Vice President</u>	<u>David Elliott Manning Vice President</u>	<u>Kimberly Elaine McSheridan Vice President</u>
<u>Margaret Alice Meister Executive Vice President</u>	<u>Richard Thomas Moran # Vice President</u>	<u>Michael Fintan Murphy # Vice President</u>
<u>James Dwyer Pirak Vice President</u>	<u>Craig James Schmidt Vice President</u>	<u>Dena Simone Thompson # Vice President</u>
<u>Jacqueline Marie Veneziani # Vice President</u>	<u>Marcus James Wright # Vice President</u>	

DIRECTORS OR TRUSTEES

<u>Jonathan Edward Curley #</u>	<u>Michael William Fry</u>	<u>Daniel Richard Guilbert #</u>
<u>Thomas Michael Marra #</u>	<u>Margaret Alice Meister</u>	<u>George Christopher Pagos</u>

State of Washington SS:
County of King

The officers of this reporting entity being duly sworn, each depose and say that they are the described officers of said reporting entity, and that on the reporting period stated above, all of the herein described assets were the absolute property of the said reporting entity, free and clear from any liens or claims thereon, except as herein stated, and that this statement, together with related exhibits, schedules and explanations therein contained, annexed or referred to, is a full and true statement of all the assets and liabilities and of the condition and affairs of the said reporting entity as of the reporting period stated above, and of its income and deductions therefrom for the period ended, and have been completed in accordance with the NAIC Annual Statement Instructions and Accounting Practices and Procedures manual except to the extent that: (1) state law may differ; or, (2) that state rules or regulations require differences in reporting not related to accounting practices and procedures, according to the best of their information, knowledge and belief, respectively. Furthermore, the scope of this attestation by the described officers also includes the related corresponding electronic filing with the NAIC, when required, that is an exact copy (except for formatting differences due to electronic filing) of the enclosed statement. The electronic filing may be requested by various regulators in lieu of or in addition to the enclosed statement.

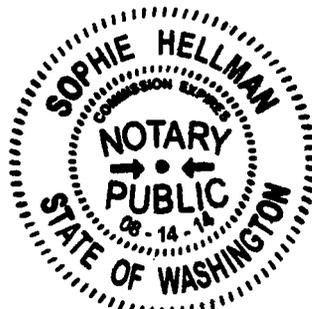
Thomas Michael Marra
President

Margaret Alice Meister
Chief Financial Officer

Colleen Mary Murphy
Treasurer

Subscribed and sworn to before me this
24th day of February, 2011
Sophie Hellman

- a. Is this an original filing? Yes [X] No []
- b. If no,
1. State the amendment number.
 2. Date filed
 3. Number of pages attached.....



ASSETS

	Current Year			Prior Year
	1 General Account Basis	2 Fair Value Basis	3 Total (Cols. 1 + 2)	4 Total
1. Bonds (Schedule D).....	3,650,149,092		3,650,149,092	3,120,609,323
2. Stocks (Schedule D):				
2.1 Preferred stocks				
2.2 Common stocks		881,551,952	881,551,952	840,022,056
3. Mortgage loans on real estate (Schedule B)	40,611,605		40,611,605	
4. Real estate (Schedule A):				
4.1 Properties held for the production of income (less \$ encumbrances)				
4.2 Properties held for sale (less \$ encumbrances)				
5. Contract loans				
6. Cash (\$109,695 Schedule E - Part 1), and cash equivalents (\$0 , Schedule E - Part 2)	109,695		109,695	(1,629)
7. Short-term investments (Schedule DA)	36,900,358		36,900,358	124,394,520
8. Derivatives				
9. Other invested assets (Schedule BA)	3,525,070		3,525,070	3,525,895
10. Securities lending reinvested collateral assets				
11. Aggregate write-ins for invested assets				
12. Subtotals, cash and invested assets (Lines 1 to 11)	3,731,295,820	881,551,952	4,612,847,772	4,088,550,165
13. Investment income due and accrued	36,305,040		36,305,040	32,871,174
14. Receivables for securities	83,026		83,026	25,570
15. Net adjustment in assets and liabilities due to foreign exchange rates				
16. Aggregate write-ins for other than invested assets.....				
17. Total (Lines 12 to 16)	3,767,683,886	881,551,952	4,649,235,838	4,121,446,909
DETAILS OF WRITE-INS				
1101.				
1102.				
1103.				
1198. Summary of remaining write-ins for Line 11 from overflow page				
1199. Totals (Lines 1101 thru 1103 plus 1198)(Line 11 above)				
1601.				
1602.				
1603.				
1698. Summary of remaining write-ins for Line 16 from overflow page				
1699. Totals (Lines 1601 thru 1603 plus 1698)(Line 16 above)				

LIABILITIES AND SURPLUS

	Current Year			Prior Year
	1 General Account Basis	2 Fair Value Basis	3 Total (Cols. 1 + 2)	4 Total
1. Aggregate reserve for life, annuity and accident and health contracts (Exhibit 3, Line 9999999, Col. 2)	3,744,565,383	868,943,050	4,613,508,433	4,013,578,429
2. Liability for deposit-type contracts (Exhibit 4, Line 9, Col. 1)		6,882,851	6,882,851	6,402,104
3. Interest Maintenance Reserve	5,129,128		5,129,128	5,467,341
4. Charges for investment management, administration and contract guarantees due or accrued				
5. Investment expenses due or accrued (Exhibit 1, Line 24)				
6. Investment taxes, licenses and fees due or accrued, excluding federal income taxes (Exhibit 2, Line 8)				
7. Federal and foreign income taxes due or accrued (excluding deferred taxes)				
8. Reserve for future federal income taxes				
9. Unearned investment income				
10. Other transfers to general account due or accrued (net) (including \$5,726,051 accrued expense allowances recognized in reserves)		5,726,051	5,726,051	6,792,261
11. Remittances and items not allocated	1,310		1,310	
12. Derivatives				
13. Payable for securities	6,883,246		6,883,246	66,270,849
14. Payable for securities lending				
15. Net adjustment in assets and liabilities due to foreign exchange rates				
16. Aggregate write-ins for liabilities	3,838,501		3,838,501	22,935,925
17. Total liabilities (including \$ due or accrued net transfers to or (from) the general account)	3,760,417,568	881,551,952	4,641,969,520	4,121,446,909
18. Contributed surplus				
19. Aggregate write-ins for special surplus funds				
20. Unassigned funds	7,266,318		7,266,318	
21. Surplus (Lines 18 through 20)	7,266,318		7,266,318	
22. Totals	3,767,683,886	881,551,952	4,649,235,838	4,121,446,909
DETAILS OF WRITE-INS				
1601. Payable to general account	3,838,501		3,838,501	22,935,925
1602.				
1603.				
1698. Summary of remaining write-ins for Line 16 from overflow page				
1699. Totals (Lines 1601 thru 1603 plus 1698)(Line 16 above)	3,838,501		3,838,501	22,935,925
1901.				
1902.				
1903.				
1998. Summary of remaining write-ins for Line 19 from overflow page				
1999. Totals (Lines 1901 thru 1903 plus 1998)(Line 19 above)				

SUMMARY OF OPERATIONS

	1 Current Year	2 Prior Year
1. Transfers to Separate Accounts:		
1.1 Net premiums and annuity considerations for life and accident and health contracts	537,065,104	119,403,037
1.2 Considerations for supplementary contracts with life contingencies		
1.3 Aggregate write-ins for other transfers to Separate Accounts	79,261,909	137,765,148
1.4 Totals (Lines 1.1 to 1.3)	616,327,013	257,168,185
2. Transfers on account of deposit-type contracts (including \$186,292 deposits less \$102,571 withdrawals)	(424,241)	(1,411,535)
3. Net investment income and capital gains and losses	295,479,243	351,926,106
4. Aggregate write-ins for other income		
5. Totals (Lines 1.4 to 4)	911,382,015	607,682,756
DEDUCT:		
6. Transfers from the Separate Account on account of contract benefits:		
6.1 Death benefits	11,220,083	9,946,927
6.2 Matured endowments		
6.3 Annuity benefits		
6.4 Payments on supplementary contracts with life contingencies		
6.5 Accident and health benefits		
6.6 Surrender benefits and withdrawals for life contracts	158,196,366	127,346,802
6.7 Aggregate write-ins for other transfers from Separate Accounts on account of contract benefits	87,913,478	147,751,435
7. Transfers on account of policy loans	1,271,694	1,317,208
8. Net transfer of reserves from or (to) Separate Accounts		(47,618,292)
9. Other transfers from the Separate Accounts:		
9.1 Federal and foreign income taxes incurred		
9.2 Change in expense allowances recognized in reserves	(992,942)	(194,285)
9.3 Aggregate write-ins for other transfers from Separate Accounts	(73,268)	73,268
10. Subtotals (Lines 6.1 to 9.3)	257,535,411	238,623,063
11. Fees associated with charges for investment management, administration and contract guarantees	43,622,991	48,036,593
12. Increase in aggregate reserve for life and accident and health contracts	599,930,003	320,860,999
13. Increase in liability for deposit-type contracts	480,748	162,101
14. Increase in reserve for future federal income taxes		
15. Aggregate write-ins for reserves and funds		
16. Totals (Lines 10 to 15)	901,569,153	607,682,756
17. Net gain from operations (including \$496,251 unrealized capital gains) (Line 5 minus Line 16)	9,812,862	
SURPLUS ACCOUNT		
18. Surplus, December 31, prior year		
19. Net gain from operations (Line 17)	9,812,862	
20. Surplus contributed or (withdrawn) during year		
21. Change in reserve on account of change in valuation basis, (increase) or decrease		
22. Transfer from Separate Accounts of the change in expense allowances recognized in Line 21		
23. Aggregate write-ins for gains and losses in surplus	(2,546,544)	
24. Surplus, December 31, current year (Page 3, Line 21)	7,266,318	
DETAILS OF WRITE-INS		
01.301. Internal transfers in	79,261,909	137,765,148
01.302.		
01.303.		
01.398. Summary of remaining write-ins for Line 1.3 from overflow page		
01.399. Totals (Lines 01.301 thru 01.303 plus 01.398)(Line 1.3 above)	79,261,909	137,765,148
0401.		
0402.		
0403.		
0498. Summary of remaining write-ins for Line 4 from overflow page		
0499. Totals (Lines 0401 thru 0403 plus 0498)(Line 4 above)		
06.701. Internal transfers out	87,913,478	147,751,435
06.702.		
06.703.		
06.798. Summary of remaining write-ins for Line 6.7 from overflow page		
06.799. Totals (Lines 06.701 thru 06.703 plus 06.798)(Line 6.7 above)	87,913,478	147,751,435
09.301. Accrual transfer of realized and unrealized gain/loss	(73,268)	73,268
09.302.		
09.303.		
09.398. Summary of remaining write-ins for Line 9.3 from overflow page		
09.399. Totals (Lines 09.301 thru 09.303 plus 09.398)(Line 9.3 above)	(73,268)	73,268
1501.		
1502.		
1503.		
1598. Summary of remaining write-ins for Line 15 from overflow page		
1599. Totals (Lines 1501 thru 1503 plus 1598)(Line 15 above)		
2301. Correction to prior years' surplus	(2,546,544)	
2302.		
2303.		
2398. Summary of remaining write-ins for Line 23 from overflow page		
2399. Totals (Lines 2301 thru 2303 plus 2398)(Line 23 above)	(2,546,544)	

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company
ANALYSIS OF OPERATIONS BY LINES OF BUSINESS

	1	Ordinary			Group		Accident and Health		9 Aggregate of All Other Lines of Business
	Total	2 Life Insurance	3 Individual Annuities	4 Supplementary Contracts	5 Life Insurance	6 Annuities	7 Group	8 Other	
1. Transfers to Separate Accounts:									
1.1 Net premiums and annuity considerations for life and accident and health contracts	537,065,104	8,648,570	35,902,211		460,350,273	32,164,050			
1.2 Considerations for supplementary contracts with life contingencies									
1.3 Aggregate write-ins for other transfers to Separate Accounts	79,261,909	15,292,327	50,655,845			13,313,737			
1.4 Totals (Lines 1.1 to 1.3)	616,327,013	23,940,897	86,558,056		460,350,273	45,477,787			
2. Transfers on account of deposit-type contracts (including \$ 186,292 deposits less \$ 102,571 withdrawals)	(424,241)					(424,241)			
3. Net investment income and capital gains and losses	295,479,243	173,783,728	69,360,241		16,174,896	36,160,378			
4. Aggregate write-ins for other income									
5. Totals (Lines 1.4 to 4)	911,382,015	197,724,625	155,918,297		476,525,169	81,213,924			
DEDUCT:									
6. Transfers from the Separate Account on account of contract benefits:									
6.1 Death benefits	11,220,083	11,220,083							
6.2 Matured endowments									
6.3 Annuity benefits									
6.4 Payments on supplementary contracts with life contingencies									
6.5 Accident and health benefits									
6.6 Surrender benefits and withdrawals for life contracts	158,196,366	39,466,570	50,641,892			68,087,904			
6.7 Aggregate write-ins for other transfers from Separate Accounts on account of contract benefits	87,913,478	15,094,864	57,330,032			15,488,582			
7. Transfers on account of policy loans	1,271,694	1,271,694							
8. Net transfer of reserves from or (to) Separate Accounts									
9. Other transfers from the Separate Accounts:									
9.1 Federal and foreign income taxes incurred									
9.2 Change in expense allowances recognized in reserves	(992,942)	(810,634)	(182,308)						
9.3 Aggregate write-ins for other transfers from Separate Accounts	(73,268)	1,263,658			(1,336,926)				
10. Subtotals (Lines 6.1 to 9.3)	257,535,411	67,506,235	107,789,616		(1,336,926)	83,576,486			
11. Fees associated with charges for investment management, administration and contract guarantees	43,622,991	34,118,192	6,669,744		(758,656)	3,593,711			
12. Increase in aggregate reserve for life and accident and health contracts	599,930,003	93,591,357	41,458,937		471,316,730	(6,437,021)			
13. Increase in liability for deposit-type contracts	480,748					480,748			
14. Increase in reserve for future federal income taxes									
15. Aggregate write-ins for reserves and funds									
16. Totals (Lines 10 to 15)	901,569,153	195,215,784	155,918,297		469,221,148	81,213,924			
17. Net gain from operations (including \$ 496,251 unrealized capital gains) (Line 5 minus Line 16)	9,812,862	2,508,841			7,304,021				
DETAILS OF WRITE-INS									
01.301. Internal transfers in	79,261,909	15,292,327	50,655,845			13,313,737			
01.302.									
01.303.									
01.398. Summary of remaining write-ins for Line 1.3 from overflow page									
01.399. Totals (Lines 01.301 thru 01.303 plus 01.398) (Line 1.3 above)	79,261,909	15,292,327	50,655,845			13,313,737			
0401.									
0402.									
0403.									
0498. Summary of remaining write-ins for Line 4 from overflow page									
0499. Totals (Lines 0401 thru 0403 plus 0498) (Line 4 above)									
06.701. Internal transfers out	87,913,478	15,094,864	57,330,032			15,488,582			
06.702.									
06.703.									
06.798. Summary of remaining write-ins for Line 6.7 from overflow page									
06.799. Totals (Lines 06.701 thru 06.703 plus 06.798) (Line 6.7 above)	87,913,478	15,094,864	57,330,032			15,488,582			
09.301. Prior year accrual transfer of realized and unrealized gain/loss	(73,268)	1,263,658			(1,336,926)				
09.302.									
09.303.									
09.398. Summary of remaining write-ins for Line 9.3 from overflow page									
09.399. Totals (Lines 09.301 thru 09.303 plus 09.398) (Line 9.3 above)	(73,268)	1,263,658			(1,336,926)				
1501.									
1502.									
1503.									
1598. Summary of remaining write-ins for Line 15 from overflow page									
1599. Totals (Lines 1501 thru 1503 plus 1598) (Line 15 above)									

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company
ANALYSIS OF INCREASE IN RESERVES DURING THE YEAR

	1 Total	Ordinary			Group	
		2 Life Insurance	3 Individual Annuities	4 Supplementary Contracts	5 Life Insurance	6 Annuities
1. Reserve Dec. 31 of prior year	4,013,578,429	3,188,004,432	470,464,763		81,210,509	273,898,725
2. Tabular net premiums and considerations for annuities and supplementary contracts with life contingencies	616,327,013	23,940,897	86,558,056		460,350,273	45,477,787
3. Increase or (decrease) from investment results after provision for federal income taxes	294,496,040	173,783,728	69,360,241		16,174,896	35,177,175
4. Tabular less actual reserve released						
5. Increase in reserve on account of change in valuation basis						
6. Other increases (net)						
7. Totals (Lines 1 to 6)	4,924,401,482	3,385,729,057	626,383,060		557,735,678	354,553,687
8. Net transfer of reserves from or (to) Separate Accounts						
9. Tabular cost						
10. Reserves released by death	11,220,083	11,220,083				
11. Reserves released by other terminations (net)	246,388,595	55,022,493	107,789,616			83,576,486
12. Transfers on account of annuity and supplementary contract payments involving life contingencies						
13. Charges for investment management, administration and contract guarantees	43,544,777	34,118,192	6,669,744		(758,656)	3,515,497
14. Aggregate write-ins for other decreases in reserves	9,739,594	3,772,499			5,967,095	
15. Total deductions (Lines 8 to 14)	310,893,049	104,133,267	114,459,360		5,208,439	87,091,983
16. Reserve December 31 of current year	4,613,508,433	3,281,595,790	511,923,700		552,527,239	267,461,704
DETAILS OF WRITE-INS						
1401. Prior year accrual transfer of realized and unrealized gain/loss	(73,268)	1,263,658			(1,336,926)	
1402. Net gain from operations	9,812,862	2,508,841			7,304,021	
1403.						
1498. Summary of remaining write-ins for Line 14 from overflow page						
1499. Totals (Lines 1401 thru 1403 plus 1498) (Line 14 above)	9,739,594	3,772,499			5,967,095	

EXHIBIT OF NET INVESTMENT INCOME

	1 Collected During Year	2 Earned During Year
1. U.S. Government bonds	(a) 408,090	400,057
1.1 Bonds exempt from U.S. tax		
1.2 Other bonds (unaffiliated)	(a) 171,011,012	174,327,281
1.3 Bonds of affiliates		
2.1 Preferred stocks (unaffiliated)		
2.11 Preferred stocks of affiliates		
2.2 Common stocks (unaffiliated)	15,068,284	15,068,284
2.21 Common stocks of affiliates		
3. Mortgage loans	(c) 211,950	341,516
4. Real estate		
5. Contract loans		
6. Cash, cash equivalents and short-term investments	(e) 66,991	63,055
7. Derivative instruments		
8. Other invested assets	270,216	270,216
9. Aggregate write-ins for investment income	174,634	512,847
10. Total gross investment income	187,211,177	190,983,256
11. Investment expenses		(g)
12. Investment taxes, licenses and fees, excluding federal income taxes		(g)
13. Interest expense		(h)
14. Depreciation on real estate and other invested assets		(i)
15. Aggregate write-ins for deductions from investment income		1,527
16. Total deductions (Lines 11 through 15)		1,527
17. Net investment income (Line 10 minus Line 16)		190,981,729
DETAILS OF WRITE-INS		
0901. Interest income true up related to 2009 reserve transfer from general account	174,625	174,625
0902. Interest maintenance reserve		338,213
0903. Misc investment income	9	9
0998. Summary of remaining write-ins for Line 9 from overflow page		
0999. Totals (Lines 0901 thru 0903 plus 0998) (Line 9, above)	174,634	512,847
1501. Mortgage loan expenses		1,527
1502.		
1503.		
1598. Summary of remaining write-ins for Line 15 from overflow page		
1599. Totals (Lines 1501 thru 1503 plus 1598) (Line 15, above)		1,527

- (a) Includes \$ 5,709,253 accrual of discount less \$ 12,859,630 amortization of premium and less \$ 5,038,117 paid for accrued interest on purchases.
- (b) Includes \$ accrual of discount less \$ amortization of premium and less \$ paid for accrued dividends on purchases.
- (c) Includes \$ accrual of discount less \$ amortization of premium and less \$ paid for accrued interest on purchases.
- (d) Includes \$ for company's occupancy of its own buildings; and excludes \$ interest on encumbrances.
- (e) Includes \$ 3,901 accrual of discount less \$ amortization of premium and less \$ paid for accrued interest on purchases.
- (f) Includes \$ accrual of discount less \$ amortization of premium.
- (g) Includes \$ investment expenses and \$ investment taxes, licenses and fees, excluding federal income taxes, attributable to segregated and Separate Accounts.
- (h) Includes \$ interest on surplus notes and \$ interest on capital notes.
- (i) Includes \$ depreciation on real estate and \$ depreciation on other invested assets.

EXHIBIT OF CAPITAL GAINS (LOSSES)

	1	2	3	4	5
	Realized Gain (Loss) On Sales or Maturity	Other Realized Adjustments	Total Realized Capital Gain (Loss) (Columns 1 + 2)	Change in Unrealized Capital Gain (Loss)	Change in Unrealized Foreign Exchange Capital Gain (Loss)
1. U.S. Government bonds	(1,771,731)		(1,771,731)		
1.1 Bonds exempt from U.S. tax					
1.2 Other bonds (unaffiliated)	3,396,851	(632,384)	2,764,467		
1.3 Bonds of affiliates					
2.1 Preferred stocks (unaffiliated)					
2.11 Preferred stocks of affiliates					
2.2 Common stocks (unaffiliated)	(32,084,953)		(32,084,953)	135,589,720	
2.21 Common stocks of affiliates					
3. Mortgage loans					
4. Real estate					
5. Contract loans					
6. Cash, cash equivalents and short-term investments	11		11		
7. Derivative instruments					
8. Other invested assets					
9. Aggregate write-ins for capital gains (losses)					
10. Total capital gains (losses)	(30,459,822)	(632,384)	(31,092,206)	135,589,720	
DETAILS OF WRITE-INS					
0901.					
0902.					
0903.					
0998. Summary of remaining write-ins for Line 9 from overflow page					
0999. Totals (Lines 0901 thru 0903 plus 0998) (Line 9, above)					

Exhibit 1
N O N E

Exhibit 2
N O N E

EXHIBIT 3 - AGGREGATE RESERVE FOR LIFE, ANNUITY AND ACCIDENT AND HEALTH CONTRACTS

1	2	3	4
Description of Valuation Basis	Total	Ordinary	Group
0100001. 80 CSO - CRVM 4.5% (1995-2006)	3,248,098,943	3,248,098,943	
0100002. 80 CSO - CRVM 4% (2007-2008)	92,631,906	26,628,476	66,003,430
0100003. 2001 CSO - CRVM 4% (2007-NB)	493,392,179	6,868,370	486,523,809
0199999. Totals	3,834,123,028	3,281,595,789	552,527,239
0200001. Deferred Variable NAV MV	779,385,405	511,923,701	267,461,704
0299999. Totals	779,385,405	511,923,701	267,461,704
9999999. Totals (to Page 3, Line 1)	4,613,508,433	3,793,519,490	819,988,943

EXHIBIT 3 - INTERROGATORIES

- 1.1 Has the reporting entity ever issued both participating and non-participating variable life insurance contracts?..... Yes [] No [X]
- 2.1 Does the reporting entity at present issue both participating and non-participating variable life insurance contracts?..... Yes [] No [X]
- 2.2 If not, state which kind is issued
Non-participating
- 3.1 Is any surrender value promised in excess of the reserve as legally computed? Yes [] No [X] N/A []
- 3.2 If so, the amount of such excess must be included in surrender values in excess of reserves otherwise required and carried in this schedule. Has this been done? Yes [] No [] N/A [X]
Attach a statement of methods employed in the valuation of variable life insurance contracts issued at, or subsequently subject to, an extra premium or in the valuation of contracts otherwise issued on lives classified as substandard for the plan of contract issued or on special class lives (including paid-up variable life insurance).

EXHIBIT 3A - CHANGES IN BASIS OF VALUATION DURING THE YEAR

(Including supplementary contracts set up on a basis other than that used to determine benefits)

1 Description of Valuation Class	2 Valuation Basis		4 Increase in Actuarial Reserve Due to Change
	2 Changed From	3 Changed To	
NONE			
9999999 - Totals (Page 6, Line 5, Analysis of Increase in Reserves)			

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

EXHIBIT 4 - DEPOSIT TYPE CONTRACTS

	1	2	3	4	5	6
	Total	Guaranteed Interest Contracts	Annuities Certain	Supplemental Contracts	Dividend Accumulations or Refunds	Premium and Other Deposit Funds
1. Balance at the beginning of the year	6,402,104					6,402,104
2. Deposits received during the year	186,292					186,292
3. Investment earnings credited to account	983,202					983,202
4. Other net change in reserves	(507,962)					(507,962)
5. Fees and other charges assessed	78,214					78,214
6. Surrender charges						
7. Net surrender or withdrawal payments	102,571					102,571
8. Other net transfer to or (from) general account						
9. Balance at the end of current year (Lines 1+2+3+4-5-6-7-8)	6,882,851					6,882,851

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company
EXHIBIT 5 - RECONCILIATION OF CASH AND INVESTED ASSETS

DEVELOPMENT OF INCREASE IN CASH		1 Amount
1.	Transfers to Separate Accounts on account of:	
1.1	Net premiums and considerations for annuities and supplementary contracts with life contingencies	537,065,104
1.2	Aggregate write-ins for other transfers to Separate Accounts	79,261,909
2.	Deposits on deposit-type contract funds and other liabilities without life or disability contingencies	186,292
3.	Investment income collected	194,358,478
4.	Consideration on disposal of short-term bonds net of purchases	87,494,162
5.	Consideration on disposal of investments (excluding short-term bonds)	994,243,212
6.	Aggregate write-ins for other increases in funds from operations	(21,644,186)
7.	Total (Lines 1 to 6)	1,870,964,971
8.	Cost of investments acquired (excluding short-term bonds)	1,508,573,443
9.	Transfers from Separate Accounts on account of contract benefits:	
9.1	Death benefits	11,220,083
9.2	Matured endowments	
9.3	Annuity benefits	
9.4	Supplementary contract benefits with life contingencies	
9.5	Accident and health benefits	
9.6	Surrender benefits and withdrawals for life contracts	158,196,366
9.7	Policy loans (net)	1,271,694
9.8	Transfers of reserves (net)	
9.9	Aggregate write-ins for other transfers from Separate Accounts on account of contract benefits	87,913,478
10.	Other transfers from Separate Accounts:	
10.1	Federal income taxes	
10.2	Aggregate write-ins for other transfers from Separate Accounts	(73,268)
11.	Withdrawals on deposit-type contract funds and other liabilities without life or disability contingencies	610,533
12.	Investment expenses (Exhibit 1, Line 25)	
12.1	Fees associated with investment management, administration and contract guarantees	43,622,991
13.	Investment taxes, licenses and fees, excluding federal income taxes (Exhibit 2, Line 9)	
14.	Total (Lines 8 to 13)	1,811,335,320
15.	Funds from operations (Line 7 minus Line 14)	59,629,651
16.	Surplus contributed or (withdrawn) during year	
17.	Aggregate write-ins for other changes in funds	
18.	Total funds (includes \$ 358,367,361 net transfers from general account) (Lines 15 to 17)	59,629,651
19.	Increase in payable for investments acquired, net of receivable for investments sold	(59,445,059)
20.	Decrease in policy loans	
21.	Aggregate write-ins for other reconciling items	(73,268)
22.	Increase in cash (Line 18 to 21)	111,324
RECONCILIATION BETWEEN YEARS		
23.	Cash and invested assets, December 31st of prior year	4,088,550,165
24.	Increase in cash (Line 22)	111,324
25.	Cost of invested assets acquired	2,797,248,136
26.	Adjusted cost of assets disposed of	2,400,871,888
27.	Increase in policy loans	
28.	Accrual of discount less amortization of premium	(7,147,301)
29.	Depreciation on real estate and other invested assets	
30.	Increase in net unrealized gains	135,589,720
31.	Aggregate write-ins for other reconciling items	(632,384)
32.	Cash and invested assets, December 31st of current year	4,612,847,772
DETAILS OF WRITE-INS		
01.201.	Internal transfers in	79,261,909
01.202.	
01.203.	
01.298.	Summary of remaining write-ins for Line 1.2 from overflow page	
01.299.	Totals (Lines 01.201 thru 01.203 plus 01.298) (Line 1.2 above)	79,261,909
0601.	Decrease in payable to general account	(19,097,424)
0602.	Correction to prior years' surplus	(2,546,544)
0603.	Miscellaneous other	(218)
0698.	Summary of remaining write-ins for Line 6 from overflow page	
0699.	Totals (Lines 0601 thru 0603 plus 0698) (Line 6 above)	(21,644,186)
09.901.	Internal transfers out	87,913,478
09.902.	
09.903.	
09.998.	Summary of remaining write-ins for Line 9.9 from overflow page	
09.999.	Totals (Lines 09.901 thru 09.903 plus 09.998) (Line 09.9 above)	87,913,478
10.201.	Prior year accrual transfer for realized and unrealized gain/loss	(73,268)
10.202.	
10.203.	
10.298.	Summary of remaining write-ins for Line 10.2 from overflow page	
10.299.	Totals (Lines 10.201 thru 10.203 plus 10.298) (Line 10.2 above)	(73,268)
1701.	
1702.	
1703.	
1798.	Summary of remaining write-ins for Line 17 from overflow page	
1799.	Totals (Lines 1701 thru 1703 plus 1798) (Line 17 above)	
2101.	Change in due or accrued transfers for realized and unrealized gain/loss	(73,268)
2102.	
2103.	
2198.	Summary of remaining write-ins for Line 21 from overflow page	
2199.	Totals (Lines 2101 thru 2103 plus 2198) (Line 21 above)	(73,268)
3101.	Realized loss on other than temporary impairment	(632,384)
3102.	
3103.	
3198.	Summary of remaining write-ins for Line 31 from overflow page	
3199.	Totals (Lines 3101 thru 3103 plus 3198) (Line 31 above)	(632,384)

EXHIBIT 6 - GUARANTEED INSURANCE AND ANNUITY PRODUCTS

	1	2
	Amount	Percent of Total
1. Aggregate reserve for life, annuity and accident and health contracts (Included in Exhibit 3):		
1.1 Life insurance	3,744,565,383	80.7
1.2 Annuities		
1.3 Supplementary contracts with life contingencies		
1.4 Accident and health		
1.5 Miscellaneous reserves		
1.6 Total	3,744,565,383	80.7
2. Liability for deposit-type contracts (included in Exhibit 4):		
2.1 Guaranteed interest contracts		
2.2 Annuities certain		
2.3 Supplemental contracts		
2.4 Dividend accumulations or refunds		
2.5 Premium and other deposit funds		
2.6 Total		
3. Other liabilities (included in Page 3, Lines 4, 10, 13 & 14)	3,838,501	0.1
4. Total liabilities associated with guarantees (Lines 1.6 + 2.6 + 3)	3,748,403,884	80.8
5. Total liabilities not associated with guarantees	893,565,636	19.2
6. Total Separate Accounts liabilities (Lines 4 + 5 = Page 3, Line 17)	4,641,969,520	100.0%

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company
GENERAL INTERROGATORIES

Legal Insulation of Assets

- 1.1 Does the reporting entity have separate account assets that are legally insulated from the general account? Yes [X] No []
- 1.2 If yes, identify the product with insulated assets and quantify the assets that are legally insulated from general account claims:

1 Product Identifier	2 Separate Account Assets	3 Legally Insulated Assets
Variable Annuities	790,984,755	790,984,755
Variable Universal Life	90,567,197	90,567,197
Fixed Bank Owned Life Insurance (BOLI)	3,767,683,886	3,744,565,383
Totals	4,649,235,838	4,626,117,335

Separate Account Products with General Account Guarantees

- 2.1 Does the reporting entity have products with guarantees provided by the general account? Yes [X] No []
- 2.2 If yes, what is the current total maximum guarantee the general account would provide to the separate account?\$10,844,326
- 2.3 Has the separate account collected amounts from the general account within the past five years related to separate account guarantees? Yes [X] No []
- 2.4 If yes, provide detail on these guarantees paid by the general account:

1 Year	2 Amount
2.401 As of December 31, 2010	\$5,677,605
2.402 As of December 31, 2009	\$
2.403 As of December 31, 2008	\$
2.404 As of December 31, 2007	\$
2.405 As of December 31, 2006	\$

- 2.5 To compensate the general account for the risk taken, for any separate account products with general account guarantees, does the separate account remit risk charges to the general account related to separate account guarantees? Yes [X] No []
- 2.6 If yes, identify the separate account products with risk charges that are remitted to the general account and whether the risk charge for that product is reviewed and opined upon:

1 Product Identifier with Risk Charges	2 Risk Charge Reviewed and Opined Upon	3 Name and Title of Individual who Provided Opinion on Risk Charges
Variable Annuities with Guaranteed Minimum Death Benefits	No

- 2.7 Provide detail on the risk charges paid to the general account related to separate account guarantees for the past five years:

1 Year	2 Amount
2.701 As of December 31, 2010	\$8,940,130
2.702 As of December 31, 2009	\$XXX
2.703 As of December 31, 2008	\$XXX
2.704 As of December 31, 2007	\$XXX
2.705 As of December 31, 2006	\$XXX

Investment Directive of Separate Account Activity

- 3.1 Does the reporting entity have products classified within the separate account for which the investment directive is not determined by the contract holder? (Situations in which the investments directive mirrors the general account would not be considered determined by the contract holder; however, having the contract holder select an investment direction from multiple options would meet this criteria.) Yes [X] No []
- 3.2 If yes, if these investments would have been included in the general account, would the reporting entity have exceeded the investment limitations imposed on the general account? Yes [] No [X] N/A []

GENERAL INTERROGATORIES

3.3 Provide detail on the separate account investment portfolio and state investment limitations. (This includes the combined separate account and general investments, excluding separate account assets with investment direction determined by the contract holder):

1 Investment Type	2 State Investment Limitation	3 Combined Investment (Separate and General Account)
All types of investments in a single entity, except foreign investments, policy loans, and investments issued by the US government.	895,190,078	242,864,386
Investments in the voting securities of a depository institution or any company which controls a depository institution.	1,118,987,598	201,495
Investment in preferred stock of solvent US institutions.	2,237,975,195	86,850,219
Investment in common stock and preferred stocks with voting rights in non-subsidiary US institutions.		120,791,872
Equipment Trust Obligations or Certificates that are adequately secured.	2,237,975,195	26,018,434
Investment in obligations of foreign governments with a debt rating of SV01 and obligations of foreign corporations which have not defaulted in the past 5 years. (Aggregate limit)	2,237,975,195	2,139,422,058
Investment in obligations of foreign governments with a debt rating of SV01 and obligations of foreign corporations which have not defaulted in the past 5 years. (Single Entity)	1,118,987,598	610,056,508
Investment in stocks of solvent US insurance companies. (Aggregate Limit)	1,118,987,598	14,064,535
Investment in stocks of solvent US insurance companies. (Single Entity)	1,118,987,598	3,090,672
Investments in common stock of solvent US corporations. (Aggregate Limit)	876,073,648	120,791,872
Investments in common stock of solvent US corporations. (Single Entity)		3,045,518
Investments not otherwise eligible for investment and not specifically prohibited, i.e. miscellaneous investments. (Aggregate Limit)	2,237,975,195	432,167,898
Investments not otherwise eligible for investment and not specifically prohibited, i.e. miscellaneous investments. (Single Entity)	223,797,520	46,509,348
Cash, investments in US government obligations, and mortgage loans on real property located within the state of Washington.	189,294,640	4,617,703,522
Cash, premiums in course of collection, and other eligible investments.	13,401,289,551	21,679,940,621
Investments secured by real estate.	14,546,838,769	6,891,646,498
Investments in medium and lower grade assets rated below SVO 2. (Aggregate Limit)		1,263,400,649
Investments in medium and lower grade assets rated below SVO 2. (Single Entity) ...	223,797,520	68,009,013
Investments in lower grade assets rated below SVO 3. (Aggregate Limit)	2,237,975,195	573,265,788
Investments in lower grade assets rated below SVO 3. (Single Entity)	111,898,760	53,524,291
Investments in lower grade assets rated 5 & 6 by the SVO.	671,392,559	178,007,093
Investments in lower grade assets rated 6 by the SVO.	223,797,520	18,966,468
Investments in options, caps, floors, and warrants not attached to any financial instruments purchased and used for hedging purpose.	1,678,481,396	1,801,897

Allocation of Investment Proceeds of Separate Account Activity

4.1 Does the reporting entity have separate account assets in which less than 100% of investment proceeds (net of contract fees and assessments) are attributed to a contract holder? (This should identify any situations where there is a ceiling on investment performance results.)

Yes [X] No []

4.2 If yes, provide detail on the net investment proceeds that were attributed to the contract holder, transferred to the general account and reinvested within the separate account:

1 Product Identifier	2 Net Investment Proceeds	3 Attributed to Contract Holder	4 Transferred to General Account	5 Reinvested Within the Separate Account
Fixed BOLI	176,906,192	143,750,321	25,889,553	7,266,318

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

- 4.3 For items reinvested within the Separate Account, does the reporting entity invest these assets in accordance with investment directives of the general account? Yes [] No [X] N/A []
- 4.4 If no, does the reporting entity have a stated policy and procedure for the reinvestment of investment proceeds within the separate account? Yes [X] No [] N/A []
- 4.5 Did the reinvestment of investment proceeds within the separate account result with the company having a combined investment portfolio that exceeded the state investment limitations imposed on the general account? Yes [] No [X] N/A []

Measurement of Separate Account Assets

5.1 Does the reporting entity report all separate account assets at fair value? Yes [] No [X]

5.2 For items not reported at fair value, does the reporting entity report separate account assets at amortized cost, and/or under different measurement methods?

5.21 Amortized Cost Yes [X] No []

5.22 Other Measurement Methods..... Yes [] No [X]

5.3 If other measurement methods are used, provide explanation on these measurement methods.
.....

5.4 Identify the assets measured at fair value, amortized cost or another measurement method and the percentage of separate account assets measured under each measurement method:

Description	1 Amount	2 Percentage
5.41 Fair Value	\$ 881,551,952	19.0 %
5.42 Amortized Cost	\$ 3,767,683,886	81.0 %
5.43 Other Measurement Methods	\$ 0	%

5.5 For the assets not measured at fair value, provide a comparison of the reported value to current fair value and identify the unrealized gain or loss that would have been recorded if the assets had been reported at fair value:

1 Assets Held at Amortized Cost	2 Fair Value	3 Unrecorded Unrealized Gain/Loss
5.51... \$ 3,737,683,886	\$ 3,923,575,117	\$ 185,891,231

1 Assets Held at Other Measurement Method	2 Fair Value	3 Unrecorded Unrealized Gain/Loss
5.52... \$	\$	\$

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company
GENERAL INTERROGATORIES

Securities Lending Transactions Within Separate Accounts

- 6.1 Does the reporting entity engage in securities lending transactions with separate account assets? Yes [] No [X]
- 6.2 If yes, does the reporting entity have written policies and procedures for such transactions? Yes [] No [] N/A [X]
- 6.3 Does the reporting entity obtain approval, or otherwise provide notification to contract holders, regarding securities lending transactions that occur with separate account assets? Yes [] No [] N/A [X]
- 6.4 Are all securities lending transactions reported on balance sheet? Yes [] No [] N/A [X]
- 6.5 Provide a description of the reporting entity's securities lending transaction program, specifically identifying any variations from the securities lending transaction program administered by the general account.
- 6.6 Provide detail on the current status of separate account transactions by separate account product:
- 6.61 Amount of any loaned securities within the separate account and the percentage of separate account assets lent
- 6.611 Amount\$
- 6.612 Percentage..... %
- 6.62 Identify whether securities lent are reported at book value or market value
- 6.621 Book Value\$
- 6.622 Market Value.....\$
- 6.63 Detail on collateral received:
- 6.631 Aggregate Amount Collateral Received
- 6.6311 Open\$
- 6.6312 30 Days or Less.....\$
- 6.6313 31 to 60 Days.....\$
- 6.6314 61 to 90 Days.....\$
- 6.6315 Greater than 90 Days.....\$
- 6.6316 Total Collateral Received....\$
- 6.632 The aggregate fair value of all securities acquired from the sale, trade or use of the accepted collateral (reinvested collateral)\$
- 6.633 Narrative discussion about sources and uses of collateral:

- 6.634 Collateral for transactions that extend beyond one year from the reporting date\$

FHLB Funding Agreements

- 7.1 Does the reporting entity report Federal Home Loan Bank (FHLB) funding agreements within the separate account? Yes [] No [X]
- 7.2 Provide detail on the elements that support the classification of FHLB funding agreements within the separate account

- 7.3 Provide detail regarding the FHLB funding agreements classified within the separate account:
- | 1
Amount of FHLB
Stock Purchased or
Owned | 2
Amount of Collateral
Pledged to the
FHLB | 3
Total Borrowing or
Funding Capacity
Currently Available | 4
Total Reserves Related
to FHLB
Agreements |
|--|---|--|--|
| \$ | \$ | \$ | \$ |
- 7.4 For funding agreements within the separate account, provide a general description on the nature of the agreement, type of funding (lines of credit, borrowed money, etc) and intended use of funding.

GENERAL INTERROGATORIES

Reporting Differences Between GAAP and SAP Financial Statements (This disclosure is applicable to all reporting entities regardless if they file GAAP financial statements)

- 8.1 Does the reporting entity file GAAP financial statements? Yes [] No [X]
- 8.2 In accordance with the different separate account reporting requirements between GAAP (SOP 03-1) and statutory accounting, does the reporting entity have products that are classified within the separate account that were, or would have been if GAAP financial statements had been completed, required to be reported within the general account under GAAP financials? Pursuant to SOP 03-1, all of the following conditions must be met to receive separate account reporting classification under GAAP: Yes [X] No [] N/A []
- a. Legal Recognition - The separate account is legally recognized. That is, the separate account is established, approved, and regulated under special rules such as state insurance laws, federal securities laws, or similar foreign laws.
 - b. Legally Insulated - The separate account assets supporting the contract liabilities are legally insulated from the general account liabilities of the insurance enterprise (that is, the contract holder is not subject to insurer default risk to the extent of the assets held in the separate account).
 - c. Investment Directive - The insurer must, as a result of contractual, statutory, or regulatory requirements, invest the contract holder's funds within the separate account as directed by the contract holder in designated investment alternatives or in accordance with specific investment objectives or policies.
 - d. Investment Performance - All investment performance, net of contract fees and assessments, must as a result of contractual, statutory, or regulatory requirements be passed through to the individual contract holder. Contracts may specify conditions under which there may be a minimum guarantee, but not a ceiling, as a ceiling would prohibit all investment performance from being passed through to the contract holder.
- 8.3 Identify all separate account products and identify whether each product was classified within a separate account for GAAP reporting purposes. (For non-GAAP filers, this disclosure should reflect whether the GAAP classification would have been the same if GAAP financials had been completed.) For products that were (or would have been) reported differently, identify which SOP 03-1 condition prevented separate account GAAP classification for that particular product.

1 Product Identifier	2 Same as GAAP / Condition that Requires GAAP General Account Reporting
Variable Universal Life	Same as GAAP
Variable Annuities	Same as GAAP
Fixed BOLI	Symetra Life Insurance Company directs the investment activity and retains the investment risk not the contract holder.

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company
FORM FOR CALCULATING THE INTEREST MAINTENANCE RESERVE

INTEREST MAINTENANCE RESERVE

	1 Amount
1. Reserve as of December 31, Prior Year	5,467,341
2. Current year's realized pre-tax capital gains/(losses) of \$0 transferred into the reserve net of taxes of \$	1,657,108
3. Adjustment for current year's liability gains/(losses) released from the reserve	
4. Balance before reduction for amount transferred to Summary of Operations (Line 1 + Line 2 + Line 3)	7,124,449
5. Current year's amortization released to Summary of Operations (Amortization, Line 1, Column 4)	1,995,321
6. Reserve as of December 31, current year (Line 4 minus Line 5)	5,129,128

AMORTIZATION

Year of Amortization	1 Reserve as of December 31, Prior Year	2 Current Year's Realized Capital Gains/(Losses) Transferred into the Reserve Net of Taxes	3 Adjustment for Current Year's Liability Gains/(Losses) Released From the Reserve	4 Balance Before Reduction for Current Year's Amortization (Cols. 1 + 2 + 3)
1. 2010	1,540,089	455,233		1,995,321
2. 2011	1,272,601	494,130		1,766,731
3. 2012	865,947	204,645		1,070,592
4. 2013	499,370	146,392		645,762
5. 2014	120,155	86,345		206,500
6. 2015	(7,884)	21,308		13,424
7. 2016	137,129	(6,871)		130,258
8. 2017	218,759	2,289		221,047
9. 2018	221,706	12,169		233,875
10. 2019	197,900	22,848		220,747
11. 2020	88,584	34,654		123,238
12. 2021	(10,557)	38,058		27,501
13. 2022	(19,866)	33,566		13,699
14. 2023	677	28,874		29,551
15. 2024	45,395	23,983		69,377
16. 2025	112,896	18,493		131,389
17. 2026	138,051	14,198		152,249
18. 2027	90,693	11,398		102,091
19. 2028	40,933	8,399		49,332
20. 2029	(2,738)	5,199		2,461
21. 2030	(30,189)	1,800		(28,389)
22. 2031	(36,584)			(36,584)
23. 2032	(26,623)			(26,623)
24. 2033	(9,427)			(9,427)
25. 2034	5,394			5,394
26. 2035	7,961			7,961
27. 2036	5,064			5,064
28. 2037	1,906			1,906
29. 2038				
30. 2039				
31. 2040 and Later				
32. Total (Lines 1 to 31)	5,467,341	1,657,108		7,124,449

ASSET VALUATION RESERVE
BASIC CONTRIBUTION, RESERVE OBJECTIVE AND MAXIMUM RESERVE CALCULATIONS
DEFAULT COMPONENT

Line Number	NAIC Designation	Description	1 Book/Adjusted Carrying Value	2 Reclassify Related Party Encumbrances	3 Add Third Party Encumbrances	4 Balance for AVR Reserve Calculations (Cols. 1 + 2 + 3)	Basic Contribution		Reserve Objective		Maximum Reserve	
							5 Factor	6 Amount (Cols.4 x 5)	7 Factor	8 Amount (Cols. 4 x 7)	9 Factor	10 Amount (Cols. 4 x 9)
LONG-TERM BONDS												
1.		Exempt Obligations	350,607,212	XXX	XXX	350,607,212	0.0000		0.0000		0.0000	
2.	1	Highest Quality	2,519,751,734	XXX	XXX	2,519,751,734	0.0004	1,007,901	0.0023	5,795,429	0.0030	7,559,255
3.	2	High Quality	702,635,845	XXX	XXX	702,635,845	0.0019	1,335,008	0.0058	4,075,288	0.0090	6,323,723
4.	3	Medium Quality	49,002,804	XXX	XXX	49,002,804	0.0093	455,726	0.0230	1,127,064	0.0340	1,666,095
5.	4	Low Quality	19,199,859	XXX	XXX	19,199,859	0.0213	408,957	0.0530	1,017,593	0.0750	1,439,989
6.	5	Lower Quality	8,951,637	XXX	XXX	8,951,637	0.0432	386,711	0.1100	984,680	0.1700	1,521,778
7.	6	In or Near Default		XXX	XXX		0.0000		0.2000		0.2000	
8.		Total Unrated Multi-class Securities Acquired by Conversion		XXX	XXX		XXX		XXX		XXX	
9.		Total Bonds (Sum of Lines 1 through 8) (Page 2, Line 1, Net Admitted Asset)	3,650,149,091	XXX	XXX	3,650,149,091	XXX	3,594,303	XXX	13,000,054	XXX	18,510,841
PREFERRED STOCK												
10.	1	Highest Quality		XXX	XXX		0.0004		0.0023		0.0030	
11.	2	High Quality		XXX	XXX		0.0019		0.0058		0.0090	
12.	3	Medium Quality		XXX	XXX		0.0093		0.0230		0.0340	
13.	4	Low Quality		XXX	XXX		0.0213		0.0530		0.0750	
14.	5	Lower Quality		XXX	XXX		0.0432		0.1100		0.1700	
15.	6	In or Near Default		XXX	XXX		0.0000		0.2000		0.2000	
16.		Affiliated Life with AVR		XXX	XXX		0.0000		0.0000		0.0000	
17.		Total Preferred Stocks (Sum of Lines 10 through 16) (Page 2, Line 2.1, Net Admitted Asset)		XXX	XXX		XXX		XXX		XXX	
SHORT - TERM BONDS												
18.		Exempt Obligations		XXX	XXX		0.0000		0.0000		0.0000	
19.	1	Highest Quality	36,900,358	XXX	XXX	36,900,358	0.0004	14,760	0.0023	84,871	0.0030	110,701
20.	2	High Quality		XXX	XXX		0.0019		0.0058		0.0090	
21.	3	Medium Quality		XXX	XXX		0.0093		0.0230		0.0340	
22.	4	Low Quality		XXX	XXX		0.0213		0.0530		0.0750	
23.	5	Lower Quality		XXX	XXX		0.0432		0.1100		0.1700	
24.	6	In or Near Default		XXX	XXX		0.0000		0.2000		0.2000	
25.		Total Short - Term Bonds (Sum of Lines 18 through 24)	36,900,358	XXX	XXX	36,900,358	XXX	14,760	XXX	84,871	XXX	110,701

ASSET VALUATION RESERVE (Continued)
BASIC CONTRIBUTION, RESERVE OBJECTIVE AND MAXIMUM RESERVE CALCULATIONS
DEFAULT COMPONENT

Line Number	NAIC Designation	Description	1 Book/Adjusted Carrying Value	2 Reclassify Related Party Encumbrances	3 Add Third Party Encumbrances	4 Balance for AVR Reserve Calculations (Cols. 1 + 2 + 3)	Basic Contribution		Reserve Objective		Maximum Reserve	
							5 Factor	6 Amount (Cols. 4 x 5)	7 Factor	8 Amount (Cols. 4 x 7)	9 Factor	10 Amount (Cols. 4 x 9)
DERIVATIVE INSTRUMENTS												
26.		Exchange Traded		XXX	XXX		0.0004		0.0023		0.0030	
27.	1	Highest Quality		XXX	XXX		0.0004		0.0023		0.0030	
28.	2	High Quality		XXX	XXX		0.0019		0.0058		0.0090	
29.	3	Medium Quality		XXX	XXX		0.0093		0.0230		0.0340	
30.	4	Low Quality		XXX	XXX		0.0213		0.0530		0.0750	
31.	5	Lower Quality		XXX	XXX		0.0432		0.1100		0.1700	
32.	6	In or Near Default		XXX	XXX		0.0000		0.2000		0.2000	
33.		Total Derivative Instruments		XXX	XXX		XXX		XXX		XXX	
34.		Total (Lines 9 + 17 + 25 + 33)	3,687,049,449	XXX	XXX	3,687,049,449	XXX	3,609,063	XXX	13,084,925	XXX	18,621,542
MORTGAGE LOANS												
In Good Standing:												
35.		Farm Mortgages			XXX		0.0063 (a)		0.0120 (a)		0.0190 (a)	
36.		Residential Mortgages - Insured or Guaranteed			XXX		0.0003		0.0006		0.0010	
37.		Residential Mortgages - All Other			XXX		0.0013		0.0030		0.0040	
38.		Commercial Mortgages - Insured or Guaranteed			XXX		0.0003		0.0006		0.0010	
39.		Commercial Mortgages - All Other	40,611,605		XXX	40,611,605	0.0063 (a)	255,853	0.0120 (a)	487,339	0.0190 (a)	771,620
40.		In Good Standing With Restructured Terms			XXX		0.2800 (b)		0.6200 (b)		1.0000 (b)	
Overdue, Not in Process:												
41.		Farm Mortgages			XXX		0.0420		0.0760		0.1200	
42.		Residential Mortgages - Insured or Guaranteed			XXX		0.0005		0.0012		0.0020	
43.		Residential Mortgages - All Other			XXX		0.0025		0.0058		0.0090	
44.		Commercial Mortgages - Insured or Guaranteed			XXX		0.0005		0.0012		0.0020	
45.		Commercial Mortgages - All Other			XXX		0.0420		0.0760		0.1200	
In Process of Foreclosure:												
46.		Farm Mortgages			XXX		0.0000		0.1700		0.1700	
47.		Residential Mortgages - Insured or Guaranteed			XXX		0.0000		0.0040		0.0040	
48.		Residential Mortgages - All Other			XXX		0.0000		0.0130		0.0130	
49.		Commercial Mortgages - Insured or Guaranteed			XXX		0.0000		0.0040		0.0040	
50.		Commercial Mortgages - All Other			XXX		0.0000		0.1700		0.1700	
51.		Total Schedule B Mortgages (Sum of Lines 35 through 50) (Page 2, Line 3, Net Admitted Asset)	40,611,605		XXX	40,611,605	XXX	255,853	XXX	487,339	XXX	771,620
52.		Schedule DA Mortgages			XXX		0.0000 (c)		0.0000 (c)		0.0000 (c)	
53.		Total Mortgage Loans on Real Estate (Lines 51 + 52)	40,611,605		XXX	40,611,605	XXX	255,853	XXX	487,339	XXX	771,620

(a) Times the company's experience adjustment factor (EAF).

(b) Column 9 is the greater of 6.4% without any EAF adjustments or a company's EAF adjusted In Good Standing (IGS) factor plus 150 basis points. Columns 5 and 7 are 28% and 62% respectively of Column 9.

(c) Determined using the same factors and breakdowns used for directly owned mortgage loans.

ASSET VALUATION RESERVE
BASIC CONTRIBUTION, RESERVE OBJECTIVE AND MAXIMUM RESERVE CALCULATIONS
EQUITY AND OTHER INVESTED ASSET COMPONENT

Line Number	NAIC Designation	Description	1 Book/Adjusted Carrying Value	2 Reclassify Related Party Encumbrances	3 Add Third Party Encumbrances	4 Balance for AVR Reserve Calculations (Cols. 1 + 2 + 3)	Basic Contribution		Reserve Objective		Maximum Reserve	
							5 Factor	6 Amount (Cols. 4 x 5)	7 Factor	8 Amount (Cols. 4 x 7)	9 Factor	10 Amount (Cols. 4 x 9)
COMMON STOCK												
1.		Unaffiliated - Public		XXX	XXX		0.0000		0.1300 (d)		0.1300 (d)	
2.		Unaffiliated - Private		XXX	XXX		0.0000		0.1600		0.1600	
3.		Federal Home Loan Bank		XXX	XXX		0.0000		0.0050		0.0080	
4.		Affiliated - Life with AVR		XXX	XXX		0.0000		0.0000		0.0000	
Affiliated - Investment Subsidiary:												
5.		Fixed Income - Exempt Obligations					XXX		XXX		XXX	
6.		Fixed Income - Highest Quality					XXX		XXX		XXX	
7.		Fixed Income - High Quality					XXX		XXX		XXX	
8.		Fixed Income - Medium Quality					XXX		XXX		XXX	
9.		Fixed Income - Low Quality					XXX		XXX		XXX	
10.		Fixed Income - Lower Quality					XXX		XXX		XXX	
11.		Fixed Income - In/Near Default					XXX		XXX		XXX	
12.		Unaffiliated Common Stock - Public					0.0000		0.1300 (d)		0.1300 (d)	
13.		Unaffiliated Common Stock - Private					0.0000		0.1600		0.1600	
14.		Mortgage Loans					0.0000 (c)		0.0000 (c)		0.0000 (c)	
15.		Real Estate					0.0000 (e)		0.0000 (e)		0.0000 (e)	
16.		Affiliated - Certain Other (See SVO Purposes and Procedures Manual)		XXX	XXX		0.0000		0.1300		0.1300	
17.		Affiliated - All Other		XXX	XXX		0.0000		0.1600		0.1600	
18.		Total Common Stock (Sum of Lines 1 through 17)(Page 2, Line 2.2, Net Admitted Asset)					XXX		XXX		XXX	
REAL ESTATE												
19.		Home Office Property (General Account only)					0.0000		0.0750		0.0750	
20.		Investment Properties					0.0000		0.0750		0.0750	
21.		Properties Acquired in Satisfaction of Debt					0.0000		0.1100		0.1100	
22.		Total Real Estate (Sum of Lines 19 through 21)					XXX		XXX		XXX	
OTHER INVESTED ASSETS												
INVESTMENTS WITH THE UNDERLYING CHARACTERISTICS OF BONDS												
23.		Exempt Obligations		XXX	XXX		0.0000		0.0000		0.0000	
24.	1	Highest Quality		XXX	XXX		0.0004		0.0023		0.0030	
25.	2	High Quality		XXX	XXX		0.0019		0.0058		0.0090	
26.	3	Medium Quality		XXX	XXX		0.0093		0.0230		0.0340	
27.	4	Low Quality		XXX	XXX		0.0213		0.0530		0.0750	
28.	5	Lower Quality		XXX	XXX		0.0432		0.1100		0.1700	
29.	6	In or Near Default		XXX	XXX		0.0000		0.2000		0.2000	
30.		Total with Bond Characteristics (Sum of Lines 23 through 29)		XXX	XXX		XXX		XXX		XXX	

ASSET VALUATION RESERVE (Continued)
BASIC CONTRIBUTION, RESERVE OBJECTIVE AND MAXIMUM RESERVE CALCULATIONS
EQUITY AND OTHER INVESTED ASSET COMPONENT

Line Number	NAIC Designation	Description	1 Book/Adjusted Carrying Value	2 Reclassify Related Party Encumbrances	3 Add Third Party Encumbrances	4 Balance for AVR Reserve Calculations (Cols. 1 + 2 + 3)	Basic Contribution		Reserve Objective		Maximum Reserve	
							5 Factor	6 Amount (Cols. 4 x 5)	7 Factor	8 Amount (Cols. 4 x 7)	9 Factor	10 Amount (Cols. 4 x 9)
INVESTMENTS WITH THE UNDERLYING CHARACTERISTICS OF PREFERRED STOCKS												
31.	1	Highest Quality	3,525,070	XXX	XXX	3,525,070	0.0004	1,410	0.0023	8,108	0.0030	10,575
32.	2	High Quality		XXX	XXX		0.0019		0.0058		0.0090	
33.	3	Medium Quality		XXX	XXX		0.0093		0.0230		0.0340	
34.	4	Low Quality		XXX	XXX		0.0213		0.0530		0.0750	
35.	5	Lower Quality		XXX	XXX		0.0432		0.1100		0.1700	
36.	6	In or Near Default		XXX	XXX		0.0000		0.2000		0.2000	
37.		Affiliated Life with AVR		XXX	XXX		0.0000		0.0000		0.0000	
38.		Total with Preferred Stock Characteristics (Sum of Lines 31 through 37)	3,525,070	XXX	XXX	3,525,070	XXX	1,410	XXX	8,108	XXX	10,575
INVESTMENTS WITH THE UNDERLYING CHARACTERISTICS OF MORTGAGE LOANS												
In Good Standing:												
39.		Farm Mortgages			XXX		0.0063 (a)		0.0120 (a)		0.0190 (a)	
40.		Residential Mortgages - Insured or Guaranteed			XXX		0.0003		0.0006		0.0010	
41.		Residential Mortgages - All Other		XXX	XXX		0.0013		0.0030		0.0040	
42.		Commercial Mortgages - Insured or Guaranteed			XXX		0.0003		0.0006		0.0010	
43.		Commercial Mortgages - All Other			XXX		0.0063 (a)		0.0120 (a)		0.0190 (a)	
44.		In Good Standing With Restructured Terms			XXX		0.2800 (b)		0.6200 (b)		1.0000 (b)	
Overdue, Not in Process:												
45.		Farm Mortgages			XXX		0.0420		0.0760		0.1200	
46.		Residential Mortgages - Insured or Guaranteed			XXX		0.0005		0.0012		0.0020	
47.		Residential Mortgages - All Other			XXX		0.0025		0.0058		0.0090	
48.		Commercial Mortgages - Insured or Guaranteed			XXX		0.0005		0.0012		0.0020	
49.		Commercial Mortgages - All Other			XXX		0.0420		0.0760		0.1200	
In Process of Foreclosure:												
50.		Farm Mortgages			XXX		0.0000		0.1700		0.1700	
51.		Residential Mortgages - Insured or Guaranteed			XXX		0.0000		0.0040		0.0040	
52.		Residential Mortgages - All Other			XXX		0.0000		0.0130		0.0130	
53.		Commercial Mortgages - Insured or Guaranteed			XXX		0.0000		0.0040		0.0040	
54.		Commercial Mortgages - All Other			XXX		0.0000		0.1700		0.1700	
55.		Total with Mortgage Loan Characteristics (Sum of Lines 39 through 54)			XXX		XXX		XXX		XXX	

ASSET VALUATION RESERVE (Continued)
BASIC CONTRIBUTION, RESERVE OBJECTIVE AND MAXIMUM RESERVE CALCULATIONS
EQUITY AND OTHER INVESTED ASSET COMPONENT

Line Number	NAIC Designation	Description	1 Book/Adjusted Carrying Value	2 Reclassify Related Party Encumbrances	3 Add Third Party Encumbrances	4 Balance for AVR Reserve Calculations (Cols. 1 + 2 + 3)	Basic Contribution		Reserve Objective		Maximum Reserve	
							5 Factor	6 Amount (Cols.4 x 5)	7 Factor	8 Amount (Cols. 4 x 7)	9 Factor	10 Amount (Cols. 4 x 9)
INVESTMENTS WITH THE UNDERLYING CHARACTERISTICS OF COMMON STOCK												
56.		Unaffiliated Public		XXX	XXX		0.0000		0.1300 (d)		0.1300 (d)	
57.		Unaffiliated Private		XXX	XXX		0.0000		0.1600		0.1600	
58.		Affiliated Life with AVR		XXX	XXX		0.0000		0.0000		0.0000	
59.		Affiliated Certain Other (See SVO Purposes & Procedures Manual)		XXX	XXX		0.0000		0.1300		0.1300	
60.		Affiliated Other - All Other		XXX	XXX		0.0000		0.1600		0.1600	
61.		Total with Common Stock Characteristics (Sum of Lines 56 through 60)		XXX	XXX		XXX		XXX		XXX	
INVESTMENTS WITH THE UNDERLYING CHARACTERISTICS OF REAL ESTATE												
62.		Home Office Property (General Account only)					0.0000		0.0750		0.0750	
63.		Investment Properties					0.0000		0.0750		0.0750	
64.		Properties Acquired in Satisfaction of Debt					0.0000		0.1100		0.1100	
65.		Total with Real Estate Characteristics (Lines 62 through 64)					XXX		XXX		XXX	
LOW INCOME HOUSING TAX CREDIT INVESTMENTS												
66.		Guaranteed Federal Low Income Housing Tax Credit					0.0003		0.0006		0.0010	
67.		Non-guaranteed Federal Low Income Housing Tax Credit					0.0063		0.0120		0.0190	
68.		State Low Income Housing Tax Credit					0.0273		0.0600		0.0975	
69.		All Other Low Income Housing Tax Credit					0.0273		0.0600		0.0975	
70.		Total LIHTC					XXX		XXX		XXX	
ALL OTHER INVESTMENTS												
71.		Other Invested Assets - Schedule BA		XXX			0.0000		0.1300		0.1300	
72.		Other Short-Term Invested Assets - Schedule DA		XXX			0.0000		0.1300		0.1300	
73.		Total All Other (Sum of Lines 71 + 72)		XXX			XXX		XXX		XXX	
74.		Total Other Invested Assets - Schedules BA & DA (Sum of Lines 30, 38, 55, 61, 65, 70 and 73)	3,525,070			3,525,070	XXX	1,410	XXX	8,108	XXX	10,575

(a) Times the company's experience adjustment factor (EAF).

(b) Column 9 is the greater of 6.4% without any EAF adjustments or a company's EAF adjusted In Good Standing (IGS) factor plus 150 basis points. Columns 5 and 7 are 28% and 62% respectively of Column 9.

(c) Determined using the same factors and breakdowns used for directly owned mortgage loans.

(d) Times the company's weighted average portfolio beta (Minimum .10, Maximum .20).

(e) Determined using the same factors and breakdowns used for directly owned real estate.

ASSET VALUATION RESERVE (Continued)

BASIC CONTRIBUTION, RESERVE OBJECTIVE AND MAXIMUM RESERVE CALCULATIONS REPLICATIONS (SYNTHETIC) ASSETS

1 RSAT Number	2 Type	3 CUSIP	4 Description of Asset(s)	5 NAIC Designation or Other Description of Asset	6 Value of Asset	7 AVR Basic Contribution	8 AVR Reserve Objective	9 AVR Maximum Reserve
NONE								
0599999 - Total								

SCHEDULE A - VERIFICATION BETWEEN YEARS

Real Estate

1.	Book/adjusted carrying value, December 31 of prior year	
2.	Cost of acquired:	
	2.1 Actual cost at time of acquisition (Part 2, Column 6)	
	2.2 Additional investment made after acquisition (Part 2, Column 9)	
3.	Current year change in encumbrances:	
	3.1 Totals, Part 1, Column 13	
	3.2 Totals, Part 3, Column 11	
4.	Total gain (loss) on disposals, Part 3, Column 18	
5.	Deduct amounts received on disposals, Part 3, Column 15	
6.	Total foreign exchange change in book/adjusted carrying value:	
	6.1 Totals, Part 1, Column 15	
	6.2 Totals, Part 3, Column 13	
7.	Deduct current year's other than temporary impairment recognized:	
	7.1 Totals, Part 1, Column 12	
	7.2 Totals, Part 3, Column 10	
8.	Deduct current year's depreciation:	
	8.1 Totals, Part 1, Column 11	
	8.2 Totals, Part 3, Column 9	
9.	Book/adjusted carrying value at the end of current period (Lines 1+2+3+4-5+6-7-8)	
10.	Deduct total nonadmitted amounts	
11.	Statement value at end of current period (Line 9 minus Line 10)	

NONE

SCHEDULE B - VERIFICATION BETWEEN YEARS

Mortgage Loans

1.	Book value/recorded investment excluding accrued interest, December 31 of prior year	0
2.	Cost of acquired:	
	2.1 Actual cost at time of acquisition (Part 2, Column 7)	40,640,000
	2.2 Additional investment made after acquisition (Part 2, Column 8)	40,640,000
3.	Capitalized deferred interest and other:	
	3.1 Totals, Part 1, Column 12	
	3.2 Totals, Part 3, Column 11	
4.	Accrual of discount	
5.	Unrealized valuation increase (decrease):	
	5.1 Totals, Part 1, Column 9	
	5.2 Totals, Part 3, Column 8	
6.	Total gain (loss) on disposals, Part 3, Column 18	
7.	Deduct amounts received on disposals, Part 3, Column 15	28,395
8.	Deduct amortization of premium and mortgage interest points and commitment fees	
9.	Total foreign exchange change in book value/recorded investment excluding accrued interest:	
	9.1 Totals, Part 1, Column 13	
	9.2 Totals, Part 3, Column 13	
10.	Deduct current year's other than temporary impairment recognized:	
	10.1 Totals, Part 1, Column 11	
	10.2 Totals, Part 3, Column 10	
11.	Book value/recorded investment excluding accrued interest at end of current period (Lines 1+2+3+4+5+6-7-8+9-10)	40,611,605
12.	Total valuation allowance	
13.	Subtotal (Line 11 plus 12)	40,611,605
14.	Deduct total nonadmitted amounts	
15.	Statement value of mortgages owned at end of current period (Line 13 minus Line 14)	40,611,605

SCHEDULE BA - VERIFICATION BETWEEN YEARS

Other Long-Term Invested Assets

1.	Book/adjusted carrying value, December 31 of prior year	3,525,895
2.	Cost of acquired:	
2.1	Actual cost at time of acquisition (Part 2, Column 8)	
2.2	Additional investment made after acquisition (Part 2, Column 9)	
3.	Capitalized deferred interest and other:	
3.1	Totals, Part 1, Column 16	
3.2	Totals, Part 3, Column 12	
4.	Accrual of discount	390
5.	Unrealized valuation increase (decrease):	
5.1	Totals, Part 1, Column 13	
5.2	Totals, Part 3, Column 9	
6.	Total gain (loss) on disposals, Part 3, Column 19	
7.	Deduct amounts received on disposals, Part 3, Column 16	
8.	Deduct amortization of premium and depreciation	1,215
9.	Total foreign exchange change in book/adjusted carrying value:	
9.1	Totals, Part 1, Column 17	
9.2	Totals, Part 3, Column 14	
10.	Deduct current year's other than temporary impairment recognized:	
10.1	Totals, Part 1, Column 15	
10.2	Totals, Part 3, Column 11	
11.	Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5+6-7-8+9-10)	3,525,070
12.	Deduct total nonadmitted amounts	
13.	Statement value at end of current period (Line 11 minus Line 12)	3,525,070

SCHEDULE D - VERIFICATION BETWEEN YEARS

Bonds and Stocks

1.	Book/adjusted carrying value, December 31 of prior year	3,960,631,379
2.	Cost of bonds and stocks acquired, Part 3, Column 7	1,433,937,676
3.	Accrual of discount	5,709,253
4.	Unrealized valuation increase (decrease):	
4.1	Part 1, Column 12	
4.2	Part 2, Section 1, Column 15	
4.3	Part 2, Section 2, Column 13	98,767,475
4.4	Part 4, Column 11	36,822,245
		135,589,720
5.	Total gain (loss) on disposals, Part 4, Column 19	(30,459,833)
6.	Deduction consideration for bonds and stocks disposed of, Part 4, Column 7	960,215,138
7.	Deduct amortization of premium	12,859,630
8.	Total foreign exchange change in book/adjusted carrying value:	
8.1	Part 1, Column 15	
8.2	Part 2, Section 1, Column 19	
8.3	Part 2, Section 2, Column 16	
8.4	Part 4, Column 15	
9.	Deduct current year's other than temporary impairment recognized:	
9.1	Part 1, Column 14	481,424
9.2	Part 2, Section 1, Column 17	
9.3	Part 2, Section 2, Column 14	
9.4	Part 4, Column 13	150,960
		632,384
10.	Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5-6-7+8-9)	4,531,701,043
11.	Deduct total nonadmitted amounts	
12.	Statement value at end of current period (Line 10 minus Line 11)	4,531,701,043

SCHEDULE D - SUMMARY BY COUNTRY

Long-Term Bonds and Stocks OWNED December 31 of Current Year

Description		1 Book/Adjusted Carrying Value	2 Fair Value	3 Actual Cost	4 Par Value of Bonds
BONDS					
Governments (Including all obligations guaranteed by governments)	1. United States	350,607,213	352,289,723	350,779,003	336,127,037
	2. Canada	5,287,868	6,294,724	5,725,695	4,490,000
	3. Other Countries				
	4. Totals	355,895,081	358,584,447	356,504,698	340,617,037
U.S. States, Territories and Possessions (Direct and guaranteed)	5. Totals	3,210,000	3,267,974	3,210,000	3,210,000
U.S. Political Subdivisions of States, Territories and Possessions (Direct and guaranteed)	6. Totals	5,333,210	5,514,326	5,332,837	5,335,000
U.S. Special revenue and special assessment obligations and all non- guaranteed obligations of agencies and authorities of governments and their political subdivisions	7. Totals	1,087,448,112	1,120,577,671	1,086,865,819	1,072,693,525
	8. United States	1,864,772,015	1,961,796,043	1,880,898,783	1,825,424,368
	9. Canada	46,779,254	50,357,416	48,133,165	43,450,000
	10. Other Countries	286,711,420	305,560,751	286,312,430	285,893,000
Industrial and Miscellaneous, Credit Tenant Loans and Hybrid Securities (unaffiliated)	11. Totals	2,198,262,689	2,317,714,210	2,215,344,378	2,154,767,368
Parent, Subsidiaries and Affiliates	12. Totals				
	13. Total Bonds	3,650,149,092	3,805,658,628	3,667,257,732	3,576,622,930
PREFERRED STOCKS					
Industrial and Miscellaneous (unaffiliated)	14. United States				
	15. Canada				
	16. Other Countries				
	17. Totals				
Parent, Subsidiaries and Affiliates	18. Totals				
	19. Total Preferred Stocks				
COMMON STOCKS					
Industrial and Miscellaneous (unaffiliated)	20. United States	881,551,951	881,551,951	830,784,256	
	21. Canada				
	22. Other Countries				
	23. Totals	881,551,951	881,551,951	830,784,256	
Parent, Subsidiaries and Affiliates	24. Totals				
	25. Total Common Stocks	881,551,951	881,551,951	830,784,256	
	26. Total Stocks	881,551,951	881,551,951	830,784,256	
	27. Total Bonds and Stocks	4,531,701,043	4,687,210,579	4,498,041,988	

SCHEDULE DA - VERIFICATION BETWEEN YEARS

Short-Term Investments

	1	2	3	4	5
	Total	Bonds	Mortgage Loans	Other Short-term Investment Assets (a)	Investments in Parent, Subsidiaries and Affiliates
1. Book/adjusted carrying value, December 31 of prior year	124,394,520	124,394,520			
2. Cost of short-term investments acquired	1,288,674,693	1,288,674,693			
3. Accrual of discount					
4. Unrealized valuation increase (decrease)					
5. Total gain (loss) on disposals					
6. Deduct consideration received on disposals	1,376,168,855	1,376,168,855			
7. Deduct amortization of premium					
8. Total foreign exchange change in book/adjusted carrying value					
9. Deduct current year's other than temporary impairment recognized					
10. Book adjusted carrying value at end of current period (Lines 1+2+3+4+5-6-7+8-9)	36,900,358	36,900,358			
11. Deduct total nonadmitted amounts					
12. Statement value at end of current period (Line 10 minus Line 11)	36,900,358	36,900,358			

(a) Indicate the category of such assets, for example, joint ventures, transportation equipment:

Schedule DB - Part A - Verification - Options, Caps, Floors, Collars, Swaps and Forwards

N O N E

Schedule DB - Part B - Verification - Futures Contracts

N O N E

Schedule DB - Part C - Section 1 - Replication (Synthetic Asset) Transactions (RSATs) Open

N O N E

Schedule DB-Part C-Section 2-Reconciliation of Replication (Synthetic Asset) Transactions Open

N O N E

Schedule DB - Verification - Book/Adjusted Carrying Value, Fair Value and Potential Exposure of
Derivatives

N O N E

SCHEDULE E - VERIFICATION BETWEEN YEARS

(Cash Equivalents)

	1	2	3
	Total	Bonds	Other (a)
1. Book/adjusted carrying value, December 31 of prior year			
2. Cost of cash equivalents acquired	33,995,767	33,995,767	
3. Accrual of discount	3,901	3,901	
4. Unrealized valuation increase (decrease)			
5. Total gain (loss) on disposals	11	11	
6. Deduct consideration received on disposals	33,999,679	33,999,679	
7. Deduct amortization of premium			
8. Total foreign exchange change in book/adjusted carrying value			
9. Deduct current year's other than temporary impairment recognized			
10. Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5-6-7+8-9)			
11. Deduct total nonadmitted amounts			
12. Statement value at end of current period (Line 10 minus Line 11)			

(a) Indicate the category of such assets, for example, joint ventures, transportation equipment:

Schedule A - Part 1 - Real Estate Owned

N O N E

Schedule A - Part 2 - Real Estate Acquired and Additions Made

N O N E

Schedule A - Part 3 - Real Estate Disposed

N O N E

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE B - PART 1

Showing All Mortgage Loans OWNED December 31 of Current Year

1 Loan Number	2 Code	3 Location		5 Loan Type	6 Date Acquired	7 Rate of Interest	8 Book Value/Recorded Investment Excluding Accrued Interest	Change in Book Value/Recorded Investment					14 Value of Land and Buildings	15 Date of Last Appraisal or Valuation
		3 City	4 State					9 Unrealized Valuation Increase (Decrease)	10 Current Year's (Amortization)/ Accretion	11 Current Year's Other Than Temporary Impairment Recognized	12 Capitalized Deferred Interest and Other	13 Total Foreign Exchange Change in Book Value		
2049		FORT MEYERS	FL		08/11/2010	6.400	1,294,624						1,990,000	07/23/2010
2114		CULVER CITY	CA		11/10/2010	6.250	4,100,000						6,520,000	09/12/2010
2116		NORTHRIDGE	CA		10/27/2010	5.950	5,930,958						9,900,000	09/21/2010
2122		GLENDALE	AZ		10/25/2010	6.150	2,995,558						5,580,000	08/24/2010
2125		AURORA	IL		10/08/2010	5.270	5,690,465						8,500,000	09/16/2010
2133		BELLEVUE	WA		12/10/2010	6.000	1,500,000						3,000,000	10/18/2010
2135		FAYETTEVILLE	NC		12/22/2010	6.150	7,000,000						11,765,000	10/20/2010
2137		FOUNTAIN VALLEY	CA		12/01/2010	5.550	5,000,000						9,900,000	11/01/2010
2138		HOUSTON	TX		12/07/2010	5.650	3,000,000						8,200,000	10/07/2010
2158		CORONA	CA		12/29/2010	5.300	4,100,000						6,160,000	10/22/2010
0599999. Mortgages in good standing - Commercial mortgages-all other							40,611,605						71,515,000	XXX
0899999. Total Mortgages in good standing							40,611,605						71,515,000	XXX
1699999. Total - Restructured Mortgages														XXX
2499999. Total - Mortgages with overdue interest over 90 days														XXX
3299999. Total - Mortgages in the process of foreclosure														XXX
3399999 - Totals							40,611,605						71,515,000	XXX

General Interrogatory:

- Mortgages in good standing \$ unpaid taxes \$ interest due and unpaid.
- Restructured mortgages \$ unpaid taxes \$ interest due and unpaid.
- Mortgages with overdue interest over 90 days not in process of foreclosure \$ unpaid taxes \$ interest due and unpaid.
- Mortgages in process of foreclosure \$ unpaid taxes \$ interest due and unpaid.

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE B - PART 2

Showing All Mortgage Loans ACQUIRED AND ADDITIONS MADE During the Current Year

1 Loan Number	Location		4 Loan Type	5 Date Acquired	6 Rate of Interest	7 Actual Cost at Time of Acquisition	8 Additional Investment Made After Acquisition	9 Value of Land and Buildings
	2 City	3 State						
2049	FORT MEYERS	FL		08/11/2010	6.400	1,300,000		1,990,000
2114	CULVER CITY	CA		11/10/2010	6.250	4,100,000		6,520,000
2116	NORTHRIDGE	CA		10/27/2010	5.950	5,940,000		9,900,000
2122	GLENDALE	AZ		10/25/2010	6.150	3,000,000		5,580,000
2125	AURORA	IL		10/08/2010	5.270	5,700,000		8,500,000
2133	BELLEVUE	WA		12/10/2010	6.000	1,500,000		3,000,000
2135	FAYETTEVILLE	NC		12/22/2010	6.150	7,000,000		11,765,000
2137	FOUNTAIN VALLEY	CA		12/01/2010	5.550	5,000,000		9,900,000
2138	HOUSTON	TX		12/07/2010	5.650	3,000,000		8,200,000
2158	CORONA	CA		12/29/2010	5.300	4,100,000		6,160,000
0599999. Mortgages in good standing - Commercial mortgages-all other						40,640,000		71,515,000
0899999. Total Mortgages in good standing						40,640,000		71,515,000
1699999. Total - Restructured Mortgages								
2499999. Total - Mortgages with overdue interest over 90 days								
3299999. Total - Mortgages in the process of foreclosure								
3399999 - Totals						40,640,000		71,515,000

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE B - PART 3

Showing All Mortgage Loans DISPOSED, Transferred or Repaid During the Current Year

1 Loan Number	Location		4 Loan Type	5 Date Acquired	6 Disposal Date	7 Book Value/ Recorded Investment Excluding Accrued Interest Prior Year	Change in Book Value/Recorded Investment					14 Book Value/ Recorded Investment Excluding Accrued Interest on Disposal	15 Consid- eration	16 Foreign Exchange Gain (Loss) on Disposal	17 Realized Gain (Loss) on Disposal	18 Total Gain (Loss) on Disposal
	2 City	3 State					8 Unrealized Valuation Increase (Decrease)	9 Current Year's (Amortization) /Accretion	10 Current Year's Other Than Temporary Impairment Recognized	11 Capitalized Deferred Interest and Other	12 Total Change in Book Value (8+9-10+11)					
2049	FORT MEYERS	FL		08/11/2010									5,376			
2116	NORTHRIDGE	CA		10/27/2010									9,042			
2122	GLENDALE	AZ		10/25/2010									4,442			
2125	AURORA	IL		10/08/2010									9,535			
0299999. Mortgages with partial repayments													28,395			
0599999 - Totals													28,395			

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE BA - PART 1

Showing Other Long-Term Invested Assets OWNED December 31 of Current Year

1 CUSIP Identi- fication	2 Name or Description	3 Code	4 Location		6 Name of Vendor or General Partner	7 NAIC Designation	8 Date Originally Acquired	9 Type and Strategy	10 Actual Cost	11 Fair Value	12 Book/ Adjusted Carrying Value Less Encum- brances	Change in Book/Adjusted Carrying Value					18 Invest- ment Income	19 Commit- ment for Additional Invest- ment	20 Percent- age of Owner- ship	
			4 City	5 State								13 Unrealized Valuation Increase (Decrease)	14 Current Year's (Depre- ciation) or (Amorti- zation)/ Accretion	15 Current Year's Other Than Temporary Impair- ment Recogn- ized	16 Capital- ized Deferred Interest and Other	17 Total Foreign Exchange Change in Book/ Adjusted Carrying Value				
29452P-AB-2	EQUITABLE LIFE ASSURANCE SURPLUS NTS 144A 7.700% 12/01/15				Various	.1FE	08/09/1999		3,531,038	3,891,515	3,525,070				(825)			271,040		0.000
2199999. Surplus Debentures, etc - Unaffiliated									3,531,038	3,891,515	3,525,070				(825)			271,040		XXX
3999999. Total - Unaffiliated									3,531,038	3,891,515	3,525,070				(825)			271,040		XXX
4099999. Total - Affiliated																				XXX
4199999 - Totals									3,531,038	3,891,515	3,525,070				(825)			271,040		XXX

E07

Schedule BA - Part 2 - Other Long-Term Invested Assets Acquired and Additions Made

N O N E

Schedule BA - Part 3 - Other Long-Term Invested Assets Disposed, Transferred or Repaid

N O N E

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	B o n d C h a r	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
3133MO-XJ-5	FHLB UNSEC'D NTS SER S-17				1	182,063		124,5990	186,899	150,000	168,275		(2,325)		6.850	4.676	JJ	4,367	10,275	03/29/2004	07/28/2017
3134A4-DY-7	FHLMC GLOBAL NOTES				1	322,046		101,0750	328,493	325,000	324,919		379		5.625	5.752	MS	5,383	18,281	12/31/2001	03/15/2011
31359M-LS-0	FNMA UNSEC'D NTS				1	52,082		104,3080	52,154	50,000	50,261		(287)		5.375	4.756	MN	343	2,688	08/22/2003	11/15/2011
761157-AE-6	RESOLUTION FNDG AGY SER B-2020				1	44,653		146,3060	43,892	30,000	40,059		(780)		9.375	5.000	AO	594	2,813	03/25/2004	10/15/2020
0199999. U.S. Governments - Issuer Obligations						600,844	XXX	611,438	555,000	583,514		(3,013)			XXX	XXX	XXX	10,687	34,057	XXX	XXX
36202C-QX-4	GNMA II POOL #2270		2		1	88,439		117,5130	102,867	87,537	88,136		(90)		8.000	7.924	MON	584	7,003	09/14/2000	08/20/2026
36202D-E3-1	GNMA II POOL #2854		2		1	10,163		117,9230	11,892	10,084	10,138		(15)		8.000	7.982	MON	67	807	01/07/2000	12/20/2029
36202D-F2-2	GNMA II POOL #2885		2		1	3,446		120,2760	4,110	3,417	3,436		(8)		8.500	8.507	MON	24	291	05/11/2000	02/20/2030
36202D-FH-9	GNMA II POOL #2868		2		1	230,448		118,0290	269,887	228,662	230,099		(17)		8.000	7.901	MON	1,524	18,293	01/07/2000	01/20/2030
36202D-G9-6	GNMA II POOL #2924		2		1	41,057		120,2760	48,965	40,710	41,038		2		8.500	7.753	MON	288	3,460	05/11/2000	05/20/2030
36202D-GT-2	GNMA II POOL #2910		2		1	2,270		120,1740	2,705	2,251	2,265		1		8.500	8.462	MON	16	191	05/11/2000	04/20/2030
36202D-HX-2	GNMA II POOL #2946		2		1	28,721		118,0290	33,746	28,591	28,691		(15)		8.000	7.965	MON	191	2,287	07/27/2000	07/20/2030
36202D-QN-4	GNMA II SF POOL #3161		2		1	219,060		113,1300	246,015	217,463	218,861		(87)		6.500	6.352	MON	1,178	14,135	11/21/2001	11/20/2031
36202D-WE-7	GNMA II POOL #3345		2		1	2,147,834		107,0040	2,304,740	2,153,892	2,147,853		3		5.000	5.057	MON	8,975	107,695	02/21/2003	02/20/2033
36202F-BK-1	Government National Mortgage A POOL 4542				1	7,138,124		107,7070	7,310,755	6,787,607	7,133,431		(2,980)		5.500	3.614	MON	31,110	373,319	09/30/2009	09/20/2039
36205G-AD-3	GNMA POOL #389804				1	3,165,006		106,7290	3,391,752	3,177,917	3,165,408		(256)		5.000	5.107	MON	13,241	158,896	01/23/2003	01/15/2033
3620A2-T5-5	GNMA				1	3,523,240		106,3850	3,693,379	3,471,707	3,522,299		(455)		5.000	4.279	MON	14,465	173,585	06/23/2009	05/15/2039
3620A5-BZ-1	GNMA POOL #719256				1	26,378,819		103,9580	25,798,325	24,816,175	26,370,400		(8,419)		4.500	3.845	MON	93,061	186,121	10/06/2010	07/15/2040
3620A9-P2-1	Government National Mortgage A POOL 723241				1	8,385,399		106,3850	8,507,408	7,996,804	8,378,705		(6,262)		5.000	2.241	MON	33,320	399,840	12/02/2009	10/15/2039
3620A9-P2-8	Government National Mortgage A POOL 723240				1	6,271,336		106,3850	6,431,588	6,045,572	6,267,368		(3,178)		5.000	3.241	MON	25,190	302,279	11/03/2009	10/15/2039
3620A9-TN-1	Government National Mortgage A				1	11,202,200		108,1710	11,480,753	10,613,483	11,192,722		(5,397)		5.500	2.690	MON	48,645	583,742	10/14/2009	09/15/2039
3620A9-ZD-6	Government National Mortgage A Pool No 725340				1	37,288,832		106,3850	38,153,717	35,863,779	37,271,458		(17,374)		5.000	4.071	MON	149,432	1,555,675	01/22/2010	12/15/2039
3620AA-TX-6	Government National Mortgage A POOL 724266				1	10,770,045		108,1710	11,116,093	10,276,369	10,762,877		(4,270)		5.500	3.395	MON	47,100	565,201	10/06/2009	09/15/2039
3620AC-6M-1	GNM 2009-20 A POOL 726376				1	11,913,403		106,3850	12,122,874	11,395,274	11,905,373		(7,453)		5.000	2.744	MON	47,480	569,764	11/20/2009	10/15/2039
3620AC-DB-7	GNM 2009-20 A				1	874,703		108,7880	917,743	843,609	875,969		927		5.470	5.257	MON	3,845	45,209	12/01/2010	08/20/2059
3620AD-CD-2	Government National Mortgage A POOL 726468				1	9,702,417		106,3850	9,847,992	9,256,928	9,694,998		(5,877)		5.000	2.904	MON	38,571	462,846	11/13/2009	11/15/2039
3620AF-4M-4	GNMA Pool #729037				1	34,813,837		106,3850	35,508,628	33,377,444	34,795,273		(18,564)		5.000	3.671	MON	139,073	1,226,851	03/23/2010	02/15/2040
3620AM-K4-3	GNMA POOL #733915				1	25,893,308		103,9580	25,275,200	24,312,965	25,884,256		(9,052)		4.500	3.988	MON	91,174	182,347	10/07/2010	09/15/2040
3620AR-HA-2	GNMA POOL #737425				1	15,750,567		100,9080	15,834,172	15,691,723	15,750,531		(36)		4.000	3.985	MON	52,306	515,240	12/20/2010	09/15/2040
3620CO-I5-3	GNMA POOL #745068				1	16,089,972		103,9580	15,749,786	15,150,187	16,084,787		(5,185)		4.500	3.923	MON	56,813	113,626	10/06/2010	06/15/2040
3620C4-SF-8	GNMA POOL #748518				1	20,786,622		100,9080	20,108,158	19,927,259	20,781,485		(5,137)		4.000	3.671	MON	66,424	132,848	10/06/2010	09/15/2040
3620C4-SP-6	GNMA POOL #748526				1	57,504,721		100,9080	55,586,169	55,086,097	57,490,243		(14,478)		4.000	3.666	MON	183,620	367,241	10/06/2010	09/15/2040
36211W-K4-9	GNMA POOL #525115				1	43,479		118,6940	52,172	43,588	43,471		(1)		8.250	8.385	MON	300	3,596	05/12/2000	04/15/2030
36223D-5L-6	GNMA II POOL #305151				1	39,148		116,9930	45,693	39,056	39,038		(12)		8.250	8.302	MON	269	3,222	05/26/2000	02/20/2021
36223D-5O-5	GNMA II POOL #305155				1	2,818		100,6550	2,829	2,811	2,810		(4)		8.250	8.298	MON	19	232	05/26/2000	03/20/2021
36223D-6C-5	GNMA II POOL #305167				1	42,881		116,9930	50,050	42,781	42,764		(13)		8.250	8.301	MON	294	3,529	05/26/2000	05/20/2021
36223S-R2-1	GNMA II POOL #316505				1	49,582		116,9930	57,871	49,466	49,449		(16)		8.250	8.304	MON	340	4,081	05/26/2000	10/20/2021
36225A-UJ-7	GNMA POOL #780585				1	163,145		119,0670	191,406	160,755	162,540		(369)		8.250	8.123	MON	1,105	13,262	07/27/2000	06/15/2027
36230Q-H5-0	GNMA Pool 755652				1	700,984		100,9080	706,355	700,000	700,984				4.000	4.009	MON	1,478		12/22/2010	12/15/2040
36295P-YT-3	Government National Mortgage A POOL 676722				1	10,623,300		108,1710	10,958,841	10,130,997	10,615,622		1,866		5.500	3.281	MON	46,434	557,205	09/16/2009	02/15/2038
36296D-LC-0	Government National Mortgage A POOL 688023				1	4,988,293		110,0980	5,350,792	4,860,014	4,985,849		(157)		6.000	4.722	MON	24,300	251,298	12/19/2008	10/15/2038
36296G-6G-1	Government National Mortgage A POOL 691271				1	2,900,558		111,5980	3,224,378	2,889,272	2,900,310		(57)		6.000	5.785	MON	14,446	173,356	07/21/2008	07/15/2038
36296Q-3N-7	Government National Mortgage A POOL 698405				1	4,888,500		106,3850	5,077,661	4,772,906	4,886,699		(1,074)		5.000	3.879	MON	19,887	238,645	08/18/2009	07/15/2039
36296Q-H9-3	Government National Mortgage A POOL 697856				1	5,837,685		108,1710	6,022,071	5,567,156	5,832,967		(490)		5.500	2.808	MON	25,516	306,194	09/16/2009	02/15/2039
36296R-UT-2	Government National Mortgage A POOL 699094				1	763,343		112,7830	834,076	739,539	762,957		(60)		6.500	5.117	MON	4,006	48,070	09/18/2008	09/15/2038
36296X-HC-1	Government National Mortgage A POOL 704127				1	1,495,850		108,1710	1,568,099	1,449,643	1,494,937		32		5.500	3.960	MON	6,644	79,730	01/21/2009	01/15/2039
36297A-KW-2	Government National Mortgage A POOL 706009				1	3,001,084		108,1710	3,151,762	2,913,674	2,998,059		684		5.500	4.182	MON	13,354	160,252	02/10/2009	01/15/2039
36297C-YC-7	Government National Mortgage A POOL 708207				1	2,233,353		108,1710	2,355,490	2,177,553	2,231,999		(639)		5.500	3.816	MON	9,980	119,765	02/06/2009	02/15/2039
619999-AA-3	FHA 241(F) #052-12012L(MOSSHILL)				1	2,180,167		100,0000	2,169,320	2,169,320	2,175,144		(101)		8.200						

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	Bond Char	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
0499999. All Other Governments - Issuer Obligations						5,725,695	XXX	6,294,724	4,490,000	5,287,868		(52,420)			XXX	XXX	XXX	68,091	412,160	XXX	XXX
1099999. Total - All Other Government Bonds						5,725,695	XXX	6,294,724	4,490,000	5,287,868		(52,420)			XXX	XXX	XXX	68,091	412,160	XXX	XXX
344612-FF-8	FONTANA CALIF PUB FING AUTH TA TAXABLE N FONTANA REDEV PJ B			1	1FE	2,210,000	100.1590	2,213,514	2,210,000	2,210,000					6.220	6.220	MS	45,821	137,462	10/17/2003	09/01/2023
68607L-XQ-5	Oregon ST GO TAX PENSION			2	1FE	1,000,000	105.4460	1,054,460	1,000,000	1,000,000					5.892	5.892	JD	58,920	58,920	10/28/2003	06/01/2027
1199999. U.S. States, Territories and Possessions - Issuer Obligations						3,210,000	XXX	3,267,974	3,210,000	3,210,000					XXX	XXX	XXX	50,731	196,382	XXX	XXX
1799999. Total - U.S. States, Territories and Possessions Bonds						3,210,000	XXX	3,267,974	3,210,000	3,210,000					XXX	XXX	XXX	50,731	196,382	XXX	XXX
504194-GD-7	LA QUINTA CALIF REDEV AGY TAX ALLOC REDEV PROJ AREA #1			2	1FE	635,000	101.5900	645,097	635,000	635,000					5.450	5.450	MS	11,536	34,608	09/03/2003	09/01/2013
68607V-KC-8	OR ST DEPT ADMINISTRATIVE TAXABLE SER 2003B SAN FRANCISCO CA RFA TAXABLE SAN FRAN REDEV				1FE	1,000,000	103.2040	1,032,040	1,000,000	1,000,000					4.050	4.050	AO	10,125	40,500	05/30/2003	04/01/2012
79771P-UA-1	PROJUS-A SAN FRANCISCO CA RFA TAXABLE SAN FRAN REFEV				1FE	2,000,000	103.3840	2,067,680	2,000,000	2,000,000					4.740	4.740	FA	39,500	94,800	02/13/2003	08/01/2012
79771P-UB-9	PROJUS-A SAN FRANCISCO CA RFA TAXABLE SAN FRAN REFEV				1FE	1,000,000	104.7200	1,047,200	1,000,000	1,000,000					4.880	4.880	FA	20,333	48,800	02/13/2003	08/01/2013
977100-AC-0	WISCONSIN ST GEN REV TAXABLE SER A			2	1FE	697,837	103.1870	722,309	700,000	698,210		71			5.700	5.725	MN	6,650	39,900	12/10/2003	05/01/2026
1899999. U.S. Political Subdivisions - Issuer Obligations						5,332,837	XXX	5,514,326	5,335,000	5,333,210		71			XXX	XXX	XXX	88,144	258,608	XXX	XXX
2499999. Total - U.S. Political Subdivisions Bonds						5,332,837	XXX	5,514,326	5,335,000	5,333,210		71			XXX	XXX	XXX	88,144	258,608	XXX	XXX
362848-LT-8	GAINESVILLE FL TAXABLE SER B ILLINOIS DEV FIN AUTH REV TAXABLE USE ENERGY PJ				1FE	800,000	100.8040	806,432	800,000	800,000					4.400	4.400	AO	8,800	35,200	01/30/2003	10/01/2013
45189F-AQ-7	CHICAGO INDIAN WELLS CALIF REDEV AGY TAXABLE TAX ALLOC			1	2FE	2,514,405	95.6600	2,391,500	2,500,000	2,506,082		(3,167)			6.000	5.854	MS	50,000	150,000	12/18/2007	03/01/2014
45455C-DS-4	CONS A T			1	1FE	500,000	93.0130	465,065	500,000	500,000					5.460	5.460	MS	9,100	27,300	05/08/2003	09/01/2022
646139-D7-7	NJ TPK AUTH				1FE	161,895	107.2800	182,376	170,000	165,598		757			4.252	4.840	JJ	3,614	7,228	07/25/2005	01/01/2016
646139-D8-5	NJ TPK AUTH				1FE	4,770,002	103.4890	5,205,497	5,030,000	4,888,644		24,284			4.252	4.891	JJ	106,938	213,876	07/25/2005	01/01/2016
68583R-BL-5	OR CNTY COLLEGE DIST TAX PENSION OBLIG MW 12.5				1FE	487,645	105.5890	527,945	500,000	492,241		818			5.197	5.452	JD	72	25,985	07/20/2004	06/30/2018
837147-A7-2	SC PUB SVC AUTH REV TAXABLE MW +25 SER 2004B				1FE	478,650	102.7810	513,905	500,000	496,680		3,165			4.170	4.858	JJ	10,425	20,850	07/21/2004	01/01/2012
897818-DB-3	TRUCKEE-DONNER PUB UTIL DIST C TAXABLE SER B			2	2	4,920,000	96.2570	4,735,844	4,920,000	4,920,000					5.750	5.750	JJ	141,450	282,900	03/28/2003	01/01/2013
2599999. U.S. Special Revenues - Issuer Obligations						14,632,597	XXX	14,828,564	14,920,000	14,769,245		25,857			XXX	XXX	XXX	330,399	763,339	XXX	XXX
31283G-EH-6	FHLMC POOL #G00136			2	1	24,175	116.2930	27,852	23,950	24,078		(9)			8.000	7.946	MON	160	1,916	03/03/2000	04/01/2023
31283H-K2-0	FHLMC POOL #G01213			2	1	143,200	109.8990	162,347	147,724	143,475		(16)			6.000	7.184	MON	739	8,863	04/27/2001	03/01/2031
31283H-OB-4	FHLMC POOL #G01350			2	1	1,187,421	107.3610	1,323,854	1,233,084	1,190,022		714			5.500	6.694	MON	5,652	67,820	05/31/2002	12/01/2031
31283K-BZ-0	FHLMC POOL #G10956			2	1	14,932	109.0160	17,137	15,720	15,351		82			6.500	8.042	MON	85	1,022	05/26/2000	09/01/2014
31283K-C9-7	FHLMC POOL #G10996			2	1	10,005	106.9670	11,268	10,534	10,258		57			6.500	8.158	MON	57	685	05/26/2000	02/01/2015
31283K-CR-7	FHLMC POOL #G10980			2	1	2,138	109.0160	2,453	2,250	2,196		16			6.500	7.995	MON	12	146	05/26/2000	12/01/2014
31288G-SK-9	FHLMC POOL #C77722			2	1	2,156,006	105.3790	2,281,603	2,165,140	2,156,225		(120)			5.000	5.197	MON	9,021	108,257	02/20/2003	03/01/2033
3128CU-EL-6	FHLMC POOL #G30139			2	1	473,859	110.3160	549,079	497,735	483,110		2,096			6.500	7.510	MON	2,696	32,353	01/10/2000	12/01/2018
3128CU-FL-5	FHLMC POOL #G30171			2	1	373,187	113.7010	436,597	383,987	376,755		1,188			7.000	7.609	MON	2,240	26,879	01/11/2000	01/01/2020
3128GB-7L-2	FHLMC POOL #E77199			2	1	26,507	109.0160	30,422	27,907	27,452		102			6.500	7.439	MON	151	1,814	05/26/2000	06/01/2014
3128GC-5B-4	FHLMC POOL #E78042			2	1	6,330	109.0160	7,265	6,664	6,553		172			6.500	7.427	MON	36	433	05/26/2000	08/01/2014
3128GC-V7-4	FHLMC POOL #E77838			2	1	1,192	109.0160	1,369	1,224	1,255		124			6.500	8.267	MON	7	82	05/26/2000	07/01/2014
3128GC-VD-1	FHLMC POOL #E77812			2	1	4,549	106.8850	5,119	4,789	4,704		15			6.500	7.537	MON	26	311	05/26/2000	07/01/2014
3128GD-2B-5	FHLMC POOL #E78870			2	1	1,598	109.0160	1,834	1,682	1,636		(12)			6.500	8.546	MON	9	110	05/26/2000	10/01/2014
3128GD-LB-4	FHLMC POOL #E78422			2	1	7,132	109.0160	8,186	7,509	7,371		20			6.500	7.568	MON	41	488	05/26/2000	08/01/2014
3128GD-N5-5	FHLMC POOL #E78512			2	1	4,017	109.0160	4,611	4,229	4,158		15			6.500	7.422	MON	23	275	05/26/2000	09/01/2014
3128GD-AR-4	FHLMC POOL #E80016			2	1	5,011	109.0160	5,751	5,275	5,054		(98)			6.500	13.124	MON	29	343	05/26/2000	02/01/2015
3128GG-VJ-9	FHLMC POOL #E80617			2	1	11,800	109.0160	13,543	12,423	12,190		131			6.500	7.390	MON	67	807	05/26/2000	05/01/2015
3128LX-UH-1	FHLMC POOL #G02384			2	1	3,217,205	108.6800	3,487,752	3,209,182	3,216,957		(52)			6.000	5.864	MON	16,046	192,551	09/20/2007	11/01/2036
3128QJ-S3-1	Freddie Mac Pool 1G1438 Pool 1G1438			2	1	2,477,941	106.7410	2,658,364	2,490,490	2,478,056		17			5.811	6.022	MON	12,060	144,075	07/17/2007	01/01/2037
31292G-Z6-6	FHLMC POOL #C00765			2	1	187,744	113.8180	217,320	190,936	188,047		83			7.000	7.424	MON	1,114	13,366	11/10/2000	05/01/2029
31292G-Z2-2	FHLMC POOL #C00760			2	1	56,667	112.4420	64,821	57,649	56,748		31			6.500	6.967	MON	312	3,747	12/19/2000	05/01/2029
31292H-2F-0	FHLMC POOL #C01674			2	1	1,968,573	107.4420	2,102,253	1,956,649	1,967,849		(81)			5.500	5.276	MON	8,968	107,616	11/03/2003	11/01/2033
31292H-4J-0	FHLMC POOL #C01725			2	1	2,135,721	107.4420	2,286,078	2,127,742	2,135,106		(63)			5.500	5.365	MON	9,752	117,026	12/03/2003	12/01/2033
31292H-7H-1	FHLMC POOL #C01796			2	1	3,998,768	105.4420	4,201,917	3,985,069	3,998,672		677			5.000	4.845	MON	16,604	199,253	03/29/2004	03/01/2034
31292H-AK-0	FHLMC POOL #C00910			2	1	12,490	114.6420	14,507	12,654	12,504		(4)			7.500	7.847	MON	79	949	06/15/2000	01/01/2030

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	B o n d C h a r	N A I C D e s .	A c t u a l C o s t	R a t e U s e d t o O b t a i n F a i r V a l u e	F a i r V a l u e	P a r V a l u e	B o o k / A d j u s t e d C a r r y i n g V a l u e	U n r e a l i z e d V a l u a t i o n I n c r e a s e / (D e c r e a s e)	C u r r e n t Y e a r ' s (A m o r t i z a t i o n) A c c r e t i o n	C u r r e n t Y e a r ' s O t h e r T h a n T e m p o r a r y I m p a i r m e n t R e c o g n i z e d	T o t a l F o r e i g n E x c h a n g e C h a n g e i n B o o k / A d j u s t e d C a r r y i n g V a l u e	R a t e o f	E f f e c t i v e R a t e o f	W h e n P a i d	A d m i t t e d A m o u n t D u e a n d A c c r u e d	A m o u n t R e c e i v e d D u r i n g Y e a r	A c q u i r e d	M a t u r i t y
31292H-JG-0	FHLMC POOL #C01163			2	1	262,745	109.8990	296,301	269,612	263,135		112			6.000	6.777	MON	1,348	16,177	03/28/2001	03/01/2031
31292H-JR-6	FHLMC POOL #C01172			2	1	117,324	112.4420	132,876	118,173	117,357		6		6.500	6.752	MON	640	7,681	04/27/2001	05/01/2031	
31292H-JU-9	FHLMC POOL #C01175 (FG)			2	1	100,522	113.9540	113,222	99,358	100,431		39		7.000	6.628	MON	580	6,955	06/04/2001	05/01/2031	
31292H-LO-5	FHLMC POOL #C01235			2	1	425,452	109.8990	476,237	433,340	425,778		63		6.000	6.643	MON	2,167	26,000	08/27/2001	08/01/2031	
31292H-IU-5	FHLMC POOL #C01271			2	1	581,357	112.4420	648,067	576,359	580,959		(93)		6.500	6.230	MON	3,122	37,463	01/31/2002	12/01/2031	
31292H-NB-6	FHLMC POOL #C01286			2	1	709,594	109.8990	788,089	717,101	709,925		65		6.000	6.360	MON	3,586	43,026	02/26/2002	01/01/2032	
31292H-NE-0	FHLMC POOL #C01289			2	1	1,223,881	107.3610	1,323,168	1,232,445	1,224,185		41		5.500	5.756	MON	5,649	67,784	08/28/2002	12/01/2031	
31292H-P9-9	FHLMC POOL #C01348			2	1	2,343,829	107.3610	2,589,055	2,411,537	2,347,035		697		5.500	6.624	MON	11,053	132,634	07/26/2002	03/01/2032	
31292H-X4-1	FHLMC POOL #C01599			2	1	4,326,190	107.4420	4,672,582	4,348,955	4,326,777		118		5.500	5.659	MON	19,933	239,193	08/22/2003	08/01/2033	
31292H-X8-2	FHLMC POOL #C01603			2	1	3,114,061	103.2870	3,228,537	3,125,783	3,114,347		(129)		4.500	4.620	MON	11,722	140,661	06/26/2003	06/01/2033	
31292H-YA-6	FHLMC POOL #C01605			2	1	3,623,069	103.2870	3,992,314	3,865,251	3,632,537		(4,722)		4.500	6.836	MON	14,495	173,936	10/16/2003	07/01/2033	
31292J-BH-2	FHLMC POOL #C01840			2	1	2,358,183	107.2850	2,552,317	2,379,000	2,358,796		65		5.500	5.760	MON	10,904	130,845	06/23/2004	05/01/2034	
31293V-HK-1	FHLMC POOL #C30234			2	1	81,247	112.4420	92,732	82,471	81,329		31		6.500	6.953	MON	447	5,361	12/18/2000	08/01/2029	
31293W-Q5-2	FHLMC POOL #C31376			2	1	14,288	113.8180	16,885	14,835	14,314		(89)		7.000	9.413	MON	87	1,038	03/03/2000	09/01/2029	
31294B-5X-9	FHLMC POOL #C35362			2	1	92,577	113.8180	111,668	98,111	92,826		(175)		7.000	11.402	MON	572	6,868	05/11/2000	01/01/2030	
31294B-66-5	FHLMC POOL #C35371			2	1	191	113.8180	226	198	191		(1)		7.000	9.946	MON	1	14	03/03/2000	01/01/2030	
31294B-NK-7	FHLMC POOL #C34894			2	1	168	113.8180	199	175	170				7.000	7.462	MON	1	12	03/03/2000	12/01/2029	
31294D-PD-7	FHLMC POOL #C36720			2	1	98,986	114.7160	117,368	102,311	99,711		85		7.500	7.936	MON	639	7,673	05/11/2000	03/01/2030	
31294F-QB-5	FHLMC POOL #C38550			2	1	28,235	114.7160	33,478	29,183	29,183		21		7.500	7.942	MON	182	2,189	05/11/2000	05/01/2030	
31294G-ZZ-0	FHLMC POOL #C39760			2	1	22,069	114.7160	26,027	22,688	22,097		(78)		7.500	8.928	MON	142	1,702	05/26/2000	07/01/2030	
31294J-YY-8	FHLMC POOL #E00727			2	1	271,926	106.8860	301,730	282,291	276,669		486		6.500	7.959	MON	1,529	18,349	01/13/2000	08/01/2014	
31294K-C4-5	FHLMC POOL #E00991			2	1	282,783	108.4000	306,298	282,562	282,452		(28)		6.000	5.966	MON	1,413	16,954	08/09/2001	07/01/2016	
31294K-I6-9	FHLMC POOL #E01281			2	1	3,311,905	106.4720	3,482,163	3,270,512	3,298,446		(2,164)		5.000	4.544	MON	13,627	163,526	12/17/2002	01/01/2018	
31294K-SF-3	FHLMC POOL #E01418			2	1	6,273,751	104.0450	6,739,992	6,477,984	6,321,066		(3,326)		4.000	5.121	MON	21,593	259,119	09/19/2003	07/01/2018	
31296J-WA-0	FHLMC POOL #A10641			2	1	4,009,177	103.2870	4,119,728	3,988,611	4,007,973		362		4.500	4.208	MON	14,957	179,487	06/24/2003	06/01/2033	
31296L-PK-1	FHLMC POOL #A12226			2	1	3,091,546	105.5670	3,289,147	3,115,711	3,092,172		(76)		5.000	5.288	MON	12,982	155,786	12/23/2003	08/01/2033	
31296P-FL-1	FHLMC POOL #A14671			2	1	1,017,378	105.5670	1,087,777	1,030,419	1,017,783		(3)		5.000	5.553	MON	4,293	51,521	12/30/2003	10/01/2033	
31298H-F9-4	FHLMC POOL #C48292			2	1	190,058	109.8990	213,067	193,874	190,264		(225)		6.000	6.813	MON	969	11,633	03/01/2001	03/01/2031	
31335H-KM-4	FHLMC POOL #C90300			2	1	83,246	113.4950	97,245	85,682	83,438		(410)		7.000	10.067	MON	500	5,998	01/11/2000	11/01/2019	
31335H-KT-9	FHLMC POOL #C90306			2	1	153,569	113.7540	179,804	158,064	155,416		1,290		7.000	7.478	MON	922	11,065	01/11/2000	12/01/2019	
31362W-SB-0	FNMA DUS POOL #73694 (30/15)			1	1	2,588,531	103.3530	2,626,082	2,540,889	2,567,553		(959)		8.060	7.938	MON	17,066	99,299	09/10/1996	10/01/2026	
31362W-IM-5	FNMA DUS POOL #73264 (30/30/29)			1	1	13,138,313	109.8490	13,696,126	12,468,150	12,878,701		(25,501)		6.960	6.463	MON	72,315	867,783	02/04/1999	12/01/2025	
31362W-TC-0	FNMA DUS POOL #73447 (30/30/20)			2	1	3,192,393	111.7210	3,353,828	3,001,956	3,121,397		(3,911)		7.400	6.816	MON	18,512	122,024	11/20/1998	05/01/2026	
313637-EV-8	FNMA DUS POOL #109148 (30/18/17.5)			2	1	1,002,175	110.6640	1,074,791	971,217	978,189		(2,056)		7.000	6.593	MON	5,665	65,533	12/16/1997	12/01/2015	
31368H-NN-9	Fannie Mae			2	1	106,214,146	105.2030	109,156,114	103,758,000	106,159,856		(32,468)		5.000	4.055	MON	432,325	5,187,900	08/27/2009	09/01/2039	
31371G-SS-0	FNMA POOL #251729			2	1	105,735	109.5840	121,687	111,044	107,267		186		6.500	7.926	MON	601	7,218	01/10/2000	05/01/2018	
31371H-5M-6	FNMA POOL #252952			2	1	125,966	109.9840	148,870	135,356	126,787		(2,639)		6.500	13.962	MON	733	8,798	05/11/2000	10/01/2019	
31371H-6K-9	FNMA POOL #252974			2	1	6,103	117.9650	7,254	6,150	6,109				8.000	8.169	MON	41	492	05/11/2000	10/01/2019	
31371H-VM-7	FNMA POOL #252720			2	1	695,501	115.8030	817,804	706,204	696,141		(387)		7.500	7.897	MON	4,414	52,965	01/07/2000	08/01/2029	
31371J-B2-9	FNMA POOL #253057			2	1	75,048	115.3670	86,258	74,768	75,014		107		8.000	7.749	MON	498	5,981	01/06/2000	12/01/2029	
31371J-BZ-6	FNMA POOL #253056			2	1	225,079	114.4940	261,710	228,579	225,659		65		7.500	7.729	MON	1,429	17,143	01/07/2000	12/01/2029	
31371J-KE-3	FNMA POOL #253293			2	1	24,987	117.9830	29,703	25,179	25,001		(7)		8.000	8.195	MON	168	2,014	05/11/2000	03/01/2020	
31371J-KN-3	FNMA POOL #253301			2	1	24,092	117.7580	28,585	24,274	24,110		(3)		8.000	8.179	MON	162	1,942	05/11/2000	04/01/2020	
31371J-LZ-5	FNMA POOL #253344			2	1	125,869	117.8880	149,505	126,820	125,914		(14)		8.000	8.226	MON	845	10,146	05/11/2000	06/01/2020	
31371K-4H-1	FNMA POOL #254724			2	1	7,408,956	105.7650	7,834,381	7,407,340	7,407,527		(19)		5.000	4.928	MON	30,864	370,367	03/25/2003	04/01/2033	
31371K-6B-2	FNMA POOL #254766			2	1	2,133,991	105.7120	2,267,941	2,145,388	2,134,177		(3)		5.000	5.126	MON	8,939	107,269	04/21/2003	06/01/2033	
31371K-ML-2	FNMA POOL #254263			2	1	499,699	112.4420	564,156	501,733	499,683		(2)		6.500	6.581	MON	2,718	32,613	03/27/2002	04/01/2032	
31371K-NX-5	FNMA POOL #254306			2	1	974,644	107.8280	1,051,433	975,102	973,602		(252)		5.500	5.459	MON	4,469	53,631	06/28/2002	05/01/2017	
31371K-UA-7	FNMA POOL #254477			2	1	2,086,642	107.6650	2,236,154	2,076,959	2,087,729											

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	B o n d C h a r	N A I C D e s .	A c t u a l C o s t	R a t e U s e d t o O b t a i n F a i r V a l u e	F a i r V a l u e	P a r V a l u e	B o o k / A d j u s t e d C a r r y i n g V a l u e	U n r e a l i z e d V a l u a t i o n I n c r e a s e / (D e c r e a s e)	C u r r e n t Y e a r ' s (A m o r t i z a t i o n) A c c r e t i o n	C u r r e n t Y e a r ' s O t h e r T h a n T e m p o r a r y I m p a i r m e n t R e c o g n i z e d	T o t a l F o r e i g n E x c h a n g e C h a n g e i n B o o k / A d j u s t e d C a r r y i n g V a l u e	R a t e o f	E f f e c t i v e R a t e o f	W h e n P a i d	A d m i t t e d A m o u n t D u e a n d A c c r u e d	A m o u n t R e c e i v e d D u r i n g Y e a r	A c q u i r e d	M a t u r i t y
31377F-GU-4	FNMA DUS POOL #375611 (30/30/15)			2	1	3,046,562	105.8340	3,158,171	2,984,083	3,021,748		(1,296)			7.000	6.847	MON	17,407	114,725	12/17/1997	01/01/2028
31377F-JP-2	FNMA DUS POOL #375670 (30/18/17.5)			2	1	798,233	108.5940	876,416	807,060	801,800		323			6.350	6.529	MON	4,271	51,248	01/29/1998	03/01/2016
31377L-EF-6	FNMA DUS POOL #380034 (30/30/15)			2	1	1,166,042	105.9830	1,226,413	1,157,182	1,161,442		(234)			6.840	6.816	MON	6,596	41,963	12/16/1997	01/01/2028
31377L-HE-6	FNMA DUS POOL #380129 (30/17/15)			2	1	915,003	108.9930	900,484	826,188	851,033		(5,979)			7.910	6.406	MON	5,446	65,352	01/05/1999	07/01/2015
31377M-KS-9	FNMA DUS POOL #381105 (30/17.5/15)			1	1	732,567	107.1120	737,862	688,867	701,974		(1,562)			7.160	6.314	MON	4,110	26,146	01/08/1999	04/01/2016
31377M-NC-1	FNMA DUS POOL #381187 (30/30/15)			1	1	1,200,228	107.7230	1,201,497	1,115,356	1,177,614		(1,506)			6.430	5.725	MON	5,976	34,787	09/20/2002	01/01/2029
31377N-HS-1	FNMA DUS POOL #381941 (30/18/15)			2	1	1,835,642	109.8280	2,006,023	1,826,510	1,825,348		(1,057)			7.455	7.429	MON	11,347	136,166	08/17/1999	09/01/2017
31377R-UP-3	FNMA DUS POOL #384990 (30/18/15)			1	1	3,358,265	106.7720	3,289,608	3,080,977	3,232,529		(10,123)			6.570	5.416	MON	16,868	124,409	09/20/2002	04/01/2020
31377S-SP-9	FNMA DUS POOL #386154 (30/18/15)			2	1	1,622,146	104.2030	1,667,395	1,600,144	1,611,434		(1,487)			5.320	5.154	MON	7,094	85,128	03/18/2003	04/01/2021
31377T-UU-0	FNMA DUS POOL #385895 (30/18/15)			2	1	1,416,146	104.8710	1,437,506	1,370,740	1,396,083		(2,724)			5.550	5.137	MON	6,340	76,076	01/27/2003	02/01/2021
31377T-VP-8	FNMA DUS POOL #386822 (20/20/19.5)			2	1	1,485,614	108.8430	1,564,193	1,437,112	1,469,383		(2,513)			5.400	5.017	MON	6,467	77,604	02/25/2004	02/01/2024
31377T-WH-5	FNMA DUS POOL #386848 (30/18/15)			2	1	1,744,836	103.8400	1,786,993	1,720,905	1,734,623		(1,581)			5.280	5.113	MON	7,572	90,864	02/25/2004	03/01/2022
31381G-MK-1	FNMA DUS PL #460362 (40/15.5/15.25)			2	1	3,988,962	110.1840	4,279,903	3,884,310	3,913,847		(4,165)			6.631	6.201	MON	22,180	143,951	08/21/2001	09/01/2015
31382F-4Y-2	FNMA POOL #481539			2	1	247,271	110.1600	280,006	254,180	247,677		35			6.000	6.881	MON	1,271	15,251	01/23/2001	01/01/2029
31383K-CS-9	FNMA POOL #505090			2	1	166,323	115.5410	190,622	164,982	165,703		(67)			8.000	7.983	MON	1,100	13,199	01/11/2000	10/01/2027
31384D-LH-3	FNMA POOL #520628			2	1	40,603	115.5720	47,425	40,651	40,651		4			8.000	8.193	MON	274	3,283	05/30/2000	11/01/2029
31384L-WU-4	FNMA POOL #527259			2	1	605,976	109.9840	716,163	651,150	625,271		10,370			6.500	7.531	MON	3,527	42,325	05/11/2000	11/01/2019
31384X-DR-6	FNMA POOL #539612			2	1	72,913	117.5990	86,393	73,464	72,926		(49)			8.000	8.376	MON	490	5,877	05/11/2000	04/01/2020
31385W-IR-6	FNMA DUS POOL #555156 (MEGA 30/15)			2	1	312,324	103.8750	315,072	303,319	307,101		(692)			6.000	5.554	MON	1,517	18,199	12/13/2002	09/01/2017
31385X-F8-5	FNMA POOL #555591			2	1	558,253	107.7900	605,524	561,764	558,309		4			5.500	5.662	MON	2,575	30,897	06/30/2004	07/01/2033
31386T-FM-2	FNMA (CL) POOL #572672			2	1	115,599	110.1600	131,707	119,560	115,950		183			6.000	6.699	MON	598	7,173	06/04/2001	04/01/2031
31387C-LV-1	FNMA CL POOL #580040			2	1	279,819	110.1600	316,052	286,901	280,064		57			6.000	6.995	MON	1,435	17,214	07/19/2001	06/01/2031
31389A-YB-3	FNMA POOL #620006			2	1	581,159	110.1600	658,945	598,169	581,814		49			6.000	7.491	MON	2,991	35,990	12/28/2001	01/01/2032
31389A-YC-1	FNMA POOL #620007			2	1	63,673	110.1600	72,195	65,536	64,014		275			6.000	6.315	MON	328	3,932	12/28/2001	01/01/2032
31390M-JS-4	FNMA POOL #650173			2	1	3,512,746	105.6710	3,720,688	3,520,998	3,513,149		540			5.000	4.986	MON	14,671	176,050	12/27/2002	11/01/2032
31401E-WG-0	FNMA POOL #706347			2	1	2,078,017	105.7650	2,213,728	2,093,061	2,078,389		67			5.000	5.193	MON	8,721	104,653	04/03/2003	05/01/2033
31402Q-H8-7	FNMA POOL #734755			2	1	2,412,827	104.3910	2,587,703	2,478,866	2,429,240		1,822			4.000	4.765	MON	8,263	99,155	10/03/2003	08/01/2018
31403D-V6-3	FNMA POOL #745937			2	1	9,294,071	109.0040	10,236,473	9,390,915	9,295,689		235			6.000	6.336	MON	46,955	563,455	07/03/2007	09/01/2036
31403F-QX-5	FNMA POOL #747570			2	1	2,953,337	110.1600	3,207,794	2,911,933	2,950,824		(542)			6.000	5.523	MON	14,560	174,716	05/26/2004	11/01/2033
31407J-HG-0	FNMA POOL #81931			2	1	732,934	109.0040	807,890	741,156	733,016		25			6.000	6.334	MON	3,706	44,469	06/25/2007	12/01/2036
31410V-3X-6	FNMA POOL #89114			2	1	5,647,908	107.1360	6,275,493	5,857,496	5,653,915		1,590			5.500	7.377	MON	26,847	322,162	07/03/2007	04/01/2037
31411J-SJ-3	FNMA POOL #90901			2	1	5,583,848	108.8170	5,594,497	5,141,221	5,574,956		(8,892)			6.000	2,412	MON	25,706	128,531	06/30/2010	03/01/2037
31412L-UB-4	FNMA POOL #928578			2	1	2,020,123	108.8170	2,188,822	2,011,480	2,019,774		(60)			6.000	5.737	MON	10,057	120,689	09/17/2007	07/01/2037
31412Q-BN-8	FANNIE MAE			2	1	7,882,309	105.2030	8,111,160	7,710,038	7,877,466		(2,842)			5.000	3,847	MON	32,125	385,502	07/13/2009	07/01/2039
31412Q-HI-2	FANNIE MAE			2	1	7,179,729	105.2030	7,357,820	6,993,952	7,175,149		(2,617)			5.000	3,743	MON	29,141	349,698	08/31/2009	08/01/2039
31412T-SU-3	FANNIE MAE POOL 934759			2	1	8,517,706	105.2130	8,763,159	8,329,002	8,515,103		(853)			5.000	3,218	MON	34,704	416,450	02/23/2009	02/01/2039
31412T-RZ-8	FANNIE MAE POOL 934404			2	1	2,328,626	108.7850	2,496,535	2,294,920	2,327,663		(275)			6.000	5.384	MON	11,475	137,695	11/07/2008	09/01/2038
31412U-H5-2	FANNIE MAE POOL 935052			2	1	9,131,525	105.2030	9,332,461	8,870,941	9,124,048		(3,179)			5.000	3,495	MON	36,962	443,547	03/23/2009	03/01/2039
31412X-VY-0	FNMA POOL 938224			2	1	1,508,594	108.8170	1,662,378	1,527,690	1,508,832		34			6.000	6.454	MON	7,638	91,861	06/15/2007	07/01/2037
31412Y-AD-4	FNMA POOL 938404			2	1	921,211	109.6290	1,021,082	931,398	931,300		(2)			6.000	6.351	MON	4,657	55,884	06/25/2007	07/01/2037
31412Y-FS-6	FNMA POOL 938577			2	1	1,831,941	109.1290	2,031,557	1,861,611	1,832,596		110			6.000	6.402	MON	9,308	111,697	07/01/2007	09/01/2036
31413A-HS-8	FNMA POOL 939957 Pool 939957			2	1	2,719,711	108.8170	2,997,430	2,754,573	2,720,157		(327)			6.000	6.383	MON	13,773	165,274	07/19/2007	06/01/2037
31413Q-W9-5	FANNIE MAE POOL 952472			2	1	1,035,410	107.0710	1,096,461	1,024,049	1,034,905		(182)			5.500	4,708	MON	4,694	56,323	01/25/2008	09/01/2037
31414B-SO-4	FNMA POOL 961427			2	1	7,798,468	108.8170	7,817,839	7,184,424	7,785,140		(13,328)			6.000	2,115	MON	35,922	179,611	06/30/2010	02/01/2038
31414H-J8-1	FANNIE MAE POOL 966587			2	1	6,108,823	107.0710	6,459,536	6,032,940	6,105,948		(788)			5.500	4,784	MON	27,651	331,812	01/29/2008	01/01/2038
31414H-JV-0	FANNIE MAE POOL 966576			2	1	2,023,320	107.0710	2,139,315	1,998,032	2,022,366		(182)			5.500	4,785	MON	9,158	109,892	01/30/2008	01/01/2038
3141																					

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	B o n d C h a r	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
31416M-KD-5	Fannie Mae			2	1	7,042,235	105.2130	7,217,601	6,860,016	7,033,720		(2,743)			5.000	2.404	MON	28,583	343,001	08/31/2009	03/01/2039
31416R-GU-1	FANNIE MAE POOL AA7410			2	1	6,697,554	105.2030	6,872,052	6,532,207	6,693,720		(1,629)			5.000	4.220	MON	27,218	326,610	05/29/2009	05/01/2039
31416R-PC-1	FANNIE MAE POOL AA7618			2	1	2,376,850	105.2130	2,426,068	2,305,872	2,375,245		(631)			5.000	4.038	MON	9,608	115,294	05/06/2009	05/01/2039
31417K-SQ-1	FNMA Pool # AC1426			2	1	3,174,830	105.2030	3,260,031	3,173,262	3,173,262		(908)			5.000	4.151	MON	12,912	154,941	08/28/2009	08/01/2039
31417S-7M-6	Fannie Mae POOL AC6299			2	1	20,626,730	105.2030	20,734,410	19,709,028	20,611,845		(13,027)			5.000	3.951	MON	82,121	985,452	12/08/2009	12/01/2039
31417U-CB-9	Fannie Mae POOL AC7265			2	1	7,980,271	105.2030	8,121,356	7,719,730	7,974,712		(4,364)			5.000	3.810	MON	32,166	385,986	10/28/2009	11/01/2039
31417V-PR-8	Fannie Mae POOL AC8531			2	1	70,632,384	105.2030	71,625,465	68,083,360	70,590,745		(41,639)			5.000	4.182	MON	283,681	3,120,488	01/04/2010	12/01/2039
31417V-Q3-0	Fannie Mae Pool AC8573			2	1	8,192,852	105.2030	8,305,927	7,895,173	8,187,903		(4,949)			5.000	4.196	MON	32,897	328,966	01/28/2010	01/01/2040
31419J-NS-3	FNMA Pool AE7611			2	1	10,004,325	98.1090	9,757,250	9,945,275	10,003,535		(790)			3.000	2.906	MON	24,863	24,863	08/26/2010	11/01/2025
31419K-VII-2	FNMA Pool AE8728			2	1	17,651,417	98.1090	17,194,117	17,525,453	17,649,809		(1,608)			3.000	2.889	MON	43,814	43,814	08/31/2010	11/01/2025
2699999. U.S. Special Revenues - Single Class Mortgage-Backed/Asset-Backed Securities						534,292,831	XXX	553,075,901	523,370,153	533,385,439		(211,360)			XXX	XXX	XXX	2,255,684	24,920,267	XXX	XXX
312912-AN-8	FHLMC REMIC SER 1367 K (B-PAC)			2	1	154,524	109.3360	172,399	157,677	155,487		86			5.500	5.893	MON	723	8,672	09/28/2001	09/15/2022
312915-5A-5	FHLMC REMIC SER 1522 HZ (VAC Z)			2	1	400,434	104.7760	441,713	421,577	409,025		(1,969)			6.500	7.277	MON	2,284	27,403	06/04/1999	05/15/2023
31339L-MN-7	FHLMC REMIC SER 2395 VB (VADM)			2	1	6,960,689	102.6550	7,499,364	7,305,413	7,265,903		27,447			6.000	6.730	MON	36,527	212,528	12/07/2001	05/15/2019
31339N-TZ-9	FHLMC REMIC SER 2428 ED (B-PAC)			2	1	1,437,216	107.7870	1,554,957	1,442,625	1,438,465		46			6.000	6.101	MON	7,213	86,558	04/26/2002	03/15/2017
313370-J7-0	FHLMC REMIC SER 1578 K (B-PAC)			2	1	318,689	117.3440	371,930	316,957	317,101		(2)			6.900	6.901	MON	1,823	21,870	11/09/1999	09/15/2023
313374-E7-7	FHLMC REMIC SER 1702 PX (PAC-Z)			2	1	710,727	102.9840	729,394	708,261	706,883		(268)			6.500	6.484	MON	3,836	46,037	02/14/2002	03/15/2012
313378-XJ-1	FHLMC REMIC SER 1941 E (SEQ)			2	1	252,431	115.7620	300,724	255,229	255,229		82			7.500	7.969	MON	1,624	19,483	03/18/1997	02/15/2027
31337G-U4-9	FHLMC REMIC SER 2091 ZC (B-PAC-ACRL)			2	1	6,014,596	108.3620	6,687,326	6,171,272	6,104,024		1,839			6.000	6.406	MON	30,856	318,988	12/18/2007	11/15/2028
31359B-6U-6	FNMA REMIC SER 1993-149 M (B-PAC)			2	1	303,035	112.1130	341,019	304,176	303,187		(17)			7.000	7.055	MON	1,774	21,292	04/11/2002	08/25/2023
31359B-P4-3	FNMA REMIC SER 1993 133-KZ (B-PAC)			2	1	466,704	112.0720	539,288	481,196	472,930		89			7.000	7.559	MON	2,807	33,684	08/06/1993	08/25/2023
31359F-DA-3	FNMA REMIC SER 1993-202 J (BPAC)			2	1	574,495	114.8750	670,845	583,978	578,749		(43)			6.500	6.734	MON	3,163	37,959	02/04/1998	11/25/2023
31359K-M2-0	FNMA REMIC REMIC SER 1996-59 K (SEQ)			2	1	271,956	103.2210	284,855	275,966	274,513		136			6.500	6.738	MON	1,495	17,938	01/28/1998	07/25/2023
31359U-YS-8	FNMA REMIC SER 1998-58 ZB (ACRL)			2	1	1,099,912	109.0130	1,177,868	1,080,483	1,091,840		17			6.000	5.622	MON	5,402	64,829	01/27/2003	06/25/2028
31376A-TA-5	FREDDIE MAC 3742 EM			2	1	5,636,109	89.0350	5,208,548	5,850,000	5,637,307		1,198			3.500	3.970	MON	17,062	107,700	12/01/2010	10/15/2025
31392D-6B-3	FNMA REMIC SER 2002-54 PG (BPAC)			2	1	1,804,647	110.7140	1,987,307	1,795,000	1,794,779		(1,263)			6.000	5.966	MON	8,975	107,700	08/27/2002	08/25/2022
31392E-3V-0	FNMA REMIC SER 2002-71 PZ (PAC-Z)			2	1	2,916,345	108.2120	3,387,911	3,130,797	3,003,275		34,407			5.500	6.468	MON	14,349	81,868	12/01/2010	11/25/2032
31392W-JK-7	FHLMC REMIC SER 2509 TF (BPAC)			2	1	2,640,891	102.5770	2,718,288	2,650,000	2,640,052		561			5.500	5.583	MON	12,146	145,750	10/15/2002	08/15/2031
31393C-5M-1	FNMA REMIC SER 2003-66 MZ (PAC Z)			2	1	2,623,060	106.2720	3,045,279	2,865,555	2,666,912		7,233			5.000	5.870	MON	11,940	77,260	12/01/2010	07/25/2023
31393C-SZ-7	FNMA REMIC SER 2003-45 Z (PAC Z)			2	1	1,446,383	111.5880	1,691,760	1,516,084	1,462,625		4,303			5.500	6.057	MON	6,949	80,953	12/01/2010	06/25/2033
31393D-Y3-9	FNMA REMIC SER 2003-75 GZ (PAC Z)			2	1	362,236	104.4500	453,676	434,348	387,425		2,354			5.000	6.537	MON	1,810	21,141	12/01/2010	01/25/2023
31393E-4A-4	FNMA REMIC SER 2003-87 OC (PAC)			2	1	1,284,469	104.1000	1,478,521	1,420,284	1,382,034		21,723			3.500	4.819	MON	4,142	49,710	12/19/2003	04/25/2033
31393E-6H-7	FNMA REMIC SER 2003-114 1A8 (WH-SEQ)			2	1	3,679,128	110.1880	4,055,206	3,680,278	3,674,519		(74)			5.858	5.887	MON	17,966	118,402	08/22/2003	09/25/2043
31393E-B2-4	FNMA REMIC 2003-93 MK (DUS 30/10/9.5)			1	1	7,844,580	113.2740	8,230,038	7,265,602	7,591,035		(28,758)			7.500	6.398	MON	45,410	420,279	08/21/2003	11/25/2019
31393E-CB-3	FNMA REMIC SER 2003-74 PT (PAC Z)			2	1	6,865,776	102.6420	7,019,776	6,839,061	6,821,017		(5,880)			5.000	4.938	MON	28,496	341,953	07/22/2003	04/25/2012
31393E-MJ-5	FNMA REMIC SER 2003-84 PZ (PAC Z)			2	1	4,197,000	97.7470	4,650,793	4,758,000	4,325,599		92,960			5.000	6.323	MON	19,825	168,413	12/01/2010	09/25/2033
31393F-5B-8	FHLMC REMIC SER 2522 PE (BPAC)			2	1	1,683,341	105.4180	1,757,273	1,666,956	1,666,035		(900)			5.500	5.370	MON	7,640	91,683	12/02/2002	02/15/2013
31393F-5C-6	FHLMC REMIC SER 2522 PG (BPAC)			2	1	866,797	109.1850	955,372	875,000	870,454		619			5.500	5.647	MON	4,010	48,125	11/01/2002	11/15/2022
31393J-GV-4	FHLMC REMIC SER 2553 DJ (BPAC)			2	1	7,230,801	106.1800	7,560,695	7,120,653	7,135,874		(14,276)			5.000	4.822	MON	29,669	356,033	03/07/2003	07/15/2017
31393M-J3-6	FHLMC REMIC SER 2585 KZ (PAC-Z)			2	1	450,004	111.6480	512,470	459,004	450,773		273			5.500	5.727	MON	2,104	24,509	12/01/2010	03/15/2023
31393P-BK-9	FHLMC REMIC SER 2595 AE (SEQ)			2	1	3,597,672	108.0030	3,996,096	3,700,000	3,646,376		8,908			5.000	5.359	MON	15,417	185,000	04/19/2004	04/15/2018
31393Q-DY-5	FHLMC REMIC SER 2615 PD (BPAC)			2	1	5,143,750	108.8380	5,441,875	5,000,000	5,034,115		(12,139)			5.500	5.156	MON	22,917	133,320	06/27/2003	01/15/2015
31393Q-Z4-7	FHLMC REMIC SER 2611 MZ (PAC-Z)			2	1	1,945,014	110.7130	2,140,091	1,933,007	1,936,829		(1,386)			5.500	5.463	MON	8,860	103,215	12/01/2010	05/15/2033
31393T-BH-8	FNMA REMIC SER 2003-92 JHJ (PAC)			2	1	1,435,370	102.1490	1,449,007	1,418,525	1,415,946		(2,022)			5.000	4.797	MON	5,911	70,926	12/08/2003	04/25/2012
31393T-UH-7	FNMA REMIC SER 2003-102 QB (B-PAC)			2	1	1,768,316	101.1220	1,792,636	1,772,747	1,766,923		(105)			5.000	5.037	MON	7,386	88,637	12/19/2003	12/25/2030
31393T-VN-3	FNMA REMIC SER 2003-100 KA (B-VADM)			2	1	127,617	103.2890	135,412	131,100	130,181		77			5.000	5.949	MON	546	6,555	07/22/2004	10/25/2018
31393U-N2-5	FNMA REMIC SER 2004-7 Z (ACRL)			2	1	9,932,230	107.1320	11,195,984	10,450,605	10,015,001		(3,660)			5.500	6.047					

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest					Dates	
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	B o n d C h a r	N A I C D e s .	A c t u a l C o s t	R a t e U s e d t o O b t a i n F a i r V a l u e	F a i r V a l u e	P a r V a l u e	B o o k / A d j u s t e d C a r r y i n g V a l u e	U n r e a l i z e d V a l u a t i o n I n c r e a s e / (D e c r e a s e)	C u r r e n t Y e a r ' s (A m o r t i z a t i o n) A c c r e t i o n	C u r r e n t Y e a r ' s O t h e r T h a n T e m p o r a r y I m p a i r m e n t R e c o g n i z e d	T o t a l F o r e i g n E x c h a n g e C h a n g e i n B o o k / A d j u s t e d C a r r y i n g V a l u e	R a t e o f	E f f e c t i v e R a t e o f	W h e n P a i d	A d m i t t e d A m o u n t D u e a n d A c c r u e d	A m o u n t R e c e i v e d D u r i n g Y e a r	A c q u i r e d	M a t u r i t y
31394A-BC-9	FNMA REMIC SER 2004-53 NB (PAC)			2	1	1,114,644	100.9030	1,104,515	1,094,633	1,091,626		(2,209)			5.500	5.144	MON	5,017	60,205	06/18/2004	05/25/2011
31394B-NS-9	FNMA REMIC SER 2004-87 UC (PAC)			2	1	5,395,483	101.8420	5,511,121	5,411,426	5,395,217		(24)			4.500	4.541	MON	20,293	243,514	11/12/2004	03/25/2029
31394G-H2-2	FHLMC REMIC SER 2649 KA (SEO)			2	1	1,325,098	106.2150	1,487,131	1,400,120	1,355,954		3,736			4.500	6.017	MON	5,250	63,005	10/21/2003	07/15/2018
31394G-HT-3	FHLMC REMIC SER 2649 OC (PAC)			2	1	718,549	101.5770	725,124	713,864	712,832		(950)			5.000	4.916	MON	2,974	35,693	07/25/2003	10/15/2011
31394H-DR-9	FHLMC REMIC SER 2665 GJ (BPAC)			2	1	3,673,707	100.8200	3,737,690	3,707,305	3,699,181		2,526			4.750	4.924	MON	14,675	176,097	01/28/2004	10/15/2029
31394H-KR-1	FHLMC REMIC SER 2656 PD (PAC)			2	1	1,653,657	104.6610	1,733,709	1,656,504	1,653,611		(3)			4.500	4.542	MON	5,212	74,543	10/02/2003	07/15/2018
31394K-D3-5	FHLMC REMIC SER 2690 VZ (PAC Z)			2	1	1,120,952	100.0000	1,257,890	1,286,890	1,139,308		8,212			5.000	6.223	MON	5,362	62,635	12/01/2010	10/15/2033
31394M-KN-9	FHLMC REMIC SER 2714 LZ (PAC Z)			2	1	9,410,587	106.2040	10,647,034	10,025,068	9,611,142		46,869			5.500	6.327	MON	45,948	279,069	12/01/2010	12/15/2033
31394N-2S-6	FHLMC REMIC SER 2717 LH (PAC)			2	1	2,113,828	108.0620	2,350,355	2,175,000	2,139,360		5,068			5.500	5.857	MON	9,969	119,629	12/10/2003	12/15/2033
31394P-VH-3	FHLMC REMIC SER 2743 MZ (PAC Z)			2	1	8,018,646	97.3070	8,804,448	9,048,086	8,202,084		121,605			5.000	6.193	MON	37,700	440,386	12/01/2010	02/15/2034
31394T-C6-0	FHLMC REMIC 2759 BC			2	1	6,249,828	102.1730	6,371,698	6,236,186	6,226,485		(4,117)			5.000	4.977	MON	25,984	311,809	08/04/2004	03/15/2012
31394W-Y9-3	FHLMC REMIC SER 2785 ZU (PAC Z - RESEC)			2	1	3,488,781	99.8070	3,688,665	3,695,813	3,541,793		29,038			5.000	5.647	MON	15,399	179,882	12/01/2010	03/15/2034
31395A-V4-4	FHLMC REMIC SER 2812 OG (PAC)			2	1	12,436,905	103.4400	14,536,479	14,053,000	12,988,466		175,533			5.000	6.272	MON	58,554	567,983	06/01/2004	06/15/2034
31395E-QX-8	FHLMC REMIC SER 2840 OQ (PAC)			2	1	336,894	101.2640	336,338	332,139	331,516		72			4.500	4.584	MON	1,246	14,946	09/08/2004	10/15/2027
31395F-E6-7	FHLMC SER 2836 XQ (PAC)			2	1	6,366,383	101.4860	6,462,009	6,367,377	6,356,927		(1,082)			4.500	4.510	MON	23,878	286,532	09/08/2004	09/15/2027
31395H-MA-5	FHLMC 2877 MV			2	1	6,779,126	102.0540	6,858,339	6,720,323	6,714,710		(7,035)			4.750	4.581	MON	26,601	319,215	10/06/2004	01/15/2012
31395H-R7-7	FHLMC SER 2870 Class JG (PAC)			2	1	4,135,055	101.3270	4,149,068	4,094,747	4,090,147		(4,947)			4.750	4.556	MON	16,208	194,500	12/20/2004	08/15/2011
31395X-MV-4	FHLMC 3015 DM			2	1	4,997,483	104.7290	5,236,470	5,000,000	4,991,875		(1,637)			5.000	5.026	MON	20,833	250,000	08/23/2005	02/15/2031
31396F-MZ-3	FHLMC 3074-HC			2	1	2,390,011	106.8940	2,661,666	2,490,000	2,439,749		18,486			5.000	5.624	MON	10,375	124,500	12/20/2005	04/15/2034
31396V-F7-8	FANNIE MAE SERIES 200745 CLASS PG			2	1	6,883,786	110.1850	7,495,879	6,803,000	6,840,413		(18,242)			6.000	5.776	MON	34,015	396,466	01/30/2008	09/25/2015
31396W-E7-7	FANNIE MAE Series 2007-65 Class PA			2	1	904,790	102.6840	925,455	901,269	899,743		(2,100)			6.000	5.536	MON	4,506	54,076	06/20/2007	11/25/2011
31396W-E9-3	FANNIE MAE SERIES 2007-65 CLASS PC			2	1	7,176,390	109.5580	7,905,734	7,216,000	7,182,257		1,096			6.000	6.107	MON	36,080	345,985	07/09/2007	07/25/2035
31396W-GJ-9	FANNIE MAE SERIES 200755 CLASS PE			2	1	12,170,184	108.1940	13,113,101	12,120,000	12,110,516		(14,806)			6.000	5.883	MON	60,600	483,000	10/15/2007	09/25/2013
31396W-V8-6	FANNIE MAE SERIES 200776 CLASS PC			2	1	7,338,913	104.6910	7,522,012	7,185,000	7,207,815		(48,986)			6.000	5.362	MON	35,925	431,100	01/08/2008	07/25/2012
31396F-FW-9	FANNIE MAE SERIES 200777 CLASS PC			2	1	11,582,969	109.8370	12,631,221	11,500,000	11,517,143		(25,540)			6.000	5.840	MON	57,500	641,935	12/18/2007	10/25/2014
31397G-6P-0	FREDDIE MAC Series 3287 Class PM			2	1	3,982,188	107.8450	4,313,792	4,000,000	3,987,882		1,882			6.000	6.126	MON	20,000	240,000	06/08/2007	10/15/2035
31397H-AS-7	FREDDIE MAC Series 3312 Class DP			2	1	4,389,957	108.3980	4,905,028	4,525,000	4,468,640		23,527			5.500	6.190	MON	20,740	248,875	06/15/2007	04/15/2032
31397H-VK-1	FREDDIE MAC Series 3334 Class KC			2	1	3,613,269	108.2430	3,940,027	3,640,000	3,625,111		4,883			6.000	6.192	MON	18,200	218,400	06/08/2007	09/15/2033
31397J-MJ-0	Freddie Mac Series 3341 AB (Seq)			2	1	1,838,569	103.1920	1,901,274	1,842,455	1,838,285		(86)			6.000	6.061	MON	9,212	110,547	07/09/2007	04/15/2034
31397J-YT-6	Freddie Mac 3344 MC			2	1	985,000	105.8980	1,058,977	1,000,000	994,404		3,695			5.500	5.914	MON	4,583	55,000	10/11/2007	06/15/2033
31397P-YR-5	Freddie Mac FHR 3414 A			2	1	2,290,980	104.7220	2,293,111	2,189,706	2,284,033		(6,948)			4.500	1.237	MON	8,211	24,634	09/09/2010	02/15/2015
31398E-5C-4	FREDDIE MAC SERIES 3541 CLASS MB			2	1	17,159,107	96.0770	15,780,753	16,425,110	17,147,252		(11,855)			4.000	3.429	MON	54,750	54,750	10/28/2010	04/15/2024
38373Q-PY-1	GNMA REMIC SER 2003-41 BX (B-PAC)			2	1	5,159,494	106.0930	5,489,285	5,174,046	5,160,727		(113)			4.500	4.547	MON	19,403	232,832	05/16/2003	05/20/2033
38373S-LY-1	GNMA REMIC SER 2003-12 OZ (PAC - Z)			2	1	2,444,323	106.2020	2,561,327	2,411,760	2,431,686		(1,973)			5.250	5.150	MON	10,551	123,089	12/01/2010	02/20/2033
38373V-P9-5	GNMA REMIC Series 2002-84 Class PH			2	1	526,719	110.9060	554,529	500,000	515,515		(1,671)			6.000	5.433	MON	2,500	30,000	02/17/2005	11/16/2032
38373V-T7-5	GNMA REMIC 2002-83 Class C			2	1	968,203	110.4170	993,751	900,000	957,065		(11,138)			5.250	3.420	MON	3,938	35,438	03/19/2010	12/16/2015
38373X-DZ-6	GNMA REMIC SER 2002-45 TC (BPAC)			2	1	1,197,148	112.5650	1,385,671	1,231,000	1,207,200		869			6.000	6.310	MON	6,155	73,860	06/13/2002	06/16/2032
38373Y-D9-2	GNMA REMIC SER 2003-4 MZ (PAC Z)			2	1	2,210,787	102.3240	2,324,110	2,271,327	2,225,216		1,556			5.000	5.842	MON	10,410	121,280	12/01/2010	01/20/2033
38374L-5H-0	GOVERNMENT NATIONAL MTG ASSOC Series 2005-60 Class WZ			2	1	658,189	103.0680	687,399	666,939	658,699		34			5.500	5.665	MON	3,057	35,612	12/01/2010	09/20/2035
38374Y-CZ-4	GNMA GNR 2010-93 GP			2	1	35,184,324	101.1230	33,218,433	32,849,565	35,112,213		(72,111)			4.500	3.438	MON	123,186	300,559	09/28/2010	11/20/2019
38374Y-GV-9	GNMA GNR 2010-86 PJ			2	1	3,204,368	103.4930	3,185,881	3,078,348	3,193,468		(10,900)			3.500	1.015	MON	8,979	44,893	07/15/2010	01/20/2016
38374Y-OR-7	GNMA GNR 2010-85 MC			2	1	28,487,057	102.4760	27,711,560	27,042,000	28,362,554		(124,503)			4.500	3.250	MON	101,408	507,038	07/07/2010	11/20/2015
38374Y-YL-1	GNMA GNR 2010-93 GP			2	1	8,684,719	101.2190	8,198,755	8,100,000	8,662,693		(22,025)			4.500	3.372	MON	30,375	91,125	09/08/2010	02/20/2020
38376C-UO-0	GNMA 2009-79 Class PD			2	1	8,190,000	102.5510	7,999,001	7,800,000	8,167,793		(22,207)			4.500	3.730	MON	29,250	146,250	07/08/2010	04/20/2019
38376E-TR-6	GNMA GNR 2009-110 CY			2	1	7,443,532	99.4100	7,687,904	7,733,540	7,460,556		17,023			4.000	4.461	MON	25,778	232,006	02/25/2010	11/16/2024
38376K-OT-1	GNMA GNR 2009-87 PD			2	1	12,748,0															

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	B o n d C h a r	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
38377E-QL-1	GNMA GNR 2010-67 JD			2	1	7,153,613		102,3640	6,950,000	7,133,909		(19,705)			4.500	3.934	MON	26,063	182,438	05/25/2010	12/20/2017
38377F-CE-9	GNMA 2010-61 CD			2	1	14,121,754		102,9330	13,230,000	14,052,324		(69,430)			4.500	3.121	MON	49,613	248,063	07/23/2010	01/20/2017
38377J-PR-8	GNMA SERIES 2010-98 CLASS VB			2	1	4,491,900		102,4700	4,140,000	4,488,216		(3,684)			4.500	3.722	MON	15,525	31,050	10/20/2010	11/20/2027
38377K-AD-2	GNMA SERIES 2010-114 CLASS NB			2	1	22,728,619		100,8450	21,360,000	22,708,998		(19,621)			4.500	3.589	MON	80,100	80,100	11/15/2010	03/20/2020
38377L-CF-3	GNMA SERIES 2010-116 CLASS PV			2	1	7,020,950		96,2320	6,942,843	7,020,284		(666)			4.000	3.887	MON	23,143	23,143	11/19/2010	02/01/2025
38377M-WD-6	GNMA SERIES 2010-127 CLASS PD			2	1	6,253,232		97,3840	5,990,000	6,249,681		(3,551)			4.000	3.521	MON	19,967	39,933	10/04/2010	07/20/2023
38377N-RA-6	GNMA SERIES 2010-144 CLASS BC			2	1	8,392,525		96,5450	8,148,390	8,392,643		118			4.000	4.077	MON	28,133		12/02/2010	09/16/2039
3837H1-MJ-7	GNMA REMIC SER 1998-12 E (SEQ)			2	1	922,164		115,6560	927,573	923,127		(91)			6.500	6.624	MON	5,024	60,292	01/28/1999	05/20/2028
2799999. U.S. Special Revenues - Defined Multi-Class Residential Mortgage-Backed Securities						533,648,624	XXX	548,105,063	530,337,520	535,009,499		215,150			XXX	XXX	XXX	2,177,594	17,041,896	XXX	XXX
31392D-AV-4	FNMA REMIC SER 2002-M1 C (ACES)			2	1	67,370		101,1530	61,793	61,935		(2,328)			6.170	4.173	MON	318	3,813	03/03/2004	07/25/2011
38373M-AR-1	GNMA REMIC SER 2001-34 Z (PROJ Z-ADJ)			2	1	4,071,397		112,8710	3,854,059	4,069,872		3,535			7.028	6.635	MON	22,571	262,298	11/01/2010	03/16/2041
38373M-LO-1	GNMA REMIC 2004-51 B			2	1	153,000		103,6820	150,000	152,122		466			4.982	4.648	MON	623	7,473	12/19/2008	07/16/2018
2999999. U.S. Special Revenues - Defined Multi-Class Commercial Mortgage-Backed Securities						4,291,767	XXX	4,568,143	4,065,852	4,283,929		1,673			XXX	XXX	XXX	23,512	273,584	XXX	XXX
3199999. Total - U.S. Special Revenues Bonds						1,086,865,819	XXX	1,120,577,671	1,072,693,525	1,087,448,112		31,320			XXX	XXX	XXX	4,787,189	42,999,086	XXX	XXX
001192-AE-3	AGL CAPITAL CORP				2FE	9,008,300		105,3460	9,000,000	9,004,209		(922)			4.950	4.937	JJ	205,425	445,500	02/10/2005	01/15/2015
00209T-AA-3	AT&T BROADBAND CORP UNSEC'D NTS				2FE	585,867		113,7900	634,000	619,664		5,609			8.375	9.539	MS	15,634	53,098	11/15/2002	03/15/2013
002824-AW-0	Abbott Laboratories BASIC				1FE	10,195,002		101,6730	10,200,000	10,195,247		245			4.125	4.131	MN	39,738	210,375	05/24/2010	05/27/2020
01310Q-CS-2	ALBERTSONS INC MTN SER B				4FE	3,165,210		93,4240	3,000,000	3,082,044		(9,691)			6.960	6.445	JD	17,400	208,800	02/03/1999	08/01/2017
013817-AP-6	ALCOA INC BASIC				2FE	1,440,640		101,4190	1,420,000	1,435,691		(1,488)			5.720	5.549	FA	28,880	81,224	05/02/2007	02/23/2019
013817-AQ-4	ALCOA INC BASIC				2FE	486,046		99,3470	480,000	486,667		(419)			5.870	5.700	FA	10,018	28,176	05/02/2007	02/23/2022
017475-AB-0	ALLEGIANCE CORP DEBS				2FE	3,125,590		123,0090	3,000,000	3,057,250		(7,717)			7.800	7.388	AO	49,400	234,000	01/27/1998	10/15/2016
025816-AQ-2	AMERICAN EXPRESS COMPANY NOTES				1FE	3,079,320		106,9000	3,000,000	3,024,832		(9,037)			4.875	4.526	JJ	67,438	146,250	02/17/2004	07/15/2013
026609-AM-9	WYETH				1FE	12,320,370		101,2890	11,000,000	11,047,262		(229,465)			6.950	4.769	MS	225,103	764,500	09/24/2004	03/15/2011
031162-BD-1	AMGEN, INC.				1FE	26,971,630		95,2840	27,000,000	26,972,396		766			3.450	3.462	AO	271,688		09/15/2010	10/01/2020
032654-AE-5	ANALOG DEVICES				1FE	4,978,800		107,7770	5,000,000	4,984,624		3,918			5.000	5.097	JJ	125,000	250,694	06/25/2009	07/01/2014
035229-CE-1	ANHEUSER-BUSCH CO NOTES				2FE	1,930,912		107,3810	1,600,000	1,650,128		(39,647)			7.500	4.783	MS	35,333	120,000	08/13/2002	03/15/2012
035229-CP-6	ANHEUSER-BUSCH CO NTS				2FE	1,989,440		105,4400	2,000,000	1,997,227		1,273			4.375	4.447	JJ	40,347	87,500	02/12/2004	01/15/2013
035229-CV-3	ANHEUSER-BUSCH CO NTS				2FE	1,988,700		108,3170	2,000,000	1,994,057		863			5.050	5.110	AO	21,322	101,000	10/08/2003	10/15/2016
035229-CW-1	ANHEUSER-BUSCH CO UNSEC'D NTS				2FE	2,767,080		105,8940	3,000,000	2,847,188		14,287			5.000	5.792	MS	50,000	150,000	06/28/2004	03/01/2019
035229-DD-2	ANHEUSER-BUSCH CO BASIC				2FE	10,918,310		109,7910	12,000,000	11,111,975		93,065			5.000	6.824	JJ	304,333	660,000	11/19/2008	01/15/2018
037411-AN-5	APACHE CORP DEBS				1FE	2,019,430		120,4320	2,000,000	2,010,089		(1,083)			7.000	6.908	FA	58,333	140,000	06/12/1998	02/01/2018
037411-AP-0	APACHE CORP SR NOTES				1FE	4,300,370		121,5260	4,500,000	4,375,705		9,853			7.625	8.081	JJ	171,563	343,125	01/13/2000	07/01/2019
037411-AQ-8	APACHE CORP UNSEC'D SR NTS				1FE	901,744		106,4530	800,000	817,082		(12,637)			6.250	4.520	AO	10,556	50,000	03/27/2003	04/15/2012
039483-AN-2	ARCHER DANIELS MIDLAND CO				1FE	899,000		117,0630	1,000,000	917,617		2,324			6.750	7.624	JD	3,000	67,500	08/13/1999	12/15/2027
039483-AY-8	ARCHER DANIELS MIDLAND CO BASIC				1FE	23,558,738		111,2640	24,168,000	23,673,964		52,655			5.450	5.797	MS	387,829	1,317,156	09/25/2008	03/15/2018
040555-CD-4	AZ PUB SVC CO SR UNSEC'D NTS				2FE	3,225,150		105,6830	3,000,000	3,034,353		(27,900)			6.500	5.469	MS	65,000	195,000	09/25/2002	03/01/2012
046003-JU-4	ASSOC CORP OF N AMER				1FE	1,206,113		109,2950	1,250,000	1,224,982		2,300			6.950	7.290	MN	14,479	86,875	06/03/1999	11/01/2018
049560-AF-2	ATMOS ENERGY BASIC				2FE	1,918,680		107,1660	2,000,000	1,959,602		9,350			4.950	5.549	AO	20,900	99,000	02/28/2006	10/15/2014
054937-AC-1	BBT CORPORATION SUB NTS				1FE	2,258,640		103,2140	2,000,000	2,021,206		(35,052)			6.500	4.637	FA	54,167	130,000	02/05/2003	08/01/2011
054937-AE-7	BBT CORPORATION NTS				1FE	1,743,053		107,5330	1,750,000	1,746,591		586			5.200	5.245	JD	2,022	91,000	12/16/2003	12/23/2015
05523U-AD-2	BAE Systems Holdings Series 144A				2FE	8,998,200		106,6470	9,000,000	8,999,247		141			5.200	5.202	FA	176,800	468,000	07/20/2005	08/15/2015
057224-AK-3	BAKER-HUGHES INC				1FE	7,869,978		120,0980	7,550,000	7,809,408		(7,371)			6.875	6.548	JJ	239,345	519,063	08/25/1999	01/15/2029
059438-AG-6	BANC ONE CORP SUB DEBS				1FE	771,255		114,0770	750,000	766,428		(608)			7.750	7.500	JJ	26,802	58,125	06/04/1999	07/15/2025
06406H-BM-0	BANK OF NEW YORK				1FE	4,891,406		109,8490	4,190,000	4,881,418		(9,988)			5.450	3.188	MN	29,179	114,178	11/08/2010	05/15/2019
06406H-BS-7	BANK OF NEW YORK MTN				1FE	6,498,050		98,8450	6,500,000	6,498,050					2.500	2.506	JJ	9,931		12/02/2010	01/15/2016
071813-AP-4	BAXTER INT'L INC DEBS				1FE	1,141,660		125,9560	1,000,000	1,109,437		(3,758)			7.650	6.540	FA	31,875	76,500	02/04/1999	02/01/2027
071813-AY-5	BAXTER INT'L INC				1FE	11,414,500		111,9630	10,000,000	11,348,567		(65,933)			5.375	3.309	JD	44,792	268,750	07/28/2010	06/01/2018
072732-AA-8	BAYER CORP NOTES 144A				1FE	8,663,520		118,9060	8,000,000	8,259,868		(45,638)			7.125	6.322	AO	142,500	570,000	09/24/1998	10/01/2015
072732-AC-4	BAYER CORP DEBS 144A				1FE	1,427,880		113,8380	1,500,000	1,441,365		1,703			6.650	7.045	FA	37,683	99,750	12/18/2007	02/15/2028
07385T-AJ-5	BEAR STEARNS CO INC NTS				1FE	2,591,446		109,8750	2,600,000	2,596,614		761			5.700	5.738	MN	18,937	148,200	10/30/2002	11/15/2014

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	Bond Char	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
079867-AM-9	BELLSOUTH TELECOM INC DEBENTURE				1FE	701,181	110.1870	716,218	650,000	689,809	(1,593)				7.000	6.354	AO	11,375	45,500	11/08/2001	10/01/2025
081437-AF-2	BEMIS CO INC				2FE	5,418,650	114.8970	5,734,850	5,000,000	5,373,853	(32,930)				6.800	5.687	FA	141,667	343,778	08/11/2009	08/01/2019
091802-AB-4	BLACK & DECKER 144A				1FE	6,132,780	111.0430	6,662,598	6,000,000	6,107,139	(3,094)				7.050	6.873	JJ	211,500	423,000	02/01/1999	07/01/2028
097023-AZ-8	Boeing Co				1FE	1,636,544	107.6490	1,706,237	1,585,000	1,633,379	(3,165)				4.875	4.464	FA	29,190	38,634	03/23/2010	02/15/2020
10138M-AD-7	BOTTLING GROUP LLC UNSEC'D SR NTS SER B				1FE	4,479,200	106.7470	5,337,330	5,000,000	4,751,411	48,178				4.125	5.396	JD	9,167	206,250	06/24/2004	06/15/2015
10138M-AG-0	BOTTLING GROUP LLC BASIC				1FE	2,956,650	113.9600	3,418,788	3,000,000	2,967,783	5,129				5.500	5.740	AO	41,250	165,000	10/01/2008	04/01/2016
110122-AA-6	BRISTOL MYERS SQUIBB CO DEBS				1FE	1,180,600	124.1660	1,241,657	1,000,000	1,134,080	(7,263)				7.150	5.637	JD	3,178	71,500	04/29/2003	06/15/2023
110122-AL-2	BRISTOL MYERS SQUIBB CO BASIC				1FE	1,232,275	110.5410	1,381,764	1,250,000	1,243,947	2,094				5.250	5.451	FA	24,792	65,625	08/06/2004	08/15/2013
117043-AG-4	BRUNSWICK CORP NOTES				5FE	2,301,127	84.5000	1,943,500	2,300,000	2,300,870	(27)				7.125	7.121	FA	68,281	163,875	07/31/1997	08/01/2027
120568-AM-2	BUNGE LTD FINANCE CORP				2FE	4,216,815	105.1110	4,414,679	4,200,000	4,207,103	(1,934)				5.350	5.293	AO	47,437	224,700	04/12/2005	04/15/2014
120568-AO-3	BUNGE LTD FINANCE CORP				2FE	4,804,300	103.1490	5,157,470	5,000,000	4,894,589	19,889				5.100	5.633	JJ	117,583	255,000	12/07/2005	07/15/2015
121897-WG-1	BURLINGTON NORTHN INC SR NOTES				2FE	1,281,310	133.0390	1,330,386	1,000,000	1,206,398	(12,566)				8.750	6.163	FA	30,625	87,500	11/05/2003	02/25/2022
121897-BC-7	BURLINGTON NORTHERN SANTA FE				2FE	4,991,250	104.5120	5,225,605	5,000,000	4,992,198	739				4.700	4.722	AO	58,750	239,569	09/21/2009	10/01/2019
122014-AE-3	BURLINGTON RESOURCES DEBENTURES				1FE	12,331,900	138.5060	13,850,590	10,000,000	11,546,909	(93,693)				9.125	7.048	AO	228,125	912,500	01/29/1999	10/01/2021
12626P-AF-0	CRH AMERICA INC BONDS				2FE	2,051,400	95.0550	1,901,096	2,000,000	2,046,243	(906)				6.400	6.209	AO	27,022	128,000	11/04/2003	10/15/2033
126408-AP-8	CSX CORP NTS				2FE	6,038,560	101.1280	5,562,035	5,500,000	5,519,035	(92,327)				6.750	4.991	MS	109,313	371,250	08/03/2004	03/15/2011
126408-BL-6	CSX CORP DEBS				2FE	12,083,531	121.7260	12,767,872	10,489,000	11,259,578	(95,779)				7.900	6.467	MN	138,105	828,631	02/01/1999	05/01/2017
126408-GJ-6	CSX CORP				2FE	9,985,050	109.4550	10,945,520	10,000,000	9,989,739	1,316				5.600	5.619	MN	93,333	560,000	04/25/2007	05/01/2017
126650-BH-2	CVS CORP BASIC				2FE	1,920,050	111.2650	2,225,300	2,000,000	1,949,287	7,023				5.750	6.297	JD	9,583	115,000	07/19/2007	06/01/2017
126650-BR-0	CVS CORP				2FE	1,058,900	106.8460	1,068,458	1,000,000	1,058,881	(19)				6.125	5.705	MS	18,035		12/10/2010	09/15/2039
134429-AG-4	CAMPBELL SOUP CO DEBS				1FE	3,461,220	137.7960	4,133,871	3,000,000	3,307,671	(19,243)				8.875	7.435	MN	44,375	266,250	08/17/1999	05/01/2021
14149Y-AF-5	CARDINAL HEALTH INC SR UNSEC'D NTS				2FE	8,536,562	100.6200	7,772,856	7,725,000	7,741,762	(134,633)				6.750	4.932	FA	196,988	521,438	11/10/2004	02/15/2011
14149Y-AG-3	CARDINAL HEALTH INC BASIC				2FE	4,479,100	103.5790	5,178,900	5,000,000	4,743,849	49,764				4.000	5.307	JD	8,889	200,000	12/10/2004	06/15/2015
14149Y-AO-1	CARDINAL HEALTH INC BASIC				2FE	987,742	110.6440	1,106,443	1,000,000	990,834	1,125				6.000	6.174	JD	2,667	60,000	03/17/2008	06/15/2017
141781-AC-8	Cargill Inc 144A				1FE	13,366,489	123.3580	15,419,788	12,500,000	13,147,255	(24,918)				7.375	6.813	AO	230,469	921,875	02/17/1999	10/01/2025
141781-AE-4	Cargill Inc 144A SR NOTES				1FE	7,747,810	121.6430	8,515,003	7,000,000	7,574,264	(20,365)				7.500	6.649	MS	175,000	525,000	02/01/1999	09/01/2026
141784-BH-0	CARGILL, INC MTN 144A				1FE	2,198,599	111.2880	2,420,512	2,175,000	2,194,105	(566)				6.875	6.788	MN	24,922	149,531	02/04/1999	05/01/2028
14912L-AE-8	Caterpillar Finl Svcs				1FE	2,916,425	122.9660	3,074,155	2,500,000	2,870,812	(36,317)				6.150	4.913	FA	67,528	178,750	09/22/2009	02/15/2019
16132N-AV-8	CHARTER ONE BANK FSB				1FE	5,549,500	104.9290	5,246,435	5,000,000	5,098,042	(67,637)				6.375	4.877	MN	40,729	318,750	02/26/2003	05/15/2012
172967-CC-3	CITIGROUP INC UNSEC'D SUB NTS				1FE	513,745	93.6150	468,074	500,000	512,323	(255)				6.000	5.804	AO	5,083	30,000	02/19/2004	10/31/2033
191098-AH-5	COCA-COLA BOTTLING CO CONSOL				2FE	985,621	106.2100	1,062,102	1,000,000	991,747	1,280				5.000	5.176	JD	2,222	50,000	09/26/2005	06/15/2016
191219-AN-4	Coca-Cola Enterprises DEB				1FE	1,173,304	108.2210	1,190,431	1,100,000	1,109,702	(8,286)				8.500	7.636	FA	38,958	93,500	03/02/2000	02/01/2012
191219-AU-8	Coca-Cola Enterprises DEBS				1FE	544,800	123.7640	618,819	500,000	534,287	(1,763)				6.750	5.972	MS	9,938	33,750	11/12/2003	09/15/2023
191219-BB-9	Coca-Cola Enterprises DEBS				1FE	3,351,215	123.2390	4,313,372	3,500,000	3,421,989	8,858				7.125	7.561	FA	103,906	249,375	08/06/1999	08/01/2017
191219-BE-3	Coca-Cola Enterprises UNSEC'D DEBS				1FE	317,901	122.3850	367,154	300,000	315,332	(463)				6.750	6.268	MS	5,963	20,250	05/07/2004	09/15/2028
195869-AD-4	COLONIAL PIPELN UNSEC'D SR NTS 144A				1FE	2,561,960	130.0750	2,601,498	2,000,000	2,493,350	(12,407)				8.375	6.197	MN	27,917	167,500	06/17/2004	11/01/2030
20029P-AG-4	COMCAST CABLE CORP NTS				2FE	2,583,220	124.9370	2,498,732	2,000,000	2,359,791	(46,412)				8.875	5.474	MN	29,583	177,500	08/01/2005	05/01/2017
20030N-AG-6	Comcast Corp				2FE	2,333,725	107.7410	2,693,518	2,500,000	2,383,905	(17,544)				4.950	5.960	JD	5,500	123,750	12/18/2007	06/15/2016
20030N-AL-5	Comcast Corp				2FE	991,100	111.9530	1,119,531	1,000,000	994,238	918				5.900	6.031	MS	17,372	59,000	06/11/2007	03/15/2016
20030N-AZ-4	Comcast Corp				2FE	5,985,780	109.3260	6,559,542	6,000,000	5,987,630	1,102				5.700	5.731	JJ	171,000	354,350	06/15/2009	07/01/2019
20035C-AB-6	COMERICA BANK				1FE	9,310,848	102.3450	9,825,158	9,600,000	9,411,343	22,920				5.200	5.558	FA	178,880	499,200	02/16/2006	08/22/2017
202795-FJ-4	COMMONWEALTH EDISON CO FNB				2FE	1,725,138	113.0710	1,582,035	1,408,000	1,499,836	(37,305)				7.625	4.585	AO	22,665	107,360	02/11/2004	04/15/2013
202795-HE-3	COMMONWEALTH EDISON CO 1ST MORTGAGE SER 98				2FE	1,044,218	106.1990	998,274	940,000	956,376	(12,972)				6.150	4.641	MS	17,022	57,810	02/06/2003	03/15/2012
205887-AR-3	CONAGRA FOODS INC SR NTS				2FE	1,792,420	112.1020	2,242,040	2,000,000	1,826,940	4,359				7.000	7.916	AO	35,000	140,000	08/10/1999	10/01/2028
208251-AE-8	CONOCO INC SR NOTES				1FE	946,140	122.8990	1,228,993	1,000,000	955,387	1,127				6.950	7.399	AO	14,672	69,500	06/07/1999	04/15/2029
20825C-AR-5	CONOCOPHILLIPS				1FE	24,831,500	113.9610	28,490,350	25,000,000	24,856,603	13,538				5.750	5.840	FA	598,958	1,437,500	01/29/2009	02/01/2019
210371-AF-7	CONSTELLATION ENERGY GRP BONDS				2FE	25,292,415	113.1720	23,200,219	20,500,000	24,779,548	(99,500)				7.600	5.868	AO	389,500	1,558,000	01/18/2005	04/01/2032
210371-AH-3	CONSTELLATION ENERGY GRP				2FE	1,535,369	107.6030	1,452,639	1,350,000	1,386,507	(27,801)				7.000	4.739	AO	23,6			

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	Bond Char	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
239753-DL-7	DAYTON-HUDSON UNSEC'D DEB				1FE	943,830	.109.7970	988,172	900,000	936,027		(1,100)			6.650	6.271	FA	24,938	59,850	11/07/2001	08/01/2028
24240V-AE-1	DEAN WITTER, DISCOVER NOTES				1FE	962,960	.109.0220	1,090,216	1,000,000	989,668		3,244			6.750	7.166	AO	14,250	67,500	06/04/1999	10/15/2013
24240V-AM-3	DEAN WITTER, DISCOVER DEBS				1FE	5,026,059	.109.0080	5,504,909	5,050,000	5,049,008		73			6.750	6.753	JJ	170,438	340,875	12/21/2001	01/01/2016
24422E-QV-4	JOHN DEERE CAPITAL CORP MTN				1FE	17,547,233	.113.2870	18,131,600	16,005,000	17,365,253		(145,393)			5.750	4.433	MS	288,868	920,288	09/24/2009	09/10/2018
25468P-CG-9	THE WALT DISNEY CO MTNC				1FE	5,431,800	.114.9600	5,747,985	5,000,000	5,363,936		(46,516)			6.000	4.695	JJ	136,667	300,000	07/07/2009	07/17/2017
25468P-CK-0	THE WALT DISNEY CO				1FE	5,173,850	.113.5370	5,676,870	5,000,000	5,151,247		(14,566)			5.500	5.045	MS	80,972	275,000	05/20/2009	03/15/2019
257469-AG-1	DOMINION RESOURCES INC BASIC				2FE	14,228,266	.112.3610	14,269,784	12,700,000	14,072,981		(30,145)			6.750	5.868	JD	38,100	857,250	01/14/2005	12/15/2032
257867-AR-2	RR DONNELLEY & SONS CO BASIC				2FE	3,828,462	.102.2040	3,985,972	3,900,000	3,853,512		9,010			5.500	5.811	MN	27,408	214,500	12/18/2007	05/15/2015
260003-AH-1	DOVER CORP				1FE	6,492,120	.110.9300	6,655,824	6,000,000	6,428,000		(49,757)			5.450	4.288	MS	96,283	327,000	09/11/2009	03/15/2018
260543-BA-0	DOW CHEMICAL DEBS				2FE	2,395,940	.120.1270	2,402,532	2,000,000	2,286,677		(18,604)			9.000	7.015	AO	45,000	180,000	10/14/2003	04/01/2021
260543-BV-4	DOW CHEMICAL BASIC				2FE	17,164,680	.108.1730	20,087,689	18,570,000	17,389,484		113,269			5.700	6.778	MN	135,252	1,058,490	12/02/2008	05/15/2018
263534-BG-3	DUPONT (EI) DE NEMOURS DEBS				1FE	1,532,048	.116.0520	1,624,727	1,400,000	1,509,919		(3,716)			6.500	5.770	JJ	91,000	417,961	12/04/2003	01/15/2028
263534-BT-5	DUPONT (EI) DE NEMOURS BASIC				1FE	10,633,800	.114.9800	12,647,745	11,000,000	10,695,474		30,336			6.000	6.469	JJ	304,333	660,000	11/24/2008	07/15/2018
264399-DW-3	DUKE ENERGY CORP NOTES				2FE	2,410,315	.105.5690	2,489,319	2,358,000	2,358,213		(6,550)			6.250	5.942	JJ	147,375	147,375	06/25/2002	01/15/2012
264399-AJ-5	DUKE CAPITAL CORP UNSEC'D SR NTS				2FE	2,006,720	.108.4500	2,169,004	2,000,000	2,001,685		(722)			6.250	6.207	FA	47,222	125,000	02/20/2002	02/15/2013
26882P-AN-2	ERAC USA FINANCE CO NOTES 144A				2FE	8,660,960	.100.1740	7,613,201	7,600,000	7,606,042		(156,232)			8.000	5.849	JJ	280,356	608,000	09/25/2002	01/15/2011
26882P-AR-3	ERAC USA FINANCE CO NOTES 144A				2FE	1,498,470	.103.6270	1,554,401	1,500,000	1,498,599		24			6.700	6.708	JD	8,375	100,500	05/25/2004	06/01/2034
26882P-BD-3	ERAC USA FINANCE CO Series 144A				2FE	18,258,675	.107.2130	19,566,336	18,250,000	18,253,355		(1,738)			5.800	5.789	AO	223,461	1,058,500	10/16/2007	10/15/2012
26884A-AE-3	EQUITY RESIDENTIAL PROPERTIES NOTES				2FE	4,551,498	.116.3470	5,526,487	4,750,000	4,645,482		11,395			7.125	7.544	AO	338,438	338,438	02/01/1999	10/15/2017
277432-AB-6	EASTMAN CHEMICAL COMPANY DEBS				2FE	10,169,000	.112.3440	11,234,400	10,000,000	10,122,830		(5,579)			7.250	7.104	JJ	334,306	725,000	01/29/1999	01/15/2024
278058-DD-1	EATON CORP				1FE	5,413,900	.110.7960	5,539,805	5,000,000	5,374,790		(39,110)			5.600	4.398	MN	35,778	280,000	01/21/2010	05/15/2018
278058-DH-2	EATON CORP				1FE	11,688,950	.119.6810	11,988,070	10,000,000	11,544,469		(144,481)			6.950	4.665	MS	194,986	695,000	01/13/2010	03/20/2019
283695-AZ-7	EL PASO NATURAL GAS DEBS				2FE	6,770,302	.121.8320	6,874,974	5,643,000	6,395,872		(44,369)			8.625	6.880	JJ	224,427	486,709	02/05/1999	01/15/2022
316773-AD-2	FIFTH THIRD BANCORP SUB NOTES				2FE	1,295,489	.96.3750	1,252,876	1,300,000	1,297,406		288			4.500	4.532	JD	4,875	58,500	05/20/2003	06/01/2018
337158-AE-9	FIRST TENNESSEE BANK				2FE	10,322,786	.98.9860	10,294,554	10,400,000	10,354,190		7,291			5.650	5.748	AO	146,900	587,600	03/29/2006	04/01/2016
33716M-AA-5	FIRST TENNESSEE BANK SUB BK NOTES				2FE	3,031,660	.100.9870	3,029,607	3,000,000	3,008,812		(3,454)			4.625	4.493	MN	138,750	138,750	05/07/2003	05/15/2013
341081-ER-4	FLORIDA POWER & LIGHT 1ST MTGE				1FE	5,025,900	.109.2060	5,460,300	5,000,000	5,022,991		(471)			5.950	5.913	AO	74,375	297,500	10/20/2003	10/01/2033
341099-CC-1	FL PIWR CORP FIMB				1FE	1,099,274	.107.2040	1,179,243	1,100,000	1,099,822		76			4.800	4.808	MS	17,600	52,800	07/21/2003	03/01/2013
341100-AL-2	FL PIWR CORP NOTES				2FE	1,062,380	.106.8180	1,068,184	1,000,000	1,057,231		(1,844)			6.750	6.202	FA	28,125	67,500	12/21/2007	02/01/2028
350259-AB-3	FOSTERS FIN CORP 144A				2FE	14,050,412	.105.8630	15,323,655	14,475,000	14,282,638		45,263			4.875	5.270	AO	176,414	705,656	03/23/2005	10/01/2014
362320-AT-0	GTE CORP DEBS				1FE	6,045,200	.129.0580	6,452,900	5,000,000	5,739,915		(45,271)			8.750	6.793	MN	72,917	437,500	09/15/2003	11/01/2021
362333-AH-9	GTE FLA INC DEBS				1FE	999,480	.103.6630	1,036,629	1,000,000	999,595		12			6.860	6.864	FA	28,583	68,600	01/29/1998	02/01/2028
36962G-XS-8	GENERAL ELEC CAP CORP NTS SER A				1FE	5,197,050	.105.1930	5,259,660	5,000,000	5,028,842		(24,329)			5.875	5.338	FA	110,972	293,750	08/28/2002	02/15/2012
370334-BB-9	GENERAL MILLS INC				2FE	2,748,975	.112.4640	2,811,610	2,500,000	2,726,625		(22,350)			5.700	4.015	FA	53,833	71,250	04/15/2010	02/15/2017
370334-BH-6	GENERAL MILLS INC				2FE	5,439,650	.111.3260	5,566,275	5,000,000	5,411,899		(27,751)			5.650	4.431	FA	106,722	141,250	04/23/2010	02/15/2019
377372-AD-9	GLAXOSMITHKLINE CAP INC BASIC				1FE	18,247,450	.114.3430	20,581,722	18,000,000	18,194,921		(20,985)			5.650	5.469	MN	129,950	1,017,000	05/21/2008	05/15/2018
38141G-CU-6	GOLDMAN SACHS UNSEC'D SR NTS				1FE	2,516,515	.105.9470	2,648,673	2,500,000	2,514,888		(319)			6.125	6.075	FA	57,847	153,125	02/25/2004	02/15/2033
382388-AS-5	GOODRICH CORP				2FE	8,817,280	.114.8100	9,012,585	7,850,000	8,704,606		(112,673)			6.290	4.061	JJ	246,883	246,883	02/26/2010	07/01/2016
40428E-JO-3	HSBC BANK USA SUB NOTES				1FE	925,200	.104.2650	1,042,650	1,000,000	970,680		8,020			4.625	5.626	AO	11,563	46,250	06/03/2004	04/01/2014
40429C-CR-1	HSBC FINANCE CORP BASIC				1FE	2,499,441	.106.5700	2,610,965	2,450,000	2,474,295		(4,970)			5.250	4.990	AO	27,154	128,625	04/28/2005	04/15/2015
40429C-CS-9	HSBC FINANCE CORP BASIC				1FE	9,784,900	.106.2200	10,621,990	10,000,000	9,884,895		22,139			5.000	5.291	JD	1,389	500,000	12/28/2005	06/30/2015
413875-AL-9	HARRIS CORPORATION				2FE	3,904,358	.113.4210	3,776,906	3,330,000	3,896,697		(7,661)			6.375	3.984	JD	9,435	106,144	11/08/2010	06/15/2019
413875-AM-7	HARRIS CORPORATION				2FE	9,942,900	.99.9950	9,999,470	10,000,000	9,943,143		243			4.400	4.471	JD	34,222	117,000	11/30/2010	12/15/2020
413875-AN-5	HARRIS CORPORATION				2FE	7,459,050	.102.3460	7,675,943	7,500,000	7,459,097		47			6.150	6.190	JD	35,875	117,000	11/30/2010	12/15/2040
427866-AK-4	HERSHEY FOOD CORP NTS				1FE	1,242,966	.109.8080	1,262,792	1,150,000	1,150,995		(20,238)			6.950	4.973	FA	30,194	79,925	12/21/2007	08/15/2012
437076-AT-9	HOME DEPOT INC				2FE	9,982,500	.97.4770	9,747,660	10,000,000	9,981,274		(1,226)			3.950	3.968	MS	121,792	121,792	12/21/2010	09/15/2020
438516-AX-4	HONEYWELL INC BASIC				1FE	16,126,693	.111.2820	16,302,857	14,650,000	15,986,263		(117,865)			5.300	3.824	MS	258,817	643,950	10/08/2010	03/01/2018
438516-AZ-9	HONEYWELL INC				1FE	9,964,300	.109.4710	10,947,120	10												

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	Bond Char	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
487836-BB-3	KELLOGG COMPANY				1FE	9,973,600		10,763,670	10,000,000	9,979,060		3,348			4.450	4.494	MM	38,319	445,000	05/18/2009	05/30/2016
487836-BD-9	KELLOGG COMPANY				1FE	10,236,865		10,355,667	10,500,000	10,237,561		696			4.000	4.311	JD	21,000		12/16/2010	12/15/2020
49228R-AE-3	KERN RIVER FUNDING CORP CO GTY SR NTS 144A			2	1FE	736,417		750,937	727,800	732,897		(503)			4.893	4.763	MON	99	35,611	01/26/2004	04/30/2018
49306B-NR-0	KEY BANK SR BNK NTS				1FE	1,650,000		1,721,046	1,650,000	1,650,000					5.091	5.094	MS	22,167	84,002	03/21/2003	03/26/2015
49326F-AA-8	KEY BANK NA SUB BK NOTES				2FE	1,385,369		1,223,870	1,200,000	1,208,988		(26,351)			7.300	4.984	MM	14,600	87,600	02/10/2003	05/01/2011
494550-AH-9	KINDER MORGAN ENERGY PRTRNS NOTES				2FE	9,956,400		10,111,010	10,000,000	9,998,731		6,107			6.750	6.815	MS	198,750	675,000	03/01/2002	03/15/2011
50075N-AH-7	KRAFT FOOD INC NTS				2FE	1,122,360		1,069,726	1,000,000	1,021,517		(14,392)			6.250	4.660	JD	5,208	62,500	10/02/2002	06/01/2012
505862-AE-2	LAFARGE NORTH AMER INC				2FE	7,662,908		8,444,241	7,800,000	7,766,739		11,375			6.875	7.061	JD	23,833	536,250	10/25/2002	07/15/2013
532457-AM-0	LILLY (ELI) & CO. NTS				1FE	423,864		435,246	350,000	408,626		(2,625)			7.125	5.434	JD	2,078	24,938	03/29/2004	06/01/2025
539830-AE-9	LOCKHEED MARTIN CORP BONDS				1FE	1,138,100		1,217,106	1,000,000	1,059,305		(9,097)			7.650	6.322	MM	12,750	76,500	01/29/1999	05/01/2016
539830-AR-0	LOCKHEED MARTIN CORP SERIES B				1FE	2,697,798		2,927,775	2,700,000	2,698,211		28			6.150	6.155	MS	55,350	166,050	12/18/2006	09/01/2036
539830-AT-6	LOCKHEED MARTIN CORP				1FE	5,376,450		5,083,415	5,000,000	5,371,837		(4,613)			4.250	3.277	MM	27,153		11/10/2010	11/15/2019
54626B-AF-0	LOUISIANA LAND&EXP-BURL RES DEBS				1FE	6,949,085		7,389,919	6,650,000	6,717,520		(26,659)			7.625	7.132	AO	107,047	507,063	12/21/1999	04/15/2013
54626B-AG-8	LOUISIANA LAND&EXP-BURL RES DEBS				1FE	5,040,845		5,020,708	5,000,000	5,028,994		(1,351)			7.650	6.962	JD	3,188	38,250	02/26/1998	12/01/2023
548661-AK-3	LOWE'S COS INC DEBS				1FE	3,981,235		4,493,324	4,000,000	3,984,975		421			6.500	6.536	MS	76,556	260,000	08/27/1999	03/15/2029
548661-CQ-8	LOWE'S COS INC				1FE	15,562,100		15,533,885	15,000,000	15,533,885		(28,215)			4.625	4.159	AO	146,458	346,875	05/18/2010	04/15/2020
548661-CT-2	LOWE'S COS INC			1	1FE	4,998,000		4,834,050	5,000,000	4,998,000					3.750	3.755	AO	20,313		11/17/2010	04/15/2021
55259P-AC-0	M&I MARSHALL & ILSLEY BK SUB NTS				2FE	1,254,756		1,236,640	1,200,000	1,212,403		(6,988)			5.250	4.600	MS	20,475	63,000	01/30/2004	09/04/2012
55263E-CE-3	MBNA CORP NTS SER F				1FE	3,194,790		3,194,790	3,000,000	3,098,593		(78,085)			7.500	4.653	MS	66,250	225,000	01/23/2004	03/15/2012
55616X-AA-5	MACYS RETAIL HOLDINGS				3FE	6,592,215		7,122,500	6,475,000	6,562,075		(10,140)			7.450	7.188	JJ	222,434	482,388	12/18/2007	07/15/2017
565849-AA-4	MARATHON OIL CORP SR UNSEC'D NTS				2FE	1,053,450		1,056,743	1,000,000	1,008,628		(6,782)			6.125	5.373	MS	18,035	61,250	02/11/2003	03/15/2012
571903-AG-8	MARRIOTT INTERNATIONAL				2FE	3,080,940		3,354,675	3,000,000	3,060,254		(7,449)			6.375	5.995	JD	8,500	191,250	01/09/2008	06/15/2017
573275-AN-4	MARTIN MARIETTA TECH DEBS				1FE	1,006,150		1,123,222	1,000,000	1,001,510		(587)			7.375	7.302	AO	15,569	73,750	06/08/1999	04/15/2013
58013M-EB-6	MCDONALD'S CORP				1FE	6,386,940		6,932,640	6,000,000	6,325,115		(39,592)			5.800	4.853	AO	73,467	348,000	05/26/2009	10/15/2017
58013M-EE-0	MCDONALD'S CORP MTN				1FE	5,923,400		5,610,055	5,000,000	5,898,916		(24,484)			5.350	2.584	MS	89,167		10/12/2010	03/01/2018
581557-AM-7	MCKESSON CORP BASIC				1FE	6,003,350		5,873,870	5,000,000	5,847,268		(30,408)			7.650	5.998	MS	127,500	382,500	01/26/2005	03/01/2027
581557-AV-7	MCKESSON CORP				1FE	3,840,960		4,442,680	4,000,000	3,887,335		14,580			5.700	6.258	MS	76,000	228,000	08/02/2007	03/01/2017
581550-AA-1	MCKESSON CORP NTS				1FE	9,244,559		8,605,313	8,050,000	8,260,144		(183,804)			7.750	5.240	FA	259,948	623,875	12/06/2004	02/01/2012
587405-AB-7	MERCANTILE BANKSHARES CORP SUB NTS				1FE	3,338,161		3,431,260	3,265,000	3,284,606		(8,026)			4.625	4.346	AO	31,879	151,006	02/25/2004	04/15/2013
589331-AN-7	MERCK AND CO., INC.				1FE	17,886,420		19,835,262	18,000,000	17,900,343		9,177			5.000	5.081	JD	2,500	900,000	06/22/2009	06/30/2019
590188-JB-5	MERRILL LYNCH & CO. INC. UNSEC'D NTS				1FE	1,056,180		1,006,028	1,000,000	1,048,045		(1,487)			6.750	6.292	JD	5,625	67,500	06/28/2004	06/01/2028
59022C-CS-0	Merrill Lynch & CO BASIC				1FE	957,440		1,003,361	1,000,000	969,871		3,769			5.700	6.284	MM	9,342	57,000	06/14/2007	05/02/2017
595620-AC-9	MIDAMERICAN ENERGY NTS				1FE	4,707,272		4,946,656	4,600,000	4,626,298		(12,001)			5.125	4.827	JJ	108,707	235,750	01/24/2003	01/15/2013
59562V-AF-4	MIDAMERICAN ENERGY HLDGS UNSEC'D SR NTS				2FE	5,700,915		5,934,297	5,500,000	5,579,638		(42,267)			5.875	5.005	JJ	135,533	323,125	12/18/2007	10/01/2012
600388-AB-8	MILLER BREWING CO NOTES (144A)				2FE	3,583,166		3,722,912	3,430,000	3,479,356		(17,237)			5.500	4.908	FA	71,268	188,650	01/23/2004	08/15/2013
626717-AA-0	MURPHY OIL CORP NTS				2FE	941,810		1,133,680	1,000,000	951,561		1,198			7.050	7.542	MM	11,750	70,500	06/04/1999	05/01/2029
62875U-AA-3	NBC UNIVERSAL Series 144A				2FE	23,962,800		24,878,976	24,000,000	23,964,757		1,957			5.150	5.170	AO	209,433	618,000	04/27/2010	04/30/2020
62875U-AF-2	NBC UNIVERSAL Series 144A				2FE	1,496,670		1,538,543	1,500,000	1,497,084		414			3.650	3.699	AO	9,277	27,375	04/27/2010	04/30/2015
629527-AU-6	NABISCO INC DEBS				2FE	5,847,600		5,898,295	5,000,000	5,351,986		(67,587)			7.550	5.736	JD	16,778	377,500	11/07/2001	06/15/2015
63534P-AB-3	NATIONAL CITY BANK SUB NTS				1FE	859,303		762,869	755,000	758,404		(16,583)			6.250	3.970	MS	13,894	47,188	03/10/2004	03/15/2011
63538W-AA-6	NATIONAL CITY BANK OF PA SUB NTS				1FE	2,995,872		2,489,592	2,400,000	2,465,800		(79,442)			7.250	3.744	AO	33,833	174,000	06/25/2003	10/21/2011
635405-AM-5	NATIONAL CITY CORP SUB NOTES				1FE	4,637,880		5,557,647	4,950,000	4,762,755		14,600			6.875	7.472	MM	43,484	365,063	05/25/2004	05/15/2019
638585-AN-9	NATIONSBANK CORP SUB NOTES				1FE	3,458,070		3,909,584	3,500,000	3,482,258		3,074			7.750	7.883	FA	102,472	271,250	08/11/1999	08/15/2015
638585-AP-4	NATIONSBANK CORP SUB NOTES				1FE	2,608,002		2,281,380	2,267,000	2,540,315		(11,227)			7.250	6.008	AO	34,698	164,358	10/20/2003	10/15/2025
638585-AU-3	NATIONSBANK CORP SUB NOTES				1FE	1,888,118		1,659,975	1,500,000	1,697,516		(29,166)			7.800	5.108	MS	34,450	117,000	04/17/2003	09/15/2016
653522-DG-2	NIAGARA MOHAWK PIWR CORP 144A				1FE	3,000,000		3,117,345	3,000,000	3,000,000					3.553	3.553	AO	26,648	107,478	09/21/2009	10/01/2014
65463P-AH-0	NIPSCO CAP MKTS INC MTN				2FE	4,694,287		4,631,595	4,175,000	4,525,338		(20,062)			7.990	6.905	MS	98,222	333,583	02/04/1999	04/01/2022
655664-AH-3	Nordstrom Inc UNSEC'D SR DEBS				2FE	1,045,630		1,113,506	1,000,000	1,039,130		(1,201)			6.950	6.567	MS	20,464	69,500	06/03/2004	03/15/2028
655844-AE-8	Norfolk Southern Corp Bonds				2FE	3,732,431		4,397,026	3,600,000	3,665,015		(7,848)			7.700	7.338	MM	35,420	277,200	08/06/1999	05/15/2017
665228-CA-8	NORTHERN ILLINOIS GAS FMB				1FE	1,791,324		1,945,706	1,800,000	1,793,37											

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest					Dates	
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	Bond Char	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
713409-AC-4	PEPSI BOTTLING GROUP SR NTS SER B				1FE	3,206,293	122.9890	4,304,612	3,500,000	3,254,146		6,027			7.000	7.725	MS	81,667	245,000	08/13/1999	03/01/2029
71343P-AA-9	PEPSI/AMERICAS INC BASIC				1FE	5,192,605	110.1230	6,056,754	5,500,000	5,316,519		39,253			4.875	5.814	JJ	123,635	268,125	08/15/2007	01/15/2015
713448-BJ-6	PEPSICO INC BASIC				1FE	3,890,562	128.6610	5,017,791	3,900,000	3,892,146		701			7.900	7.935	MN	51,350	308,100	10/21/2008	11/01/2018
713448-BR-8	PEPSICO INC				1FE	9,916,700	93.9830	9,398,330	10,000,000	9,917,986		1,286			3.125	3.223	MN	56,424		10/19/2010	11/01/2020
71713U-AO-5	PHARMACIA CORPORATION DEBS				1FE	4,557,956	119.0760	5,358,407	4,500,000	4,533,622		(3,179)			6.500	6.378	JD	24,375	292,500	10/31/2000	12/01/2018
718507-BH-8	PHILLIPS PETROLEUM SR DEBS				1FE	5,995,080	120.0870	7,205,244	6,000,000	5,997,555		243			6.650	6.657	JJ	183,993	399,000	02/08/1999	07/15/2018
72018Q-AJ-0	PIEDMONT NATURAL GAS NTS SER D				1FE	5,248,500	104.0720	5,203,615	5,000,000	5,026,132		(33,461)			6.550	5.821	MN	54,583	327,500	11/28/2002	09/26/2011
742651-CV-2	PRIVATE EXPORT FUNDING GOVT GUARNTY NTS				1FE	79,450	101.8930	71,325	70,000	70,493		(1,468)			6.070	3.885	AO	720	4,249	03/08/2004	04/30/2011
742718-CB-3	PROCTOR & GAMBLE CO BONDS				1FE	995,770	106.7960	1,067,955	1,000,000	996,247		79			5.500	5.529	FA	22,917	55,000	01/22/2004	02/01/2034
742741-AA-9	PROCTOR & GAMBLE ESOP DEB				1FE	4,849,447	125.5540	5,218,715	4,156,550	4,737,838		(52,938)			9.360	6.336	JJ	194,527	389,053	11/24/2008	08/01/2020
748356-AA-0	QUESTAR CORP				1FE	998,310	99.2280	992,284	1,000,000	998,318		8			2.750	2.785	FA	1,299		12/07/2010	02/01/2016
755111-AU-5	RAYTHEON COMPANY DEBS				1FE	14,165,693	116.9740	14,036,844	12,000,000	14,161,899		(43,990)			6.400	3.702	JD	34,133	470,400	10/14/2010	12/15/2018
755111-BR-1	RAYTHEON COMPANY				1FE	11,210,560	102.2570	10,839,284	10,600,000	11,204,882		(5,678)			4.400	3.658	FA	176,196		11/18/2010	02/15/2020
755111-BT-7	RAYTHEON COMPANY				1FE	4,784,450	92.2090	4,610,445	5,000,000	4,786,287		1,837			3.125	3.648	AO	30,816		11/22/2010	10/15/2020
758202-AD-7	REED ELSEVIER CAPITAL				2FE	2,995,920	103.9980	3,119,952	3,000,000	2,999,043		622			4.625	4.648	JD	6,167	138,750	06/07/2005	06/15/2011
771196-AO-5	ROCHE HLDGS INC 144A				1FE	1,687,658	109.5070	1,861,624	1,700,000	1,691,871		2,310			5.000	5.166	MS	28,333	85,000	02/18/2009	03/01/2014
771196-AS-1	ROCHE HLDGS INC 144A				1FE	27,953,552	116.2840	33,024,628	28,400,000	28,017,387		35,063			6.000	6.213	MS	568,000	1,704,000	02/18/2009	03/01/2019
775371-AU-1	ROHM & HAAS CO DEBS				2FE	1,183,488	116.1990	1,092,274	940,000	1,148,099		(6,082)			7.850	5.874	JJ	34,025	73,790	02/13/2004	07/15/2029
78355H-BF-5	RYDER SYSTEM INC MTN				2FE	1,191,613	110.8450	1,385,566	1,250,000	1,228,837		4,180			6.500	6.970	JD	6,771	81,250	01/28/1998	04/01/2015
78355H-JK-6	RYDER SYSTEM INC				2FE	4,823,156	109.8610	5,383,179	4,900,000	4,847,420		7,292			5.850	6.071	MN	47,775	286,650	07/10/2007	11/01/2016
786514-BM-0	SAFEWAY INC				2FE	770,983	110.1430	831,581	755,000	766,210		(2,748)			5.625	5.170	FA	16,044	42,469	03/13/2009	08/15/2014
790849-AH-6	ST JUDE MEDICAL INC.				1FE	7,493,025	98.7120	7,403,363	7,500,000	7,493,048		23			2.500	2.519	JJ	13,021		12/01/2010	01/15/2016
795770-AK-2	SALTON SEA FUNDING CORP SR SERIES E				2FE	650,170	101.1300	652,823	645,528	645,723		(541)			8.300	8.166	MN	4,614	55,193	01/14/2000	05/30/2011
803111-AO-6	SARA LEE CORP NTS				2FE	1,854,500	104.6060	2,092,124	2,000,000	1,955,817		23,899			3.875	5.287	JD	3,444	77,500	12/18/2007	06/15/2013
81121K-AJ-9	SEALED AIR CORP NTS 144A				3FE	3,926,722	105.6680	4,163,335	3,940,000	3,935,950		1,445			5.625	5.669	JJ	102,194	221,625	06/26/2003	07/15/2013
828807-BZ-9	SIMON PROPERTY GROUP INC				1FE	6,993,784	112.3950	6,799,879	6,050,000	6,896,178		(37,606)			6.125	3.931	MN	31,910	185,281	08/09/2010	05/30/2018
835495-AF-9	SONOCO PRODUCTS NTS UNSEC'D				2FE	4,971,000	110.5270	5,526,365	5,000,000	4,990,984		2,770			6.500	6.570	MN	41,528	325,000	10/30/2001	11/15/2013
837004-BV-1	SC ELEC & GAS CO NTS				1FE	571,175	113.9150	569,577	500,000	562,286		(1,517)			6.625	6.510	FA	13,802	33,125	02/12/2004	02/01/2032
843646-AF-7	SOUTHERN POWER CO BASIC				2FE	6,691,720	108.1860	7,573,020	7,000,000	6,832,987		31,618			4.875	5.476	JJ	157,354	341,250	01/11/2006	07/15/2015
844730-AG-6	SOUTHTRUST CORP NTS				1FE	1,747,270	108.2400	1,894,205	1,750,000	1,748,919		275			5.800	5.820	JD	4,511	101,500	05/19/2004	06/15/2014
844895-AS-1	SOUTHWEST GAS CORP BASIC				2FE	5,855,388	107.5230	5,483,688	5,100,000	5,270,332		(117,265)			7.625	5.069	MN	49,690	388,875	06/23/2005	05/15/2012
86664R-AB-2	SUN CANADA FINL CO SUB NOTE 144A				1FE	1,495,935	103.6030	1,554,047	1,500,000	1,498,398		260			7.250	7.276	JD	4,833	108,750	12/14/1995	12/15/2015
86787G-AB-8	SUNTRUST BANK ATLANTA SUB BK NOTES				2FE	558,020	101.2600	502,302	500,000	502,090		(8,264)			6.375	4.645	AO	7,969	31,875	02/07/2003	04/01/2011
87612E-AV-8	TARGET CORP				1FE	9,971,300	99.5660	9,956,560	10,000,000	9,972,381		1,081			3.875	3.910	JJ	177,604		07/13/2010	07/15/2020
879240-AX-7	TELECOMMUNICATIONS INC DEBS				2FE	1,070,640	114.3440	1,143,439	1,000,000	1,018,588		(6,346)			7.875	7.075	FA	32,813	78,750	06/04/1999	08/01/2013
88031R-AA-6	TENASKA ALABAMA II PART SR SEC'D BONDS 144A				2FE	1,948,501	104.0910	2,028,215	1,948,501	1,948,501					6.125	6.172	MJSD	332	119,346	10/09/2003	03/30/2023
880394-AD-3	TENNECO PACKAGING DEBS				5FE	5,190,042	97.0000	4,154,510	4,283,000	4,858,075		(72,197)			8.125	5.615	JD	15,466	347,994	11/26/2007	06/15/2017
880451-AT-6	TENNESSEE GAS PIPELINE				2FE	1,055,010	114.9610	1,149,614	1,000,000	1,026,266		(3,257)			7.500	6.974	AO	18,750	75,000	01/27/1998	04/01/2017
887315-AM-1	TIME WARNER COMPANIES INC DEB				2FE	3,303,120	131.2260	3,936,768	3,000,000	3,223,345		(10,536)			9.150	8.169	FA	114,375	274,500	01/13/2000	02/01/2023
887315-AY-5	TIME WARNER COMPANIES INC BONDS				2FE	7,348,294	117.1350	8,869,455	7,572,000	7,445,879		12,230			6.875	7.165	JD	23,137	520,575	12/20/1999	06/15/2018
887315-BA-6	TIME WARNER COMPANIES INC DEB				2FE	945,657	119.3790	1,074,411	900,000	921,130		(3,342)			8.050	7.482	JJ	33,408	72,450	12/14/2000	01/15/2016
887315-BH-1	TIME WARNER COMPANIES INC DEBS				2FE	12,293,735	121.1760	13,480,852	11,125,000	11,962,425		(39,039)			7.570	6.697	FA	350,901	842,163	02/18/1999	02/01/2024
88731E-AD-2	TIME WARNER NOTES				2FE	1,113,850	112.3890	1,022,894	1,000,000	1,022,397		(11,599)			8.875	7.482	AO	22,188	88,750	11/03/1999	10/01/2012
88731E-AF-7	TIME WARNER DEB				2FE	4,867,183	125.5620	5,964,195	4,750,000	4,837,150		(4,060)			8.375	8.135	MS	117,134	397,813	01/20/2000	03/15/2023
88732J-AW-8	Time Warner Cable				2FE	11,747,055	102.9140	11,835,087	11,500,000	11,742,846		(4,209)			5.000	4.705	FA	239,583	159,722	08/03/2010	02/01/2020
900262-AR-7	TURNER BROADCASTING SYSTEM /TURNER BROADCAST SR NOTES				2FE	5,223,350	114.8890	5,744,445	5,000,000	5,060,453		(21,112)			8.375	7.833	JJ	209,375	418,750	12/20/1999	07/01/2013
9021EQ-AD-6	Tyco/tyco intl fin sa				1FE	4,532,160	120.3150	4,812,612	4,000,000	4,494,505		(36,434)			6.875	5.273	JJ	126,806	275,000	12/15/2009	01/15/2021
904764-AH-0	UNILEVER CAPITAL NTS				1FE	5,204,700	111.8630	5,593,170	5,000,000	5,180,732		(4,133)			5.900	5.611	MN	37,694	295,000	01/22/2004	11/15/2032

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest				Dates		
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	Bond Char	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
929903-AM-4	WACHOVIA CORP BASIC				1FE	5,786,580		93,6620	5,619,744	5,800,018					5.500	5.755	FA	137,500	330,000	01/10/2007	08/01/2035
931142-CB-7	WAL-MART STORES INC				1FE	2,980,440		100.6350	3,019,044	3,000,000					5.250	5.297	MS	52,500		12/09/2010	09/01/2035
931142-CJ-0	WAL-MART STORES INC				1FE	8,480,850		114.9040	8,043,245	7,000,000					5.800	2.608	FA	153,378		10/13/2010	02/15/2018
931142-CZ-4	WAL-MART STORES INC				1FE	4,907,400		93.9850	4,699,230	5,000,000					3.250	3.471	AO	29,792		10/27/2010	10/25/2020
94973V-AH-0	WELLPOINT INC BASIC				1FE	3,818,388		102.8420	3,702,323	3,600,000					5.950	5.531	JD	9,520	214,200	05/12/2005	12/15/2034
94973V-AM-9	WELLPOINT INC BASIC				2FE	985,770		111.7800	1,117,800	1,000,000					5.875	6.067	JD	2,611	58,750	07/19/2007	06/15/2017
961548-AQ-7	WESTVACO CORP DEB		2		3FE	2,397,342		101.5610	2,239,420	2,205,000					7.650	6.939	MS	49,668	168,683	01/29/1999	03/15/2027
961548-AS-3	WESTVACO CORP DEB		2		3FE	2,826,600		99.6850	2,616,731	2,625,000					7.500	6.653	JD	8,750	196,875	09/12/2002	06/15/2027
961548-AY-0	WESTVACO CORP BASIC				3FE	4,403,644		100.8640	4,639,726	4,400,000					7.950	8.355	FA	138,153	365,700	02/14/2005	02/15/2031
976843-BB-7	WISC PUB SVC CO FMB				1FE	335,019		102.8760	308,629	300,000					6.125	4.290	FA	7,656	18,375	01/23/2004	08/01/2011
976843-BC-5	WISC PUB SVC CO SR SEC'D				1FE	2,066,320		106.8670	2,137,332	2,000,000					4.875	4.451	JD	8,125	97,500	02/27/2003	12/01/2012
983024-AJ-9	WYETH				1FE	1,998,160		113.1270	2,262,542	2,000,000					5.500	5.513	FA	41,556	110,000	11/08/2005	02/15/2016
989701-AM-9	ZIONS BANCORP BASIC				3FE	12,234,848		97.2090	11,859,498	12,200,000					5.500	5.461	MN	83,875	671,000	01/25/2006	11/16/2015
136375-BD-3	CANADIAN NAT'L RAILWAY UNSEC'D NTS		A		1FE	3,891,454		119.3830	4,399,253	3,685,000					6.900	6.445	JJ	117,244	254,265	12/04/2003	07/15/2028
136385-AB-7	CANADIAN NATL RESOURCES NTS		A		2FE	16,541,231		103.1350	16,527,368	16,025,000					6.700	5.727	JJ	495,083	1,073,675	10/30/2007	07/15/2011
136385-AD-3	CANADIAN NATL RESOURCES SR NTS		A		2FE	3,032,880		107.1680	3,215,034	3,000,000					5.450	5.186	AO	40,875	163,500	12/18/2007	10/01/2012
669771-AS-6	NOVA GAS TRANSMISSION LTD DEBS		A		1FE	498,078		125.5130	502,054	400,000					7.875	5.743	AO	7,875	31,500	05/07/2004	04/01/2023
71644E-AB-8	PETRO-CANADA DEBS		A		2FE	12,653,020		133.5450	13,688,363	10,250,000					9.250	7.055	AO	200,160	948,125	12/21/2007	10/15/2021
73755L-AF-4	POTASH CORP-SASKATCHEWAN		A		2FE	702,731		115.3610	680,628	590,000					6.500	3.834	MN	4,900		11/23/2010	05/15/2019
884903-BA-2	THOMSON CORPORATION BASIC		A		1FE	1,492,470		111.0100	1,665,153	1,500,000					5.950	6.065	JJ	41,154	89,250	06/17/2008	07/15/2013
893526-BY-2	TRANS CANADA PIPELINES LTD		A		1FE	8,321,300		122.4080	8,568,525	7,000,000					7.125	4.546	JJ	229,979	320,625	01/12/2010	01/15/2019
049255-AG-7	ATLAS COPCO AB 144A		F		1FE	27,298,259		107.7430	29,952,415	27,800,000					5.600	5.866	MN	168,653	1,556,800	09/02/2008	05/22/2017
055650-BJ-6	BP Capital PLC		F		1FE	15,857,388		103.1000	16,392,821	15,900,000					4.750	4.784	MS	232,869	755,250	03/05/2009	03/10/2019
225460-AF-4	CREDIT SUISSE NEW YORK BASIC		F		1FE	15,979,520		98.1800	15,708,784	16,000,000					4.375	4.391	FA	283,889		08/02/2010	08/05/2020
225400-TC-1	CREDIT SUISSE NEW YORK MTN		F		1FE	13,806,324		107.6280	13,561,153	12,600,000					5.000	1.227	MN	80,500	315,000	10/08/2010	05/15/2013
25243Y-AM-1	DIAGEO CAPITAL PLC DIAGEO CAP PLC		F		1FE	5,009,950		113.4210	5,671,055	5,000,000					5.750	5.721	AO	54,306	287,500	06/11/2008	10/23/2017
25244S-AB-7	DIAGEO FINANCE BV NOTES		F		1FE	991,650		100.7850	1,007,852	1,000,000					3.875	4.013	AO	9,688	38,750	03/30/2004	04/01/2011
26054C-BR-3	DOW CAPITAL BV NOTES SER G		F		2FE	2,477,888		113.7480	2,263,587	1,990,000					8.640	6.352	JD	14,328	171,936	02/18/2004	06/01/2022
268317-AB-0	Electricite de France Series 144A		F		1FE	3,971,495		116.6770	3,780,319	3,240,000					6.500	3.390	JJ	90,675		08/25/2010	01/26/2019
268317-AD-6	Electricite de France Series 144A		F		1FE	9,334,244		103.3440	9,714,374	9,400,000					4.600	4.688	JJ	184,971	217,401	02/02/2010	01/27/2020
4041A2-AF-1	HBOS PLC NTS 144A		F		2FE	10,864,230		74.5660	8,202,293	11,000,000					6.000	6.090	MN	110,000	660,000	11/05/2003	11/01/2033
45687A-AA-0	INGERSOLL-RAND GL HLD CO BASIC		F		2FE	9,630,200		115.0940	11,509,370	10,000,000					6.875	7.409	FA	259,722	687,500	10/08/2008	08/15/2018
45687A-AE-2	INGERSOLL-RAND GL HLD CO		F		2FE	8,930,337		120.4710	8,653,446	7,183,000					9.500	2.245	AO	144,059	341,193	10/07/2010	04/15/2014
500472-AB-1	PHILIPS ELECTRONICS NV		F		1FE	6,230,340		112.1320	6,727,920	6,000,000					5.750	5.163	MS	105,417	345,000	01/06/2010	03/11/2018
597433-AD-3	MIDLAND BANK PLC UNSEC'D SUB NTS		F		1FE	1,138,810		101.1970	1,011,968	1,000,000					6.950	4.748	MS	20,464	69,500	08/12/2003	03/15/2011
656531-AF-7	NORSK HYDRO NTS		F		1FE	5,168,228		119.4180	6,209,757	5,200,000					6.700	6.756	JJ	160,651	348,400	01/15/1998	01/15/2018
767201-AC-0	RIO TINTO FIN USA LTD BASIC		F		1FE	5,067,300		116.5850	5,829,225	5,000,000					6.500	6.315	AO	149,861	325,000	07/10/2008	07/15/2018
78572M-AD-7	SABMILLER PLC SABMILLER PLC 144A		F		2FE	2,082,030		115.8010	2,316,024	2,000,000					6.500	5.913	JJ	65,000	130,000	07/10/2007	07/01/2016
78572M-AF-2	SABMILLER PLC 144A		F		2FE	14,294,852		116.8780	16,713,568	14,300,000					6.500	6.505	JJ	428,603	929,500	07/10/2008	07/15/2018
822582-AJ-1	SHELL INTERNATIONAL FIN		F		1FE	78,029,082		104.2560	81,632,057	78,300,000					4.300	4.343	MS	925,898	3,366,900	09/15/2009	09/22/2019
870836-AC-7	SWISS BANK CORP NY SUB DEBS		F		1FE	3,364,536		106.7980	2,990,355	2,800,000					7.500	5.828	JJ	96,833	210,000	07/21/2004	07/15/2025
870836-AD-5	SWISS BANK CORP NY SUB DEBS		F		1FE	5,202,553		109.4670	5,801,740	5,300,000					7.000	7.069	AO	78,322	371,000	12/21/2007	10/15/2015
87083K-AM-4	SWISS BANK CORP-NY SUB NOTES		F		1FE	4,007,810		109.3050	4,372,216	4,000,000					7.375	7.289	JD	13,111	295,000	12/18/2007	06/15/2017
870845-AC-8	SWISS BANK CORP-NY SUB DEBS		F		1FE	1,156,138		110.8380	1,108,382	1,000,000					7.750	6.409	MS	25,833	77,500	12/21/2007	09/01/2026
879385-AD-4	TELEFONICA EUROPE BV NTS		F		1FE	1,087,866		116.1830	1,045,643	900,000					8.250	6.570	MS	21,863	74,250	06/03/2004	09/15/2030
881575-AA-2	TESCO PLC-ADR 144A		F		1FE	4,926,150		111.5650	5,578,235	5,000,000					5.500	5.705	MN	35,139	275,000	07/10/2008	11/15/2017
902118-BL-1	TYCO INT'L		F		1FE	2,422,220		127.9980	2,559,968	2,000,000					8.500	5.574	JJ	78,389	170,000	09/01/2009	01/15/2019
915436-AF-6	UPM-Kymmene Corp Series 144A		F		3FE	3,948,041		97.0000	3,860,600	3,980,000					5.500	5.590	JJ	91,816	218,900	08/03/2005	01/30/2018
92857T-AH-0	VODAFONE GROUP PLC - ADR NEW NTS		F		1FE	1,197,590		124.4260	1,244,256	1,000,000					7.875	6.322	FA	29,750	58,750	11/05/2003	02/15/2030
92857W-AP-5	VODAFONE GROUP PLC		F		1FE	22,837,400		111.6350	30,141,369	27,000,000					5.625	8.237	FA	523,125	1,518,750	11/25/2008	02/27/2017
3299999. Industrial and Miscellaneous (Unaffiliated) - Issuer Obligations						1,775,895,364	XXX	1,868,397,135	1,711,743,379	1,757,857,647											

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest					Dates	
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	B o n d C h a r	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
637432-CG-8	NATL RURAL UTIL CO-OP SEC'D COLL TRUST				1FE	1,486,016	.113.3630	1,451,040	1,280,000	1,403,863					6.550	5.039	MM	13,973	83,840	05/08/2003	11/01/2018
871928-AX-5	TIERS CORP BND BKO CTF-AGC 144A			2	5FE	1,915,623	.86.8570	1,456,007	1,676,327	1,792,692					8.125	5.980	MS	40,104	136,202	10/02/2002	09/15/2017
136454-AB-1	CDN PAC RAIL CO PTC SER 97-A2			A	2FE	1,000,000	.111.1040	1,111,039	1,000,000	1,000,000					7.650	7.650	JAN	73,950	76,500	01/14/1997	01/13/2014
3399999. Industrial and Miscellaneous (Unaffiliated) - Single Class Mortgage-Backed/Asset-Backed Securities						23,046,573	XXX	22,865,104	22,881,691	22,865,008		(32,143)			XXX	XXX	XXX	320,002	1,305,357	XXX	XXX
05948X-AH-4	BOA MTGE SEC SER 2003-2 1A8 (BPAC-SUB)			2	.12*	2,493,750	.84.1050	2,102,628	2,500,000	2,492,847					5.750	5.808	MON	11,979	143,750	04/30/2003	04/25/2033
05948X-MX-6	BOA MTGE SEC SER 2003-5 1A39 (PAC-SUB)			2	.12*	2,488,525	.94.2670	2,328,387	2,470,000	2,481,853					5.500	5.472	MON	11,321	135,850	07/01/2003	04/25/2033
05948X-RK-9	BOA MTGE SEC SER 2003-6 1A35 (PAC-SUP)			2	.12*	615,793	.95.8820	613,436	639,785	630,466					5.250	5.767	MON	2,799	33,589	09/15/2003	08/25/2033
05949A-TC-4	BOA MTGE SEC SER 2004-8 1A20 (PAC)			2	.22*	10,018,253	.95.6500	9,337,382	9,762,000	9,913,238					6.000	5.743	MON	48,810	585,720	01/14/2005	09/25/2034
05953Y-AY-7	Banc of America Funding Corp 2007-4 2A3 COUNTRYWIDE HOME LOANS SER 2003-11 A6 (B-PAC/SUB)			2	.22*	629,535	.92.4090	629,064	629,880	628,318					5.500	5.421	MON	2,887	34,643	05/11/2007	06/25/2037
12669D-4H-8	COUNTRYWIDE HOME LOANS SER 2002-32 1A21 (SUPP/MEZZ)			2	.12*	3,132,141	.97.6880	3,059,710	3,132,141	3,132,141					5.000	5.002	MON	13,051	156,607	04/29/2003	05/25/2033
12669D-QF-8	COUNTRYWIDE HOME LOANS SER 2003-18 A10 (ACRL-SUB)			2	.12*	238,964	.91.2370	213,748	234,278	235,986					6.000	5.711	MON	1,171	14,057	01/27/2003	11/25/2032
12669E-ME-3	COUNTRYWIDE HOME LOANS SER 2003-28 A2 (PAC-SUB)			2	.12*	603,003	.96.4220	584,759	606,456	603,147					5.500	5.607	MON	2,780	32,403	12/01/2010	07/25/2033
12669E-ST-4	COUNTRYWIDE HOME LOANS SER 2003-28 A2 (PAC-SUB)			2	.12*	976,609	.99.9150	976,391	977,220	974,940					4.150	4.152	MON	3,380	40,555	07/03/2003	08/25/2033
12669E-ZG-4	COUNTRYWIDE HOME LOANS SER 2003-34 A6 (PAC)			2	.12*	4,048,826	.101.0340	4,084,293	4,042,509	4,031,064					5.250	5.230	MON	17,686	212,232	09/10/2003	09/25/2012
12669F-F3-2	COUNTRY WIDE HOME LOANS SER 2004-J5 A5 (NAS)			2	.12*	1,656,737	.103.6770	1,782,847	1,719,610	1,685,744					5.500	6.059	MON	7,882	94,578	06/21/2004	07/25/2034
22541N-W7-0	CSFB MTGE SECURITIES CORP SER 2003-8 3A25 (B-PAC)			2	.12*	501,719	.71.5490	357,744	500,000	500,136					5.500	5.489	MON	2,292	27,500	05/20/2003	02/25/2033
22541Q-PU-0	CSFB MTGE SECURITIES CORP SER 2003-21 1A21 (PAC)			2	.12*	315,703	.101.8410	327,240	321,326	319,807					5.250	5.591	MON	1,406	16,870	05/21/2004	09/25/2033
32051D-XY-3	FIRST HORIZON ASSET SECURITIES SER 2003-5 1A5 (ACRL)			2	.12*	11,704	.99.7890	11,794	11,819	11,776					5.250	5.454	MON	52	612	08/01/2010	07/25/2033
32051D-YZ-9	FIRST HORIZON ASSET SECURITIES SER 2003-5 2A3 (RETAIL, AS)			2	.12*	878,000	.100.7300	884,413	878,000	878,000					5.000	5.015	MON	3,658	43,900	05/20/2003	07/25/2018
36228F-QL-3	GSR MORTGAGE LOAN TRUST SER 2003-4F 2A5 (BPAC-SUB)			2	.12*	2,180,265	.101.5000	2,201,966	2,169,418	2,169,889					5.750	5.699	MON	10,395	124,639	07/22/2003	04/25/2033
760985-VA-6	RFSC SER 2003-RM2 A16 (PAC)			2	.12*	1,273,633	.91.5310	1,144,136	1,250,000	1,263,879					5.500	5.355	MON	5,729	68,744	05/16/2003	04/25/2033
929227-2X-3	WASHINGTON MUTUAL SER 2003-S5 1A19 (PAC-SUB)			2	.12*	477,908	.89.2870	446,436	500,000	479,359					5.500	6.130	MON	2,292	27,497	05/21/2003	06/25/2033
929227-RE-0	WASHINGTON MUTUAL SER 2004-CB1 3A3 (ACRL)			2	.12*	2,256,908	.95.0270	2,386,513	2,511,408	2,259,249					5.500	6.337	MON	11,511	134,051	12/01/2010	06/25/2034
949804-AD-0	WELLS FARGO MBS SER 2003-7 A4 (PAC)			2	.12*	5,692,755	.97.4930	5,811,570	5,961,000	5,862,107					4.500	5.102	MON	22,354	268,240	12/08/2003	08/25/2018
3499999. Industrial and Miscellaneous (Unaffiliated) - Defined Multi-Class Residential Mortgage-Backed Securities						40,490,731	XXX	39,237,457	40,816,850	40,553,946		2,945			XXX	XXX	XXX	183,435	2,196,037	XXX	XXX
02149D-AJ-8	Countrywide All. Loan Trust Series 2006-HY13 Class 3A1			2	.12*	4,115,599	.89.9900	4,473,981	4,971,647	4,127,138					5.767	7.857	MON	23,892	290,252	12/29/2006	01/25/2047
05952F-AE-3	BANC OF AMERICA MORTGAGE 2007-2 A5			2	.12*	3,505,445	.97.7170	3,855,897	3,945,975	3,555,094					5.500	6.426	MON	18,086	217,029	11/26/2007	05/25/2037
05952H-AG-4	BANC OF AMERICA MTG SECURITIES 2007-1 A17			2	.12*	3,742,531	.99.3370	3,692,921	3,717,554	3,708,996					5.750	5.445	MON	17,813	213,759	03/09/2007	10/25/2011
12669A-HK-7	COUNTRYWIDE HOME LOANS 2005-25 A6			2	.12*	14,308,973	.82.7130	12,319,468	14,894,253	14,309,522					5.500	6.517	MON	68,265	819,150	11/18/2005	11/25/2035
12669A-TX-6	COUNTRYWIDE HOME LOANS 2005-30 A8			2	.12*	12,183,905	.93.2670	11,774,986	12,624,975	12,357,551					5.500	5.993	MON	57,864	694,055	12/05/2005	01/25/2036
12669G-2V-2	Countrywide Home Loans 2005-16 A3			2	.12*	6,034,727	.80.2590	5,025,259	6,261,326	6,127,132					5.500	6.037	MON	28,698	344,395	11/09/2005	09/25/2035
161630-BX-5	CHASE MORTGAGE FINANCE CORP 2007-A1 12A1			2	.12*	33,950	.99.4630	40,036	40,252	37,282					5.897	6.418	MON	198	2,389	02/08/2007	03/25/2037
172973-AJ-5	CITICORP MTG SEC INC 2008-8 2A3			2	.12*	3,093,303	.93.5770	2,997,183	3,202,902	3,156,423					5.000	5.583	MON	13,345	160,145	01/26/2006	11/25/2020
46630G-BC-8	JP MORGAN MORTGAGE TRUST			2	.12*	1,331,175	.98.9540	1,411,743	1,426,672	1,357,716					5.289	13.816	MON	6,288	75,495	01/09/2007	07/25/2035
55274S-AK-7	MASTER ASSET SECURITIZATION 2006-3 1A10			2	.22*	2,112,180	.99.6520	2,093,711	2,101,018	2,100,850					6.000	5.693	MON	10,505	126,007	01/11/2007	06/25/2013
57643M-LY-8	Mastr Asset Securitization 2006-1 1A2			2	.12*	4,908,422	.99.2420	4,862,834	4,900,000	4,888,301					5.750	5.710	MON	23,479	281,717	03/17/2006	04/25/2013
94984H-AA-3	Wells Fargo Series 2006-12 A1			2	.12*	2,275,254	.99.3840	2,248,100	2,262,034	2,255,465					6.000	5.578	MON	11,310	135,715	10/06/2006	05/25/2011
3599999. Industrial and Miscellaneous (Unaffiliated) - Other Multi-Class Residential Mortgage-Backed Securities						57,645,464	XXX	54,796,119	60,348,608	58,011,470		192,713	481,424		XXX	XXX	XXX	279,743	3,360,108	XXX	XXX
05952C-AE-0	BANC OF AMERICA COMMERCIAL MOR SERIES 2007-5 CLASS A4			2	.12*	9,197,070	.104.5920	10,250,016	9,800,000	9,347,177					5.492	6.445	MON	44,851	538,216	02/08/2008	02/10/2051
05955F-AA-8	BANC OF AMERICA LARGE LOAN 2009-UB1			2	1FE	7,460,156	.106.7680	9,609,111	9,000,000	7,706,070					5.621	9.000	MON	42,154	508,838	07/02/2009	06/24/2050
07383F-5J-3	BEAR STEARNS COMM'L MTGE SER 2005-T18 AAB			2	.12*	6,593,357	.105.3130	6,905,970	6,557,572	6,559,044					4.823	4.750	MON	26,356	323,806	04/19/2005	02/13/2014
07383F-X2-9	BEAR STEARNS COMM'L MTGE SER 2004-PWR6 A3			2	.12*	9,393,728	.100.5400	9,419,883	9,369,308	9,359,171					4.355	4.358	MON	34,003	408,033	12/18/2007	09/11/2011

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ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest					Dates	
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	B o n d C h a r	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amor-tization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
07387B-CX-7	Bear Stearns Commercial Mtg 2005-T20 AAB			2	.12*	14,049,678		14,697,396	13,972,981	13,979,774		(13,957)			5.128	5.058	MON	59,708	725,794	10/20/2005	06/12/2014
07388P-AE-1	BEAR STEARNS COMMERCIAL MORTGA SERIES 2006PW14			2	.12*	16,988,906		19,013,004	18,000,000	17,269,801		106,156			5.201	6.117	MON	78,015	936,180	02/29/2008	12/11/2038
07388Q-AE-9	BEAR STEARNS COMMERCIAL MORTGA SERIES 2007PW17			2	.12*	6,213,594		6,890,637	6,500,000	6,279,680		27,717			5.694	6.424	MON	30,843	370,110	06/26/2008	06/11/2050
07388V-AE-8	BEAR STEARNS COMMERCIAL MORTGA SERIES 2007T26			2	.12*	4,046,992		4,802,787	4,500,000	4,145,793		44,944			5.471	7.156	MON	20,516	246,195	09/25/2008	01/12/2045
073945-AE-7	BEAR STEARNS COMMERCIAL MORTGA SERIES 2007T28			2	.12*	276,813		433,019	400,000	297,845		10,769			5.742	11.732	MON	1,914	22,968	11/13/2008	09/11/2042
12513E-AF-1	Citigroup / Deutsche Bank 2005-CD1 ASB			2	.12*	9,447,598		10,018,853	9,415,154	9,413,270		(6,727)			5.222	5.186	MON	40,971	498,589	10/27/2005	02/15/2015
12514A-AD-3	CITIGROUP/DEUTSCHE BANK COMMER SERIES 2007-CD5			2	.12*	10,742,813		10,613,830	10,000,000	10,725,282		(17,530)			5.745	3.471	MON	47,875	33,513	12/07/2010	01/01/2016
126175-AB-4	Commercial Mtg Pass-Through Series 2003-LB1A			2	.12*	7,759,375		8,311,560	8,000,000	7,921,050		30,641			4.084	4.559	MON	27,227	326,720	02/14/2005	06/10/2038
17313K-AF-8	CITIGROUP COMMERCIAL MORTGAGE SERIES 2008C7 CLASS			2	.12*	13,224,138		13,973,700	13,000,000	13,221,497		(1,604)			6.179	5.886	MON	66,934	618,472	12/17/2010	09/10/2017
20046F-AU-4	A4			2	.12*	2,456,250		2,557,565	2,500,000	2,476,498		(8,731)			6.304	6.558	MON	13,133	157,600	04/12/2002	07/16/2034
201730-AD-0	COMM MTG ASSET TRUST 1999-C1 A4 (COMM)			2	.12*	3,218,086		3,776,574	3,500,000	3,455,439		20,249			6.975	8.135	MON	13,563	245,063	01/21/2000	01/17/2032
22541S-2R-8	CS FIRST BOSTON MORTGAGE SEC Series 2004-C5 Class			2	.12*	20,660,021		21,272,874	20,593,375	20,582,160		(7,064)			4.587	4.547	MON	78,718	956,153	03/17/2005	11/15/2037
36228C-LS-0	AAB			2	.12*	3,670,605		3,432,283	3,350,000	3,447,476		13,697			6.449	4.998	MON	18,003	216,042	05/04/2005	10/05/2014
36228C-UV-3	GS MTG SEC CORP II 2001-GL3A A2 144A			2	.12*	1,020,083		1,040,765	1,000,000	1,016,297		(760)			5.366	5.258	MON	4,472	53,660	05/17/2005	05/03/2025
36228C-VS-9	GS MTG SEC CORP II SER 2005-ROCK CLASS 144A			2	.12*	16,568,547		17,551,689	16,659,000	16,607,044		7,859			4.756	4.862	MON	66,025	792,204	07/19/2005	07/10/2039
36228C-VU-4	GS MTG SEC CORP II SERIES 2005G04 CLASS A4A			2	.12*	818,438		1,054,551	1,000,000	966,809		25,146			4.751	8.658	MON	3,959	47,504	12/23/2008	07/10/2039
396789-ES-4	Greenwich Cap Fund 2003-C2 A4			2	.12*	3,585,352		3,990,229	3,750,000	3,674,046		27,529			4.915	5.857	MON	15,359	184,313	07/13/2007	01/05/2036
46629Y-AC-3	JP MORGAN CHASE COMMERCIAL MOR SERIES 2007CB18			2	.12*	1,497,598		1,571,895	1,500,000	1,497,565		(9)			5.440	5.501	MON	6,800	81,600	12/04/2007	06/12/2047
46630E-AD-2	JP Morgan Chase Commercial 2006-CB17 ASB			2	.12*	3,896,250		4,240,316	4,000,000	3,943,055		14,481			5.415	5.934	MON	18,050	216,600	07/09/2007	12/12/2043
50180C-AD-2	LB-UBS COMMERCIAL MORTGAGE TRU SERIES 2006-C7			2	.12*	10,226,914		10,043,961	9,500,000	10,208,153		(18,761)			5.347	3.839	MON	28,220	73,521	11/29/2010	10/15/2016
52108H-SZ-8	LB-UBS COMMERCIAL MTGE TRUST 2003-C5 A3			2	.12*	11,104,168		11,794,637	11,368,533	11,308,582		22,755			4.254	4.721	MON	26,868	483,618	03/31/2005	07/15/2027
52109R-BM-2	LB-UBS Commercial Mortgage Tru SERIES 2007C7			2	.12*	5,209,145		5,629,404	5,350,000	5,240,626		13,124			5.866	6.323	MON	17,435	313,831	06/13/2008	09/15/2045
61745M-W3-3	CLASS A3			2	.12*	1,277,315		1,330,817	1,270,992	1,271,272		(676)			4.630	4.566	MON	4,904	58,847	01/20/2005	05/13/2014
61745M-W4-1	MORGAN STANLEY CAPITAL I 2005-T17 A5			2	.12*	13,122,375		13,839,603	13,050,000	13,070,034		(10,105)			4.780	4.734	MON	51,982	623,790	01/20/2005	12/13/2014
61756U-AE-1	MORGAN STANLEY CAPITAL I SERIES 2007I016 CLASS A4			2	.12*	7,126,209		7,725,457	7,230,000	7,147,041		9,274			5.809	6.070	MON	34,999	419,991	07/16/2008	12/12/2049
655356-JK-0	NOMURA ASC 1998-D6 A2 (COMM)			2	.12*	8,518,463		9,189,514	8,345,000	8,377,111		(16,640)			7.046	6.904	MON	32,666	596,866	02/02/1999	02/15/2013
3699999. Industrial and Miscellaneous (Unaffiliated) - Defined Multi-Class Commercial Mortgage-Backed Securities						229,370,037	XXX	244,981,900	232,481,915	230,414,662		492,555			XXX	XXX	XXX	956,523	11,078,637	XXX	XXX
045424-FX-9	ASC NOMURA-MEGADEAL SER 1997-D5 A2 (COMM)			2	.12*	11,220,000		11,782,716	11,000,000	11,026,610		(23,943)			6.817	6.686	MON	41,661	763,938	02/06/1998	07/14/2012
05947U-LS-7	Banc of America Commercial Mtg 2005-2 AAB			2	.12*	6,887,415		7,296,941	6,956,086	6,911,690		8,623			4.742	5.064	MON	27,488	329,857	07/18/2007	07/10/2043
05947U-XM-5	Banc of America Commercial Mtg 2004-5 A2			2	.12*	12,619		12,901	12,839	12,794		56			4.176	5.122	MON	45	536	12/18/2007	11/10/2041
161571-BT-0	Chase Issuance Trust Series 2007-A3			2	.1FE	2,175,700		2,210,662	1,965,000	2,154,665		(21,035)			5.230	3.503	MON	4,568	77,077	03/22/2010	02/15/2017
17305E-CH-6	Citibank Credit Card Issuance 2004-A8			2	.1FE	3,929,594		4,527,741	4,100,000	4,000,405		21,975			4.900	5.594	JD	11,719	200,900	07/20/2007	12/12/2016
17305E-DE-2	Citibank Credit Card Issuance 2006-A3 A3			2	.1FE	329,133		336,166	300,000	325,608		(3,525)			5.300	3.491	MS	4,682	7,950	03/11/2010	03/15/2016
20047E-AE-2	Commercial Mortgage Pass-Throu 2006-C8 A4			2	.12*	6,178,155		6,200,552	5,945,000	6,178,155					5.306	4.539	MON	2,629		12/30/2010	12/01/2016
201730-AE-1	GREENWICH CAPITAL COMMERCIAL F SERIES 2007G69			2	.12*	8,820,584		9,640,239	9,150,000	8,903,965		31,812			5.444	6.030	MON	41,510	498,126	05/30/2008	03/10/2039
44921A-AD-3	CLASS A4			2	.1FE	2,721,219		2,759,609	2,650,000	2,705,035		(16,183)			3.150	2.257	MON	3,710	62,606	04/07/2010	02/15/2014
921796-HC-5	Hyundai Auto Receivables Trust HART 2009-A A4			2	.1FE	3,000,000		3,027,660	3,000,000	3,000,000					8.005	8.128	MON	20,013	240,150	08/18/1999	10/07/2029
929770-AD-0	VANDERBILT MORTGAGE FINANCE 1999-C IA5 (OMO-IH)			2	.12*	3,829,402		3,824,256	3,555,000	3,826,249		(3,152)			5.765	3.970	MON	17,079		12/07/2010	07/01/2016
3799999. Industrial and Miscellaneous (Unaffiliated) - Other Multi-Class Commercial Mortgage-Backed/Asset-Backed Securities						49,103,821	XXX	51,619,443	48,633,925	49,045,176		(5,372)			XXX	XXX	XXX	175,104	2,181,140	XXX	XXX

E10.13

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 1

Showing All Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest					Dates	
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	C o d e	F o r e i g n	Bond Char	NAIC Des.	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ (Decrease)	Current Year's (Amortization) Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Rate of	Effective Rate of	When Paid	Admitted Amount Due and Accrued	Amount Received During Year	Acquired	Maturity
3899999	Total - Industrial and Miscellaneous (Unaffiliated) Bonds					2,175,551,990	XXX	2,281,897,158	2,116,906,368	2,158,747,909		(3,202,078)	481,424		XXX	XXX	XXX	29,059,825	108,697,189	XXX	XXX
4199999	Total - Credit Tenant Loans						XXX								XXX	XXX	XXX			XXX	XXX
06605H-AA-6	BANKAMERICA CORP CAP NOTES 144A			1	3FE	1,068,080	100.6250	1,006,250	1,000,000	1,024,198		(4,035)			8.070	7.342	JD	224	80,700	01/30/1998	12/31/2011
17305H-AA-6	CITIGROUP CAPITAL III				3FE	497,109	102.3690	511,844	500,000	497,435		31			7.625	7.671	JD	3,177	38,125	10/14/1998	12/01/2036
302570-AA-6	FPL GROUP CAPITAL			1	3FE	11,339,443	97.7500	10,900,103	11,151,000	11,279,002		(18,099)			6.350	6.110	AO	177,022	708,089	05/08/2007	10/01/2016
404270-AA-1	HSBC AMERICAS INC CAP SEC II 144A			1	1FE	3,378,957	100.9870	3,292,166	3,260,000	3,319,765		(6,957)			8.380	8.007	MN	34,907	273,188	10/29/1997	05/15/2017
481227-AA-4	JPMC CAPITAL XVIII				1FE	6,596,921	100.3390	6,170,861	6,150,000	6,575,783		(6,462)			6.950	6.397	FA	159,097	427,425	04/20/2007	08/17/2036
638611-AA-1	NATIONWIDE FINL SERV CAP NOTES				4FE	15,186,038	87.2640	12,042,404	13,800,000	15,052,205		(16,139)			7.899	7.129	MS	363,354	1,090,062	02/03/1999	03/01/2037
69331V-AA-4	PECO ENERGY CAP TRST III				1FE	1,725,840	94.6710	1,893,424	2,000,000	1,766,392		5,701			7.380	8.700	AO	25,010	147,600	10/20/2000	04/06/2028
4299999	Hybrid Securities - Issuer Obligations					39,792,388	XXX	35,817,052	37,861,000	39,514,780		(45,960)			XXX	XXX	XXX	762,791	2,765,189	XXX	XXX
4899999	Total - Hybrid Securities					39,792,388	XXX	35,817,052	37,861,000	39,514,780		(45,960)			XXX	XXX	XXX	762,791	2,765,189	XXX	XXX
5599999	Total - Parent, Subsidiaries and Affiliates Bonds						XXX								XXX	XXX	XXX			XXX	XXX
7799999	Total - Issuer Obligations					1,845,189,725	XXX	1,934,731,213	1,778,114,379	1,826,556,264		(3,928,241)			XXX	XXX	XXX	28,455,861	93,005,645	XXX	XXX
7899999	Total - Single Class Mortgage-Backed/Asset-Backed Securities					907,517,563	XXX	927,619,290	881,823,881	906,274,146		(357,586)			XXX	XXX	XXX	3,899,681	35,919,497	XXX	XXX
7999999	Total - Defined Multi-Class Residential Mortgage-Backed Securities					574,139,355	XXX	587,342,520	571,154,370	575,563,445		218,095			XXX	XXX	XXX	2,361,029	19,237,933	XXX	XXX
8099999	Total - Other Multi-Class Residential Mortgage-Backed Securities					57,645,464	XXX	54,796,119	60,348,608	58,011,470		192,713	481,424		XXX	XXX	XXX	279,743	3,360,108	XXX	XXX
8199999	Total - Defined Multi-Class Commercial Mortgage-Backed Securities					233,661,804	XXX	249,550,043	236,547,767	234,698,591		494,228			XXX	XXX	XXX	980,035	11,352,221	XXX	XXX
8299999	Total - Other Multi-Class Commercial Mortgage-Backed/Asset-Backed Securities					49,103,821	XXX	51,619,443	48,633,925	49,045,176		(5,372)			XXX	XXX	XXX	175,104	2,181,140	XXX	XXX
8399999	Total Bonds					3,667,257,732	XXX	3,805,658,628	3,576,622,930	3,650,149,092		(3,386,163)	481,424		XXX	XXX	XXX	36,151,453	165,056,544	XXX	XXX

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 2 - SECTION 1

Showing All PREFERRED STOCKS Owned December 31 of Current Year

1 CUSIP Identi- fication	2 Description	Codes		5 Number of Shares	6 Par Value Per Share	7 Rate Per Share	8 Book/ Adjusted Carrying Value	Fair Value		11 Actual Cost	Dividends			Change in Book/Adjusted Carrying Value				20 NAIC Desig- nation	21 Date Acquired		
		3 Code	4 For- eign					9 Rate Per Share Used to Obtain Fair Value	10 Fair Value		12 Declared but Unpaid	13 Amount Received During Year	14 Nonadmitted Declared But Unpaid	15 Unrealized Valuation Increase/ (Decrease)	16 Current Year's (Amor- tization) Accretion	17 Current Year's Other Than Temporary Impairment Recognized	18 Total Change in Book/Adjusted Carrying Value (15 + 16 - 17)			19 Total Foreign Exchange Change in Book/ Adjusted Carrying Value	
NONE																					
8999999 - Total Preferred Stocks								XXX												XXX	XXX

E 11

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 2 - SECTION 2

Showing All COMMON STOCKS Owned December 31 of Current Year

1	2	Codes		5	6	Fair Value		9	Dividends			Change in Book/Adjusted Carrying Value				17	18
		3	4			7	8		10	11	12	13	14	15	16		
CUSIP Identification	Description	Code	Foreign	Number of Shares	Book/Adjusted Carrying Value	Rate Per Share Used to Obtain Fair Value	Fair Value	Actual Cost	Declared but Unpaid	Amount Received During Year	Nonadmitted Declared But Unpaid	Unrealized Valuation Increase/(Decrease)	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Value (13 - 14)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	NAIC Market Indicator (a)	Date Acquired
008892-10-1	Invesco VI Capital Apprec I			337,647,000	7,867,176	23.300	7,867,176	8,206,081		52,011		990,518		990,518		U	12/31/2010
008892-41-6	INVESCO VI Gbl Hlth Car Ser I			41,412,000	691,997	16.710	691,997	660,408				35,355		35,355		U	12/31/2010
008892-50-7	INVESCO VI Internatl Grth I			179,445,000	5,148,288	28.690	5,148,288	4,577,117		106,194		481,489		481,489		U	12/31/2010
008892-52-3	INVESCO VI Glob Real Est Ser I			1,116,776,000	15,165,814	13.580	15,165,814	14,363,314				1,523,693		1,523,693		U	12/31/2010
008892-53-1	INVESCO VI Sm Cap Eq Fd Ser II			7,289,000	118,594	16.270	118,594	82,981				23,252		23,252		U	12/31/2010
008892-61-4	INVESCO VI Basic Value Fund I			22,068,000	140,796	6.380	140,796	130,196		796		10,600		10,600		U	09/24/2010
008892-65-5	INVESCO VI Internatl Growth II			612,438,000	17,362,609	28.350	17,362,609	14,515,763		269,513		1,669,753		1,669,753		U	12/31/2010
008892-74-7	INVESCO VI Cap Developmt Ser II			78,070,000	1,016,477	13.020	1,016,477	795,797				154,603		154,603		U	12/31/2010
008892-75-4	INVESCO VI Capital Apprec II			95,044,000	2,178,403	22.920	2,178,403	1,783,071		9,634		273,855		273,855		U	12/31/2010
008892-85-3	INVESCO VI Cap Developmt Ser I			47,742,000	640,221	13.410	640,221	552,748				99,215		99,215		U	12/31/2010
023375-84-3	American Funds AMCAP R4			4,000	79	18.741	79	70				9		9		U	12/13/2010
024071-84-7	Am Funds American Balanced R4			7,979,000	142,907	17.910	142,907	136,347		893		6,560		6,560		U	12/31/2010
024936-10-6	American Century VP Value			1,185,934,000	6,949,574	5.860	6,949,574	6,289,651		131,406		660,959		660,959		U	12/31/2010
024936-20-5	Am Century VP International I			2,043,848,000	17,495,343	8.560	17,495,343	17,526,509		321,305		1,724,637		1,724,637		U	12/31/2010
024936-40-3	American Century VP Balanced			3,267,155,000	20,583,077	6.300	20,583,077	20,008,820		350,524		1,730,883		1,730,883		U	12/31/2010
024936-75-9	Am Century VP Large Co Val II			145,401,000	1,369,676	9.420	1,369,676	1,108,276		15,932		118,169		118,169		U	12/31/2010
024936-84-1	Am Cent VP International II			38,000	322	8.550	322	267				55		55		U	12/06/2010
024936-85-8	American Century VP Ultra II			25,286,000	234,654	9.280	234,654	186,390		596		30,518		30,518		U	12/31/2010
024936-88-2	American Century VP Ultra I			87,963,000	825,089	9.380	825,089	764,251		3,315		109,496		109,496		U	12/31/2010
025071-20-9	Am Cent VP Inflation Protect 1			818,594,000	9,078,207	11.090	9,078,207	8,629,911		121,219		223,077		223,077		U	12/31/2010
025071-30-8	Am Cent VP Inflation Protect 2			11,286,000	125,391	11.110	125,391	122,141		2,068		3,250		3,250		U	12/13/2010
026547-84-4	Am Funds Am High Inc Trust R4			2,000	25	11.269	25	25		1		1		1		U	12/28/2010
09253L-52-0	BlackRock Lg Cap Value VI 3			151,000	1,470	9.740	1,470	1,434		14		35		35		U	12/31/2010
09253L-78-5	BlackRock Global Opp VI 3			5,000	71	14.120	71	63				7		7		U	12/30/2010
131647-20-8	Calvert VP SRI Balanced Port			3,374,000	5,719	1.695	5,719	5,372		77		348		348		U	12/31/2010
131647-30-7	Calvert VP Social MidCap Grwth			154,000	5,091	32.960	5,091	4,336				754		754		U	12/31/2010
131647-78-6	Calvert VP Social Equity Fd			293,000	5,660	19.350	5,660	5,106				554		554		U	12/31/2010
140541-84-8	American Funds Cap World Bond			34,000	690	20.410	690	663				15		15		U	12/23/2010
19765R-85-7	Columbia Mid Cap Value B			71,000	930	13.130	930	794				136		136		U	12/06/2010
23338G-40-6	DWS Captial Growth VIP B			105,658,000	2,061,393	19.510	2,061,393	1,641,813		8,076		271,364		271,364		U	12/31/2010
23338G-60-4	DWS Global Opps VIP B			8,271,000	116,042	14.030	116,042	94,021		48		19,247		19,247		U	12/31/2010
23338G-85-1	DWS International VIP B			5,642,000	46,377	8.220	46,377	64,014		794		(172)		(172)		U	04/29/2010
23338G-86-9	DWS International VIP A			1,257,350,000	10,335,421	8.220	10,335,421	14,253,797		200,331		(13,484)		(13,484)		U	12/31/2010
23338H-68-5	DWS Balanced VIP A			972,043,000	21,511,301	22.130	21,511,301	22,042,364		599,828		1,534,380		1,534,380		U	12/31/2010
23338H-74-3	DWS Dreman SM Mid Cap VIP B			378,000	4,613	12.200	4,613	3,824		1		789		789		U	12/13/2010
23338H-79-2	DWS Money Market VIP A			73,892,000	73,892	1.000	73,892	73,892				6		6		U	12/15/2010
23338H-80-0	DWS Global Thematic VIP B			5,714,000	53,087	9.290	53,087	42,704		242		5,769		5,769		U	12/20/2010
23339F-40-7	DWS Sm Cap Index VIP A			19,812,000	245,872	12.410	245,872	218,264		358		27,307		27,307		U	12/30/2010
261976-60-9	Dreyfus VIF Quality Bd Inital			971,139,000	11,216,655	11.550	11,216,655	10,582,842		397,558		403,275		403,275		U	12/31/2010
261976-80-7	Dreyfus VIF Appreciation Init			216,689,000	7,679,446	35.440	7,679,446	7,380,798		134,742		865,741		865,741		U	12/31/2010
262014-20-2	Dreyfus Stock Index Svc Shrs			916,774,000	27,228,174	29.700	27,228,174	24,528,741				3,005,210		3,005,210		U	12/31/2010
26201X-10-9	Dreyfus Socially Rsp Grow Init			206,499,000	6,174,317	29.900	6,174,317	5,194,955		40,694		740,850		740,850		U	12/31/2010
26202A-20-7	Dreyfus Midcap Stk Inital Shrs			1,638,269,000	21,576,002	13.170	21,576,002	19,602,974		163,818		4,278,117		4,278,117		U	12/31/2010
26202A-80-1	Dreyfus Tech Growth Initial			525,185,000	6,816,896	12.980	6,816,896	4,733,075				1,495,159		1,495,159		U	12/31/2010
298706-84-7	Am Funds Euro Pac Grwth R4			136,000	5,517	40.680	5,517	5,145		77		372		372		U	12/31/2010
313916-10-8	Federated Capital Income			233,455,000	2,136,111	9.150	2,136,111	2,069,851		108,975		116,981		116,981		U	12/31/2010
313916-30-6	Federated High Income Bond			989,858,000	6,958,703	7.030	6,958,703	6,271,905		445,808		384,975		384,975		U	12/31/2010
315802-20-7	Fidelity Growth Opportunities			730,682,000	13,093,825	17.920	13,093,825	12,010,510		24,724		2,437,759		2,437,759		U	12/31/2010
315802-50-4	Fidelity Balanced			5,548,000	86,002	15.500	86,002	76,625		1,760		10,978		10,978		U	12/29/2010
315802-70-2	Fidelity Growth & Income			844,928,000	10,671,436	12.630	10,671,436	10,652,212		69,657		1,280,432		1,280,432		U	12/31/2010
317613-30-5	Ibbotson Conserv ETF Ast All 1			47,018,000	521,426	11.090	521,426	508,019		5,900		10,089		10,089		U	12/30/2010
317613-40-4	Ibbotson Inc & Gr ETF Ast All1			26,953,000	276,270	10.250	276,270	266,101		1,203		21,136		21,136		U	12/30/2010
317613-50-3	Ibbotson Balance ETF Ast All 1			177,650,000	1,790,711	10.080	1,790,711	1,618,505		6,314		174,190		174,190		U	12/17/2010
317613-60-2	Ibbotson Growth ETF Ast All 1			72,785,000	709,653	9.750	709,653	641,569		4,202		70,575		70,575		U	12/30/2010

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 2 - SECTION 2

Showing All COMMON STOCKS Owned December 31 of Current Year

1	2	Codes		5	6	Fair Value		9	Dividends			Change in Book/Adjusted Carrying Value				17	18
		3	4			7	8		10	11	12	13	14	15	16		
CUSIP Identification	Description	Code	Foreign	Number of Shares	Book/Adjusted Carrying Value	Rate Per Share Used to Obtain Fair Value	Fair Value	Actual Cost	Declared but Unpaid	Amount Received During Year	Nonadmitted Declared But Unpaid	Unrealized Valuation Increase/(Decrease)	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Value (13 - 14)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	NAIC Market Indicator (a)	Date Acquired
317613-70-1	Ibbotson Aggress Grow ETF AA 1			65,623,000	610,954	9.310	610,954	496,356		1,557		72,036		72,036		U	12/30/2010
317613-80-0	Ibbotson Aggress Grow ETF AA 2			261,340,000	2,420,005	9.260	2,420,005	1,891,830		4,166		299,054		299,054		L	12/27/2010
317613-85-9	Ibbotson Conservative ETF AA 2			61,839,000	684,562	11.070	684,562	619,356		8,197		29,053		29,053		L	12/27/2010
317613-86-7	Ibbotson Growth ETF Ast All 2			349,776,000	3,375,334	9.650	3,375,334	3,004,153		15,069		334,476		334,476		L	12/28/2010
317613-87-5	Ibbotson Balance ETF Ast All 2			645,179,000	6,561,471	10.170	6,561,471	5,650,495		36,025		567,579		567,579		L	12/29/2010
317613-88-3	Ibbotson Inc & Growth ETF AA 2			153,570,000	1,633,986	10.640	1,633,986	1,496,252		5,747		101,983		101,983		L	12/30/2010
355150-22-8	FTVIP Founding Funds Alloc 2			39,670,000	305,856	7.710	305,856	262,187		6,187		21,200		21,200		U	12/31/2010
355150-23-6	FTVIP Founding Funds Alloc 1			8,525,000	65,898	7.730	65,898	52,817		1,495		4,846		4,846		U	12/14/2010
355150-26-9	FTVIP Flex Cap Growth CL 2			65,995,000	838,143	12.700	838,143	633,101				109,853		109,853		U	12/31/2010
355150-41-8	FTVIP Inc Sec CL 2			554,619,000	8,219,455	14.820	8,219,455	8,097,141		457,814		417,617		417,617		U	12/31/2010
355150-42-6	FTVIP US Govt CL 2			2,197,125,000	28,804,315	13.110	28,804,315	28,162,656		795,879		403,930		403,930		U	12/31/2010
355150-48-3	FTVIP Dev Mkts CL 2			9,663,030	855,135,000	11.300	9,663,030	8,072,979		120,543		1,275,714		1,275,714		U	12/31/2010
355150-49-1	FTVIP Growth Sec CL 2			675,235,000	7,434,341	11.010	7,434,341	8,130,006		86,391		440,594		440,594		U	12/31/2010
355150-52-5	FTVIP Sm Mid Cap Grow 2			491,248,000	10,576,570	21.530	10,576,570	8,930,799				2,193,511		2,193,511		U	12/31/2010
355150-55-8	FTVIP Mut Shrs Fd CL 2			669,639,000	10,680,737	15.950	10,680,737	11,036,197		150,171		884,350		884,350		U	12/31/2010
355150-56-6	FTVIP Global Bond CL 2			597,802,000	11,651,166	19.490	11,651,166	10,347,505		150,547		1,034,171		1,034,171		U	12/31/2010
355150-59-0	FTVIP Sm Cap Val Sec CL 2			750,751,000	12,199,699	16.250	12,199,699	8,968,207		67,244		2,412,503		2,412,503		U	12/31/2010
355150-67-3	FTVIP Small Cap Value CL 1			714,000	11,824	16.550	11,824	9,194		91		2,531		2,531		U	06/15/2010
355150-70-7	FTVIP Global Bond CL 1			11,931,000	237,901	19.940	237,901	213,151		4,155		24,750		24,750		U	12/13/2010
355150-76-4	FTVIP Growth Sec CL 1			5,578,000	62,422	11.190	62,422	77,095		3,619		3,619		3,619		U	11/30/2010
355150-77-2	FTVIP Develop Mkts Sec CL 1			22,632,000	258,001	11.400	258,001	217,492		3,910		40,509		40,509		U	12/22/2010
355150-88-9	FTVIP Income Sec CL 1			955,000	14,476	15.160	14,476	16,061		897		754		754		U	06/15/2010
449797-64-6	ING Global Resources Port Cl S			156,574,000	3,366,342	21.500	3,366,342	3,040,614		25,375		568,103		568,103		L	12/31/2010
449797-78-6	ING JP Morgan Emerg Mkt Eqty 2			153,321,000	3,514,112	22.920	3,514,112	2,571,618		191,130		402,040		402,040		L	12/31/2010
461308-84-3	Am Funds Inv Co of America R4			198,000	5,556	28.120	5,556	4,886		67		670		670		L	12/23/2010
480906-10-6	JP Morgan Ins Trst US Equly 1			282,444,000	4,431,553	15.690	4,431,553	3,988,629		33,768		491,865		491,865		U	12/31/2010
480906-60-1	JP Morgan InsTrst MidCapVal 1			1,227,871,000	8,349,524	6.800	8,349,524	7,672,177		67,610		1,356,242		1,356,242		U	12/31/2010
480906-77-5	JP Morgan Ins Trst Intl Eqty 1			1,709,839,000	17,440,358	10.200	17,440,358	18,515,322		32,971		1,271,759		1,271,759		U	12/31/2010
641222-70-8	NeuberBerm AMT Regency Port I			1,601,000	24,591	15.360	24,591	19,128		158		4,736		4,736		U	10/15/2010
641222-83-1	NeuberBerm AMT Regency Port S			2,220,000	36,828	16.590	36,828	31,478		98		5,349		5,349		U	12/28/2010
641222-85-6	NeuberBerm AMT Mid Cap Grow S			20,128,000	540,847	26.870	540,847	380,678				107,916		107,916		U	12/31/2010
641222-87-2	NeuberBerm AMT Guardian Port S			4,529,000	85,335	18.840	85,335	73,473		232		12,312		12,312		U	12/22/2010
64122M-60-5	Neuberger Berman Genesis Adv			164,000	4,530	27.610	4,530	3,805				725		725		L	12/13/2010
693394-40-5	PIMCO PVIT Totl Return Admin			47,041,000	521,212	11.080	521,212	519,603		25,572		1,609		1,609		L	12/31/2010
693394-53-8	PIMCO PVIT Tot Return Advsr			22,322,000	247,328	11.080	247,328	258,896		8,309		(11,568)		(11,568)		L	12/31/2010
693394-59-5	PIMCO PVIT Comm RRet Strat Adm			896,852,000	8,080,636	9.010	8,080,636	7,340,543		1,039,183		533,132		533,132		L	12/31/2010
693394-63-7	PIMCO PVIT All Asset Fd Advis			127,412,000	1,415,548	11.110	1,415,548	1,340,460		73,499		49,518		49,518		L	12/31/2010
693394-65-2	PIMCO PVIT All Asset Fd Admn			18,779,000	206,196	10.980	206,196	199,415		14,383		6,781		6,781		L	12/31/2010
724027-18-0	Pioneer Bond VCT CL 1			1,792,853,000	21,227,381	11.840	21,227,381	19,458,930		984,252		726,364		726,364		L	12/31/2010
724027-20-6	Pioneer Mid Cap Value VCT CL 1			1,243,190,000	21,047,211	16.930	21,047,211	21,962,196		191,340		3,015,350		3,015,350		L	12/31/2010
724027-23-0	Pioneer Growth Opp VCT CL 1			3,858,787,000	88,790,684	23.010	88,790,684	83,878,269				14,790,253		14,790,253		L	12/31/2010
724027-30-5	Pioneer Real Estate VCT CL 1			3,401,000	55,580	16.340	55,580	35,686		1,341		11,064		11,064		L	12/23/2010
724027-61-0	Pioneer High Yield VCT CL 1			588,000	6,259	10.640	6,259	4,737		313		639		639		L	12/31/2010
724027-62-8	Pioneer High Yield VCT CL 2			301,146,000	3,195,162	10.610	3,195,162	2,620,942		119,228		285,511		285,511		L	12/31/2010
724027-64-4	Pioneer Strategic Inc VCT CL 2			798,642,000	8,481,580	10.620	8,481,580	7,990,224		347,550		332,293		332,293		L	12/31/2010
724027-70-1	Pioneer Money Market VCT CL 1			8,265,466,000	8,265,466	1.000	8,265,466	8,265,466		1,947						L	12/31/2010
724027-75-0	Pioneer Emerg Mkts VCT CL 2			284,409,000	8,828,047	31.040	8,828,047	6,651,305		21,398		1,148,825		1,148,825		L	12/31/2010
724027-81-8	Pioneer Real Est VCT Prt CL 2			225,412,000	3,685,486	16.350	3,685,486	2,492,512		71,535		621,711		621,711		L	12/31/2010
724027-82-6	Pioneer Eqly Income VCT CL 2			488,723,000	9,618,069	19.680	9,618,069	8,353,654		156,500		1,267,899		1,267,899		L	12/31/2010
724027-86-7	Pioneer Emerg Mkts VCT CL 1			4,373,000	137,848	31.520	137,848	116,104		553		21,744		21,744		L	11/04/2010
724027-87-5	Pioneer Fund VCT CL 1			4,397,219,000	98,629,627	22.430	98,629,627	96,601,137		1,192,560		12,337,309		12,337,309		L	12/31/2010
866167-20-8	CalvertVP S&P MidCap 400 Index			247,000	16,862	68.390	16,862	13,806		116		3,361		3,361		U	12/30/2010
866167-40-6	Calvert VP Balanced Index			3,366,000	167,094	49.640	167,094	153,673		3,799		8,603		8,603		U	12/30/2010
866167-50-5	Calvert VP Bar Cap Agg Bd Indx			41,371,000	2,184,385	52.800	2,184,385	2,184,987		50,559		26,930		26,930		U	12/31/2010

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 2 - SECTION 2

Showing All COMMON STOCKS Owned December 31 of Current Year

1	2	Codes		5	6	Fair Value		9	Dividends			Change in Book/Adjusted Carrying Value				17	18
		3	4			7	8		10	11	12	13	14	15	16		
CUSIP Identification	Description	Code	Foreign	Number of Shares	Book/Adjusted Carrying Value	Rate Per Share Used to Obtain Fair Value	Fair Value	Actual Cost	Declared but Unpaid	Amount Received During Year	Nonadmitted Declared But Unpaid	Unrealized Valuation Increase/(Decrease)	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Value (13 - 14)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	NAIC Market Indicator (a)	Date Acquired
866167-54-7	Calvert VP EAFE Internl Idx F			1,356,000	104,302	.76,900	104,302	101,541		1,395		4,592		4,592		U	12/30/2010
866167-55-4	Calvert VP S&P MidCap 400 CI F			3,457,000	238,529	.69,000	238,529	203,028		897		34,623		34,623		U	12/30/2010
866167-68-7	CalvertVP Rusl 2000 SmCap Id F			15,229,000	962,597	.63,210	962,597	661,496		2,813		183,495		183,495		U	12/30/2010
866167-69-5	Calvert VP EAFE Internatl Idx			489,000	36,573	.74,780	36,573	28,716		419		1,909		1,909		U	12/30/2010
866167-79-4	CalvertVP Rusl 2000 SmCap Idx			381,000	23,975	.62,980	23,975	19,911		115		4,846		4,846		U	12/30/2010
866167-81-0	Calvert VP Nasdaq 100 Ind			3,757,000	114,439	.30,460	114,439	100,172		198		14,267		14,267		U	12/30/2010
921925-20-2	Vanguard VIF Tot Bnd Mkt InvCI			333,802,000	4,025,656	.12,060	4,025,656	3,916,100		90,198		72,809		72,809		L	12/30/2010
921925-30-1	Vanguard VIF Equity Index Port			2,628,000	61,795	.23,510	61,795	47,854		1,257		6,373		6,373		L	12/22/2010
921925-40-0	Vanguard VIF Balance Port Inv1			37,975,000	710,126	.18,700	710,126	670,582		15,018		54,066		54,066		L	12/30/2010
921925-70-7	Vanguard VIF Intern'l Port Inv			118,936,000	2,175,342	.18,290	2,175,342	1,849,190		18,829		240,947		240,947		L	12/30/2010
921925-80-6	Vanguard VIF High Yield Bond I			148,298,000	1,153,757	.7,780	1,153,757	1,048,398		42,348		59,453		59,453		L	12/31/2010
921925-81-4	Vanguard VIF Total Stk Mkt Idx			167,956,000	4,104,849	.24,440	4,104,849	3,508,288		103,058		385,170		385,170		L	12/30/2010
921925-82-2	Vanguard VIF Capital Grwth Prt			10,981,000	179,861	.16,380	179,861	162,074		6,077		17,787		17,787		L	03/29/2010
921925-84-8	Vanguard VIF REIT Index Inv CI			85,662,000	886,599	.10,350	886,599	700,459		12,709		133,989		133,989		L	12/30/2010
921925-85-5	Vanguard VIF MidCap Idx Inv CI			155,594,000	2,323,023	.14,930	2,323,023	1,675,626		14,262		414,394		414,394		L	12/30/2010
921925-88-9	Vanguard VIF Small Com Growth			3,072,000	54,319	.17,680	54,319	33,950		135		13,020		13,020		L	12/22/2010
922174-10-7	Fidelity Money Market			5,574,006,000	5,574,006	.1,000	5,574,006	5,574,006		6,407						L	12/31/2010
922174-20-6	Fidelity VIP High Income Initt			272,806,000	1,519,529	.5,570	1,519,529	1,497,592		112,764		60,791		60,791		L	12/31/2010
922174-30-5	Fidelity Equity Income			1,223,311,000	23,267,374	.19,020	23,267,374	23,019,117		383,535		2,534,445		2,534,445		L	12/31/2010
922174-40-4	Fidelity Growth			870,834,000	32,299,239	.37,090	32,299,239	28,981,636		172,541		5,976,950		5,976,950		L	12/31/2010
922174-46-1	Fidelity VIP Freedm 2030 Ser 2			23,966,000	243,975	.10,180	243,975	206,753		5,507		24,496		24,496		L	12/31/2010
922174-49-5	Fidelity Vip Freedm 2025 Ser 2			30,139,000	314,648	.10,440	314,648	249,160		7,625		32,918		32,918		L	12/31/2010
922174-50-3	Fidelity VIP Overseas Inital			170,396,000	2,857,543	.16,770	2,857,543	3,216,572		41,893		290,985		290,985		L	12/30/2010
922174-53-7	Fidelity VIP Freedm 2020 Ser 2			62,644,000	660,895	.10,550	660,895	537,960		17,157		64,053		64,053		L	12/30/2010
922174-56-0	Fidelity VIP Freedm 2015 Ser 2			9,825,000	104,636	.10,650	104,636	90,671		3,021		7,294		7,294		L	12/31/2010
922174-59-4	Fidelity VIP Freedm 2010 Ser 2			12,916,000	136,394	.10,560	136,394	124,263		4,772		9,640		9,640		L	12/30/2010
922174-66-9	Fidelity VIP Freedom Inc Ser 2			11,916,000	122,017	.10,240	122,017	123,370		4,962		(521)		(521)		L	12/31/2010
922174-83-4	Fidelity VIP Money Mkt Serv CI			19,383,658,000	19,383,658	.1,000	19,383,658	19,383,658		13,335						L	12/31/2010
922174-87-5	Fidelity VIP Overseas Ser 2			12,081,000	200,789	.16,620	200,789	178,792		2,490		22,280		22,280		L	12/30/2010
922175-10-4	Fidelity VIP Invest Grade Bd I			105,624,000	1,355,158	.12,830	1,355,158	1,317,124		62,361		25,167		25,167		L	12/31/2010
922175-20-3	Fidelity Asset Manager			363,232,000	5,281,399	.14,540	5,281,399	5,090,905		109,726		531,501		531,501		L	12/31/2010
922175-30-2	Fidelity Index 500			45,413,000	6,012,232	.132,390	6,012,232	5,507,027		189,547		572,902		572,902		L	12/31/2010
922175-40-1	Fidelity Asset Manager: Growth			42,036,000	610,358	.14,520	610,358	538,555		8,536		75,569		75,569		L	12/31/2010
922175-50-0	Fidelity Contrafund			2,166,788,000	51,742,894	.23,880	51,742,894	50,470,062		603,411		6,810,259		6,810,259		L	12/31/2010
922175-84-9	Fidelity VIP Contra Port SC2			184,000	4,314	.23,490	4,314	3,712		40		602		602		L	12/30/2010
922176-40-9	Fidelity VIP Mid Cap Initial			6,894,000	225,370	.32,690	225,370	174,398		1,347		50,972		50,972		L	12/17/2010
922176-80-5	Fidelity Mid-Cap Advisor			434,841,000	13,971,436	.32,130	13,971,436	10,791,062		50,270		2,753,677		2,753,677		L	12/31/2010
933702-10-2	Wanger Small Cap			30,805,000	1,043,060	.33,860	1,043,060	810,799				194,692		194,692		L	12/30/2010
939330-84-1	Am Funds WA Mut Inv R4			163,000	4,410	.27,120	4,410	3,872		69		539		539		L	12/17/2010
9299999	Mutual Funds				881,551,951	XXX	881,551,951	830,784,256		13,317,862		98,767,475		98,767,475		XXX	XXX
9799999	Total Common Stocks				881,551,951	XXX	881,551,951	830,784,256		13,317,862		98,767,475		98,767,475		XXX	XXX
9899999	Total Preferred and Common Stocks				881,551,951	XXX	881,551,951	830,784,256		13,317,862		98,767,475		98,767,475		XXX	XXX

(a) For all common stock bearing the NAIC market indicator "U" provide: the number of such issues52 , the total \$ value (included in Column 8) of all such issues \$245,352,766

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 3

Showing All Long-Term Bonds and Stocks ACQUIRED During Current Year

1	2	3	4	5	6	7	8	9
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Number of Shares of Stock	Actual Cost	Par Value	Paid for Accrued Interest and Dividends
3620A5-BZ-1	GNMA POOL #719256 4.500% 07/15/40		10/06/2010	Deutsche Bank Securities, Inc.		28,378,816	24,816,175	58,935
3620A9-ZD-6	Government National Mortgage A Pool No 725340 5.000% 12/15/39		01/22/2010	Various		37,288,832	35,863,779	90,814
3620AC-DB-7	GNM 2009-20 A 5.470% 08/20/59		12/01/2010	Interest Capitalization		32,646		
3620AF-4W-4	GNMA Pool #729037 5.000% 02/15/40		03/23/2010	Various		34,813,837	33,377,444	80,461
3620AM-K4-3	GNMA POOL #733915 4.500% 09/15/40		10/07/2010	Morgan Stanley & Co., Inc.		25,893,308	24,312,965	57,743
3620AR-HA-2	GNMA POOL #737425 4.000% 09/15/40		12/20/2010	JMP Securities		15,750,567	15,691,723	47,075
3620CO-W5-3	GNMA POOL #745068 4.500% 06/15/40		10/06/2010	JMP Securities		16,089,972	15,150,187	35,982
3620C4-SF-8	GNMA POOL #748518 4.000% 09/15/40		10/06/2010	JMP Securities		20,786,622	19,927,259	42,069
3620C4-SP-6	GNMA POOL #748526 4.000% 09/15/40		10/06/2010	Mizuho Securities		57,504,721	55,086,097	116,293
36230Q-H5-0	GNMA Pool 755652 4.000% 12/15/40		12/22/2010	JMP Securities		700,984	700,000	1,478
36296D-LC-0	Government National Mortgage A POOL 688023 6.000% 10/15/38		01/01/2010	Symetra BOLI U-Life		1,027,692	1,007,564	4,366
0399999. Bonds - U.S. Governments						236,267,997	225,965,839	535,216
31339L-IN-7	FHLMC REMIC SER 2395 VB (VADM) 6.000% 05/15/19		01/01/2010	Symetra BOLI U-Life		5,598,939	5,644,917	24,461
31337G-U4-9	FHLMC REMIC SER 2091 ZC (B-PAC-ACRL) 6.000% 11/15/28		01/01/2010	Symetra BOLI U-Life		1,840,761	1,819,419	8,422
31362W-3B-0	FNMA DUS POOL #73694 (30/15) 8.060% 10/01/26		01/01/2010	Symetra BOLI U-Life		1,984,471	1,963,341	11,429
31362W-TC-0	FNMA DUS POOL #73447 (30/30/20) 7.400% 05/01/26		01/01/2010	Symetra BOLI U-Life		2,414,011	2,319,406	13,349
313637-EV-8	FNMA DUS POOL #109148 (30/18/17.5) 7.000% 12/01/15		01/01/2010	Symetra BOLI U-Life		75,360	74,734	404
31377F-GU-4	FNMA DUS POOL #375611 (30/30/15) 7.000% 01/01/28		01/01/2010	Symetra BOLI U-Life		2,335,851	2,305,975	12,555
31377L-EF-6	FNMA DUS POOL #380034 (30/30/15) 6.840% 01/01/28		01/01/2010	Symetra BOLI U-Life		1,161,675	1,157,182	6,106
31377M-KS-9	FNMA DUS POOL #381105 (30/17.5/15) 7.160% 04/01/16		01/01/2010	Symetra BOLI U-Life		703,536	688,867	3,805
31377N-NC-1	FNMA DUS POOL #381187 (30/30/15) 6.430% 01/01/29		01/01/2010	Symetra BOLI U-Life		910,439	861,528	4,001
31377R-UP-3	FNMA DUS POOL #384990 (30/18/15) 6.570% 04/01/20		01/01/2010	Symetra BOLI U-Life		2,140,248	2,035,518	10,402
3137GA-TA-5	FREDDIE MAC 3742 EM 3.500% 10/15/25		12/01/2010	Royal Bank of Canada		5,636,109	5,850,000	2,844
31381G-MK-1	FNMA DUS PL #460362 (40/15.5/15.25) 6.631% 09/01/15		01/01/2010	Symetra BOLI U-Life		3,026,545	3,001,221	15,479
31392E-3V-0	FNMA REMIC SER 2002-71 PZ (PAC-Z) 5.500% 11/25/32		12/01/2010	Interest Capitalization		81,868	81,868	
31392E-3V-0	FNMA REMIC SER 2002-71 PZ (PAC-Z) 5.500% 11/25/32		01/01/2010	Symetra BOLI U-Life		2,250,232	2,374,704	9,433
31393C-5M-1	FNMA REMIC SER 2003-66 MZ (PAC Z) 5.000% 07/25/23		12/01/2010	Interest Capitalization		77,260		
31393C-5M-1	FNMA REMIC SER 2003-66 MZ (PAC Z) 5.000% 07/25/23		01/01/2010	Symetra BOLI U-Life		2,010,491	2,168,668	8,434
31393C-SZ-7	FNMA REMIC SER 2003-45 Z (PAC Z) 5.500% 06/25/33		12/01/2010	Interest Capitalization		80,953		
31393D-Y3-9	FNMA REMIC SER 2003-75 GZ (PAC Z) 5.000% 08/25/23		12/01/2010	Various		21,141	21,141	
31393E-6H-7	FNMA REMIC SER 2003-W14 1A8 (WH-SEQ) 5.858% 09/25/43		01/01/2010	Symetra BOLI U-Life		2,839,822	2,844,119	12,958
31393E-B2-4	FNMA REMIC 2003-93 MK (DUS 30/10/9.5) 7.500% 11/25/19		01/01/2010	Symetra BOLI U-Life		2,608,979	2,492,828	13,503
31393E-IU-5	FNMA REMIC SER 2003-84 PZ (PAC Z) 5.000% 09/25/33		12/01/2010	Interest Capitalization		168,413	168,413	
31393E-IU-5	FNMA REMIC SER 2003-84 PZ (PAC Z) 5.000% 09/25/33		01/01/2010	Symetra BOLI U-Life		2,124,847	2,394,959	8,722
31393M-J3-6	FHLMC REMIC SER 2585 KZ (PAC-Z) 5.500% 03/15/23		12/01/2010	Interest Capitalization		24,509	24,509	
31393Q-DY-5	FHLMC REMIC SER 2615 PD (BPAC) 5.500% 01/15/32		01/01/2010	Symetra BOLI U-Life		3,898,548	3,864,000	15,349
31393Q-Z4-7	FHLMC REMIC SER 2611 MZ (PAC-Z) 5.500% 05/15/33		12/01/2010	Interest Capitalization		103,215	103,215	
31393U-N2-5	FNMA REMIC SER 2004-7 Z (ACRL) 5.500% 02/25/34		12/01/2010	Interest Capitalization		558,020	558,020	
31393W-BR-9	FHLMC REMIC SER 2640 PZ (PAC Z) 5.000% 07/15/33		12/01/2010	Interest Capitalization		128,815	128,815	
31393W-BR-9	FHLMC REMIC SER 2640 PZ (PAC Z) 5.000% 07/15/33		01/01/2010	Symetra BOLI U-Life		3,276,471	3,615,992	14,062
31393W-SV-2	FHLMC REMIC SER 2645 NZ (PAC Z) 5.000% 07/15/33		12/01/2010	Interest Capitalization		105,702	105,702	
31393X-ZU-4	FNMA REMIC SER 2004-17 DZ (Z-PAC) 5.500% 04/25/34		12/01/2010	Interest Capitalization		181,735	181,735	
31394K-D3-5	FHLMC REMIC SER 2690 VZ (PAC Z) 5.000% 10/15/33		12/01/2010	Interest Capitalization		62,635	62,635	
31394M-KN-9	FHLMC REMIC SER 2714 LZ (PAC Z) 5.500% 12/15/33		12/01/2010	Interest Capitalization		279,069	279,069	
31394M-KN-9	FHLMC REMIC SER 2714 LZ (PAC Z) 5.500% 12/15/33		01/01/2010	Symetra BOLI U-Life		6,812,017	7,132,950	28,334
31394P-VH-3	FHLMC REMIC SER 2743 MZ (PAC Z) 5.000% 02/15/34		12/01/2010	Interest Capitalization		440,386	440,386	
31394W-Y9-3	FHLMC REMIC SER 2785 ZU (PAC Z - RESEC) 5.000% 03/15/34		12/01/2010	Various		179,882	179,882	
31395A-V4-4	FHLMC REMIC SER 2812 OG (PAC) 5.000% 06/15/34		01/01/2010	Symetra BOLI U-Life		3,695,851	4,040,000	14,589
31396V-F7-8	FANNIE MAE SERIES 200745 CLASS PG 6.000% 09/25/45		01/01/2010	Symetra BOLI U-Life		3,367,837	3,365,477	1,598
31396W-E9-3	FANNIE MAE SERIES 2007-65 CLASS PC 6.000% 07/25/35		01/01/2010	Symetra BOLI U-Life		2,471,545	2,485,000	11,597
31396W-GJ-9	FANNIE MAE SERIES 200755 CLASS PE 6.000% 12/25/43		01/01/2010	Symetra BOLI U-Life		6,102,355	6,105,000	26,455
31396X-FW-9	FANNIE MAE SERIES 200777 CLASS PC 6.000% 09/25/35		01/01/2010	Symetra BOLI U-Life		1,501,870	1,500,000	6,557
31397P-YR-5	Freddie Mac FHR 3414 A 4.500% 07/15/22		09/09/2010	Morgan Stanley & Co., Inc.		2,189,980	2,289,706	3,558
31398E-5C-4	FREDDIE MAC SERIES 3541 CLASS MB 4.000% 06/15/24		10/28/2010	RBC Capital Markets Corp.		17,159,107	16,425,110	1,825
31411J-SJ-3	FNMA Pool 909901 6.000% 03/01/37		06/30/2010	Nomura Securities Int'l, Inc.		5,583,848	5,141,221	11,139
31414B-SQ-4	FNMA Pool 961427 6.000% 02/01/38		06/30/2010	JP MORGAN EQUITIES		7,798,468	7,184,424	15,566
31414J-KK-8	FANNIE MAE POOL 967498 5.500% 01/01/38		01/01/2010	Symetra BOLI U-Life		309,548	305,301	1,213
31417V-PR-8	Fannie Mae POOL AC8531 5.000% 12/01/39		01/04/2010	JP Morgan Securities, Inc.		4,536,160	4,583,360	113,472
31417V-Q3-0	Fannie Mae Pool AC8573 5.000% 01/01/40		01/28/2010	Barclays Capital, Inc.		8,192,852	7,895,173	10,966
31419J-N5-3	FNMA Pool AE7611 3.000% 11/01/25		08/26/2010	UBS PaineWebber, Inc.		10,004,325	9,945,275	12,432
31419K-VN-2	FNMA Pool AE8728 3.000% 11/01/25		08/31/2010	Various		17,651,417	17,525,453	21,907
38373M-AR-1	GNMA REMIC SER 2001-34 Z (PROJ Z-ADJ) 7.028% 03/16/41		11/01/2010	Interest Capitalization		239,726	239,726	
38373S-LY-1	GNMA REMIC SER 2003-12 OZ (PAC - Z) 5.250% 02/20/33		12/01/2010	Interest Capitalization		123,089	123,089	

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 3

Showing All Long-Term Bonds and Stocks ACQUIRED During Current Year

1	2	3	4	5	6	7	8	9
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Number of Shares of Stock	Actual Cost	Par Value	Paid for Accrued Interest and Dividends
38373V-T7-5	GNMA REMIC 2002-83 Class C 5.250% 09/16/27		03/19/2010	First Tennessee Bank		968,203	900,000	3,019
38373Y-D9-2	GNMA REMIC SER 2003-4 MZ (PAC Z) 5.500% 01/20/33		12/01/2010	Interest Capitalization		121,280	121,280	
38374L-5H-0	GOVERNMENT NATIONAL MTG ASSOC Series 2005-60 Class WZ 5.500% 09/20/35		12/01/2010	Interest Capitalization		35,612	35,612	
38374Y-CZ-4	GNMA GNR 2010-93 GP 4.500% 02/20/39		09/28/2010	Various		35,184,324	32,849,565	36,125
38374Y-GV-9	GNMA GNR 2010-86 PJ 3.500% 01/20/36		07/15/2010	Citigroup Global Markets		3,204,368	3,078,348	8,679
38374Y-QR-7	GNMA GNR 2010-85 MC 4.500% 12/20/37		07/07/2010	Various		28,487,057	27,042,000	98,027
38374Y-YL-1	GNMA GNR 2010-93 GP 4.500% 03/20/39		09/08/2010	Barclays Capital, Inc.		8,684,719	8,100,000	12,150
38376C-UO-0	GNMA 2009-79 Class PD 4.500% 02/20/38		07/08/2010	Deutsche Bank Securities, Inc.		8,190,000	7,800,000	11,700
38376E-TR-6	GNMA GNR 2009-110 CY 4.000% 11/16/24		02/25/2010	Various		7,443,532	7,733,540	859
38376K-QT-1	GNMA GNR 2009-87 PD 4.500% 03/20/38		04/26/2010	Sandler O'Neil		12,748,000	12,800,000	44,800
38376P-TU-4	GNMA GNR 2009-125 MP 4.000% 12/16/24		02/16/2010	Morgan Stanley & Co., Inc.		2,741,447	2,858,000	5,716
38376T-DS-8	Gov National Mort Assoc GNR 2010-2 PC 5.000% 01/20/38		04/08/2010	Nomura Securities Int'l, Inc.		4,938,000	4,800,000	8,000
38376V-N6-0	GNMA GNR 2010-23 EP 4.500% 02/20/38		05/10/2010	Raymond James Equities		2,498,214	2,479,905	3,720
38376W-4G-7	GNMA GNR 2010-33 PD 4.500% 06/20/39		05/07/2010	Morgan Stanley & Co., Inc.		2,692,447	2,685,000	3,692
38376X-QG-1	GNMA GNR 2010-29 PD 4.500% 10/20/38		04/23/2010	Keybank MCD		13,244,119	13,340,000	45,023
38376X-VR-1	GNMA GNR 2010-30 NY 5.000% 12/16/26		04/06/2010	Nomura Securities Int'l, Inc.		2,932,643	2,856,000	3,173
38376Y-VT-5	GNMA GNR 2010-43 VN 5.000% 08/20/29		05/12/2010	Various		20,165,250	19,205,000	42,678
38377D-XB-7	GNMA GNR 2010-104 NB 4.500% 05/20/39		09/02/2010	Various		14,258,093	13,287,000	11,626
38377E-K3-7	GNMA GNR 2010-60 QG 4.500% 03/20/39		05/19/2010	Mizuho Securities		3,672,000	3,600,000	12,150
38377E-QL-1	GNMA GNR 2010-67 JD 4.500% 05/20/39		05/25/2010	Morgan Stanley & Co., Inc.		7,153,613	6,950,000	23,456
38377F-CE-9	GNMA 2010-61 CD 4.500% 07/20/37		07/23/2010	Various		14,121,754	13,230,000	34,951
38377J-PR-8	GNMA SERIES 2010-98 CLASS VB 4.500% 02/20/29		10/20/2010	Various		4,491,900	4,140,000	12,420
38377K-AD-2	GNMA SERIES 2010-114 CLASS NB 4.500% 06/20/39		11/15/2010	Various		22,728,619	21,360,000	36,390
38377L-CF-3	GNMA SERIES 2010-116 CLASS PV 4.000% 12/20/39		11/19/2010	Stone & Youngberg		7,020,950	6,942,843	17,743
38377L-WD-6	GNMA SERIES 2010-127 CLASS PD 4.000% 02/20/39		10/04/2010	Nomura Securities Int'l, Inc.		6,253,232	5,990,000	18,636
38377M-RA-6	GNMA SERIES 2010-144 CLASS BC 4.000% 09/16/39		12/02/2010	Various		8,392,525	8,440,000	5,627
3199999. Bonds - U.S. Special Revenues						386,543,834	375,781,339	977,286
002824-AI-0	Abbott Laboratories BASIC 4.125% 05/27/20		05/24/2010	Various		10,195,002	10,200,000	
031162-BD-1	AMGEN, INC. 3.450% 10/01/20		09/15/2010	Various		26,971,630	27,000,000	4,313
06406H-BM-0	BANK OF NEW YORK 5.450% 05/15/19		11/08/2010	First Tennessee Bank		4,891,406	4,190,000	112,275
06406H-BS-7	BANK OF NEW YORK MTN 2.500% 01/15/16		12/02/2010	Morgan Stanley & Co., Inc.		6,498,050	6,500,000	
071813-AY-5	BAXTER INT'L INC 5.375% 06/01/18		07/28/2010	Dain Bosworth		11,414,500	10,000,000	91,076
075887-AU-3	BECTION DICKINSON 5.000% 05/15/19		10/12/2010	RBC Dain Rauscher, Inc.		11,915,523	10,250,000	213,542
097023-AZ-8	Boeing Co 4.875% 02/15/20		03/23/2010	RBC Dain Rauscher, Inc.		1,636,544	1,585,000	8,800
12514A-AD-3	CITIGROUP/DEUTSCHE BANK COMMER SERIES 2007-CDS CLASS AAB 5.745% 11/15/44		12/07/2010	Citigroup Global Markets		10,742,813	10,000,000	32,236
126650-BR-0	CVS CORP 6.125% 09/15/39		12/10/2010	RBC Dain Rauscher, Inc.		1,058,900	1,000,000	15,313
12669E-ME-3	COUNTRYWIDE HOME LOANS SER 2003-18 A10 (ACRL-SUB) 5.500% 07/25/33		12/01/2010	Interest Capitalization		32,403	32,403	
161571-BT-0	Chase Issuance Trust Series 2007-A3 5.230% 04/15/19		03/22/2010	Stone & Youngberg		2,175,700	1,965,000	2,855
17305E-DE-2	Citibank Credit Card Issuance 2006-A3 A3 5.300% 03/15/18		03/11/2010	Banc of America Securities		329,133	300,000	44
17313K-AF-8	CITIGROUP COMMERCIAL MORTGAGE SERIES 2008C7 CLASS A4 6.179% 12/10/49		12/17/2010	Citigroup Global Markets		3,232,148	3,000,000	10,812
20047E-AE-2	Commercial Mortgage Pass-Thru 2006-C8 A4 5.306% 12/10/46		12/30/2010	Citigroup Global Markets		6,178,155	5,945,000	2,629
219350-AS-4	CORNING INC 6.625% 05/15/19		08/04/2010	Various		7,049,700	6,000,000	92,750
219350-AU-9	CORNING INC 4.250% 08/15/20		12/06/2010	Various		6,198,120	6,000,000	59,146
278058-DD-1	EATON CORP 5.600% 05/15/18		01/21/2010	Various		5,413,900	5,000,000	55,222
278058-DH-2	EATON CORP 6.950% 03/20/19		01/13/2010	Various		11,688,950	10,000,000	225,875
32051D-XY-3	FIRST HORIZON ASSET SECURITIES SER 2003-5 1A5 (ACRL) 5.250% 07/25/33		08/01/2010	Interest Capitalization		406	406	
370334-BB-9	GENERAL MILLS INC 5.700% 02/15/17		04/15/2010	RBC Dain Rauscher, Inc.		2,748,975	2,500,000	25,729
370334-BH-6	GENERAL MILLS INC 5.650% 02/15/19		04/23/2010	Credit Suisse First Boston		5,439,650	5,000,000	57,285
382388-AS-5	GOODRICH CORP 6.290% 07/01/16		02/26/2010	Various		8,817,280	7,850,000	84,303
413875-AL-9	HARRIS CORPORATION 6.375% 06/15/19		11/08/2010	Goldman Sachs & Co.		3,904,358	3,330,000	86,684
413875-AM-7	HARRIS CORPORATION 4.400% 12/15/20		11/30/2010	JP Morgan Securities, Inc.		9,942,900	10,000,000	
413875-AN-5	HARRIS CORPORATION 6.150% 12/15/40		11/30/2010	JP Morgan Securities, Inc.		7,459,500	7,500,000	
437076-AT-9	HOME DEPOT INC 3.950% 09/15/20		12/21/2010	Various		9,982,500	10,000,000	87,229
438516-AX-4	HONEYWELL INC BASIC 5.300% 03/01/18		10/08/2010	Banc of America Securities		2,948,900	2,500,000	15,826
44921A-AD-3	Hyundai Auto Receivables Trust HART 2009-A A4 3.150% 03/15/16		04/07/2010	Goldman Sachs & Co.		2,721,219	2,650,000	6,261
45167R-AE-4	IDEX CORP 4.500% 12/15/20		12/01/2010	Banc of America Securities		2,984,190	3,000,000	
487836-BD-9	KELLOGG COMPANY 4.000% 12/15/20		12/16/2010	Various		10,236,865	10,500,000	6,222
50180C-AD-2	LB-UBS COMMERCIAL MORTGAGE TRU SERIES 2006-C7 CLASS A3 5.347% 11/15/38		11/29/2010	Various		10,226,914	9,500,000	23,393
539830-AT-6	LOCKHEED MARTIN CORP 4.250% 11/15/19		11/10/2010	First Tennessee Bank		5,376,450	5,000,000	590
548661-CQ-8	LOWE'S COS INC 4.625% 04/15/20		05/18/2010	Various		15,562,100	15,000,000	68,090
548661-CT-2	LOWE'S COS INC 3.750% 04/15/21		11/17/2010	Wells Fargo Securities LLC		4,998,000	5,000,000	
58013M-EE-0	MCDONALD'S CORP MTN 5.350% 03/01/18		10/12/2010	RBC Dain Rauscher, Inc.		5,923,400	5,000,000	32,694
62875U-AA-3	NBC UNIVERSAL Series 144A 5.150% 04/30/20		04/27/2010	JP Morgan Securities, Inc.		23,962,800	24,000,000	

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SCHEDULE D - PART 3

Showing All Long-Term Bonds and Stocks ACQUIRED During Current Year

1	2	3	4	5	6	7	8	9	
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Number of Shares of Stock	Actual Cost	Par Value	Paid for Accrued Interest and Dividends	
62875U-AF-2	NBC UNIVERSAL Series 144A 3.650% 04/30/15		04/27/2010	Goldman Sachs & Co.		1,496,670	1,500,000		
713448-BR-8	PEPSICO INC 3.125% 11/01/20		10/19/2010	JP Morgan Securities, Inc.		9,916,700	10,000,000		
748356-AA-0	QUESTAR CORP 2.750% 02/01/16		12/07/2010	Barclays Capital, Inc.		998,310	1,000,000		
755111-AU-5	RAYTHEON COMPANY DEBS 6.400% 12/15/18		10/14/2010	First Tennessee Securities		11,572,825	9,300,000	205,013	
755111-BR-1	RAYTHEON COMPANY 4.400% 02/15/20		11/18/2010	First Tennessee Bank		11,210,560	10,600,000	126,964	
755111-BT-7	RAYTHEON COMPANY 3.125% 10/15/20		11/22/2010	CS FIRST BOSTON		4,784,450	5,000,000	15,625	
790849-AH-6	ST JUDE MEDICAL INC. 2.500% 01/15/16		12/01/2010	Bank of America Securities		7,493,025	7,500,000		
828807-BZ-9	SIMON PROPERTY GROUP INC 6.125% 05/30/18		08/09/2010	Bank of America Securities		6,933,784	6,050,000	74,113	
87612E-AV-8	TARGET CORP 3.875% 07/15/20		07/13/2010	JP MORGAN EQUITIES		9,971,300	10,000,000		
88732J-AW-8	Time Warner Cable 5.000% 02/01/20		08/03/2010	Various		11,747,055	11,500,000	44,792	
913017-BP-3	UNITED TECHNOLOGIES 6.125% 07/15/38		10/07/2010	CS FIRST BOSTON		6,663,855	5,500,000	82,347	
92922F-RE-0	WASHINGTON MUTUAL SER 2004-CB1 3A3 (ACRL) 5.500% 06/25/34		12/01/2010	Interest Capitalization		134,051	134,051		
929770-AD-0	WACHOVIA BANK COMMERCIAL MORTG 2006-C27 A3 5.765% 07/15/45		12/07/2010	Jefferies & Co., Inc.		3,829,402	3,555,000	5,124	
931142-CB-7	WAL-MART STORES INC 5.250% 09/01/35		12/09/2010	CS FIRST BOSTON		2,980,440	3,000,000	45,063	
931142-CJ-0	WAL-MART STORES INC 5.800% 02/15/18		10/13/2010	First Tennessee Bank		8,480,850	7,000,000	71,050	
931142-CZ-4	WAL-MART STORES INC 3.250% 10/25/20		10/27/2010	JMP Securities		4,907,400	5,000,000	2,708	
73755L-AF-4	POTASH CORP-SASKATCHEWAN 6.500% 05/15/19	A.	11/23/2010	Dain Bosworth		702,731	590,000	1,491	
893526-BY-2	TRANS CANADA PIPELINES LTD 7.125% 01/15/19	A.	01/12/2010	First Tennessee Securities		8,321,300	7,000,000	70,458	
22546Q-AF-4	CREDIT SUISSE NEW YORK BASIC 4.375% 08/05/20	F.	08/02/2010	Various		15,979,520	16,000,000		
2254CQ-TC-1	CREDIT SUISSE NEW YORK MTN 5.000% 05/15/13	F.	10/08/2010	CS FIRST BOSTON		13,806,324	12,600,000	260,750	
268317-AB-0	Electricite de France Series 144A 6.500% 01/26/19	F.	08/25/2010	Various		3,971,495	3,240,000	19,890	
268317-AD-6	Electricite de France Series 144A 4.600% 01/27/20	F.	02/02/2010	Various		9,334,244	9,400,000	8,893	
45687A-AE-2	INGERSOLL-RAND GL HLD CO 9.500% 04/15/14	F.	10/07/2010	CS FIRST BOSTON		8,930,337	7,183,000	337,401	
50047Z-AB-1	PHILIPS ELECTRONICS NV 5.750% 03/11/18	F.	01/06/2010	RBC Dain Rauscher, Inc.		3,224,430	3,000,000	57,500	
8399999. Bonds - Industrial and Miscellaneous (Unaffiliated)							428,249,592	402,949,860	2,850,376
8399997. Total - Bonds - Part 3							1,051,061,423	1,004,697,038	4,362,878
8399998. Total - Bonds - Part 5							211,722,421	207,679,017	360,666
8399999. Total - Bonds							1,262,783,844	1,212,376,055	4,723,544
8999997. Total - Preferred Stocks - Part 3								XXX	
8999998. Total - Preferred Stocks - Part 5								XXX	
8999999. Total - Preferred Stocks								XXX	
008892-10-1	Invesco VI Capital Apprec I		12/31/2010	Invesco Variable Insurance Funds, Inc.	30,720.000	636,843			
008892-41-6	INVESCO VI Gbl Hlth Car Ser I		12/31/2010	Invesco Variable Insurance Funds, Inc.	3,331.000	52,288			
008892-50-7	INVESCO VI Internatlonl Grth I		12/31/2010	Invesco Variable Insurance Funds, Inc.	29,317.000	761,968			
008892-52-3	INVESCO VI Glob Real Est Ser I		12/31/2010	Invesco Variable Insurance Funds, Inc.	184,534.000	2,324,700			
008892-53-1	INVESCO VI Sm Cap Eq Fd Ser II		12/31/2010	Invesco Variable Insurance Funds, Inc.	2,858.000	39,115			
008892-61-4	INVESCO VI Basic Value Fund I		09/24/2010	Invesco Variable Insurance Funds, Inc.	22,068.000	130,196			
008892-65-5	INVESCO VI Internatl Growth II		12/31/2010	Invesco Variable Insurance Funds, Inc.	191,492.000	4,904,018			
008892-74-7	INVESCO VI Cap Developmt Ser II		12/31/2010	Invesco Variable Insurance Funds, Inc.	15,721.000	176,651			
008892-75-4	INVESCO VI Capital Apprecon II		12/31/2010	Invesco Variable Insurance Funds, Inc.	26,580.000	535,278			
008892-85-3	INVESCO VI Cap Developmt Ser I		12/31/2010	Invesco Variable Insurance Funds, Inc.	6,818.000	78,974			
023375-84-3	American Funds AMCAP R4		12/13/2010	American Funds	4.000	70			
024071-84-7	Am Funds American Balanced R4		12/31/2010	American Funds	7,979.000	136,347			
024936-10-6	American Century VP Value		12/31/2010	American Century Variable Portfolios, Inc.	276,018.000	1,484,262			
024936-20-5	Am Century VP International 1		12/31/2010	American Century Variable Portfolios, Inc.	287,253.000	2,192,226			
024936-40-3	American Century VP Balanced		12/31/2010	American Century Variable Portfolios, Inc.	427,409.000	2,523,656			
024936-75-9	Am Century VP Large Co Val II		12/31/2010	American Century Variable Portfolios, Inc.	35,242.000	301,935			
024936-84-1	Am Cent VP International II		12/06/2010	American Century Variable Portfolios, Inc.	38.000	267			
024936-85-8	American Century VP Ultra II		12/31/2010	American Century Variable Portfolios, Inc.	6,145.000	50,240			
024936-88-2	American Century VP Ultra I		12/31/2010	American Century Variable Portfolios, Inc.	11,458.000	94,375			
02507T-20-9	Am Cent VP Inflation Protect 1		12/31/2010	American Century Variable Portfolios, Inc.	291,848.000	3,203,151			
02507T-30-8	Am Cent VP Inflation Protect 2		12/13/2010	American Century Variable Portfolios, Inc.	11,286.000	122,141			
026547-84-4	Am Funds Am High Inc Trust R4		12/28/2010	American Funds	2.000	25			
09253L-52-0	BlackRock Lg Cap Value VI 3		12/31/2010	BlackRock Variable Series Fund, Inc.	151.000	1,434			
09253L-78-5	BlackRock Global Opp VI 3		12/30/2010	BlackRock Variable Series Fund, Inc.	5.000	63			
131647-20-8	Calvert VP SRI Balanced Port		12/31/2010	Calvert Mutual Funds, Inc.	3,374.000	5,372			
131647-30-7	Calvert VP Social MidCap Grwth		12/31/2010	Calvert Mutual Funds, Inc.	154.000	4,336			
131647-78-6	Calvert VP Social Equity Fd		12/31/2010	Calvert Mutual Funds, Inc.	293.000	5,106			
140541-84-8	American Funds Cap World Bond		12/23/2010	American Funds	34.000	663			
19765R-85-7	Columbia Mid Cap Value B		12/06/2010	Columbia Funds Variable Insurance Trust	71.000	794			
23338G-40-6	DWS Captial Growth VIP B		12/31/2010	DWS Variable Series I and II	43,111.000	735,479			
23338G-60-4	DWS Global Opps VIP B		12/31/2010	DWS Variable Series I and II	4,522.000	55,145			

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 3

Showing All Long-Term Bonds and Stocks ACQUIRED During Current Year

1	2	3	4	5	6	7	8	9
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Number of Shares of Stock	Actual Cost	Par Value	Paid for Accrued Interest and Dividends
233386-85-1	DWS International VIP B		04/29/2010	DWS Variable Series I and II	166.000	1,318		
233386-86-9	DWS International VIP A		12/31/2010	DWS Variable Series I and II	83,388.000	651,976		
233388-68-5	DWS Balanced VIP A		12/31/2010	DWS Variable Series I and II	79,659.000	1,665,207		
233388-74-3	DWS Dreman SM Mid Cap VIP B		12/13/2010	DWS Variable Series I and II	378.000	3,824		
233388-79-2	DWS Money Market VIP A		12/15/2010	DWS Variable Series I and II	37,864.000	37,864		
233388-80-0	DWS Global Thematic VIP B		12/20/2010	DWS Variable Series I and II	2,161.000	18,005		
23339F-40-7	DWS Sm Cap Index VIP A		12/30/2010	DWS Variable Series I and II	19,538.000	215,848		
261976-60-9	Dreyfus VIF Quality Bd Initial		12/31/2010	Dreyfus Variable Insurance Fund	158,684.000	1,811,384		
261976-80-7	Dreyfus VIF Appreciation Init		12/31/2010	Dreyfus Variable Insurance Fund	24,938.000	792,733		
262014-20-2	Dreyfus Stock Index Svc Shrs		12/31/2010	Dreyfus Variable Insurance Fund	189,164.000	5,071,554		
26201X-10-9	Dreyfus Socially Rsp Grow Init		12/31/2010	Dreyfus Variable Insurance Fund	35,838.000	951,918		
26202A-20-7	Dreyfus Midcap Stk Initial Shrs		12/31/2010	Dreyfus Variable Insurance Fund	195,729.000	2,208,920		
26202A-80-1	Dreyfus Tech Growth Initial		12/31/2010	Dreyfus Variable Insurance Fund	111,626.000	1,190,286		
298706-84-7	Am Funds Euro Pac Grwth R4		12/31/2010	American Funds	136.000	5,145		
313916-10-8	Federated Capital Income		12/31/2010	Federated Insurance Series	26,379.000	223,780		
313916-30-6	Federated High Income Bond		12/31/2010	Federated Insurance Series	227,928.000	1,491,653		
315802-20-7	Fidelity Growth Opportunities		12/31/2010	Fidelity Variable Insurance Products	70,243.000	1,073,092		
315802-50-4	Fidelity Balanced		12/29/2010	Fidelity Variable Insurance Products	718.000	10,247		
315802-70-2	Fidelity Growth & Income		12/31/2010	Fidelity Variable Insurance Products	104,665.000	1,196,292		
317613-30-5	Ibbotson Conserv ETF Ast All 1		12/30/2010	Financial Investors Variable Insurance Trust	34,279.000	377,070		
317613-40-4	Ibbotson Inc & Gr ETF Ast All 1		12/30/2010	Financial Investors Variable Insurance Trust	5,559.000	52,755		
317613-50-3	Ibbotson Balance ETF Ast All 1		12/17/2010	Financial Investors Variable Insurance Trust	121,525.000	1,106,951		
317613-60-2	Ibbotson Growth ETF Ast All 1		12/30/2010	Financial Investors Variable Insurance Trust	17,395.000	162,723		
317613-70-1	Ibbotson Aggress Grow ETF AA 1		12/30/2010	Financial Investors Variable Insurance Trust	33,274.000	277,214		
317613-80-0	Ibbotson Aggress Grow ETF AA 2		12/27/2010	Financial Investors Variable Insurance Trust	62,457.000	517,960		
317613-85-9	Ibbotson Conservative ETF AA 2		12/27/2010	Financial Investors Variable Insurance Trust	14,982.000	161,630		
317613-86-7	Ibbotson Growth ETF Ast All 2		12/28/2010	Financial Investors Variable Insurance Trust	246,586.000	2,160,647		
317613-87-5	Ibbotson Balance ETF Ast All 2		12/29/2010	Financial Investors Variable Insurance Trust	337,446.000	3,171,930		
317613-88-3	Ibbotson Inc & Growth ETF AA 2		12/30/2010	Financial Investors Variable Insurance Trust	77,889.000	788,810		
355150-22-8	FTVIP Founding Funds Alloc 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	12,536.000	90,920		
355150-23-6	FTVIP Founding Funds Alloc 1		12/14/2010	Franklin Templeton Variable Insurance Products Trust	219.000	1,664		
355150-26-9	FTVIP Flex Cap Growth CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	13,500.000	154,515		
355150-41-8	FTVIP Inc Sec CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	122,434.000	1,699,385		
355150-42-6	FTVIP US Govt CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	583,894.000	7,638,090		
355150-48-3	FTVIP Dev Mkts CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	173,325.000	1,719,214		
355150-49-1	FTVIP Growth Sec CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	99,580.000	1,006,925		
355150-52-5	FTVIP Sm Mid Cap Grow 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	63,427.000	1,165,716		
355150-55-8	FTVIP Mut Shrs Fd CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	103,443.000	1,541,247		
355150-56-6	FTVIP Global Bond CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	230,413.000	4,250,130		
355150-59-0	FTVIP Sm Cap Val Sec CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	203,452.000	2,798,191		
355150-67-3	FTVIP Small Cap Value CL 1		06/15/2010	Franklin Templeton Variable Insurance Products Trust	9.000	124		
355150-70-7	FTVIP Global Bond CL 1		12/13/2010	Franklin Templeton Variable Insurance Products Trust	11,931.000	213,151		
355150-76-4	FTVIP Growth Sec CL 1		11/30/2010	Franklin Templeton Variable Insurance Products Trust	209.000	2,099		
355150-77-2	FTVIP Develp Mkts Sec CL 1		12/22/2010	Franklin Templeton Variable Insurance Products Trust	22,632.000	217,492		
355150-88-9	FTVIP Income Sec CL 1		06/15/2010	Franklin Templeton Variable Insurance Products Trust	71.000	968		
449797-64-6	ING Global Resources Port Cl S		12/31/2010	Ing Investors Trust	19,756.000	354,680		
449797-78-6	ING JP Morgan Emerg Mkt Eqty 2		12/31/2010	Ing Investors Trust	20,040.000	395,816		
461308-84-3	Am Funds Inv Co of America R4		12/23/2010	American Funds	198.000	4,886		
480906-10-6	JP Morgan Ins Trst US Equity 1		12/31/2010	JP Morgan Series Trust	18,880.000	268,240		
480906-60-1	JP Morgan InsTrst MidCapVal 1		12/31/2010	JP Morgan Series Trust	327,750.000	1,979,610		
480906-77-5	JP Morgan Ins Trst Intl Eqty 1		12/31/2010	JP Morgan Series Trust	330,914.000	3,013,654		
641222-70-8	NeuberBerm AMT Regency Port I		10/15/2010	Neuberger Berman Advisers Management Trust	1,143.000	14,278		
641222-83-1	NeuberBerm AMT Regency Port S		12/28/2010	Neuberger Berman Advisers Management Trust	2,220.000	31,478		
641222-85-6	NeuberBerm AMT Mid Cap Grow S		12/31/2010	Neuberger Berman Advisers Management Trust	7,381.000	166,893		
641222-87-2	NeuberBerm AMT Guardian Port S		12/22/2010	Neuberger Berman Advisers Management Trust	1,637.000	27,066		
64122M-60-5	Neuberger Berman Genesis Adv		12/13/2010	Neuberger Berman Advisers Management Trust	164.000	3,805		
693394-40-5	PIMCO PVIT Totl Return Admin		12/31/2010	PIMCO Variable Insurance Trust	47,041.000	519,603		
693394-53-8	PIMCO PVIT Tot Return Advsr		12/31/2010	PIMCO Variable Insurance Trust	22,322.000	258,896		
693394-59-5	PIMCO PVIT Comm RRet Strat Adm		12/31/2010	PIMCO Variable Insurance Trust	387,119.000	3,163,805		
693394-63-7	PIMCO PVIT All Asset Fd Advis		12/31/2010	PIMCO Variable Insurance Trust	72,468.000	789,115		
693394-65-2	PIMCO PVIT All Asset Fd Admn		12/31/2010	PIMCO Variable Insurance Trust	18,779.000	199,415		
724027-18-0	Pioneer Bond VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	213,239.000	2,509,216		
724027-20-6	Pioneer Mid Cap Value VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	65,852.000	984,006		
724027-23-0	Pioneer Growth Opp VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	151,576.000	3,044,423		

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 3

Showing All Long-Term Bonds and Stocks ACQUIRED During Current Year

1 CUSIP Identification	2 Description	3 Foreign	4 Date Acquired	5 Name of Vendor	6 Number of Shares of Stock	7 Actual Cost	8 Par Value	9 Paid for Accrued Interest and Dividends
724027-30-5	Pioneer Real Estate VCT CL 1		12/23/2010	Pioneer Variable Contracts Trust	107,000	1,555		
724027-61-0	Pioneer High Yield VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	68,000	667		
724027-62-8	Pioneer High Yield VCT CL 2		12/31/2010	Pioneer Variable Contracts Trust	134,282,000	1,322,777		
724027-64-4	Pioneer Strategic Inc VCT CL 2		12/31/2010	Pioneer Variable Contracts Trust	344,361,000	3,579,217		
724027-70-1	Pioneer Money Market VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	1,472,039,000	1,472,039		
724027-75-0	Pioneer Emerg Mkts VCT CL 2		12/31/2010	Pioneer Variable Contracts Trust	105,780,000	2,866,976		
724027-81-8	Pioneer Real Est VCT Prt CL 2		12/31/2010	Pioneer Variable Contracts Trust	70,575,000	1,046,250		
724027-82-6	Pioneer Eqty Income VCT CL 2		12/31/2010	Pioneer Variable Contracts Trust	152,094,000	2,677,966		
724027-86-7	Pioneer Emerg Mkts VCT CL 1		11/04/2010	Pioneer Variable Contracts Trust	4,373,000	116,104		
724027-87-5	Pioneer Fund VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	250,469,000	5,016,009		
866167-20-8	CalvertVP S&P MidCap 400 Index		12/30/2010	Calvert Mutual Funds, Inc.	4,000	220		
866167-40-6	Calvert VP Balanced Index		12/30/2010	Calvert Mutual Funds, Inc.	2,055,000	98,961		
866167-50-5	Calvert VP Bar Cap Agg Bd Indx		12/31/2010	Calvert Mutual Funds, Inc.	24,864,000	1,318,555		
866167-54-7	Calvert VP EAFE Internl Idx F		12/30/2010	Calvert Mutual Funds, Inc.	527,000	38,976		
866167-55-4	Calvert VP S&P MidCap 400 Cl F		12/30/2010	Calvert Mutual Funds, Inc.	3,187,000	189,030		
866167-68-7	CalvertVP Rusl 2000 SmCap Id F		12/30/2010	Calvert Mutual Funds, Inc.	3,629,000	194,723		
866167-69-5	Calvert VP EAFE Internatl Indx		12/30/2010	Calvert Mutual Funds, Inc.	18,000	1,289		
866167-79-4	CalvertVP Rusl 2000 SmCap Idx		12/30/2010	Calvert Mutual Funds, Inc.	2,000	128		
866167-81-0	Calvert VP Nasdaq 100 Ind		12/30/2010	Calvert Mutual Funds, Inc.	3,757,000	100,172		
921925-20-2	Vanguard VIF Tot Bnd Mkt InvCl		12/30/2010	Vanguard Variable Insurance Fund Portfolios	213,367,000	2,535,319		
921925-30-1	Vanguard VIF Equity Index Port		12/22/2010	Vanguard Variable Insurance Fund Portfolios	839,000	17,656		
921925-40-0	Vanguard VIF Balance Port Inv1		12/30/2010	Vanguard Variable Insurance Fund Portfolios	9,944,000	169,727		
921925-70-7	Vanguard VIF Intern'l Port Inv		12/30/2010	Vanguard Variable Insurance Fund Portfolios	94,886,000	1,548,147		
921925-80-6	Vanguard VIF High Yield Bond I		12/31/2010	Vanguard Variable Insurance Fund Portfolios	102,099,000	749,663		
921925-81-4	Vanguard VIF Total Stk Mkt Idx		12/30/2010	Vanguard Variable Insurance Fund Portfolios	90,957,000	2,046,478		
921925-82-2	Vanguard VIF Capital Grwth Prt		03/29/2010	Vanguard Variable Insurance Fund Portfolios	10,981,000	162,074		
921925-84-8	Vanguard VIF REIT Index Inv Cl		12/30/2010	Vanguard Variable Insurance Fund Portfolios	50,616,000	461,730		
921925-85-5	Vanguard VIF MidCap Idx Inv Cl		12/30/2010	Vanguard Variable Insurance Fund Portfolios	55,111,000	700,824		
921925-88-9	Vanguard VIF Small Com Growth		12/22/2010	Vanguard Variable Insurance Fund Portfolios	1,121,000	15,038		
922174-10-7	Fidelity Money Market		12/31/2010	Fidelity Variable Insurance Products	5,429,354,000	5,429,354		
922174-20-6	Fidelity VIP High Income Inittl		12/31/2010	Fidelity Variable Insurance Products	100,555,000	547,532		
922174-30-5	Fidelity Equity Income		12/31/2010	Fidelity Variable Insurance Products	268,206,000	4,677,614		
922174-40-4	Fidelity Growth		12/31/2010	Fidelity Variable Insurance Products	94,041,000	2,987,433		
922174-46-1	Fidelity VIP Freedm 2030 Ser 2		12/31/2010	Fidelity Variable Insurance Products	10,962,000	102,445		
922174-49-5	Fidelity Vip Freedm 2025 Ser 2		12/31/2010	Fidelity Variable Insurance Products	4,785,000	46,698		
922174-50-3	Fidelity VIP Overseas Inital		12/30/2010	Fidelity Variable Insurance Products	15,007,000	227,950		
922174-53-7	Fidelity VIP Freedm 2020 Ser 2		12/30/2010	Fidelity Variable Insurance Products	7,497,000	74,050		
922174-56-0	Fidelity VIP Freedm 2015 Ser 2		12/31/2010	Fidelity Variable Insurance Products	4,145,000	42,022		
922174-59-4	Fidelity VIP Freedm 2010 Ser 2		12/30/2010	Fidelity Variable Insurance Products	2,972,000	29,897		
922174-66-9	Fidelity VIP Freedom Inc Ser 2		12/31/2010	Fidelity Variable Insurance Products	8,348,000	86,970		
922174-83-4	Fidelity VIP Money Mkt Serv Cl		12/31/2010	Fidelity Variable Insurance Products	14,868,984,000	14,868,984		
922174-87-5	Fidelity VIP Overseas Ser 2		12/30/2010	Fidelity Variable Insurance Products	9,836,000	145,013		
922175-10-4	Fidelity VIP Invest Grade Bd I		12/31/2010	Fidelity Variable Insurance Products	19,015,000	249,111		
922175-20-3	Fidelity Asset Manager		12/31/2010	Fidelity Variable Insurance Products	40,166,000	550,039		
922175-30-2	Fidelity Index 500		12/31/2010	Fidelity Variable Insurance Products	10,112,000	1,216,641		
922175-40-1	Fidelity Asset Manager: Growth		12/31/2010	Fidelity Variable Insurance Products	4,040,000	53,757		
922175-50-0	Fidelity Contrafund		12/31/2010	Fidelity Variable Insurance Products	319,434,000	6,840,202		
922175-84-9	Fidelity VIP Contra Port SC2		12/30/2010	Fidelity Variable Insurance Products	184,000	3,712		
922176-40-9	Fidelity VIP Mid Cap Initial		12/17/2010	Fidelity Variable Insurance Products	6,894,000	174,398		
922176-80-5	Fidelity Mid-Cap Advisor		12/31/2010	Fidelity Variable Insurance Products	103,294,000	2,895,921		
933702-10-2	Wanger Small Cap		12/30/2010	Wanger Advisors Trust	1,738,000	50,486		
939330-84-1	Am Funds WA Mut Inv R4		12/17/2010	American Funds	163,000	3,873		
9299999. Common Stocks - Mutual Funds							157,936,901	XXX
9799997. Total - Common Stocks - Part 3							157,936,901	XXX
9799998. Total - Common Stocks - Part 5							13,216,931	XXX
9799999. Total - Common Stocks							171,153,832	XXX
9899999. Total - Preferred and Common Stocks							171,153,832	XXX
9999999 - Totals							1,433,937,676	XXX
								4,723,544

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ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
17309*-9Z-7	FHA PROJ SECT 236 #92 (CITICORP) 7.680%		12/01/17			1,537,192	1,537,192	1,491,801	1,513,637		23,555		23,555		1,537,192				85,911	12/01/2017
31339Y-RX-2	FHLB UNSEC'D BONDS 3.750% 07/22/10		07/22/2010			75,000	75,000	71,063	74,636		364		364		75,000				2,813	07/22/2010
3133MB-XH-5	FHLB UNSEC'D BONDS SER AM15 7.470%		08/11/15		100,000	210,000	210,000	256,988	214,510		(4,510)		(4,510)		210,000				15,731	08/11/2015
3136F3-B4-7	FNMA UNSEC'D NTS 3.270% 06/30/10		06/30/2010			7,600,000	7,600,000	7,235,480	7,567,427		32,573		32,573		7,600,000				124,260	06/30/2010
36202C-QX-4	GNMA II POOL #2270 8.000% 08/20/26		12/01/2010			5,743	5,743	5,802	5,788		(45)		(45)		5,743				233	08/20/2026
36202D-E3-1	GNMA II POOL #2854 8.000% 12/20/29		12/01/2010			896	896	903	902		(6)		(6)		896				28	12/20/2029
36202D-F2-2	GNMA II POOL #2885 8.500% 02/20/30		12/01/2010			1,014	1,014	1,023	1,023		(8)		(8)		1,014				16	02/20/2030
36202D-FH-9	GNMA II POOL #2868 8.000% 01/20/30		12/01/2010			34,700	34,700	34,971	34,921		(221)		(221)		34,700				1,191	01/20/2030
36202D-G9-6	GNMA II POOL #2924 8.500% 05/20/30		12/01/2010			19,792	19,792	19,961	19,951		(158)		(158)		19,792				1,153	05/20/2030
36202D-GT-2	GNMA II POOL #2910 8.500% 04/20/30		12/01/2010			402	402	406	405		(2)		(2)		402				7	04/20/2030
36202D-HX-2	GNMA II POOL #2946 8.000% 07/20/30		12/01/2010			3,689	3,689	3,706	3,704		(15)		(15)		3,689				154	07/20/2030
36202D-QN-4	GNMA II SF POOL #3161 6.500% 11/20/31		12/01/2010			47,622	47,622	47,972	47,947		(325)		(325)		47,622				1,494	11/20/2031
36202D-WE-7	GNMA II POOL #3345 5.000% 02/20/33		12/01/2010			488,515	488,515	487,141	487,144		1,370		1,370		488,515				13,211	02/20/2033
36202F-BK-1	Government National Mortgage A POOL 4542 5.500% 09/20/39		12/01/2010			2,067,674	2,067,674	2,174,450	2,173,929		(106,254)		(106,254)		2,067,674				70,704	09/20/2039
36205G-AD-3	GNMA POOL #389804 5.000% 01/15/33		12/01/2010			573,875	573,875	571,544	571,663		2,213		2,213		573,875				16,378	01/15/2033
3620A2-T5-5	GNMA 5.000% 05/15/39		12/01/2010			1,419,161	1,419,161	1,440,227	1,440,029		(20,867)		(20,867)		1,419,161				40,162	05/15/2039
3620A9-P2-1	Government National Mortgage A POOL 723241 5.000% 10/15/39		12/01/2010			3,255,281	3,255,281	3,413,467	3,413,291		(158,010)		(158,010)		3,255,281				115,868	10/15/2039
3620A9-P2-8	Government National Mortgage A POOL 723240 5.000% 10/15/39		12/01/2010			2,013,817	2,013,817	2,089,021	2,088,757		(74,940)		(74,940)		2,013,817				71,807	10/15/2039
3620A9-TN-1	Government National Mortgage A 5.500% 09/15/39		12/01/2010			5,005,858	5,005,858	5,283,526	5,281,602		(275,744)		(275,744)		5,005,858				168,930	09/15/2039
3620AA-TX-6	Government National Mortgage A POOL 724266 5.500% 09/15/39		06/23/2010	Citibank Mortgages		4,553,944	4,214,786	4,428,561	4,427,308		(447)		(447)		4,426,861		127,083	127,083	133,293	09/15/2039
3620AA-TX-6	Government National Mortgage A POOL 724266 5.500% 09/15/39		12/01/2010			5,221,685	5,221,685	5,474,268	5,472,785		(251,100)		(251,100)		5,221,685				154,410	09/15/2039
3620AC-6M-1	GNM 2009-20 A POOL 726376 5.000% 10/15/39		12/01/2010			4,104,717	4,104,717	4,291,353	4,291,145		(186,428)		(186,428)		4,104,717				146,270	10/15/2039
3620AD-CD-2	Government National Mortgage A POOL 726468 5.000% 11/15/39		12/01/2010			2,708,758	2,708,758	2,839,117	2,838,666		(129,908)		(129,908)		2,708,758				98,185	11/15/2039
36211W-K4-9	GNMA POOL #525115 8.250% 04/15/30		12/01/2010			828	828	826	826		2		2		828				38	04/15/2030
36223D-5L-6	GNMA II POOL #305151 8.250% 02/20/21		12/01/2010			2,339	2,339	2,344	2,339						2,339				106	02/20/2021
36223D-5O-5	GNMA II POOL #305155 8.250% 03/20/21		12/01/2010			2,077	2,077	2,082	2,079		(2)		(2)		2,077				94	03/20/2021
36223D-6C-5	GNMA II POOL #305167 8.250% 05/20/21		12/01/2010			2,639	2,639	2,645	2,639						2,639				121	05/20/2021
36223S-R2-1	GNMA II POOL #316505 8.250% 10/20/21		12/01/2010			3,155	3,155	3,163	3,155						3,155				142	10/20/2021
36225A-UJ-7	GNMA POOL #780585 8.250% 06/15/27		12/01/2010			37,423	37,423	37,979	37,924		(501)		(501)		37,423				676	06/15/2027
36295P-YT-3	Government National Mortgage A POOL 676722 5.500% 02/15/38		12/01/2010			4,964,687	4,964,687	5,205,940	5,201,263		(236,575)		(236,575)		4,964,687				143,462	02/15/2038
36296D-LC-0	Government National Mortgage A POOL 688023 6.000% 10/15/38		12/01/2010			2,147,071	2,147,071	2,207,158	2,206,072		(59,001)		(59,001)		2,147,071				61,658	10/15/2038
36296G-6A-1	Government National Mortgage A POOL 691271 6.000% 07/15/38		12/01/2010			987,535	987,535	991,393	991,327		(3,792)		(3,792)		987,535				32,519	07/15/2038
36296Q-3N-7	Government National Mortgage A POOL 698405 5.000% 07/15/39		12/01/2010			1,732,874	1,732,874	1,774,842	1,774,578		(41,704)		(41,704)		1,732,874				57,793	07/15/2039
36296Q-H9-3	Government National Mortgage A POOL 697856 5.500% 02/15/39		12/01/2010			4,184,936	4,184,936	4,388,297	4,385,118		(200,183)		(200,183)		4,184,936				114,551	02/15/2039
36296R-UT-2	Government National Mortgage A POOL 699094 6.500% 09/15/38		12/01/2010			1,069,662	1,069,662	1,104,092	1,103,621		(33,959)		(33,959)		1,069,662				20,079	09/15/2038
36296X-HC-1	Government National Mortgage A POOL 704127 5.500% 01/15/39		12/01/2010			991,012	991,012	1,022,601	1,021,955		(30,943)		(30,943)		991,012				24,975	01/15/2039
36297A-KW-2	Government National Mortgage A POOL 706009 5.500% 01/15/39		12/01/2010			1,725,862	1,725,862	1,777,638	1,775,441		(49,579)		(49,579)		1,725,862				45,382	01/15/2039
36297C-YC-7	Government National Mortgage A POOL 708207 5.500% 02/15/39		12/01/2010			1,249,239	1,249,239	1,281,251	1,280,840		(31,601)		(31,601)		1,249,239				38,413	02/15/2039

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
619999-AA-3	FHA 241(F) #052-12012L (MOSSHILL) 8.200% 06/01/33		12/15/2010	Paydown		26,442	26,442	26,574	26,514			(72)	(72)		26,442				1,191	06/01/2033
0399999	Bonds - U.S. Governments					60,077,116	59,737,958	61,491,576	61,786,861		(1,836,823)		(1,836,823)		59,950,033		127,083	127,083	1,803,409	XXX
68607L-KJ-1	Oregon ST GO TAX PENSION 4.375% 06/01/10		06/01/2010	Maturity		3,820,000	3,820,000	3,840,017	3,821,447		(1,447)		(1,447)		3,820,000				83,563	06/01/2010
1799999	Bonds - U.S. States, Territories and Possessions					3,820,000	3,820,000	3,840,017	3,821,447		(1,447)		(1,447)		3,820,000				83,563	XXX
504194-GD-7	LA QUINTA CALIF REDEV AGY TAX ALLOC REDEV PROJ AREA #1 5.450% 09/01/13		09/01/2010	Redemption 100.0000		190,000	190,000	190,000	190,000						190,000				10,355	09/01/2013
625517-CY-1	MULTNOMAH CO OR SCH DIST #1J PORTLAND-GO TAX 4.914% 06/15/10		06/15/2010	Maturity		1,260,000	1,260,000	1,260,000	1,260,000						1,260,000				30,958	06/15/2010
2499999	Bonds - U.S. Political Subdivisions of States, Territories and Possessions					1,450,000	1,450,000	1,450,000	1,450,000						1,450,000				41,313	XXX
31283G-EH-6	FHLMC POOL #600136 8.000% 04/01/23		12/01/2010	Paydown		2,824	2,824	2,850	2,840		(16)		(16)		2,824				102	04/01/2023
31283H-K2-0	FHLMC POOL #601213 6.000% 03/01/31		12/01/2010	Paydown		52,676	52,676	51,062	51,166		1,509		1,509		52,676				1,599	03/01/2031
31283H-Q8-4	FHLMC POOL #601350 5.500% 12/01/31		12/01/2010	Paydown		484,935	484,935	466,978	467,720		17,216		17,216		484,935				14,023	12/01/2031
31283K-BZ-0	FHLMC POOL #610956 6.500% 09/01/14		12/01/2010	Paydown		6,436	6,436	6,113	6,251		185		185		6,436				228	09/01/2014
31283K-C9-7	FHLMC POOL #610996 6.500% 02/01/15		12/01/2010	Paydown		4,615	4,615	4,384	4,469		146		146		4,615				162	02/01/2015
31283K-CR-7	FHLMC POOL #610980 6.500% 12/01/14		12/01/2010	Paydown		918	918	872	890		29		29		918				32	12/01/2014
31288G-SK-9	FHLMC POOL #C77722 5.000% 03/01/33		12/01/2010	Paydown		1,935,301	1,935,301	1,927,137	1,927,440		7,861		7,861		1,935,301				51,726	03/01/2033
3128CU-EL-6	FHLMC POOL #630139 6.500% 12/01/18		12/01/2010	Paydown		103,499	103,499	98,534	100,022		3,477		3,477		103,499				3,381	12/01/2018
3128CU-FL-5	FHLMC POOL #630171 7.000% 01/01/20		12/01/2010	Paydown		67,010	67,010	65,126	65,541		1,469		1,469		67,010				2,604	01/01/2020
3128GB-7L-2	FHLMC POOL #E77199 6.500% 06/01/14		12/01/2010	Paydown		6,837	6,837	6,495	6,701		136		136		6,837				243	06/01/2014
3128GC-5B-4	FHLMC POOL #E78042 6.500% 08/01/14		12/01/2010	Paydown		2,223	2,223	2,111	2,128		95		95		2,223				63	08/01/2014
3128GC-V7-4	FHLMC POOL #E77838 6.500% 07/01/14		12/01/2010	Paydown		596	596	566	581		15		15		596				22	07/01/2014
3128GC-VD-1	FHLMC POOL #E77812 6.500% 07/01/14		12/01/2010	Paydown		1,663	1,663	1,580	1,629		35		35		1,663				52	07/01/2014
3128GD-2B-5	FHLMC POOL #E78870 6.500% 10/01/14		12/01/2010	Paydown		668	668	635	654		14		14		668				24	10/01/2014
3128GD-LB-4	FHLMC POOL #E78422 6.500% 08/01/14		12/01/2010	Paydown		2,425	2,425	2,304	2,374		51		51		2,425				86	08/01/2014
3128GD-N5-5	FHLMC POOL #E78512 6.500% 09/01/14		12/01/2010	Paydown		952	952	904	932		20		20		952				34	09/01/2014
3128GE-4B-1	FHLMC POOL #E79818 6.500% 01/01/15		10/01/2010	Paydown		22,252	22,252	21,136	21,777		474		474		22,252				1,049	01/01/2015
3128GG-AR-4	FHLMC POOL #E80016 6.500% 02/01/15		12/01/2010	Paydown		7,215	7,215	6,853	7,047		68		68		7,215				348	02/01/2015
3128GG-VJ-9	FHLMC POOL #E80617 6.500% 05/01/15		12/01/2010	Paydown		2,328	2,328	2,211	2,260		68		68		2,328				83	05/01/2015
3128LX-UH-1	FHLMC Pool #602384 6.000% 11/01/36		12/01/2010	Paydown		1,802,764	1,802,764	1,807,271	1,807,161		(4,397)		(4,397)		1,802,764				51,044	11/01/2036
3128JQ-S3-1	Freddie Mac Pool 1G1438 Pool 1G1438 5.811% 01/01/37		12/01/2010	Paydown		1,509,500	1,509,500	1,501,894	1,501,954		7,546		7,546		1,509,500				39,748	01/01/2037
312912-AN-8	FHLMC REMIC SER 1367 K (B_PAC) 5.500% 09/15/22		12/01/2010	Paydown		30,662	30,662	30,048	30,219		443		443		30,662				931	09/15/2022
312915-5A-5	FHLMC REMIC SER 1522 HZ (PAC Z) 6.500% 05/15/23		12/01/2010	Paydown		101,052	101,052	95,984	98,516		2,537		2,537		101,052				3,227	05/15/2023
31292G-Z6-6	FHLMC POOL #C00765 7.000% 05/01/29		12/01/2010	Paydown		47,970	47,970	47,168	47,224		747		747		47,970				1,704	05/01/2029
31292G-ZZ-2	FHLMC POOL #C00760 6.500% 05/01/29		12/01/2010	Paydown		12,918	12,918	12,698	12,709		209		209		12,918				442	05/01/2029
31292H-2F-0	FHLMC POOL #C01674 5.500% 11/01/33		12/01/2010	Paydown		641,686	641,686	645,596	645,385		(3,699)		(3,699)		641,686				20,469	11/01/2033
31292H-4J-0	FHLMC POOL #C01725 5.500% 12/01/33		12/01/2010	Paydown		667,831	667,831	670,335	670,162		(2,331)		(2,331)		667,831				21,306	12/01/2033
31292H-7H-1	FHLMC POOL #C01796 5.000% 03/01/34		12/01/2010	Paydown		1,358,812	1,358,812	1,363,483	1,363,219		(4,407)		(4,407)		1,358,812				40,734	03/01/2034
31292H-AK-0	FHLMC POOL #C00910 7.500% 01/01/30		12/01/2010	Paydown		3,465	3,465	3,420	3,425		40		40		3,465				99	01/01/2030
31292H-J6-0	FHLMC POOL #C01163 6.000% 03/01/31		12/01/2010	Paydown		83,814	83,814	81,680	81,766		2,048		2,048		83,814				2,575	03/01/2031
31292H-JR-6	FHLMC POOL #C01172 6.500% 05/01/31		12/01/2010	Paydown		36,866	36,866	36,601	36,610		256		256		36,866				1,268	05/01/2031
31292H-JU-9	FHLMC POOL #C01175 (FG) 7.000% 05/01/31		12/01/2010	Paydown		27,037	27,037	27,353	27,318		(281)		(281)		27,037				1,127	05/01/2031
31292H-L0-5	FHLMC POOL #C01235 6.000% 08/01/31		12/01/2010	Paydown		166,311	166,311	163,284	163,385		2,927		2,927		166,311				5,981	08/01/2031
31292H-MU-5	FHLMC POOL #C01271 6.500% 12/01/31		12/01/2010	Paydown		199,256	199,256	200,984	200,878		(1,622)		(1,622)		199,256				6,556	12/01/2031
31292H-NB-6	FHLMC POOL #C01286 6.000% 01/01/32		12/01/2010	Paydown		239,355	239,355	236,849	236,937		2,417		2,417		239,355				8,246	01/01/2032
31292H-NE-0	FHLMC POOL #C01289 5.500% 12/01/31		12/01/2010	Paydown		464,968	464,968	461,737	461,837		3,132		3,132		464,968				15,771	12/01/2031
31292H-P9-9	FHLMC POOL #C01348 5.500% 03/01/32		12/01/2010	Paydown		1,000,577	1,000,577	972,484	973,525		27,052		27,052		1,000,577				30,716	03/01/2032
31292H-X4-1	FHLMC POOL #C01599 5.500% 08/01/33		12/01/2010	Paydown		1,215,846	1,215,846	1,209,482	1,209,613		6,233		6,233		1,215,846				38,150	08/01/2033
31292H-X8-2	FHLMC POOL #C01603 4.500% 06/01/33		12/01/2010	Paydown		976,966	976,966	973,302	973,432		3,534		3,534		976,966				28,771	06/01/2033
31292H-YA-6	FHLMC POOL #C01605 4.500% 07/01/33		12/01/2010	Paydown		1,185,314	1,185,314	1,111,047	1,115,398		69,916		69,916		1,185,314				35,842	07/01/2033
31292J-BH-2	FHLMC POOL #C01840 5.500% 05/01/34		12/01/2010	Paydown		649,041	649,041	643,362	643,511		5,530		5,530		649,041				19,929	05/01/2034
31293V-HK-1	FHLMC POOL #C30234 6.500% 08/01/29		12/01/2010	Paydown		29,406	29,406	28,970	28,988		418		418		29,406				816	08/01/2029

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Con- sideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amor- tization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
31293W-05-2	FHLMC POOL #C31376 7.000% 09/01/29		12/01/2010	Paydown		15,824	15,824	15,241	15,363		461		461		15,824				363	09/01/2029
31294B-5X-9	FHLMC POOL #C35362 7.000% 01/01/30		12/01/2010	Paydown		53,140	53,140	50,142	50,372		2,767		2,767		53,140				1,752	01/01/2030
31294B-66-5	FHLMC POOL #C35371 7.000% 01/01/30		12/01/2010	Paydown		165	165	159	160		5		5		165				7	01/01/2030
31294B-NK-7	FHLMC POOL #C34894 7.000% 12/01/29		12/01/2010	Paydown		59	59	57	57		2		2		59				1	12/01/2029
31294D-PD-7	FHLMC POOL #C36720 7.500% 03/01/30		12/01/2010	Paydown		2,313	2,313	2,237	2,252		61		61		2,313				95	03/01/2030
31294D-XJ-5	FHLMC POOL #C36981 7.500% 03/01/30		08/01/2010	Paydown		18,920	18,920	18,642	18,691		229		229		18,920				940	03/01/2030
31294F-QB-5	FHLMC POOL #C38550 7.500% 05/01/30		12/01/2010	Paydown		16,860	16,860	16,312	16,416		445		445		16,860				336	05/01/2030
31294G-ZZ-0	FHLMC POOL #C39760 7.500% 07/01/30		12/01/2010	Paydown		6,263	6,263	6,092	6,121		142		142		6,263				231	07/01/2030
31294J-YY-8	FHLMC POOL #E00727 6.500% 08/01/14		12/01/2010	Paydown		164,138	164,138	158,111	160,586		3,552		3,552		164,138				5,470	08/01/2014
31294K-C4-5	FHLMC POOL #E00991 6.000% 07/01/16		12/01/2010	Paydown		121,678	121,678	121,773	121,773		35		35		121,678				3,894	07/01/2016
31294K-M6-9	FHLMC POOL #E01281 5.000% 01/01/18		12/01/2010	Paydown		1,336,158	1,336,158	1,353,069	1,348,454		(12,296)		(12,296)		1,336,158				86,874	01/01/2018
31294K-SF-3	FHLMC POOL #E01418 4.000% 07/01/18		12/01/2010	Paydown		2,530,056	2,530,056	2,450,291	2,470,069		59,987		59,987		2,530,056				58,892	07/01/2018
31296J-WA-0	FHLMC POOL #A10641 4.500% 06/01/33		12/01/2010	Paydown		2,024,014	2,024,014	2,034,450	2,033,656		(9,642)		(9,642)		2,024,014				60,230	06/01/2033
31296L-PK-1	FHLMC POOL #A12226 5.000% 08/01/33		12/01/2010	Paydown		972,721	972,721	965,177	965,396		7,325		7,325		972,721				31,466	08/01/2033
31296P-FL-1	FHLMC POOL #A14671 5.000% 10/01/33		12/01/2010	Paydown		490,347	490,347	484,141	484,335		6,011		6,011		490,347				14,429	10/01/2033
31298H-F9-4	FHLMC POOL #C48292 6.000% 03/01/31		12/01/2010	Paydown		54,336	54,336	53,266	53,387		949		949		54,336				1,913	03/01/2031
31335H-KM-4	FHLMC POOL #C90300 7.000% 11/01/19		12/01/2010	Paydown		98,189	98,189	95,397	96,086		2,102		2,102		98,189				2,988	11/01/2019
31335H-KT-9	FHLMC POOL #C90306 7.000% 12/01/19		12/01/2010	Paydown		15,515	15,515	15,074	15,129		387		387		15,515				591	12/01/2019
31339L-MN-7	FHLMC REMIC SER 2395 VB (VADM) 6.000% 05/15/19		12/01/2010	Paydown		66,504	66,504	63,366	65,664		840		840		66,504				3,990	05/15/2019
31339N-TZ-9	FHLMC REMIC SER 2428 ED (B-PAC) 6.000% 03/15/17		12/01/2010	Paydown		487,961	487,961	486,131	486,538		1,423		1,423		487,961				15,457	03/15/2017
31337O-J7-0	FHLMC REMIC SER 1578 K (B-PAC) 6.900% 09/15/23		12/01/2010	Paydown		71,137	71,137	71,526	71,170		(33)		(33)		71,137				2,690	09/15/2023
313374-E7-7	FHLMC REMIC SER 1702 PX (PAC-Z) 6.500% 09/15/23		12/01/2010	Paydown		585,900	585,900	587,940	584,982		918		918		585,900				19,020	03/15/2012
313378-XJ-1	FHLMC REMIC SER 1941 E (SEQ) 7.500% 02/15/27		12/01/2010	Paydown		53,185	53,185	51,681	52,237		948		948		53,185				1,959	02/15/2027
31337G-U4-9	FHLMC REMIC SER 2091 ZC (B-PAC-ACRL) 6.000% 11/15/28		12/01/2010	Paydown		1,338,004	1,338,004	1,281,589	1,310,201		27,803		27,803		1,338,004				46,558	11/15/2028
31359B-6U-6	FNMA REMIC SER 1993-149 M (B-PAC) 7.000% 08/25/23		12/01/2010	Paydown		74,763	74,763	74,482	74,524		239		239		74,763				2,911	08/25/2023
31359B-P4-3	FNMA REMIC SER 1993-133-KZ (B-PAC) 7.000% 08/25/23		12/01/2010	Paydown		151,951	151,951	147,375	149,313		2,639		2,639		151,951				6,179	08/25/2023
31359F-DA-3	FNMA REMIC SER 1993-202 J (BPAC) 6.500% 11/25/23		12/01/2010	Paydown		140,980	140,980	138,691	139,728		1,252		1,252		140,980				5,004	11/25/2023
31359K-M2-0	FNMA REMIC SER 1996-59 K (SEQ) 6.500% 07/25/23		12/01/2010	Paydown		188,347	188,347	185,610	187,262		1,084		1,084		188,347				6,750	07/25/2023
31359U-YS-8	FNMA REMIC SER 1998-58 ZB (ACRL) 6.000% 10/25/28		12/01/2010	Paydown		349,696	349,696	355,984	353,367		(3,670)		(3,670)		349,696				12,542	06/25/2028
31362W-3B-0	FNMA DUS POOL #73694 (30/15) 8.060% 10/01/26		12/01/2010	Paydown		16,266	16,266	16,571	16,449		(183)		(183)		16,266				719	10/01/2026
31362W-MM-5	FNMA DUS POOL #73264 (30/30/29) 6.960% 12/01/25		12/01/2010	Paydown		432,014	432,014	455,235	447,123		(15,109)		(15,109)		432,014				16,474	12/01/2025
31362W-TC-0	FNMA DUS POOL #73447 (30/30/20) 7.400% 05/01/26		12/01/2010	Paydown		20,673	20,673	21,984	21,543		(871)		(871)		20,673				839	05/01/2026
313637-EV-8	FNMA DUS POOL #109148 (30/18/17.5) 7.000% 12/01/15		12/01/2010	Paydown		24,082	24,082	24,850	24,308		(226)		(226)		24,082				924	12/01/2015
31368H-MN-9	Fannie Mae 5.000% 09/01/39		12/01/2010	Paydown		31,788,014	31,788,014	32,540,496	32,533,810		(745,796)		(745,796)		31,788,014				1,024,957	09/01/2039
31371G-SS-0	FNMA POOL #251729 6.500% 05/01/18		12/01/2010	Paydown		39,360	39,360	37,478	37,955		1,405		1,405		39,360				1,481	05/01/2018
31371H-SM-6	FNMA POOL #252952 6.500% 10/01/19		12/01/2010	Paydown		107,330	107,330	99,884	102,628		4,702		4,702		107,330				4,707	10/01/2019
31371H-6K-9	FNMA POOL #252974 8.000% 10/01/19		12/01/2010	Paydown		725	725	720	720		5		5		725				32	10/01/2019
31371H-VM-7	FNMA POOL #252720 7.500% 08/01/29		12/01/2010	Paydown		120,757	120,757	118,927	119,102		1,655		1,655		120,757				5,062	08/01/2029
31371J-B2-9	FNMA POOL #253057 8.000% 12/01/29		12/01/2010	Paydown		17,308	17,308	17,373	17,340		(32)		(32)		17,308				1,137	12/01/2029
31371J-BZ-6	FNMA POOL #253056 7.500% 12/01/29		12/01/2010	Paydown		7,857	7,857	7,736	7,754		103		103		7,857				317	12/01/2029
31371J-KE-3	FNMA POOL #253293 8.000% 03/01/20		12/01/2010	Paydown		6,593	6,593	6,543	6,549		44		44		6,593				220	03/01/2020
31371J-KN-3	FNMA POOL #253301 8.000% 04/01/20		12/01/2010	Paydown		5,359	5,359	5,319	5,323		36		36		5,359				207	04/01/2020

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
31371J-LZ-5	FNMA POOL #253344 8.000% 06/01/20		12/01/2010	Paydown		51,513	51,513	51,127	51,151		362		362		51,513				1,800	06/01/2020
31371K-4H-1	FNMA POOL #254724 5.000% 04/01/33		12/01/2010	Paydown		2,262,442	2,262,442	2,262,936	2,262,505		(63)		(63)		2,262,442				72,513	04/01/2033
31371K-6B-2	FNMA POOL #254766 5.000% 06/01/33		12/01/2010	Paydown		710,768	710,768	706,992	707,055		3,713		3,713		710,768				21,677	06/01/2033
31371K-ML-2	FNMA POOL #254263 6.500% 04/01/32		12/01/2010	Paydown		143,083	143,083	142,503	142,499		584		584		143,083				4,641	04/01/2032
31371K-NX-5	FNMA POOL #254306 5.500% 05/01/17		12/01/2010	Paydown		408,933	408,933	408,742	408,410		523		523		408,933				12,672	05/01/2017
31371K-UA-7	FNMA POOL #254477 5.500% 10/01/32		12/01/2010	Paydown		780,942	780,942	785,335	785,028		(4,086)		(4,086)		780,942				24,930	10/01/2032
31371K-VB-4	FNMA POOL #254510 5.000% 11/01/17		12/01/2010	Paydown		312,942	312,942	317,587	316,140		(3,198)		(3,198)		312,942				8,553	11/01/2017
31371K-VF-5	FNMA POOL #254514 5.500% 11/01/32		12/01/2010	Paydown		785,379	785,379	791,269	790,900		(5,521)		(5,521)		785,379				24,417	11/01/2032
31371K-XT-3	FNMA POOL #254590 5.000% 01/01/18		12/01/2010	Paydown		1,066,274	1,066,274	1,076,937	1,073,384		(7,110)		(7,110)		1,066,274				29,132	01/01/2018
31371K-XW-6	FNMA POOL #254593 5.000% 01/01/33		12/01/2010	Paydown		453,984	453,984	452,920	452,900		1,085		1,085		453,984				14,280	01/01/2033
31371L-DH-9	FNMA POOL #254904 5.500% 10/01/33		12/01/2010	Paydown		153,648	153,648	152,688	152,704		944		944		153,648				4,846	10/01/2033
31371N-OZ-1	FNMA POOL #257072 5.500% 02/01/38		12/01/2010	Paydown		212,254	212,254	214,973	214,899		(2,646)		(2,646)		212,254				6,553	02/01/2038
31376F-M7-9	FNMA POOL #354182 7.500% 11/01/26		12/01/2010	Paydown		40,055	40,055	39,542	39,616		439		439		40,055				960	11/01/2026
31377F-GU-4	FNMA DUS POOL #375611 (30/30/15) 7.000%		12/01/2010	Paydown		18,284	18,284	18,667	18,529		(245)		(245)		18,284				701	01/01/2028
31377F-JP-2	FNMA DUS POOL #375670 (30/18/17.5) 6.350%		12/01/2010	Paydown		22,454	22,454	22,208	22,298		155		155		22,454				781	03/01/2016
31377L-F6-5	FNMA DUS POOL #380089 (30/17.5/15) 7.800%		09/01/2010	Paydown		496,647	496,647	552,520	516,397		(19,750)		(19,750)		496,647				91,266	07/01/2015
31377L-HE-6	FNMA DUS POOL #380129 (30/17/15) 7.910%		12/01/2010	Paydown		21,460	21,460	23,767	22,261		(801)		(801)		21,460				932	07/01/2015
31377M-NC-1	FNMA DUS POOL #381187 (30/30/15) 6.430%		12/01/2010	Paydown		6,463	6,463	6,954	6,841		(378)		(378)		6,463				228	01/01/2029
31377N-HS-1	FNMA DUS POOL #384990 (30/18/15) 6.570%		12/01/2010	Paydown		38,670	38,670	38,864	38,668		2		2		38,670				1,581	09/01/2017
31377R-UP-3	FNMA DUS POOL #386154 (30/18/15) 5.320%		12/01/2010	Paydown		18,883	18,883	20,582	19,911		(1,029)		(1,029)		18,883				680	04/01/2020
31377S-SP-9	FNMA DUS POOL #385895 (30/18/15) 5.550%		12/01/2010	Paydown		31,824	31,824	32,262	32,078		(254)		(254)		31,824				926	04/01/2021
31377S-UU-0	FNMA DUS POOL #386822 (20/20/19.5) 5.400%		12/01/2010	Paydown		26,577	26,577	27,458	27,121		(544)		(544)		26,577				807	02/01/2021
31377T-VP-8	FNMA DUS POOL #386848 (30/18/15) 5.280%		12/01/2010	Paydown		68,536	68,536	70,849	70,194		(1,659)		(1,659)		68,536				2,024	02/01/2024
31377T-WH-5	FNMA DUS PL #460362 (40/15.5/15.25)		12/01/2010	Paydown		31,571	31,571	32,010	31,851		(281)		(281)		31,571				912	03/01/2022
31381G-MK-1	6.631% 09/01/15		12/01/2010	Paydown		6,786	6,786	6,969	6,851		(64)		(64)		6,786				247	09/01/2015
31382F-4Y-2	FNMA POOL #481539 6.000% 01/01/29		12/01/2010	Paydown		88,848	88,848	86,433	86,563		2,286		2,286		88,848				2,812	01/01/2029
31383K-C3-9	FNMA POOL #505090 8.000% 10/01/27		12/01/2010	Paydown		5,821	5,821	5,868	5,848		(28)		(28)		5,821				256	10/01/2027
31384D-LH-3	FNMA POOL #520628 8.000% 11/01/29		12/01/2010	Paydown		998	998	988	989		9		9		998				45	11/01/2029
31384L-IU-4	FNMA POOL #527259 6.500% 11/01/19		12/01/2010	Paydown		67,667	67,667	62,973	63,900		3,767		3,767		67,667				2,390	11/01/2019
31384X-DR-6	FNMA POOL #536612 8.000% 04/01/20		12/01/2010	Paydown		59,822	59,822	59,373	59,423		398		398		59,822				3,067	04/01/2020
31385W-IR-6	FNMA DUS POOL #555156 (MEGA 30/15)		12/01/2010	Paydown		154,837	154,837	159,434	157,121		(2,283)		(2,283)		154,837				3,902	09/01/2017
31385X-F8-5	FNMA POOL #555591 5.500% 07/01/33		12/01/2010	Paydown		188,439	188,439	187,261	187,279		1,160		1,160		188,439				6,085	07/01/2033
31386T-FM-2	FNMA (CL) POOL #572672 6.000% 04/01/31		12/01/2010	Paydown		30,368	30,368	29,362	29,405		963		963		30,368				932	04/01/2031
31387C-LV-1	FNMA CL POOL #580040 6.000% 06/01/31		12/01/2010	Paydown		115,842	115,842	112,982	113,059		2,784		2,784		115,842				3,831	06/01/2031
31388A-YB-3	FNMA POOL #620006 6.000% 01/01/32		12/01/2010	Paydown		222,841	222,841	216,504	216,730		6,111		6,111		222,841				9,286	01/01/2032
31389A-YC-1	FNMA POOL #620007 6.000% 01/01/32		12/01/2010	Paydown		1,634	1,634	1,587	1,589		45		45		1,634				54	01/01/2032
31390M-JS-4	FNMA POOL #650173 5.000% 11/01/32		12/01/2010	Paydown		1,406,486	1,406,486	1,403,190	1,403,135		3,351		3,351		1,406,486				50,647	11/01/2032
31392D-AV-4	FNMA REMIC SER 2002-W1 C (ACES) 6.170%		12/01/2010	Paydown		106,680	106,680	116,307	110,944		(4,264)		(4,264)		106,680				3,602	07/25/2011
31393C-JN-4	FNMA REMIC SER 2003-54 PE (PAC) 5.000%		04/22/2010	Int'l, Inc.		3,427,875	3,300,000	3,254,625	3,282,100		1,314		1,314		3,283,415		144,460	144,460	66,917	08/25/2030
31393E-6H-7	5.858% 09/25/43		12/01/2010	Paydown		95,819	95,819	95,789	95,660		159		159		95,819				3,191	09/25/2043

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
31393E-B2-4	FNMA REMIC 2003-93 MK (DUS 30/10/9.5) 7.500% 11/25/19		12/01/2010	Paydown		322,993	322,993	348,732	339,103		(16,109)		(16,109)		322,993				13,309	11/25/2019
31393E-CB-3	FNMA REMIC SER 2003-74 PT (PAC) 5.000% 02/25/29		04/22/2010	JP Morgan Securities, Inc.		3,448,500	3,300,000	3,312,891	3,294,131		(543)		(543)		3,293,588		154,912	154,912	66,917	04/25/2012
31393E-CB-3	FNMA REMIC SER 2003-74 PT (PAC) 5.000% 02/25/29		12/01/2010	Paydown		2,701,939	2,701,939	2,712,494	2,697,133		4,806		4,806		2,701,939				107,545	04/25/2012
31393F-5B-8	FHLMC REMIC SER 2522 PE (BPAC) 5.500% 03/15/22		12/01/2010	Paydown		1,596,339	1,596,339	1,612,030	1,596,405		(66)		(66)		1,596,339				48,965	02/15/2013
31393F-NQ-5	FHLMC REMIC SERIES 2532 CLASS BL 4.250% 09/15/16		11/01/2010	Paydown		1,755,607	1,755,607	1,785,233	1,769,038		(13,431)		(13,431)		1,755,607				34,756	11/15/2010
31393J-GV-4	FHLMC REMIC SER 2553 DJ (BPAC) 5.000% 10/15/32		12/01/2010	Paydown		388,347	388,347	394,354	389,956		(1,609)		(1,609)		388,347				19,180	07/15/2017
31393M-PD-7	FHLMC REMIC SER 2582 TD (BPAC) 5.000% 01/15/28		01/01/2010	Paydown		17,074	17,074	17,389	17,044		31		31		17,074				71	01/15/2010
31393T-BH-8	FNMA REMIC SER 2003-92 JII (PAC) 5.000% 07/25/28		12/01/2010	Paydown		943,475	943,475	954,679	943,105		370		370		943,475				29,552	04/25/2012
31393T-UH-7	FNMA REMIC SER 2003-102 QB (B-PAC) 5.000% 12/25/30		12/01/2010	Paydown		3,584,965	3,584,965	3,576,003	3,573,398		11,567		11,567		3,584,965				106,474	12/25/2030
31393T-VN-3	FNMA REMIC SER 2003-100 KA (B-VADM) 5.000% 10/25/18		12/01/2010	Paydown		22	22	21	22						22				1	10/25/2018
31393V-7E-5	FHLMC REMIC SER 2634 LG (PAC) 4.000% 10/15/27		12/01/2010	Paydown		9,264,283	9,264,283	9,293,233	9,256,503		7,780		7,780		9,264,283				329,804	02/15/2011
31393V-JG-7	FHLMC REMIC SER 2626 TB (PAC) 5.000% 06/15/33		12/01/2010	Paydown		360,137	360,137	361,488	360,304		(166)		(166)		360,137				14,719	09/15/2032
31394A-BC-9	FNMA REMIC SER 2004-53 NB (PAC) 5.500% 02/25/21		01/21/2010	Goldman Sachs & Co.		2,777,625	2,700,000	2,749,359	2,698,034		(740)		(740)		2,697,293		80,332	80,332	22,688	05/25/2011
31394A-BC-9	FNMA REMIC SER 2004-53 NB (PAC) 5.500% 02/25/21		12/01/2010	Paydown		2,905,367	2,905,367	2,958,481	2,903,252		2,116		2,116		2,905,367				103,071	05/25/2011
31394B-NS-9	FNMA REMIC SER 2004-87 UC (PAC) 4.500% 03/25/29		12/01/2010	Paydown		5,051,581	5,051,581	5,036,698	5,036,472		15,109		15,109		5,051,581				121,936	03/25/2029
31394G-H2-2	FHLMC REMIC SER 2649 KA (SEQ) 4.500% 07/15/18		12/01/2010	Paydown		384,120	384,120	363,538	370,978		13,142		13,142		384,120				10,973	07/15/2018
31394G-HT-3	FHLMC REMIC SER 2649 OC (PAC) 5.000% 07/15/28		12/01/2010	Paydown		136,136	136,136	137,029	136,120		16		16		136,136				6,195	10/15/2011
31394H-4D-0	FHLMC REMIC SER 2662 PG (BPAC) 5.500% 01/15/29		09/01/2010	Paydown		1,539,179	1,539,179	1,558,419	1,537,274		1,905		1,905		1,539,179				29,863	09/15/2010
31394H-DR-9	FHLMC REMIC SER 2665 GJ (BPAC) 4.750% 10/15/29		12/01/2010	Paydown		4,303,695	4,303,695	4,264,693	4,291,333		12,363		12,363		4,303,695				156,661	10/15/2029
31394H-KR-1	FHLMC REMIC SER 2656 PD (PAC) 4.500% 07/15/18		12/01/2010	Paydown		820,724	820,724	819,313	819,292		1,432		1,432		820,724				19,359	07/15/2018
31394T-C6-0	FHLMC REMIC 2759 BC 5.000% 08/15/29		04/22/2010	ROBERT W BAIRD		2,715,048	2,590,000	2,595,666	2,587,681		(550)		(550)		2,587,131		127,918	127,918	52,519	03/15/2012
31394T-C6-0	FHLMC REMIC 2759 BC 5.000% 08/15/29		12/01/2010	Paydown		2,818,814	2,818,814	2,824,980	2,816,290		2,524		2,524		2,818,814				109,782	03/15/2012
31395E-QX-8	FHLMC REMIC SER 2840 OQ (PAC) 4.500% 10/15/27		12/01/2010	Paydown		351,184	351,184	349,867	350,449		735		735		351,184				8,477	10/15/2027
31395F-E6-7	FHLMC SER 2836 XQ (PAC) 4.500% 09/15/27		12/01/2010	Paydown		6,728,529	6,728,529	6,727,478	6,718,629		9,900		9,900		6,728,529				162,415	09/15/2027
31395H-MA-5	FHLMC 2877 MV 4.750% 12/15/28		12/01/2010	Paydown		5,712,430	5,712,430	5,762,413	5,713,638		(1,209)		(1,209)		5,712,430				145,543	01/15/2012
31395H-R7-7	FHLMC SER 2870 Class JG (PAC) 4.750% 10/15/27		12/01/2010	Paydown		4,863,271	4,863,271	4,911,144	4,863,683		(412)		(412)		4,863,271				123,910	08/15/2011
31395U-P2-8	FHLMC 2982 4.500% 01/15/25		04/01/2010	Paydown		3,856,812	3,856,812	3,775,796	3,841,657		15,155		15,155		3,856,812				35,393	01/15/2025
31396W-E7-7	FANNIE MAE Series 2007-65 Class PA 6.000% 03/25/31		12/01/2010	Paydown		520,374	520,374	522,407	520,705		(331)		(331)		520,374				16,753	11/25/2011
31397A-WK-5	FHR 3199 Series 3216 Class PA 6.000% 05/15/27		07/01/2010	Paydown		2,202,116	2,202,116	2,228,610	2,204,726		(2,610)		(2,610)		2,202,116				37,479	07/15/2010
31397B-2S-9	FHR 3210 PC 6.000% 07/15/27		06/01/2010	Paydown		5,703,209	5,703,209	5,756,231	5,704,248		(1,039)		(1,039)		5,703,209				91,718	07/15/2011
31397H-LD-8	FREDDIE MAC Series 3322 Class AB 5.500% 01/15/27		01/21/2010	Keybank MCD		2,139,294	2,088,389	2,094,997	2,087,873		(163)		(163)		2,087,710		51,584	51,584	17,548	05/15/2012

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
31397H-LD-8	FREDDIE MAC Series 3322 Class AB 5.500% 01/15/27		11/01/2010	Paydown		10,715,393	10,715,393	10,758,628	10,717,202		(1,810)		(1,810)		10,715,393				305,039	05/15/2012
31397J-MJ-0	Freddie Mac Series 3341 AB (Seq) 6.000% 04/15/34		02/02/2010	Jefferies & Co., Inc.		3,067,262	2,921,202	2,915,040	2,914,725		29		29		2,914,754		152,508	152,508	31,159	04/15/2034
31397J-MJ-0	Freddie Mac Series 3341 AB (Seq) 6.000% 04/15/34		12/01/2010	Paydown		2,275,175	2,275,175	2,270,376	2,270,131		5,044		5,044		2,275,175				61,535	04/15/2034
31401E-WG-0	FNMA POOL #706347 5.000% 05/01/33		12/01/2010	Paydown		624,135	624,135	619,649	619,740		4,395		4,395		624,135				23,771	05/01/2033
31402Q-H8-7	FNMA POOL #734755 4.000% 08/01/18		12/01/2010	Paydown		815,466	815,466	793,742	798,542		16,925		16,925		815,466				18,805	08/01/2018
31403D-V6-3	FNMA POOL #745937 6.000% 09/01/36		12/01/2010	Paydown		5,118,834	5,118,834	5,066,046	5,066,799		52,035		52,035		5,118,834				151,728	09/01/2036
31403F-QX-5	FNMA POOL #747570 6.000% 11/01/33		12/01/2010	Paydown		842,563	842,563	854,543	853,973		(11,410)		(11,410)		842,563				26,456	11/01/2033
31407J-HG-0	FNMA POOL #831931 6.000% 12/01/36		12/01/2010	Paydown		277,015	277,015	273,942	273,964		3,052		3,052		277,015				8,710	12/01/2036
31410V-3X-6	FNMA POOL #89114 5.500% 04/01/37		12/01/2010	Paydown		2,931,571	2,931,571	2,826,676	2,828,887		102,684		102,684		2,931,571				90,004	04/01/2037
31412L-UB-4	FNMA POOL #928578 6.000% 07/01/37		12/01/2010	Paydown		1,027,211	1,027,211	1,031,625	1,031,477		(4,266)		(4,266)		1,027,211				30,393	07/01/2037
31412Q-BN-8	FANNIE MAE 5.000% 07/01/39		06/29/2010	Int'l, Inc.		3,052,325	2,877,007	2,941,291	2,940,544		646		646		2,941,189		111,136	111,136	72,325	07/01/2039
31412Q-BN-8	FANNIE MAE 5.000% 07/01/39		12/01/2010	Paydown		3,504,206	3,504,206	3,582,503	3,581,594		(77,388)		(77,388)		3,504,206				124,632	07/01/2039
31412Q-HW-2	FANNIE MAE 5.000% 08/01/39		12/01/2010	Paydown		2,492,257	2,492,257	2,558,457	2,557,758		(65,501)		(65,501)		2,492,257				84,335	08/01/2039
31412T-SU-3	FANNIE MAE POOL #934759 5.000% 02/01/39		12/01/2010	Paydown		5,791,737	5,791,737	5,922,956	5,921,739		(130,002)		(130,002)		5,791,737				169,431	02/01/2039
31412T-RZ-8	FANNIE MAE POOL #934404 6.000% 09/01/38		12/01/2010	Paydown		832,434	832,434	844,660	844,410		(11,977)		(11,977)		832,434				29,530	09/01/2038
31412U-HS-2	FANNIE MAE POOL #935052 5.000% 03/01/39		06/29/2010	Int'l, Inc.		3,315,043	3,124,636	3,216,422	3,214,908		1,785		1,785		3,216,692		98,351	98,351	78,550	03/01/2039
31412U-HS-2	FANNIE MAE POOL #935052 5.000% 03/01/39		12/01/2010	Paydown		4,492,681	4,492,681	4,624,653	4,622,476		(129,796)		(129,796)		4,492,681				140,455	03/01/2039
31412X-YV-0	FNMA POOL #938224 6.000% 07/01/37		12/01/2010	Paydown		1,100,678	1,100,678	1,086,920	1,087,067		13,611		13,611		1,100,678				30,013	07/01/2037
31412Y-AD-4	FNMA POOL #938404 6.000% 07/01/37		12/01/2010	Paydown		412,378	412,378	407,868	407,908		4,470		4,470		412,378				13,148	07/01/2037
31412Y-FS-6	FNMA POOL #938577 6.000% 09/01/36		12/01/2010	Paydown		782,346	782,346	769,877	770,106		12,240		12,240		782,346				22,854	09/01/2036
31413A-WS-8	FNMA POOL #939957 Pool 939957 6.000% 06/01/37		12/01/2010	Paydown		3,009,919	3,009,919	2,971,824	2,972,669		37,250		37,250		3,009,919				85,069	06/01/2037
31413Q-W9-5	FANNIE MAE POOL #952572 5.500% 09/01/37		12/01/2010	Paydown		525,976	525,976	531,811	531,646		(5,669)		(5,669)		525,976				16,181	09/01/2037
31414H-JB-1	FANNIE MAE POOL #966587 5.500% 01/01/38		12/01/2010	Paydown		2,606,425	2,606,425	2,639,209	2,638,307		(31,882)		(31,882)		2,606,425				76,191	01/01/2038
31414H-JV-0	FANNIE MAE POOL #966576 5.500% 01/01/38		12/01/2010	Paydown		710,174	710,174	719,162	718,887		(8,714)		(8,714)		710,174				21,778	01/01/2038
31414J-6W-8	FANNIE MAE POOL #968085 5.500% 02/01/38		12/01/2010	Paydown		109,279	109,279	108,460	108,468		812		812		109,279				3,646	02/01/2038
31414J-KK-8	FANNIE MAE POOL #967498 5.500% 01/01/38		12/01/2010	Paydown		293,378	293,378	297,595	297,461		(4,083)		(4,083)		293,378				8,605	01/01/2038
31414K-AW-0	FANNIE MAE POOL #968121 5.500% 02/01/38		12/01/2010	Paydown		1,633,397	1,633,397	1,626,250	1,626,261		7,136		7,136		1,633,397				49,020	02/01/2038
31414K-EW-6	FANNIE MAE POOL #968249 5.500% 02/01/38		12/01/2010	Paydown		1,278,524	1,278,524	1,285,915	1,285,671		(7,148)		(7,148)		1,278,524				38,562	02/01/2038
31414U-3L-0	FANNIE MAE POOL #977003 5.500% 04/01/38		12/01/2010	Paydown		1,644,606	1,644,606	1,657,969	1,657,566		(12,960)		(12,960)		1,644,606				48,824	04/01/2038
31415T-UL-2	FANNIE MAE POOL #989887 6.000% 09/01/38		12/01/2010	Paydown		775,073	775,073	783,430	783,001		(7,927)		(7,927)		775,073				22,061	09/01/2038
31415Y-XT-1	FANNIE MAE POOL #93590 5.000% 05/01/39		12/01/2010	Paydown		2,871,262	2,871,262	2,953,362	2,952,263		(81,001)		(81,001)		2,871,262				89,921	05/01/2039
31416H-UN-3	FANNIE MAE POOL #A0588 5.500% 02/01/39		12/01/2010	Paydown		561,342	561,342	578,314	578,026		(16,684)		(16,684)		561,342				18,270	02/01/2039
31416L-SJ-6	FANNIE MAE POOL #A3220 5.000% 04/01/39		12/01/2010	Paydown		5,011,317	5,011,317	5,173,401	5,171,030		(159,713)		(159,713)		5,011,317				160,117	04/01/2039
31416L-ZX-7	FANNIE MAE POOL #A3457 5.000% 03/01/39		12/01/2010	Paydown		2,775,471	2,775,471	2,840,521	2,839,514		(64,043)		(64,043)		2,775,471				83,344	03/01/2039
31416M-KD-5	Fannie Mae 5.000% 03/01/39		12/01/2010	Paydown		7,985,602	7,985,602	8,197,720	8,191,001		(205,398)		(205,398)		7,985,602				199,722	03/01/2039
31416R-GU-1	FANNIE MAE POOL #A7410 5.000% 05/01/39		12/01/2010	Paydown		1,210,142	1,210,142	1,240,774	1,240,365		(30,223)		(30,223)		1,210,142				41,573	05/01/2039
31416R-PC-1	FANNIE MAE POOL #A7618 5.000% 05/01/39		12/01/2010	Paydown		587,523	587,523	605,607	605,359		(17,836)		(17,836)		587,523				22,690	05/01/2039
31417K-SQ-1	FNMA POOL # AC1426 5.000% 08/01/39		12/01/2010	Paydown		748,660	748,660	767,026	766,866		(18,206)		(18,206)		748,660				26,780	08/01/2039
31417S-7M-6	Fannie Mae POOL #AC6299 5.000% 12/01/39		12/01/2010	Paydown		2,565,972	2,565,972	2,685,450	2,685,208		(119,236)		(119,236)		2,565,972				94,194	12/01/2039
31417U-CB-9	Fannie Mae POOL #AC7265 5.000% 11/01/39		12/01/2010	Paydown		1,922,819	1,922,819	1,987,714	1,987,417		(64,598)		(64,598)		1,922,819				64,671	11/01/2039
362848-LT-8	GAINESVILLE FL TAXABLE SER B 4.400% 10/01/13		10/01/2010	Call	100,000	240,000	240,000	240,000	240,000						240,000				10,560	10/01/2013
38373M-AR-1	GNMA REMIC SER 2001-34 Z (PROJ Z-ADJ) 7.028% 03/16/41		12/01/2010	Paydown		319,333	319,333	338,535	338,088		(18,755)		(18,755)		319,333				22,438	03/16/2041
38373Q-PY-1	GNMA REMIC SER 2003-41 BX (B-PAC) 4.500% 05/20/33		12/01/2010	Paydown		975,954	975,954	973,209	973,463		2,491		2,491		975,954				26,342	05/20/2033
3837H1-MJ-7	GNMA REMIC SER 1998-12 E (SEQ) 6.500% 05/20/28		12/01/2010	Paydown		160,438	160,438	159,503	159,685		753		753		160,438				6,104	05/20/2028
797299-AT-1	SAN DIEGO CA PUB FAC FIN AUTH TXBL LSE REV BND S SER A 7.400% 02/01/16		06/28/2010	Various		4,500,000	4,500,000	4,432,005	4,473,216		2,358		2,358		4,475,573		24,427	24,427	302,475	02/01/2016

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
319999	Bonds - U.S. Special Revenues					251,723,086	250,681,348	252,645,648	252,287,157		(1,509,689)		(1,509,689)		250,777,459		945,628	945,628	7,432,584	XXX
02149D-AJ-8	Countrywide Alt. Loan Trust Series 2006-HV13 Class 3A1 5.767% 01/25/47		12/01/2010	Paydown		1,409,085	1,409,082	1,166,458	1,166,692		242,390		242,390		1,409,082				44,052	01/25/2047
02586G-AR-3	American Express Issuance Trut 2008-2 A 4.020% 01/18/11		02/16/2010	Call	100.0000	4,660,000	4,660,000	4,459,584	4,638,949		21,051		21,051		4,660,000				31,222	01/18/2011
05947U-L9-7	Banc of America Commercial Mtg 2005-2 AAB 4.742% 07/10/43		04/20/2010	Stone & Youngberg		4,963,681	4,731,540	4,756,437	4,739,613		(779)		(779)		4,738,835		224,844	224,844	88,501	12/10/2014
05947U-L9-7	Banc of America Commercial Mtg 2005-2 AAB 4.742% 07/10/43		12/01/2010	Paydown		1,164,053	1,164,053	1,153,719	1,155,894		8,159		8,159		1,164,053				36,824	07/10/2043
05947U-XM-5	Banc of America Commercial Mtg 2004-5 A2 4.176% 11/10/41		12/01/2010	Paydown		145,853	145,853	143,353	144,706		1,147		1,147		145,853				3,527	11/10/2041
05948X-RE-3	BOA MTGE SEC SER 2003-6 CLASS 1A30 4.750% 08/25/33		08/01/2010	Paydown		299,110	299,110	298,783	298,203		907		907		299,110				4,320	08/25/2033
05952F-AE-3	BANC OF AMERICA MORTGAGE 2007-2 A5 5.500% 05/25/37		12/01/2010	Paydown		6,477,255	6,477,255	5,754,131	5,757,451		719,803		719,803		6,477,255				181,778	05/25/2037
05952H-AG-4	BANC OF AMERICA MTG SECURITIES 2007-1 1A7 5.750% 03/25/37		12/01/2010	Paydown		5,288,309	5,288,309	5,323,840	5,284,384		3,925		3,925		5,288,309				162,665	10/25/2011
05953Y-AY-7	Banc of America Funding Corp 2007-4 2A3 5.500% 06/25/37		05/06/2010	Broadpoint		1,181,455	1,358,482	1,357,739	1,355,840		(180)		(180)		1,355,660		(174,205)	(174,205)	33,207	06/25/2037
05953Y-AY-7	Banc of America Funding Corp 2007-4 2A3 5.500% 06/25/37		12/01/2010	Paydown		636,920	636,920	636,572	635,682		1,239		1,239		636,920				16,100	06/25/2037
060505-AD-6	BANK OF AMERICA CORP NOTES 7.800% 02/15/10		02/15/2010	Maturity		3,500,000	3,500,000	4,225,420	3,515,286		(15,286)		(15,286)		3,500,000				136,500	02/15/2010
06050H-A6-5	BOA MTGE SEC SER 2002-10 2A7 (SUP) 5.000% 11/25/17		08/01/2010	Paydown		30,270	30,270	30,753	30,507		(236)		(236)		30,270				742	10/25/2017
06050H-ZT-8	BOA MTGE SEC SER 2002-10 1A34 (SUP/BPAC) 6.000% 11/25/32		08/01/2010	Paydown		70,885	70,885	72,302	71,541		(656)		(656)		70,885				2,536	09/25/2032
07383F-5J-3	BEAR STEARNS COMM'L MTGE SER 2005-T18 AAB 4.823% 02/13/42		12/01/2010	Paydown		647,428	647,428	650,961	648,092		(664)		(664)		647,428				22,468	02/13/2014
07383F-X2-9	BEAR STEARNS COMM'L MTGE SER 2004-PWR6 A3 4.355% 11/11/41		12/01/2010	Paydown		1,122,692	1,122,692	1,125,618	1,121,668		1,024		1,024		1,122,692				45,244	11/11/2041
07387B-CK-7	Bear Stearns Commercial Mtg 2005-T20 AAB 5.128% 10/12/42		12/01/2010	Paydown		567,019	567,019	570,132	567,861		(842)		(842)		567,019				28,262	06/12/2014
079857-AG-3	BELLSOUTH CORP NOTES 7.750% 02/15/10		02/15/2010	Maturity		2,421,000	2,421,000	2,693,309	2,427,154		(6,154)		(6,154)		2,421,000				93,814	02/15/2010
10138M-AG-0	BOTTLING GROUP LLC BASIC 5.500% 04/01/16		06/24/2010	Banc of America Securities		2,278,600	2,000,000	1,971,100	1,975,103		1,653		1,653		1,976,755		301,845	301,845	81,889	04/01/2016
120568-AC-4	BUNGE LTD FINANCE CORP UNSEC'D SR NTS 7.800% 10/15/12		07/14/2010	Call	114.5324	5,726,618	5,000,000	5,728,650	5,263,532		(47,180)		(47,180)		5,216,352		510,266	510,266	291,417	10/15/2012
12513E-AF-1	Citigroup / Deutsche Bank 2005-CD1 ASB 5.222% 07/15/44		12/01/2010	Paydown		284,846	284,846	285,828	284,993		(147)		(147)		284,846				14,502	02/15/2015
12543P-AJ-2	Countrywide Home Loan Mortgage 2006-21 A9 5.750% 02/25/37		03/16/2010	Cantor Fitzgerald & Company		250,869	258,628	259,760	257,940		(65)		(65)		257,876		(7,006)	(7,006)	4,461	09/25/2010
12543P-AJ-2	Countrywide Home Loan Mortgage 2006-21 A9 5.750% 02/25/37		09/01/2010	Paydown		3,285,715	3,285,715	3,300,090	3,276,974		8,741		8,741		3,285,715				76,301	09/25/2010
126650-AW-0	CVS CORP 144A 5.298% 01/11/27		12/10/2010	Various		1,122,877	1,122,877	1,096,424	1,098,919		158		158		1,099,076		23,800	23,800	32,486	01/11/2027
126694-HK-7	COUNTRYWIDE HOME LOANS 2005-25 A6 5.500% 11/25/35		12/01/2010	Paydown		505,747	505,747	485,874	499,072		19,874	13,199	6,675		505,747				25,704	11/25/2035
126694-TX-6	COUNTRYWIDE HOME LOANS 2005-30 A8 5.500% 01/25/36		12/01/2010	Paydown		75,025	75,025	72,404	73,109		307		307		73,416		1,609	1,609	4,125	01/25/2036
12669D-4H-8	COUNTRYWIDE HOME LOANS SER 2003-11 A6 (B-PAC/SUB) 5.000% 05/25/33		12/01/2010	Paydown		2,530,989	2,530,989	2,530,989	2,530,989						2,530,989				63,875	05/25/2033
12669D-QF-8	COUNTRYWIDE HOME LOANS SER 2002-32 1A21 (SUPP/MEZZ) 6.000% 01/25/33		12/01/2010	Paydown		98,082	98,082	100,043	98,465		(383)		(383)		98,082				4,235	11/25/2032
12669E-ST-4	COUNTRYWIDE HOME LOANS SER 2003-28 A2 (PAC-SUB) 4.150% 08/25/33		12/01/2010	Paydown		700,370	700,370	699,932	698,739		1,631		1,631		700,370				15,799	08/25/2033

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
12669E-ZG-4	COUNTRYWIDE HOME LOANS SER 2003-34 A6 (PAC) 5.250% 09/25/33		12/01/2010	Paydown		457,491	457,491	458,205	456,441		1,050		1,050		457,491				24,018	09/25/2012
12669F-F3-2	COUNTRY WIDE HOME LOANS SER 2004-J5 A5 (NAS) 5.500% 07/25/34		12/01/2010	Paydown		151,293	151,293	145,761	148,353		2,940		2,940		151,293				4,944	07/25/2034
12669G-2V-2	Countrywide Home Loans 2005-16 A3 5.500% 09/25/35		12/01/2010	Paydown		228,674	228,674	220,398	223,086		3,946		3,946		227,032		1,642	1,642	10,629	09/25/2035
161630-BX-5	CHASE MORTGAGE FINANCE CORP 2007-A1 12A1 5.897% 03/25/37		12/01/2010	Paydown		1,003,916	1,003,916	862,029	947,283		145,637	89,004	56,633		1,003,916				38,844	03/25/2037
172973-4J-5	CITICORP MTG SEC INC 2005-8 2A3 5.000% 11/25/20		12/01/2010	Paydown		47,098	47,098	45,486	46,221		877		877		47,098				2,355	11/25/2020
20030N-AH-4	Comcast Corp BASIC 5.450% 11/15/10		11/15/2010	Maturity		4,000,000	4,000,000	3,975,120	3,993,175		6,825		6,825		4,000,000				218,000	11/15/2010
20173Q-AE-1	GREENWICH CAPITAL COMMERCIAL F SERIES 2007G9 CLASS A4 5.444% 03/10/39		01/20/2010	RBS Greenwich Capital		6,054,141	6,500,000	6,167,402	6,220,440		2,088		2,088		6,222,528		(168,388)	(168,388)	53,079	03/10/2039
224050-AL-8	COX ENTERPRISES NOTES 144A 7.875% 09/15/10		09/15/2010	Maturity		1,000,000	1,000,000	1,200,890	1,024,038		(24,038)		(24,038)		1,000,000				78,750	09/15/2010
225410-PU-0	CSFB MTGE SECURITIES CORP SER 2003-21 1A21 (PAC) 5.250% 09/25/33		12/01/2010	Paydown		554,333	554,333	544,632	551,141		3,192		3,192		554,333				14,629	09/25/2033
22541S-2R-8	CS FIRST BOSTON MORTGAGE SEC Series 2004-C5 Class AAB 4.587% 11/15/37		12/01/2010	Paydown		6,461,332	6,461,332	6,482,243	6,460,030		1,302		1,302		6,461,332				162,623	11/15/2037
32051D-XY-3	FIRST HORIZON ASSET SECURITIES SER 2003-5 1A5 (ACRL) 5.250% 07/25/33		12/01/2010	Paydown		694,491	694,491	687,496	691,320		3,171		3,171		694,491				32,883	07/25/2033
32052R-AG-5	FIRST HORIZON MTG PASS-THROUGH 2006-3 1A7 6.250% 11/25/36		07/01/2010	Paydown		416,009	416,009	419,714	414,805		1,204		1,204		416,009				7,065	07/25/2010
36228F-QL-3	GSR MORTGAGE LOAN TRUST SER 2003-4F 2A5 (BPAC-SUB) 5.750% 05/25/33		12/01/2010	Paydown		1,339,356	1,339,356	1,346,053	1,337,234		2,122		2,122		1,339,356				39,384	04/25/2033
362337-AJ-6	GTE NORTH INC DEB 6.375% 02/15/10		02/15/2010	Maturity		1,000,000	1,000,000	906,210	998,357		1,643		1,643		1,000,000				31,875	02/15/2010
369550-AL-2	GENERAL DYNAMICS CORP SR NTS UNSEC'D 4.500% 08/15/10		08/15/2010	Maturity		1,000,000	1,000,000	997,670	999,733		267		267		1,000,000				45,000	08/15/2010
438516-AK-2	HONEYWELL INC NOTES 7.500% 03/01/10		03/01/2010	Maturity		3,000,000	3,000,000	3,606,090	3,016,101		(16,101)		(16,101)		3,000,000				112,500	03/01/2010
46630G-BC-8	JP MORGAN MORTGAGE TRUST 5.289% 07/25/35		02/17/2010	Company		634,240	712,630	707,313	708,764		205		205		708,969		(74,729)	(74,729)	8,481	07/25/2035
46630G-BC-8	JP MORGAN MORTGAGE TRUST 5.289% 07/25/35		12/01/2010	Paydown		1,784,715	1,784,715	1,724,656	1,775,034		58,439	48,757	9,682		1,784,715				44,459	07/25/2035
49228R-AE-3	KERN RIVER FUNDING CORP CO GTY SR NTS 144A 4.893% 04/30/18		12/31/2010	Redemption	100.0000	75,600	75,600	76,495	76,182		(29)		(29)		76,153		(553)	(553)	2,004	04/30/2018
49337E-AA-8	KEYSPAN GAS EAST UNSEC'D NTS 7.875% 02/01/10		02/01/2010	Various		7,161,000	7,161,000	7,885,017	7,176,892		(15,892)		(15,892)		7,161,000				281,964	02/01/2010
52108H-SZ-8	LB-UBS COMMERCIAL MTGE TRUST 2003-C5 A3 4.254% 07/15/27		12/11/2010	Paydown		24,793,468	24,793,468	24,216,917	24,613,097		180,371		180,371		24,793,468				412,819	07/15/2027
55264T-DE-8	MBNA CREDIT CARD MASTER NOTE 2005-A6 4.500% 01/15/13		08/15/2010	Paydown		4,000,000	4,000,000	3,909,375	3,980,365		19,635		19,635		4,000,000				120,000	01/15/2013
55274S-AK-7	MASTER ASSET SECURITIZATION 2006-3 1A10 6.000% 10/25/36		12/01/2010	Paydown		979,152	979,152	984,354	979,351		(192)		(192)		979,159		(7)	(7)	31,505	06/25/2013
564759-1J-4	MANUFACTURERS & TRADERS TRUST UNSEC'D SUB NTS 8.000% 10/01/10		10/01/2010	Maturity		250,000	250,000	280,218	253,392		(3,392)		(3,392)		250,000				20,000	10/01/2010
589331-AN-7	MERRILL LYNCH & CO NTS SER B 4.500% 11/04/10		06/25/2010	Securities		2,197,660	2,000,000	1,987,380	1,987,907		498		498		1,988,405		209,255	209,255	50,000	06/30/2019
59018Y-SH-5	MERCK AND CO., INC. 5.000% 06/30/19		11/04/2010	Maturity		800,000	800,000	779,552	796,949		3,051		3,051		800,000				36,000	11/04/2010
595620-AC-9	MIDAMERICAN ENERGY NTS 5.125% 01/15/13		06/24/2010	Securities		4,758,204	4,400,000	4,502,608	4,436,634		(5,601)		(5,601)		4,431,033		327,171	327,171	215,478	01/15/2013
61745M-NB-2	MORGAN STANLEY CAPITAL I 2004-108 A4 4.900% 06/15/40		03/01/2010	Deutsche Bank Securities, Inc.		8,921,265	8,705,000	8,770,756	8,722,196		(1,931)		(1,931)		8,720,264		201,000	201,000	110,191	11/15/2013
61745M-W3-3	MORGAN STANLEY CAPITAL I 2005-T17 AAB 4.630% 12/13/41		12/01/2010	Paydown		307,432	307,432	308,961	307,663		(231)		(231)		307,432				7,751	05/13/2014
637432-BS-3	NATL RURAL UTIL CO-OP COLL TRUST 7.350% 11/01/26		11/01/2010	Redemption	100.0000	25,000	25,000	25,268	25,154		(9)		(9)		25,145		(145)	(145)	1,838	11/01/2026

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										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
67019E-AA-5	NSTAR UNSEC'D NTS 8.000% 02/15/10		02/15/2010	Maturity		1,000,000	1,000,000	1,068,040	1,004,023		(4,023)		(4,023)		1,000,000				40,000	02/15/2010
67461F-FS-1	OCCIDENTAL PETROLEUM NTS 4.250% 03/15/10		03/15/2010	Maturity		1,500,000	1,500,000	1,500,000	1,500,000						1,500,000				31,875	03/15/2010
742741-AA-9	PROCTER & GAMBLE ESOP DEB 9.360% 01/01/21		07/01/2010	Redemption 100.0000		219,800	219,800	256,441	253,338		(712)		(712)		252,626		(32,826)	(32,826)	15,552	08/01/2020
76110V-RC-4	RESIDENTIAL FUNDING MTG 2005-HI 1 A4 4.700% 08/25/34		04/01/2010	Paydown		81,158	81,158	80,166	80,217		941		941		81,158				660	08/25/2034
786514-BL-2	SAFEWAY INC 4.950% 08/16/10		08/16/2010	Maturity		1,000,000	1,000,000	1,022,750	1,002,738		(2,738)		(2,738)		1,000,000				49,500	08/16/2010
795770-AK-2	SALTON SEA FUNDING CORP SR SERIES E 8.300% 05/30/11		11/30/2010	Redemption 100.0000		769,708	769,708	775,242	770,586		(435)		(435)		770,151		(443)	(443)	49,838	05/30/2011
803111-AK-9	SARA LEE CORP UNSEC'D NTS 6.250% 09/15/11		10/08/2010	Call 105.3921		669,240	635,000	691,274	650,185		(6,677)		(6,677)		643,508		25,732	25,732	42,223	09/15/2011
80851Q-CX-0	CHAS SCHWAB CORP NOTES 8.050% 03/01/10		03/01/2010	Maturity		1,000,000	1,000,000	1,055,000	1,004,279		(4,279)		(4,279)		1,000,000				40,250	03/01/2010
842400-EE-9	SOUTH CA ED CO NOTES 7.625% 01/15/10		01/15/2010	Maturity		10,500,000	10,500,000	10,451,970	10,499,746		254		254		10,500,000				400,313	01/15/2010
871928-AX-5	TIERS CORP BND BKD CTF-AGC 144A 8.125% 09/15/17		09/15/2010	Redemption 100.0000		171,967	171,967	196,515	185,525		(978)		(978)		184,547		(12,580)	(12,580)	10,549	09/15/2017
88031R-AA-6	TENASKA ALABAMA II PART SR SEC'D BONDS 144A 6.125% 03/30/23		12/30/2010	Redemption 100.0000		89,977	89,977	89,977	89,977						89,977				3,444	03/30/2023
904764-AG-2	UNILEVER CAPITAL NTS 7.125% 11/01/10		11/01/2010	Various		10,950,000	10,950,000	11,700,221	11,124,400		(174,400)		(174,400)		10,950,000				780,188	11/01/2010
907818-CX-2	UNION PACIFIC CORP UNSEC'D NTS 6.650% 01/15/11		11/01/2010	Call 101.2842		1,012,842	1,000,000	1,082,140	1,014,887		(11,923)		(11,923)		1,002,964		9,878	9,878	86,081	01/15/2011
913017-BD-0	UNITED TECHNOLOGIES NOTES 7.125% 11/15/10		06/15/2010	Call 102.8146		2,056,291	2,000,000	2,136,980	2,042,992		(22,253)		(22,253)		2,020,738		35,553	35,553	83,125	11/15/2010
913017-BD-0	UNITED TECHNOLOGIES UNSEC'D NTS 6.350% 03/01/11		09/30/2010	Call 102.5027		3,971,980	3,875,000	4,385,860	3,961,294		(54,664)		(54,664)		3,906,630		65,349	65,349	265,884	03/01/2011
949748-AE-7	WELLS FARGO BANK NA UNSEC'D GLOBAL NTS 7.550% 06/21/10		06/21/2010	Maturity		2,550,000	2,550,000	3,081,382	2,590,471		(40,471)		(40,471)		2,550,000				96,263	06/21/2010
94984H-AA-3	Wells Fargo Series 2006-12 A1 6.000% 10/25/36		12/01/2010	Paydown		5,614,300	5,614,300	5,647,111	5,607,649		4,351		4,351		5,611,999		2,301	2,301	181,071	05/25/2011
961548-AQ-7	WESTVACO CORP DEB 7.650% 03/15/27		03/15/2010	Call 100.0000		276,000	276,000	300,075	295,517		(120)		(120)		295,397		(19,397)	(19,397)	10,557	03/15/2027
961548-AS-3	WESTVACO CORP DEB 7.500% 06/15/27		06/15/2010	Various		350,000	350,000	376,880	368,291		(777)		(777)		367,514		(17,514)	(17,514)	13,125	06/15/2027
111021-AD-3	BRITISH TELECOM PLC - SPON ADR 9.375% 12/15/10	F	12/15/2010	Maturity		7,000,000	7,000,000	7,640,430	7,192,917		(192,917)		(192,917)		7,000,000				647,500	12/15/2010
202712-AE-5	COMMONWEALTH BANK OF AUSTRALIA GLOBAL NOTES 8.500% 06/01/10	F	06/01/2010	Maturity		600,000	600,000	736,488	609,668		(9,668)		(9,668)		600,000				25,500	06/01/2010
25243Y-AM-1	DIAGEO CAPITAL PLC DIAGEO CAP PLC 5.750% 10/23/17	F	06/25/2010	Securities		3,356,310	3,000,000	3,005,970	3,005,406		(276)		(276)		3,005,130		351,180	351,180	118,354	10/23/2017
35177P-AK-3	FRANCE TELECOM UNSEC'D NTS (Rtng-Adj Cpn) 7.750% 03/01/11	F	10/08/2010	Call 102.8783		1,543,174	1,500,000	1,809,885	1,557,904		(37,798)		(37,798)		1,520,105		23,069	23,069	128,198	03/01/2011
879385-AC-6	TELEFONICA EUROPE BV GLOBAL 7.750% 09/15/10	F	09/15/2010	Various		3,000,000	3,000,000	3,056,040	3,005,530		(5,530)		(5,530)		3,000,000				232,500	09/15/2010
915436-AE-9	UPM-Kymmene Corp Series 144A 5.625% 12/01/14	F	09/30/2010	Merrill Lynch		4,202,500	4,100,000	4,230,633	4,177,256		(10,710)		(10,710)		4,166,547		35,953	35,953	194,750	12/01/2014
92857T-AG-2	VODAFONE GROUP PLC - ADR NEW UNSEC'D NTS 7.750% 02/15/10	F	02/15/2010	Maturity		1,725,000	1,725,000	1,809,197	1,729,127		(4,127)		(4,127)		1,725,000				66,844	02/15/2010
3899999	Bonds - Industrial and Miscellaneous (Unaffiliated)					200,750,870	198,748,077	203,361,141	198,308,619		750,554	150,960	599,594		198,908,208		1,842,654	1,842,654	7,379,768	XXX
8399997	Total - Bonds - Part 4					517,821,072	514,437,383	522,788,382	517,654,084		(2,597,405)	150,960	(2,748,365)		514,905,700		2,915,365	2,915,365	16,740,637	XXX
8399998	Total - Bonds - Part 5					209,265,362	207,679,017	211,722,421			(1,166,809)		(1,166,809)		210,555,607		(1,290,245)	(1,290,245)	1,495,870	XXX
8399999	Total - Bonds					727,086,434	722,116,400	734,510,803	517,654,084		(3,764,214)	150,960	(3,915,174)		725,461,307		1,625,120	1,625,120	18,236,507	XXX
8999997	Total - Preferred Stocks - Part 4						XXX													XXX
8999998	Total - Preferred Stocks - Part 5						XXX													XXX
8999999	Total - Preferred Stocks						XXX													XXX
008892-10-1	Invesco VI Capital Apprec I		12/31/2010	Invesco Variable Insurance Funds, Inc.	68,870,000	1,421,267	1,784,113	1,400,124		383,989			383,989		1,784,113		(362,846)	(362,846)	2,318	

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										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
008892-41-6	INVESCO VI Gbl Hlth Car Ser I		12/31/2010	Invesco Variable Insurance Funds, Inc.	10,867,000	174,691		217,707	172,463	45,244			45,244		217,707		(43,016)	(43,016)		
008892-50-7	INVESCO VI International Grth I		12/31/2010	Invesco Variable Insurance Funds, Inc.	52,576,000	1,367,628		1,513,574	1,367,504	146,071			146,071		1,513,574		(145,946)	(145,946)	6,290	
008892-52-3	INVESCO VI Glob Real Est Ser I		12/31/2010	Invesco Variable Insurance Funds, Inc.	291,213,000	3,627,838		6,316,576	3,535,321	2,781,255			2,781,255		6,316,576		(2,688,738)	(2,688,738)	44,424	
008892-53-1	INVESCO VI Sm Cap Eq Fd Ser II		12/31/2010	Invesco Variable Insurance Funds, Inc.	1,240,000	16,171		16,599	15,730	869			869		16,599		(428)	(428)		
008892-65-5	INVESCO VI Internatl Growth II		12/31/2010	Invesco Variable Insurance Funds, Inc.	152,818,000	3,928,115		4,189,682	3,916,736	272,946			272,946		4,189,682		(261,567)	(261,567)	19,088	
008892-74-7	INVESCO VI Cap Developmt Ser II		12/31/2010	Invesco Variable Insurance Funds, Inc.	25,258,000	287,777		394,684	277,588	117,095			117,095		394,684		(106,906)	(106,906)		
008892-75-4	INVESCO VI Capital Apprecon II		12/31/2010	Invesco Variable Insurance Funds, Inc.	32,742,000	672,658		676,428	654,834	21,594			21,594		676,428		(3,769)	(3,769)	938	
008892-85-3	INVESCO VI Cap Developmt Ser I		12/31/2010	Invesco Variable Insurance Funds, Inc.	15,482,000	177,608		269,799	174,787	95,012			95,012		269,799		(92,191)	(92,191)		
024936-10-6	American Century VP Value		12/31/2010	American Century Variable Portfolios, Inc.	327,044,000	1,759,288		2,411,491	1,726,795	684,696			684,696		2,411,491		(652,203)	(652,203)	12,697	
024936-20-5	Am Century VP International 1		12/31/2010	American Century Variable Portfolios, Inc.	557,313,000	4,237,820		5,146,440	4,308,029	838,410			838,410		5,146,440		(908,620)	(908,620)	76,779	
024936-40-3	American Century VP Balanced		12/31/2010	American Century Variable Portfolios, Inc.	1,671,270,000	9,733,875		10,874,574	9,609,807	1,264,767			1,264,767		10,874,574		(1,140,699)	(1,140,699)	36,385	
024936-75-9	Am Century VP Large Co Val II		12/31/2010	American Century Variable Portfolios, Inc.	37,052,000	322,140		302,616	319,390	(16,774)			(16,774)		302,616		19,524	19,524	1,926	
024936-85-8	American Century VP Ultra II		12/31/2010	American Century Variable Portfolios, Inc.	8,541,000	69,785		66,530	68,667	(2,137)			(2,137)		66,530		3,256	3,256	132	
024936-88-2	American Century VP Ultra I		12/31/2010	American Century Variable Portfolios, Inc.	12,530,000	104,311		130,146	101,743	28,403			28,403		130,146		(25,834)	(25,834)	333	
025077-20-9	Am Cent VP Inflation Protect 1		12/31/2010	American Century Variable Portfolios, Inc.	225,437,000	2,462,527		2,377,347	2,418,941	(41,594)			(41,594)		2,377,347		85,180	85,180	21,052	
025077-30-8	Am Cent VP Inflation Protect 2		02/02/2010	American Century Variable Portfolios, Inc.	6,953,000	75,279		73,793	74,673	(880)			(880)		73,793		1,486	1,486	128	
233386-40-6	DWS Captial Growth VIP B		12/31/2010	DWS Variable Series I and II	32,045,000	535,981		489,890	540,284	(50,394)			(50,394)		489,890		46,091	46,091	2,387	
233386-60-4	DWS Global Opps VIP B		12/31/2010	DWS Variable Series I and II	1,399,000	15,180		15,354	15,544	(190)			(190)		15,354		(174)	(174)	1	
233386-85-1	DWS International VIP B		12/31/2010	DWS Variable Series I and II	3,640,000	27,333		41,871	30,064	11,807			11,807		41,871		(14,538)	(14,538)	523	
233386-86-9	DWS International VIP A		12/31/2010	DWS Variable Series I and II	216,828,000	1,688,795		2,668,856	1,790,997	877,858			877,858		2,668,856		(980,060)	(980,060)	23,992	
23338H-68-5	DWS Balanced VIP A		12/31/2010	DWS Variable Series I and II	177,235,000	3,638,386		4,258,627	3,636,863	621,764			621,764		4,258,627		(620,241)	(620,241)	87,853	
23338H-79-2	DWS Money Market VIP A		12/31/2010	DWS Variable Series I and II	3,618,000	3,618		3,618	3,618						3,618					
23338H-80-0	DWS Global Thematic VIP B		12/31/2010	DWS Variable Series I and II	72,000	602		390	594	(203)			(203)		390		211	211	2	
23339F-40-7	DWS Sm Cap Index VIP A		12/31/2010	DWS Variable Series I and II	5,652,000	60,311		51,187	55,950	(4,762)			(4,762)		51,187		9,123	9,123	437	

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
261976-60-9	Dreyfus VIF Quality Bd Inital		12/31/2010	Dreyfus Variable Insurance Fund	300,164,000	3,430,074		3,353,453	3,325,820	27,633			27,633		3,353,453		76,621	76,621	66,004	
261976-80-7	Dreyfus VIF Appreciation Init		12/31/2010	Dreyfus Variable Insurance Fund	60,778,000	1,915,552		2,259,533	1,908,443	351,089			351,089		2,259,533		(343,981)	(343,981)	33,439	
262014-20-2	Dreyfus Stock Index Svc Shrs		12/31/2010	Dreyfus Variable Insurance Fund	289,905,000	7,795,890		10,016,346	7,636,108	2,380,239			2,380,239		10,016,346		(2,220,457)	(2,220,457)	36,128	
26201X-10-9	Dreyfus Socially Rsp Grow Init		12/31/2010	Dreyfus Variable Insurance Fund	53,490,000	1,443,787		1,387,988	1,404,646	(16,658)			(16,658)		1,387,988		55,800	55,800	8,842	
26202A-20-7	Dreyfus Midcap Stk Inital Shrs		12/31/2010	Dreyfus Variable Insurance Fund	473,150,000	5,363,025		7,264,084	4,949,144	2,314,940			2,314,940		7,264,084		(1,901,059)	(1,901,059)	37,652	
26202A-80-1	Dreyfus Tech Growth Initial		12/31/2010	Dreyfus Variable Insurance Fund	123,481,000	1,305,479		1,147,583	1,233,580	(85,997)			(85,997)		1,147,583		157,897	157,897		
313916-10-8	Federated Capital Income		12/31/2010	Federated Insurance Series	64,387,000	553,477		671,286	558,234	113,053			113,053		671,286		(117,810)	(117,810)	25,855	
313916-30-6	Federated High Income Bond		12/31/2010	Federated Insurance Series	239,131,000	1,575,945		1,780,511	1,595,005	185,506			185,506		1,780,511		(204,567)	(204,567)	110,605	
313916-60-3	Federated International Equity		03/12/2010	Federated Insurance Series	117,564,000	1,517,142		1,881,229	1,617,684	263,545			263,545		1,881,229		(364,086)	(364,086)	3,334	
315802-20-7	Fidelity Growth Opportunities		12/31/2010	Fidelity Variable Insurance Products	167,368,000	2,532,870		2,790,868	2,428,503	362,366			362,366		2,790,868		(257,998)	(257,998)	94	
315802-50-4	Fidelity Balanced		12/31/2010	Fidelity Variable Insurance Products	1,374,000	19,338		19,957	18,425	1,532			1,532		19,957		(619)	(619)	23	
315802-70-2	Fidelity Growth & Income		12/31/2010	Fidelity Variable Insurance Products	178,852,000	2,019,585		2,498,410	1,979,890	518,520			518,520		2,498,410		(478,825)	(478,825)	1,288	
317613-30-5	Ibbotson Conserv ETF Ast All 1		12/31/2010	Financial Investors Variable Insurance Trust	2,716,000	29,345		28,245	28,627	(383)			(383)		28,245		1,100	1,100	214	
317613-40-4	Ibbotson Inc & Gr ETF Ast All1		12/31/2010	Financial Investors Variable Insurance Trust	4,953,000	49,068		46,573	46,853	(280)			(280)		46,573		2,495	2,495	527	
317613-50-3	Ibbotson Balance ETF Ast All 1		12/31/2010	Financial Investors Variable Insurance Trust	85,739,000	774,693		722,994	778,511	(55,517)			(55,517)		722,994		51,700	51,700	6,853	
317613-60-2	Ibbotson Growth ETF Ast All 1		12/31/2010	Financial Investors Variable Insurance Trust	13,376,000	113,765		104,523	115,030	(10,506)			(10,506)		104,523		9,242	9,242	784	
317613-70-1	Ibbotson Aggress Grow ETF AA 1		12/31/2010	Financial Investors Variable Insurance Trust	24,856,000	201,027		197,019	201,087	(4,068)			(4,068)		197,019		4,009	4,009	1,052	
317613-80-0	Ibbotson Aggress Grow ETF AA 2		12/31/2010	Financial Investors Variable Insurance Trust	39,144,000	321,171		347,459	315,504	31,955			31,955		347,459		(26,288)	(26,288)	2,370	
317613-85-9	Ibbotson Conservative ETF AA 2		12/31/2010	Financial Investors Variable Insurance Trust	5,996,000	64,704		57,630	63,196	(5,566)			(5,566)		57,630		7,075	7,075	428	
317613-86-7	Ibbotson Growth ETF Ast All 2		12/31/2010	Financial Investors Variable Insurance Trust	105,633,000	900,026		703,546	901,053	(197,506)			(197,506)		703,546		196,479	196,479	6,103	
317613-87-5	Ibbotson Balance ETF Ast All 2		12/31/2010	Financial Investors Variable Insurance Trust	80,999,000	743,236		623,470	742,763	(119,293)			(119,293)		623,470		119,765	119,765	5,566	
317613-88-3	Ibbotson Inc & Growth ETF AA 2		12/31/2010	Financial Investors Variable Insurance Trust	21,640,000	217,638		183,392	212,502	(29,111)			(29,111)		183,392		34,246	34,246	1,540	
355150-22-8	FTVIP Founding Funds All oc 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	23,410,000	168,677		164,724	167,146	(2,422)			(2,422)		164,724		3,953	3,953	19	

E14.10

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/Adjusted Carrying Value	Unrealized Valuation Increase/Decrease	Current Year's (Amortization)/Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	Book/Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/Stock Dividends Received During Year	Maturity Date
355150-23-6	FTVIP Founding Funds Alloc 1		12/20/2010	Franklin Templeton Variable Insurance Products Trust	955,000	6,944		7,865	6,825	1,040			1,040		7,865		(922)	(922)		1
355150-26-9	FTVIP Flex Cap Growth CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	14,543,000	167,612		142,395	158,954	(16,558)			(16,558)		142,395		25,217	25,217		
355150-41-8	FTVIP Inc Sec CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	120,014,000	1,687,621		2,004,466	1,694,603	309,864			309,864		2,004,466		(316,845)	(316,845)	70,252	
355150-42-6	FTVIP US Govt CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	696,367,000	9,132,877		8,719,718	8,962,241	(242,522)			(242,522)		8,719,718		413,158	413,158	167,053	
355150-48-3	FTVIP Dev Mkts CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	243,536,000	2,392,884		3,117,061	2,381,784	735,277			735,277		3,117,061		(724,177)	(724,177)	14,701	
355150-49-1	FTVIP Growth Sec CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	124,978,000	1,287,609		1,739,542	1,299,772	439,770			439,770		1,739,542		(451,933)	(451,933)	9,915	
355150-52-5	FTVIP Sm Mid Cap Grow 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	102,503,000	1,867,378		2,297,788	1,729,220	568,568			568,568		2,297,788		(430,410)	(430,410)		
355150-55-8	FTVIP Mut Shrs Fd CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	144,197,000	2,165,259		2,783,602	2,102,394	681,207			681,207		2,783,602		(618,342)	(618,342)	11,896	
355150-56-6	FTVIP Global Bond CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	111,790,000	2,060,845		1,906,441	1,937,317	(30,876)			(30,876)		1,906,441		154,405	154,405	17,045	
355150-59-0	FTVIP Sm Cap Val Sec CL 2		12/31/2010	Franklin Templeton Variable Insurance Products Trust	188,383,000	2,591,423		2,644,202	2,405,654	238,547			238,547		2,644,202		(52,779)	(52,779)	9,213	
355150-67-3	FTVIP Small Cap Value CL 1		12/27/2010	Franklin Templeton Variable Insurance Products Trust	21,000	294		365	274	91			91		365		(71)	(71)		1
355150-70-7	FTVIP Global Bond CL 1		01/25/2010	Franklin Templeton Variable Insurance Products Trust	11,004,000	197,547		184,793	194,991	(10,198)			(10,198)		184,793		12,754	12,754		
355150-76-4	FTVIP Growth Sec CL 1		12/27/2010	Franklin Templeton Variable Insurance Products Trust	83,000	853		1,306	872	434			434		1,306		(453)	(453)		7
355150-77-2	FTVIP Develop Mkts Sec CL 1		02/02/2010	Franklin Templeton Variable Insurance Products Trust	10,945,000	105,055		102,608	108,025	(5,417)			(5,417)		102,608		2,447	2,447		
355150-83-0	FTVIP Zero Coupon 2010 CL 1		01/06/2010	Franklin Templeton Variable Insurance Products Trust	6,094,000	97,626		97,382	97,504	(122)			(122)		97,382		244	244		
355150-87-1	FTVIP US Gvt Fd CL 1		06/11/2010	Franklin Templeton Variable Insurance Products Trust	467,000	6,348		5,925	6,111	(186)			(186)		5,925		423	423		
355150-88-9	FTVIP Income Sec CL 1		12/27/2010	Franklin Templeton Variable Insurance Products Trust	28,000	409		501	409	92			92		501		(92)	(92)		15
449797-64-6	ING Global Resources Port Cl S		12/31/2010	Ing Investors Trust	48,052,000	850,941		1,164,699	858,200	306,499			306,499		1,164,699		(313,758)	(313,758)	3,158	
449797-78-6	ING JP Morgan Emerg Mkt Eqty 2		12/31/2010	Ing Investors Trust	53,356,000	1,102,084		656,211	1,087,402	(431,191)			(431,191)		656,211		445,873	445,873	27,133	
480906-10-6	JP Morgan Ins Trst US Equity 1		12/31/2010	JP Morgan Series Trust	50,509,000	707,202		720,047	703,584	16,462			16,462		720,047		(12,844)	(12,844)	4,195	
480906-60-1	JP Morgan InsTrst MidCapVal 1		12/31/2010	JP Morgan Series Trust	407,094,000	2,408,911		2,743,890	2,267,516	476,374			476,374		2,743,890		(334,979)	(334,979)	20,377	

E14.11

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21	
										11	12	13	14	15							
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date	
480906-77-5	JP Morgan Ins Trst Intl Eqty 1		12/31/2010	JP Morgan Series Trust	598,680,000	5,572,472		7,151,518	5,711,405	1,440,113			1,440,113		7,151,518		(1,579,047)	(1,579,047)		8,769	
641222-70-8	NeuberBerm AMT Regency Port I		12/31/2010	Neuberger Berman Advisers Management Trust	1,188,000	16,112		12,330	14,564	(2,233)			(2,233)		12,330		3,781	3,781		.23	
641222-83-1	NeuberBerm AMT Regency Port S		11/16/2010	Neuberger Berman Advisers Management Trust	1,255,000	18,196		13,746	16,576	(2,830)			(2,830)		13,746		4,450	4,450		.23	
641222-85-6	NeuberBerm AMT Mid Cap Grow S		12/31/2010	Neuberger Berman Advisers Management Trust	5,751,000	126,316		120,650	120,034	616			616		120,650		5,667	5,667			
641222-87-2	NeuberBerm AMT Guardian Port S		12/31/2010	Neuberger Berman Advisers Management Trust	117,000	1,930		2,150	1,863	287			287		2,150		(220)	(220)		.1	
693394-40-5	PIMCO PVIT Totl Return Admin		02/02/2010	PIMCO Variable Insurance Trust	26,874,000	294,532		293,999	290,776	3,223			3,223		293,999		534	534		.548	
693394-59-5	PIMCO PVIT Comm RRet Strat Adm		12/31/2010	PIMCO Variable Insurance Trust	272,658,000	2,234,920		3,109,144	2,344,860	764,285			764,285		3,109,144		(874,224)	(874,224)		128,105	
693394-63-7	PIMCO PVIT All Asset Fd Advis		12/31/2010	PIMCO Variable Insurance Trust	34,791,000	377,013		343,071	365,302	(22,232)			(22,232)		343,071		33,942	33,942		6,925	
693394-65-2	PIMCO PVIT All Asset Fd Admn		01/25/2010	PIMCO Variable Insurance Trust	7,093,000	75,047		76,065	74,126	1,939			1,939		76,065		(1,018)	(1,018)			
724027-18-0	Pioneer Bond VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	371,137,000	4,355,029		4,088,949	4,227,248	(138,298)			(138,298)		4,088,949		266,080	266,080		99,037	
724027-20-6	Pioneer Mid Cap Value VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	203,193,000	3,096,943		4,601,326	2,942,230	1,659,097			1,659,097		4,601,326		(1,504,384)	(1,504,384)		15,951	
724027-23-0	Pioneer Growth Opp VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	736,081,000	14,816,796		16,624,247	14,088,590	2,535,657			2,535,657		16,624,247		(1,807,452)	(1,807,452)			
724027-30-5	Pioneer Real Estate VCT CL 1		12/27/2010	Pioneer Variable Contracts Trust	112,000	1,614		1,037	1,462	(425)			(425)		1,037		577	577		.15	
724027-61-0	Pioneer High Yield VCT CL 1		12/06/2010	Pioneer Variable Contracts Trust	762,000	7,442		5,251	7,263	(2,012)			(2,012)		5,251		2,191	2,191		.87	
724027-62-8	Pioneer High Yield VCT CL 2		12/31/2010	Pioneer Variable Contracts Trust	104,485,000	1,031,081		846,645	993,651	(147,007)			(147,007)		846,645		184,436	184,436		29,502	
724027-64-4	Pioneer Strategic Inc VCT CL 2		12/31/2010	Pioneer Variable Contracts Trust	150,675,000	1,561,807		1,560,706	1,515,792	44,914			44,914		1,560,706		1,101	1,101		39,428	
724027-70-1	Pioneer Money Market VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	2,588,861,000	2,588,861		2,588,861	2,588,861						2,588,861					203	
724027-75-0	Pioneer Emerg Mkts VCT CL 2		12/31/2010	Pioneer Variable Contracts Trust	87,201,000	2,392,150		2,737,110	2,349,201	387,909			387,909		2,737,110		(344,959)	(344,959)		3,439	
724027-81-8	Pioneer Real Est VCT Prt CL 2		12/31/2010	Pioneer Variable Contracts Trust	70,224,000	998,252		1,186,714	915,018	271,696			271,696		1,186,714		(188,463)	(188,463)		7,917	
724027-82-6	Pioneer Eqty Income VCT CL 2		12/31/2010	Pioneer Variable Contracts Trust	117,423,000	2,057,480		2,859,983	1,978,572	881,411			881,411		2,859,983		(802,503)	(802,503)		14,668	
724027-86-7	Pioneer Emerg Mkts VCT CL 1		02/02/2010	Pioneer Variable Contracts Trust	2,718,000	70,965		63,102	74,305	(11,203)			(11,203)		63,102		7,862	7,862			
724027-87-5	Pioneer Fund VCT CL 1		12/31/2010	Pioneer Variable Contracts Trust	800,279,000	16,018,186		17,931,460	15,685,477	2,245,983			2,245,983		17,931,460		(1,913,274)	(1,913,274)		82,479	
866167-20-8	CalvertVP S&P MidCap 400 Index		12/27/2010	Calvert Mutual Funds, Inc.	3,000	173		163	159	4			4		163		10	10			
866167-40-6	Calvert VP Balanced Index		12/31/2010	Calvert Mutual Funds, Inc.	104,000	4,930		4,004	4,724	(720)			(720)		4,004		926	926			
866167-50-5	Calvert VP Bar Cap Agg Bd Indx		12/31/2010	Calvert Mutual Funds, Inc.	5,554,000	295,940		279,677	282,229	(2,552)			(2,552)		279,677		16,263	16,263		.5	
866167-54-7	Calvert VP EAFE Interntl Idx F		12/31/2010	Calvert Mutual Funds, Inc.	337,000	23,580		22,486	24,639	(2,153)			(2,153)		22,486		1,094	1,094			

E14.12

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
866167-55-4	Calvert VP S&P MidCap 400 Cl F		12/31/2010	Calvert Mutual Funds, Inc.	1,106,000	60,890		46,471	60,942	(14,470)			(14,470)		46,471		14,419	14,419		
866167-68-7	CalvertVP Rusl 2000 SmCap Id F		12/31/2010	Calvert Mutual Funds, Inc.	4,037,000	214,824		157,223	203,383	(46,159)			(46,159)		157,223		57,601	57,601		
866167-69-5	Calvert VP EAFE Internatl Indx		12/20/2010	Calvert Mutual Funds, Inc.	6,000	389		539	395	145			145		539		(151)	(151)		
866167-79-4	CalvertVP Rusl 2000 SmCap Idx		12/27/2010	Calvert Mutual Funds, Inc.	7,000	355		361	333	27			27		361		(5)	(5)		
866167-81-0	Calvert VP Nasdaq 100 Ind		05/10/2010	Calvert Mutual Funds, Inc.	3,380,000	89,007		64,746	86,218	(21,473)			(21,473)		64,746		24,261	24,261		
921925-20-2	Vanguard VIF Tot Bnd Mkt InvCl		12/31/2010	Vanguard Variable Insurance Fund Portfolios	222,727,000	2,642,146		2,533,477	2,621,501	(88,024)			(88,024)		2,533,477		108,669	108,669	52,598	
921925-30-1	Vanguard VIF Equity Index Port		12/21/2010	Vanguard Variable Insurance Fund Portfolios	10,464,000	242,826		270,715	220,891	49,824			49,824		270,715		(27,890)	(27,890)	7,178	
921925-40-0	Vanguard VIF Balance Port Inv1		12/31/2010	Vanguard Variable Insurance Fund Portfolios	18,291,000	324,976		332,197	317,354	14,843			14,843		332,197		(7,221)	(7,221)	9,156	
921925-70-7	Vanguard VIF Intern'l Port Inv		12/31/2010	Vanguard Variable Insurance Fund Portfolios	69,880,000	1,144,474		1,084,969	1,122,277	(37,308)			(37,308)		1,084,969		59,505	59,505	10,492	
921925-80-6	Vanguard VIF High Yield Bond I		12/31/2010	Vanguard Variable Insurance Fund Portfolios	70,316,000	523,199		508,525	524,556	(16,031)			(16,031)		508,525		14,675	14,675	26,076	
921925-81-4	Vanguard VIF Total Stk Mkt Idx		12/31/2010	Vanguard Variable Insurance Fund Portfolios	51,068,000	1,152,528		1,106,279	1,109,707	(3,428)			(3,428)		1,106,279		46,249	46,249	36,309	
921925-82-2	Vanguard VIF Capital Grwth Prt		01/25/2010	Vanguard Variable Insurance Fund Portfolios	7,251,000	106,906		97,382	109,056	(11,674)			(11,674)		97,382		9,524	9,524		
921925-84-8	Vanguard VIF REIT Index Inv Cl		12/31/2010	Vanguard Variable Insurance Fund Portfolios	27,180,000	255,196		227,407	225,598	1,810			1,810		227,407		27,789	27,789	6,182	
921925-85-5	Vanguard VIF MidCap Idx Inv Cl		12/31/2010	Vanguard Variable Insurance Fund Portfolios	50,238,000	651,568		672,794	603,859	68,936			68,936		672,794		(21,227)	(21,227)	4,515	
921925-88-9	Vanguard VIF Small Com Growth		12/27/2010	Vanguard Variable Insurance Fund Portfolios	4,209,000	71,814		59,804	56,658	3,147			3,147		59,804		12,009	12,009	205	
922174-10-7	Fidelity Money Market		12/31/2010	Fidelity Variable Insurance Products	6,151,697,000	6,151,697		6,151,697	6,151,697						6,151,697				1,946	
922174-20-6	Fidelity VIP High Income Initl		12/31/2010	Fidelity Variable Insurance Products	81,278,000	443,151		511,287	429,961	81,326			81,326		511,287		(68,136)	(68,136)	775	
922174-30-5	Fidelity Equity Income		12/31/2010	Fidelity Variable Insurance Products	404,684,000	7,040,111		9,367,691	6,802,743	2,564,948			2,564,948		9,367,691		(2,327,580)	(2,327,580)	7,197	
922174-40-4	Fidelity Growth		12/31/2010	Fidelity Variable Insurance Products	208,049,000	6,566,577		7,839,937	6,249,785	1,590,152			1,590,152		7,839,937		(1,273,360)	(1,273,360)	5,349	
922174-46-1	Fidelity VIP Freedm 2030 Ser 2		12/31/2010	Fidelity Variable Insurance Products	2,115,000	20,723		14,550	19,035	(4,486)			(4,486)		14,550		6,173	6,173	49	
922174-49-5	Fidelity Vip Freedm 2025 Ser 2		12/31/2010	Fidelity Variable Insurance Products	1,368,000	13,371		10,720	12,677	(1,957)			(1,957)		10,720		2,651	2,651	21	
922174-50-3	Fidelity VIP Overseas Initl		12/31/2010	Fidelity Variable Insurance Products	35,284,000	520,253		613,536	531,025	82,511			82,511		613,536		(93,283)	(93,283)	231	
922174-53-7	Fidelity VIP Freedm 2020 Ser 2		12/31/2010	Fidelity Variable Insurance Products	1,014,000	9,938		9,292	9,612	(319)			(319)		9,292		646	646	29	

E14.13

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 4

Showing All Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	Change In Book/Adjusted Carrying Value					16	17	18	19	20	21
										11	12	13	14	15						
CUSIP Identification	Description	Foreign	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/ Adjusted Carrying Value	Unrealized Valuation Increase/ Decrease	Current Year's (Amortization)/ Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/ Adjusted Carrying Value (11+12-13)	Total Foreign Exchange Change in Book/ Adjusted Carrying Value	Book/ Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest/ Stock Dividends Received During Year	Maturity Date
922174-56-0	Fidelity VIP Freedm 2015 Ser 2		12/31/2010	Fidelity Variable Insurance Products	1,110,000	11,396		12,524	10,815	1,708			1,708		12,524		(1,128)	(1,128)		.38
922174-59-4	Fidelity VIP Freedm 2010 Ser 2		12/31/2010	Fidelity Variable Insurance Products	262,000	2,710		3,003	2,554	449			449		3,003		(293)	(293)		.15
922174-66-9	Fidelity VIP Freedom Inc Ser 2		12/31/2010	Fidelity Variable Insurance Products	1,706,000	17,883		17,628	17,012	616			616		17,628		255	255		.43
922174-83-4	Fidelity VIP Money Mkt Serv Cl		12/31/2010	Fidelity Variable Insurance Products	18,661,491.000	18,661,491		18,661,491	18,661,491						18,661,491					1,135
922174-87-5	Fidelity VIP Overseas Ser 2		12/31/2010	Fidelity Variable Insurance Products	4,936,000	74,065		81,184	73,641	7,543			7,543		81,184		(7,118)	(7,118)		.35
922175-10-4	Fidelity VIP Invest Grade Bd I		12/31/2010	Fidelity Variable Insurance Products	29,166,000	384,402		360,948	363,990	(3,042)			(3,042)		360,948		23,454	23,454		480
922175-20-3	Fidelity Asset Manager		12/31/2010	Fidelity Variable Insurance Products	81,240,000	1,096,389		1,235,129	1,056,118	179,011			179,011		1,235,129		(138,740)	(138,740)		1,205
922175-30-2	Fidelity Index 500		12/31/2010	Fidelity Variable Insurance Products	15,366,000	1,887,960		2,452,584	1,838,061	614,524			614,524		2,452,584		(564,624)	(564,624)		32,325
922175-40-1	Fidelity Asset Manager: Growth		12/31/2010	Fidelity Variable Insurance Products	7,646,000	100,505		104,640	96,804	7,836			7,836		104,640		(4,135)	(4,135)		.44
922175-50-0	Fidelity Contrafund		12/31/2010	Fidelity Variable Insurance Products	471,967,000	10,054,394		13,855,750	9,731,958	4,123,792			4,123,792		13,855,750		(3,801,356)	(3,801,356)		6,798
922176-40-9	Fidelity VIP Mid Cap Initial		01/25/2010	Fidelity Variable Insurance Products	3,261,000	82,292		75,198	83,298	(8,100)			(8,100)		75,198		7,094	7,094		
922176-80-5	Fidelity Mid-Cap Advisor		12/31/2010	Fidelity Variable Insurance Products	101,206,000	2,776,206		3,167,566	2,540,274	627,292			627,292		3,167,566		(391,360)	(391,360)		4,241
933702-10-2	Wanger Small Cap		12/31/2010	Wanger Advisors Trust	5,895,000	174,136		179,559	161,824	17,735			17,735		179,559		(5,423)	(5,423)		
9299999. Common Stocks - Mutual Funds						219,910,735	XXX	251,996,719	215,174,482	36,822,245			36,822,245		251,996,719		(32,085,983)	(32,085,983)	1,693,159	XXX
9799997. Total - Common Stocks - Part 4						219,910,735	XXX	251,996,719	215,174,482	36,822,245			36,822,245		251,996,719		(32,085,983)	(32,085,983)	1,693,159	XXX
9799998. Total - Common Stocks - Part 5						13,217,969	XXX	13,216,931							13,216,931		1,030	1,030	57,263	XXX
9799999. Total - Common Stocks						233,128,704	XXX	265,213,650	215,174,482	36,822,245			36,822,245		265,213,650		(32,084,953)	(32,084,953)	1,750,422	XXX
9899999. Total - Preferred and Common Stocks						233,128,704	XXX	265,213,650	215,174,482	36,822,245			36,822,245		265,213,650		(32,084,953)	(32,084,953)	1,750,422	XXX
9999999 - Totals						960,215,138	XXX	999,724,453	732,828,566	36,822,245	(3,764,214)	150,960	32,907,071		990,674,957		(30,459,833)	(30,459,833)	19,986,929	XXX

E14.14

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 5

Showing All Long-Term Bonds and Stocks ACQUIRED During Year and Fully DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	11	Change in Book/Adjusted Carrying Value					17	18	19	20	21
											12	13	14	15	16					
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Disposal Date	Name of Purchaser	Par Value (Bonds) or Number of Shares (Stock)	Actual Cost	Consideration	Book/Adjusted Carrying Value at Disposal	Unrealized Valuation Increase/(Decrease)	Current Year's (Amortization)/Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Value (12 + 13 - 14)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Interest and Dividends Received During Year	Paid for Accrued Interest and Dividends
3620A5-BZ-1	GNMA POOL #719256 4.500% 07/15/40 Government National Mortgage A Pool No		10/06/2010	Deutsche Bank Securities, Inc.	12/01/2010	Paydown	436,236	463,705	436,236	436,236		(27,469)		(27,469)					2,478	1,036
3620A9-ZD-6	725340 5.000% 12/15/39		01/22/2010	JP Morgan Securities, Inc.	12/01/2010	Paydown	5,700,456	5,926,948	5,700,456	5,700,456		(226,491)		(226,491)					178,911	14,440
3620AF-4W-4	GNMA Pool #729037 5.000% 02/15/40		03/23/2010	Various	12/01/2010	Paydown	5,802,481	6,052,144	5,802,481	5,802,481		(249,663)		(249,663)					155,168	13,985
3620AM-K4-3	GNMA POOL #733915 4.500% 09/15/40		10/07/2010	Morgan Stanley & Co., Inc.	12/01/2010	Paydown	154,214	164,238	154,214	154,214		(10,024)		(10,024)					1,029	366
3620C0-W5-3	GNMA POOL #745068 4.500% 06/15/40		10/06/2010	JMP Securities	12/01/2010	Paydown	145,103	154,104	145,103	145,103		(9,001)		(9,001)					840	345
3620C4-SF-8	GNMA POOL #748518 4.000% 09/15/40		10/06/2010	JMP Securities	12/01/2010	Paydown	113,814	118,722	113,814	113,814		(4,908)		(4,908)					664	240
3620C4-SP-6	GNMA POOL #748526 4.000% 09/15/40 Government National Mortgage A POOL		10/06/2010	Mizuho Securities	12/01/2010	Paydown	155,934	162,781	155,934	155,934		(6,846)		(6,846)					785	329
36296D-LC-0	688023 6.000% 10/15/38		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	172,442	175,887	172,442	172,442		(3,445)		(3,445)					2,052	747
912810-F6-8	U S TREASURY 5.250% 02/15/29		10/06/2010	Banc of America Securities	10/07/2010	Securities	5,000,000	6,358,028	6,344,316	6,357,882		(146)		(146)			(13,566)	(13,566)	38,519	37,806
912828-NT-3	US Treasury 2.625% 08/15/20		10/06/2010	Banc of America Securities	11/30/2010	Various	51,000,000	52,020,204	50,978,116	52,013,001		(7,203)		(7,203)			(1,034,884)	(1,034,884)	299,949	192,809
912828-NY-2	US Treasury 0.750% 09/15/13		10/06/2010	Banc of America Securities	12/21/2010	Various	37,500,000	37,708,133	37,616,925	37,702,550		(5,583)		(5,583)			(85,625)	(85,625)	39,437	17,093
912828-NZ-9	US Treasury 1.250% 09/30/15		10/06/2010	Citibank, N.A.	12/09/2010	Various	37,500,000	37,667,118	37,068,925	37,662,487		(4,630)		(4,630)			(593,562)	(593,562)	71,463	9,014
912828-PA-2	US Treasury 1.875% 09/30/17		10/06/2010	Citibank, N.A.	12/01/2010	Various	33,500,000	33,735,681	33,562,542	33,733,719		(1,962)		(1,962)			(171,177)	(171,177)	41,981	12,079
0399999. Bonds - U.S. Governments							177,180,680	180,707,693	178,251,504	180,150,319		(557,371)		(557,371)			(1,898,814)	(1,898,814)	833,276	300,289
31339L-MN-7	FHLMC REMIC SER 2395 VB (VADM) 6.000% 05/15/19		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	226,083	224,242	226,083	226,083		1,841		1,841					4,522	980
3133TG-U4-9	FHLMC REMIC SER 2091 ZC (B-PAC-ACRL) 6.000% 11/15/28		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	324,895	328,688	324,895	324,895		(3,793)		(3,793)					6,910	1,497
31362W-3B-0	FNMA DUS POOL #73694 (30/15) 8.060% 10/01/26		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	18,967	19,172	18,967	18,967		(204)		(204)					320	110
31362W-TC-0	FNMA DUS POOL #73447 (30/30/20) 7.400% 05/01/26		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	29,993	31,216	29,993	29,993		(1,223)		(1,223)					557	173
313637-EV-8	FNMA DUS POOL #109148 (30/18/17.5) 7.000% 12/01/15		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	1,083	1,092	1,083	1,083		(9)		(9)					27	6
31377F-GU-4	FNMA DUS POOL #375611 (30/30/15) 7.000% 01/01/28		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	26,496	26,839	26,496	26,496		(343)		(343)					466	144
31377L-EF-6	FNMA DUS POOL #380034 (30/30/15) 6.840% 01/01/28		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	16,898	16,964	16,898	16,898		(66)		(66)					404	89
31377L-HC-0	FNMA DUS POOL #380127 (30/17/15) 7.910% 07/01/15		01/01/2010	Symetra BOLI U-Life	11/01/2010	Paydown	469,649	485,627	469,649	469,649		(15,977)		(15,977)					72,263	2,866
31377M-KS-9	FNMA DUS POOL #381105 (30/17.5/15) 7.160% 04/01/16		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	9,622	9,830	9,622	9,622		(208)		(208)					241	53
31377M-NC-1	FNMA DUS POOL #381187 (30/30/15) 6.430% 01/01/29		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	7,492	7,917	7,492	7,492		(425)		(425)					101	35
31377R-UP-3	FNMA DUS POOL #384990 (30/18/15) 6.570% 04/01/20		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	15,658	16,464	15,658	15,658		(806)		(806)					258	80
31381G-MK-1	FNMA DUS PL #460362 (40/15.5/15.25) 6.631% 09/01/15		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	9,222	9,300	9,222	9,222		(78)		(78)					165	48
31393E-6H-7	FNMA REMIC SER 2003-W14 1A8 (WH-SEQ) 5.858% 09/25/43		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	152,984	152,753	152,984	152,984		231		231					2,279	697
31393E-B2-4	FNMA REMIC 2003-93 MK (DUS 30/10/9.5) 7.500% 11/25/19		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	57,993	60,695	57,993	57,993		(2,702)		(2,702)					910	314
31397P-YR-5	Freddie Mac FHR 3414 A 4.500% 07/15/22		09/09/2010	Morgan Stanley & Co., Inc.	12/01/2010	Paydown	318,576	333,311	318,576	318,576		(14,734)		(14,734)					2,320	518
31411J-3J-3	FNMA Pool 909901 6.000% 03/01/37		06/30/2010	Nomura Securities Int'l, Inc.	12/01/2010	Paydown	800,946	869,903	800,946	800,946		(68,956)		(68,956)					11,923	1,735
31414B-SQ-4	FNMA Pool 961427 6.000% 02/01/38		06/30/2010	JP MORGAN EQUITIES	12/01/2010	Paydown	1,135,327	1,232,361	1,135,327	1,135,327		(97,035)		(97,035)					16,260	2,460
31414J-KK-8	FANNIE MAE POOL 967498 5.500% 01/01/38		01/01/2010	Symetra BOLI U-Life	12/01/2010	Paydown	58,355	59,166	58,355	58,355		(812)		(812)					694	232
31417V-PR-8	Fannie Mae POOL AC8531 5.000% 12/01/39		01/04/2010	JP Morgan Securities, Inc.	12/01/2010	Paydown	8,301,798	8,612,615	8,301,798	8,301,798		(310,817)		(310,817)					264,453	13,836
31417V-Q3-0	Fannie Mae Pool AC8573 5.000% 01/01/40		01/28/2010	Barclays Capital, Inc.	12/01/2010	Paydown	939,513	974,936	939,513	939,513		(35,423)		(35,423)					27,854	1,305

E15

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 5

Showing All Long-Term Bonds and Stocks ACQUIRED During Year and Fully DISPOSED OF During Current Year

1	2	3	4	5	6	7	8	9	10	11	Change in Book/Adjusted Carrying Value					17	18	19	20	21	
											12	13	14	15	16						
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Disposal Date	Name of Purchaser	Par Value (Bonds) or Number of Shares (Stock)	Actual Cost	Consideration	Book/Adjusted Carrying Value at Disposal	Unrealized Valuation Increase/(Decrease)	Current Year's (Amortization)/Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Valu (12 + 13 - 14)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Interest and Dividends Received During Year	Paid for Accrued Interest and Dividends	
31419J-N5-3	FNMA Pool AE7611 3.000% 11/01/25		08/26/2010	UBS Paineluebber, Inc.	12/01/2010	Paydown	54,725	55,050	54,725	54,725				(325)	(325)					137	68
31419K-VN-2	FNMA Pool AE8728 3.000% 11/01/25		08/31/2010	UBS Paineluebber, Inc.	12/01/2010	Paydown	114,547	115,370	114,547	114,547				(823)	(823)					286	143
38373M-AR-1	GNMA REMIC SER 2001-34 Z (PROJ Z-ADJ) 7.028% 03/16/41		11/01/2010	Interest Capitalization	12/01/2010	Paydown	21,180	21,180	21,180	21,180										737	
38374Y-GV-9	GNMA GRN 2010-86 PJ 3.500% 01/20/36		07/15/2010	Citigroup Global Markets	12/01/2010	Paydown	81,652	84,995	81,652	81,652		(3,343)		(3,343)						750	230
38376P-IF-4	GNMA GNR 2009-118 WP 4.500% 12/20/39		02/03/2010	Morgan Keegan & Co., Inc.	07/02/2010	Nomura Securities Int'l, Inc.	3,100,000	2,993,801	3,202,688	2,995,295		1,494		1,494			207,392	207,392	58,513	2,713	
38376P-TU-4	GNMA GNR 2009-125 MP 4.000% 12/16/24		02/16/2010	Morgan Stanley & Co., Inc.	07/02/2010	Credit Suisse First Boston	4,800,000	4,604,250	4,908,563	4,609,027		4,777		4,777			299,536	299,536	80,533	9,600	
38376Y-VT-5	GNMA GNR 2010-43 VN 5.000% 08/20/29		05/12/2010	Nomura Securities Int'l, Inc.	06/23/2010	Nomura Securities Int'l, Inc.	2,850,000	2,992,500	3,062,414	2,990,732		(1,768)		(1,768)			71,682	71,682	22,563	6,333	
38377E-QL-1	GNMA GNR 2010-67 JD 4.500% 05/20/39		05/25/2010	Morgan Stanley & Co., Inc.	07/02/2010	Morgan Stanley & Co., Inc.	2,130,000	2,192,402	2,221,856	2,191,897		(505)		(505)			29,959	29,959	16,241	7,189	
3199999. Bonds - U.S. Special Revenues							26,073,654	26,532,639	26,589,175	25,980,605		(552,032)		(552,032)			608,569	608,569	592,687	53,454	
05522R-AR-9	Bank of America Credit Card Tr 2006-A16 A16 4.720% 05/15/13		08/24/2010	Jefferies & Co., Inc.	12/15/2010	Paydown	4,400,000	4,457,406	4,400,000	4,400,000		(57,406)		(57,406)					69,227	6,923	
32051D-XY-3	FIRST HORIZON ASSET SECURITIES SER 2003-5 1A5 (ACRL) 5.250% 07/25/33		08/01/2010	Interest Capitalization	12/01/2010	Paydown	24,683	24,683	24,683	24,683									680		
3899999. Bonds - Industrial and Miscellaneous (Unaffiliated)							4,424,683	4,482,089	4,424,683	4,424,683		(57,406)		(57,406)						69,907	6,923
8399998. Total - Bonds							207,679,017	211,722,421	209,265,362	210,555,607		(1,166,809)		(1,166,809)			(1,290,245)	(1,290,245)	1,495,870	360,666	
8999998. Total - Preferred Stocks																					
008892-50-7	INVESCO VI International Grth I		02/02/2010	Invesco Variable Insurance Funds, Inc.	12/27/2010	Invesco Variable Insurance Funds, Inc.	4,774,000	123,408	121,734	123,408							(1,674)	(1,674)	21		
008892-61-4	INVESCO VI Basic Value Fund I		02/02/2010	Invesco Variable Insurance Funds, Inc.	12/02/2010	Invesco Variable Insurance Funds, Inc.	40,619,000	243,973	238,313	243,973							(5,660)	(5,660)	5		
023375-84-3	American Funds AMCAP R4		06/02/2010	American Funds	12/27/2010	American Funds	0.000	.2	.2	.2							(2)	(2)			
024071-84-7	Am Funds American Balanced R4		06/15/2010	American Funds	12/31/2010	American Funds	22.000	359	387	359							27	27	2		
024936-84-1	Am Cent VP International II		06/02/2010	American Century Variable Portfolios, Inc.	12/31/2010	American Century Variable Portfolios, Inc.	1.000	.10	.4	.10							(6)	(6)			
024936-85-8	American Century VP Ultra II		03/30/2010	American Century Variable Portfolios, Inc.	04/28/2010	American Century Variable Portfolios, Inc.	0.000														
025077-20-9	Am Cent VP Inflation Protect 1		04/14/2010	American Century Variable Portfolios, Inc.	12/31/2010	American Century Variable Portfolios, Inc.	14.000	153	153	153											
025077-30-8	Am Cent VP Inflation Protect 2		01/06/2010	American Century Variable Portfolios, Inc.	12/27/2010	American Century Variable Portfolios, Inc.	3,364,000	36,194	36,538	36,194							345	345	87		
026547-84-4	Am Funds Am High Inc Trust R4		06/02/2010	American Funds	12/15/2010	American Funds	0.000														
09253L-52-0	BlackRock Lg Cap Value VI 3		03/24/2010	BlackRock Variable Series Fund, Inc.	12/31/2010	BlackRock Variable Series Fund, Inc.	2.000	.21	.12	.21							(9)	(9)			
09253L-78-5	BlackRock Global Opp VI 3		06/02/2010	BlackRock Variable Series Fund, Inc.	12/27/2010	BlackRock Variable Series Fund, Inc.	0.000	.1	.1	.1							(1)	(1)			
131647-20-8	Calvert VP SRI Balanced Port		03/24/2010	Calvert Mutual Funds, Inc.	12/31/2010	Calvert Mutual Funds, Inc.	27.000	44	44	44											
131647-30-7	Calvert VP Social MidCap Grwth		03/24/2010	Calvert Mutual Funds, Inc.	12/31/2010	Calvert Mutual Funds, Inc.	2.000	63	40	63							(23)	(23)			
131647-78-6	Calvert VP Social Equity Fd		03/24/2010	Calvert Mutual Funds, Inc.	12/31/2010	Calvert Mutual Funds, Inc.	3.000	48	51	48							2	2			
140541-84-8	American Funds Cap World Bond		06/14/2010	American Funds	12/31/2010	American Funds	2.000	39	15	39							(24)	(24)			
19765R-85-7	Columbia Mid Cap Value B		06/11/2010	Columbia Funds Variable Insurance Trust	12/31/2010	Columbia Funds Variable Insurance Trust	2.000	.18	.7	.18							(11)	(11)			
233386-40-6	DWS Captial Growth VIP B		04/14/2010	DWS Variable Series I and II	12/31/2010	DWS Variable Series I and II	8.000	152	140	152							(12)	(12)			

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 5

Showing All Long-Term Bonds and Stocks ACQUIRED During Year and Fully DISPOSED OF During Current Year

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											12	13	14	15	16					
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Disposal Date	Name of Purchaser	Par Value (Bonds) or Number of Shares (Stock)	Actual Cost	Consideration	Book/Adjusted Carrying Value at Disposal	Unrealized Valuation Increase/(Decrease)	Current Year's (Amortization)/Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Value (12 + 13 - 14)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Interest and Dividends Received During Year	Paid for Accrued Interest and Dividends
23338H-74-3	DWS Dremam SM Mid Cap VIP B		04/14/2010	DWS Variable Series I and II	12/31/2010	DWS Variable Series I and II	6,000	63	63	63							(1)	(1)		
23339F-40-7	DWS Sm Cap Index VIP A		12/28/2010	DWS Variable Series I and II	12/31/2010	DWS Variable Series I and II	6,905,000	71,306	83,611	71,306							12,305	12,305		663
262014-20-2	Dreyfus Stock Index Svc Shrs		06/29/2010	Dreyfus Variable Insurance Fund	12/31/2010	Dreyfus Variable Insurance Fund	12,393,000	309,389	360,827	309,389							51,438	51,438		2,473
26202A-80-1	Dreyfus Tech Growth Initial		01/25/2010	Dreyfus Variable Insurance Fund	12/27/2010	Dreyfus Variable Insurance Fund	15,809,000	155,901	148,778	155,901							(7,123)	(7,123)		
298706-84-7	Am Funds Euro Pac Grwth R4		03/24/2010	American Funds	12/31/2010	American Funds	2,000	76	42	76							(34)	(34)		
313916-10-8	Federated Capital Income		05/04/2010	Federated Insurance Series	12/31/2010	Federated Insurance Series	2,867,000	24,442	24,359	24,442							(83)	(83)		5
313916-30-6	Federated High Income Bond		03/04/2010	Federated Insurance Series	12/31/2010	Federated Insurance Series	17,000	113	107	113							(6)	(6)		9
313916-60-3	Federated International Equity		03/10/2010	Federated Insurance Series	03/12/2010	Federated Insurance Series	1,290,000	16,744	16,446	16,744							(299)	(299)		44
317613-30-5	Ibbotson Conserv ETF Ast All 1		10/11/2010	Financial Investors Variable Insurance Trust	12/31/2010	Financial Investors Variable Insurance Trust	45,000	500	498	500							(2)	(2)		1
317613-40-4	Ibbotson Inc & Gr ETF Ast All 1		06/09/2010	Financial Investors Variable Insurance Trust	12/16/2010	Financial Investors Variable Insurance Trust	5,809,000	55,023	58,452	55,023							3,429	3,429		
317613-50-3	Ibbotson Balance ETF Ast All 1		03/25/2010	Financial Investors Variable Insurance Trust	12/31/2010	Financial Investors Variable Insurance Trust	27,535,000	252,346	250,765	252,346							(1,581)	(1,581)		4
317613-60-2	Ibbotson Growth ETF Ast All 1		06/03/2010	Financial Investors Variable Insurance Trust	06/17/2010	Financial Investors Variable Insurance Trust	6,485,000	55,381	56,345	55,381							964	964		
317613-70-1	Ibbotson Aggress Grow ETF AA 1		06/24/2010	Financial Investors Variable Insurance Trust	12/31/2010	Financial Investors Variable Insurance Trust	18,634,000	153,414	151,358	153,414							(2,055)	(2,055)		2
317613-87-5	Ibbotson Balance ETF Ast All 2		01/21/2010	Financial Investors Variable Insurance Trust	12/31/2010	Financial Investors Variable Insurance Trust	17,063,000	156,951	155,845	156,951							(1,106)	(1,106)		2
355150-26-9	FTVIP Flex Cap Growth CL 2		04/05/2010	Franklin Templeton Variable Insurance Products Trust	12/31/2010	Franklin Templeton Variable Insurance Products Trust	1,914,000	22,046	20,143	22,046							(1,903)	(1,903)		
355150-41-8	FTVIP Inc Sec CL 2		06/15/2010	Franklin Templeton Variable Insurance Products Trust	12/31/2010	Franklin Templeton Variable Insurance Products Trust	21,000	292	291	292							(1)	(1)		2
355150-42-6	FTVIP US Govt CL 2		04/14/2010	Franklin Templeton Variable Insurance Products Trust	12/31/2010	Franklin Templeton Variable Insurance Products Trust	8,000	103	95	103							(8)	(8)		1
355150-48-3	FTVIP Dev Mkts CL 2		04/14/2010	Franklin Templeton Variable Insurance Products Trust	12/31/2010	Franklin Templeton Variable Insurance Products Trust	12,000	117	109	117							(7)	(7)		
355150-55-8	FTVIP Mut Shrs Fd CL 2		06/15/2010	Franklin Templeton Variable Insurance Products Trust	12/31/2010	Franklin Templeton Variable Insurance Products Trust	12,000	176	183	176							7	7		3
355150-56-6	FTVIP Global Bond CL 2		04/14/2010	Franklin Templeton Variable Insurance Products Trust	12/31/2010	Franklin Templeton Variable Insurance Products Trust	5,000	88	78	88							(11)	(11)		
355150-59-0	FTVIP Sm Cap Val Sec CL 2		04/14/2010	Franklin Templeton Variable Insurance Products Trust	12/31/2010	Franklin Templeton Variable Insurance Products Trust	5,000	68	63	68							(5)	(5)		
355150-70-7	FTVIP Global Bond CL 1		02/02/2010	Franklin Templeton Variable Insurance Products Trust	12/27/2010	Franklin Templeton Variable Insurance Products Trust	10,161,000	182,436	182,235	182,436							(202)	(202)		58

E15.2

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE D - PART 5

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											12	13	14	15	16					
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Disposal Date	Name of Purchaser	Par Value (Bonds) or Number of Shares (Stock)	Actual Cost	Consideration	Book/Adjusted Carrying Value at Disposal	Unrealized Valuation Increase/(Decrease)	Current Year's (Amortization)/Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Value (12 + 13 - 14)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Interest and Dividends Received During Year	Paid for Accrued Interest and Dividends
355150-77-2	FTVIP Develp Mkts Sec CL 1		01/06/2010	Franklin Templeton Variable Insurance Products Trust	12/21/2010	Franklin Templeton Variable Insurance Products Trust	8,648,000	89,165	82,375	89,165							(6,790)	(6,790)	.48	
355150-83-0	FTVIP Zero Coupon 2010 CL 1		02/02/2010	Franklin Templeton Variable Insurance Products Trust	02/02/2010	Franklin Templeton Variable Insurance Products Trust	12,188,000	195,495	195,495	195,495										
355150-87-1	FTVIP US Gvt Fd CL 1		02/05/2010	Franklin Templeton Variable Insurance Products Trust	06/11/2010	Franklin Templeton Variable Insurance Products Trust	1,000	14	14	14										
461308-84-3	Am Funds Inv Co of America R4		04/14/2010	American Funds	12/31/2010	American Funds	4,000	101	78	101							(23)	(23)		
641222-83-1	NeuberBerm AMT Regency Port S		06/18/2010	Neuberger Berman Advisers Management Trust	12/31/2010	Neuberger Berman Advisers Management Trust	3,068,000	43,944	46,501	43,944							2,556	2,556	147	
641222-85-6	NeuberBerm AMT Mid Cap Grow S		04/23/2010	Neuberger Berman Advisers Management Trust	12/31/2010	Neuberger Berman Advisers Management Trust	20,429,000	476,556	431,675	476,556							(44,882)	(44,882)		
641222-87-2	NeuberBerm AMT Guardian Port S		04/23/2010	Neuberger Berman Advisers Management Trust	12/31/2010	Neuberger Berman Advisers Management Trust	28,482,000	495,384	446,044	495,384							(49,340)	(49,340)		
64122M-60-5	Neuberger Berman Genesis Adv		04/14/2010	Neuberger Berman Advisers Management Trust	12/31/2010	Neuberger Berman Advisers Management Trust	3,000	83	62	83							(21)	(21)		
693394-40-5	PIMCO PVIT Totl Return Admin		01/25/2010	PIMCO Variable Insurance Trust	12/27/2010	PIMCO Variable Insurance Trust	45,644,000	499,221	500,769	499,221							1,548	1,548	656	
693394-53-8	PIMCO PVIT Tot Return Advsr		05/28/2010	PIMCO Variable Insurance Trust	12/31/2010	PIMCO Variable Insurance Trust	106,000	1,177	1,180	1,177							2	2	34	
693394-59-5	PIMCO PVIT Comm RRet Strat Adm		03/18/2010	PIMCO Variable Insurance Trust	12/27/2010	PIMCO Variable Insurance Trust	12,785,000	114,426	106,601	114,426							(7,825)	(7,825)	618	
693394-63-7	PIMCO PVIT All Asset Fd Advis		12/08/2010	PIMCO Variable Insurance Trust	12/31/2010	PIMCO Variable Insurance Trust	0,000	2	1	2							(1)	(1)		
693394-65-2	PIMCO PVIT All Asset Fd Adm		01/25/2010	PIMCO Variable Insurance Trust	12/06/2010	PIMCO Variable Insurance Trust	16,472,000	174,054	174,880	174,054							826	826	120	
724027-62-8	Pioneer High Yield VCT CL 2		06/17/2010	Pioneer Variable Contracts Trust	12/31/2010	Pioneer Variable Contracts Trust	8,439,000	80,334	80,014	80,334							(320)	(320)	1,536	
724027-81-8	Pioneer Real Est VCT Prt CL 2		03/22/2010	Pioneer Variable Contracts Trust	04/28/2010	Pioneer Variable Contracts Trust	0,000													
724027-86-7	Pioneer Emerg Mkts VCT CL 1		01/25/2010	Pioneer Variable Contracts Trust	12/27/2010	Pioneer Variable Contracts Trust	1,875,000	52,393	49,037	52,393							(3,356)	(3,356)	7	
724027-87-5	Pioneer Fund VCT CL 1		03/25/2010	Pioneer Variable Contracts Trust	04/28/2010	Pioneer Variable Contracts Trust	0,000													
866167-40-6	Calvert VP Balanced Index		10/11/2010	Calvert Mutual Funds, Inc.	12/31/2010	Calvert Mutual Funds, Inc.	1,000	28	14	28							(14)	(14)		
866167-54-7	Calvert VP EAFE Internl Idx F		04/06/2010	Calvert Mutual Funds, Inc.	12/31/2010	Calvert Mutual Funds, Inc.	1,022,000	73,020	70,607	73,020							(2,413)	(2,413)		
866167-55-4	Calvert VP S&P MidCap 400 CI F		10/15/2010	Calvert Mutual Funds, Inc.	12/27/2010	Calvert Mutual Funds, Inc.	0,000	7	7	7										
866167-81-0	Calvert VP Nasdaq 100 Ind		04/06/2010	Calvert Mutual Funds, Inc.	12/31/2010	Calvert Mutual Funds, Inc.	2,522,000	68,007	71,561	68,007							3,554	3,554		
921925-20-2	Vanguard VIF Tot Bnd Mkt InvCl		12/28/2010	Vanguard Variable Insurance Fund Portfolios	12/31/2010	Vanguard Variable Insurance Fund Portfolios	7,000	83	82	83							(1)	(1)		
921925-40-0	Vanguard VIF Balance Port Inv1		06/02/2010	Vanguard Variable Insurance Fund Portfolios	12/31/2010	Vanguard Variable Insurance Fund Portfolios	13,974,000	246,731	251,937	246,731							5,206	5,206	6,588	
921925-70-7	Vanguard VIF Internl Port Inv		12/28/2010	Vanguard Variable Insurance Fund Portfolios	12/31/2010	Vanguard Variable Insurance Fund Portfolios	21,731,000	361,075	383,904	361,075							22,830	22,830	5,522	

E15.3

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

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											12	13	14	15	16					
CUSIP Identification	Description	Foreign	Date Acquired	Name of Vendor	Disposal Date	Name of Purchaser	Par Value (Bonds) or Number of Shares (Stock)	Actual Cost	Consideration	Book/Adjusted Carrying Value at Disposal	Unrealized Valuation Increase/(Decrease)	Current Year's (Amortization)/Accretion	Current Year's Other Than Temporary Impairment Recognized	Total Change in Book/Adjusted Carrying Valu (12 + 13 - 14)	Total Foreign Exchange Change in Book/Adjusted Carrying Value	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Interest and Dividends Received During Year	Paid for Accrued Interest and Dividends
921925-80-6	Vanguard VIF High Yield Bond 1		03/29/2010	Vanguard Variable Insurance Fund Portfolios	12/31/2010	Vanguard Variable Insurance Fund Portfolios	64,524,000	485,096	491,219	485,096							6,123	6,123	21,354	
921925-81-4	Vanguard VIF Total Stk Mkt Idx		12/28/2010	Vanguard Variable Insurance Fund Portfolios	12/31/2010	Vanguard Variable Insurance Fund Portfolios	15,023,000	334,399	340,998	334,399							6,599	6,599	12,350	
921925-82-2	Vanguard VIF Capital Grwth Prt		02/02/2010	Vanguard Variable Insurance Fund Portfolios	12/02/2010	Vanguard Variable Insurance Fund Portfolios	8,101,000	121,399	119,383	121,399							(2,016)	(2,016)	119	
921925-84-8	Vanguard VIF REIT Index Inv Cl		12/28/2010	Vanguard Variable Insurance Fund Portfolios	12/31/2010	Vanguard Variable Insurance Fund Portfolios	9,000	88	88	88										
921925-85-5	Vanguard VIF MidCap Idx Inv Cl		12/28/2010	Vanguard Variable Insurance Fund Portfolios	12/31/2010	Vanguard Variable Insurance Fund Portfolios	24,537,000	305,977	335,439	305,977							29,461	29,461	2,935	
922174-10-7	Fidelity Money Market		12/27/2010	Fidelity Variable Insurance Products	12/31/2010	Fidelity Variable Insurance Products	6,129,759,000	6,129,759	6,129,759	6,129,759									1,830	
922174-20-6	Fidelity VIP High Income Initl		01/25/2010	Fidelity Variable Insurance Products	12/13/2010	Fidelity Variable Insurance Products	59,841,000	319,925	320,069	319,925							144	144		
922174-66-9	Fidelity VIP Freedom Inc Ser 2		10/11/2010	Fidelity Variable Insurance Products	12/31/2010	Fidelity Variable Insurance Products	1,286,000	12,928	13,255	12,928							326	326		
922174-83-4	Fidelity VIP Money Mkt Serv Cl		11/02/2010	Fidelity Variable Insurance Products	12/31/2010	Fidelity Variable Insurance Products	398,654,000	398,654	398,654	398,654									9	
922175-20-3	Fidelity Asset Manager		02/12/2010	Fidelity Variable Insurance Products	05/25/2010	Fidelity Variable Insurance Products	0,000	5	5	5										
922175-30-2	Fidelity Index 500		06/22/2010	Fidelity Variable Insurance Products	12/31/2010	Fidelity Variable Insurance Products	1,148,000	140,353	134,887	140,353							(5,466)	(5,466)	1	
922175-84-9	Fidelity VIP Contra Port SC2		04/14/2010	Fidelity Variable Insurance Products	12/31/2010	Fidelity Variable Insurance Products	3,000	66	50	66							(16)	(16)		
922176-40-9	Fidelity VIP Mid Cap Initial		01/25/2010	Fidelity Variable Insurance Products	12/27/2010	Fidelity Variable Insurance Products	5,233,000	135,438	133,132	135,438							(2,307)	(2,307)	7	
939330-84-1	Am Funds WA Mut Inv R4		04/14/2010	American Funds	12/31/2010	American Funds	3,000	84	62	84							(22)	(22)		
9299999	Common Stocks - Mutual Funds							13,216,931	13,217,969	13,216,931							1,030	1,030	57,263	
9799998	Total - Common Stocks							13,216,931	13,217,969	13,216,931							1,030	1,030	57,263	
9899999	Total - Preferred and Common Stocks							13,216,931	13,217,969	13,216,931							1,030	1,030	57,263	
9999999	Totals							224,939,352	222,483,331	223,772,538		(1,166,809)			(1,166,809)		(1,289,215)	(1,289,215)	1,553,133	360,666

E15.4

ANNUAL STATEMENT FOR THE YEAR 2010 OF THE SEPARATE ACCOUNTS OF THE Symetra Life Insurance Company

SCHEDULE DA - PART 1

Showing All SHORT-TERM INVESTMENTS Owned December 31 of Current Year

1 CUSIP Identi- fication	2 Description	Codes		5 Date Acquired	6 Name of Vendor	7 Maturity Date	8 Book/ Adjusted Carrying Value	Change in Book/Adjusted Carrying Value				13 Par Value	14 Actual Cost	Interest						21 Paid for Accrued Interest	
		3 Code	4 For- eign					9 Unrealized Valuation Increase/ (Decrease)	10 Current Year's (Amor- tization)/ Accretion	11 Current Year's Other Than Temporary Impairment Recognized	12 Total Foreign Exchange Change in Book/ Adjusted Carrying Value			15 Amount Due and Accrued Dec. 31 of Current Year on Bonds not in Default	16 Non- Admitted Due and Accrued	17 Rate of	18 Effective Rate of	19 When Paid	20 Amount Received During Year		
0399999. Total - U.S. Government Bonds																	XXX	XXX	XXX		
1099999. Total - All Other Government Bonds																	XXX	XXX	XXX		
1799999. Total - U.S. States, Territories and Possessions Bonds																	XXX	XXX	XXX		
2499999. Total - U.S. Political Subdivisions of States, Territories and Possessions Bonds																	XXX	XXX	XXX		
3199999. Total - U.S. Special Revenues Bonds																	XXX	XXX	XXX		
3899999. Total - Industrial and Miscellaneous Bonds (Unaffiliated)																	XXX	XXX	XXX		
4199999. Total - Credit Tenant Loans																	XXX	XXX	XXX		
4899999. Total - Hybrid Securities																	XXX	XXX	XXX		
5599999. Total - Parent, Subsidiaries and Affiliates Bonds																	XXX	XXX	XXX		
7799999. Total - Issuer Obligations																	XXX	XXX	XXX		
7899999. Total - Single Class Mortgage-Backed/Asset-Backed Securities																	XXX	XXX	XXX		
7999999. Total - Defined Multi-Class Residential Mortgage-Backed Securities																	XXX	XXX	XXX		
8099999. Total - Other Multi-Class Residential Mortgage-Backed Securities																	XXX	XXX	XXX		
8199999. Total - Defined Multi-Class Commercial Mortgage-Backed Securities																	XXX	XXX	XXX		
8299999. Total - Other Multi-Class Commercial Mortgage-Backed/Asset-Backed Securities																	XXX	XXX	XXX		
8399999. Total Bonds																	XXX	XXX	XXX		
8699999. Total - Parent, Subsidiaries and Affiliates												XXX					XXX	XXX	XXX		
481200-67-0 JP MORGAN OVERNIGHT SWEEP				12/31/2010	Various		XXX	36,900,358					36,900,358				0.000	0.000	Monthly		5,420
8999999. Class One Money Market Mutual Funds								36,900,358					XXX	36,900,358			XXX	XXX	XXX		5,420
9199999 - Totals								36,900,358					XXX	36,900,358			XXX	XXX	XXX		5,420

E17

Schedule DB - Part A - Section 1 - Options, Caps, Floors, Collars, Swaps and Forwards Open

N O N E

Schedule DB - Part A - Section 2 - Options, Caps, Floors, Collars, Swaps and Forwards Terminated

N O N E

Schedule DB - Part B - Section 1 - Futures Contracts Open

N O N E

Schedule DB - Part B - Section 1B - Brokers with whom cash deposits have been made

N O N E

Schedule DB - Part B - Section 2 - Futures Contracts Terminated

N O N E

Schedule DB - Part B - Section 2B - Brokers with whom cash deposits have been made

N O N E

Schedule DB - Part D - Counterparty Exposure for Derivative Instruments Open

N O N E

Schedule DL - Part 1 - Reinvested Collateral Assets Owned

N O N E

Schedule DL - Part 2 - Reinvested Collateral Assets Owned

N O N E

Schedule E - Part 2 - Cash Equivalents Owned

N O N E

Schedule E - Part 3 - Special Deposits

N O N E

ALPHABETICAL INDEX

ANNUAL STATEMENT BLANK

Analysis of Increase in Reserves During The Year	6
Analysis of Operations By Lines of Business	5
Asset Valuation Reserve Default Component	15
Asset Valuation Reserve Equity	17
Asset Valuation Reserve Replications (Synthetic) Assets	20
Assets	2
Exhibit 1 - Investment Expenses	8
Exhibit 2 - Investment Taxes, Licenses and Fees (Excluding Federal Income Taxes)	8
Exhibit 3 - Aggregate Reserve for Life, Annuity and Accident and Health Contracts	9
Exhibit 3 - Interrogatories	9
Exhibit 3A - Changes in Bases of Valuation During The Year	9
Exhibit 4 - Deposit-Type Contracts	10
Exhibit 5 - Reconciliation of Cash and Invested Assets	11
Exhibit 6 - Guaranteed Insurance and Annuity Products	12
Exhibit of Capital Gains (Losses)	7
Exhibit of Net Investment Income	7
Form for Calculating the Interest Maintenance Reserve (IMR)	14
General Interrogatories	13
Jurat Page	1
Liabilities, Surplus and Other Funds	3
Overflow Page For Write-ins	21
Schedule A - Part 1	E01
Schedule A - Part 2	E02
Schedule A - Part 3	E03
Schedule A - Verification Between Years	SI02
Schedule B - Part 1	E04
Schedule B - Part 2	E05
Schedule B - Part 3	E06
Schedule B - Verification Between Years	SI02
Schedule BA - Part 1	E07
Schedule BA - Part 2	E08
Schedule BA - Part 3	E09
Schedule BA - Verification Between Years	SI03
Schedule D - Part 1	E10
Schedule D - Part 2 - Section 1	E11
Schedule D - Part 2 - Section 2	E12
Schedule D - Part 3	E13
Schedule D - Part 4	E14
Schedule D - Part 5	E15
Schedule D - Summary By Country	SI04
Schedule D - Verification Between Years	SI03
Schedule DA - Part 1	E17
Schedule DA - Verification Between Years	SI11
Schedule DB - Part A - Section 1	E18
Schedule DB - Part A - Section 2	E19
Schedule DB - Part A - Verification Between Years	SI12
Schedule DB - Part B - Section 1	E20
Schedule DB - Part B - Section 2	E21
Schedule DB - Part B - Verification Between Years	SI12
Schedule DB - Part C - Section 1	SI13
Schedule DB - Part C - Section 2	SI14
Schedule DB - Part D	E22
Schedule DB - Verification	SI15
Schedule DL - Part 1	E23
Schedule DL - Part 2	E24
Schedule E - Part 1 - Cash	E25
Schedule E - Part 2 - Cash Equivalents	E26
Schedule E - Part 3 - Special Deposits	E27
Schedule E - Verification Between Years	SI16
Summary of Operations	4